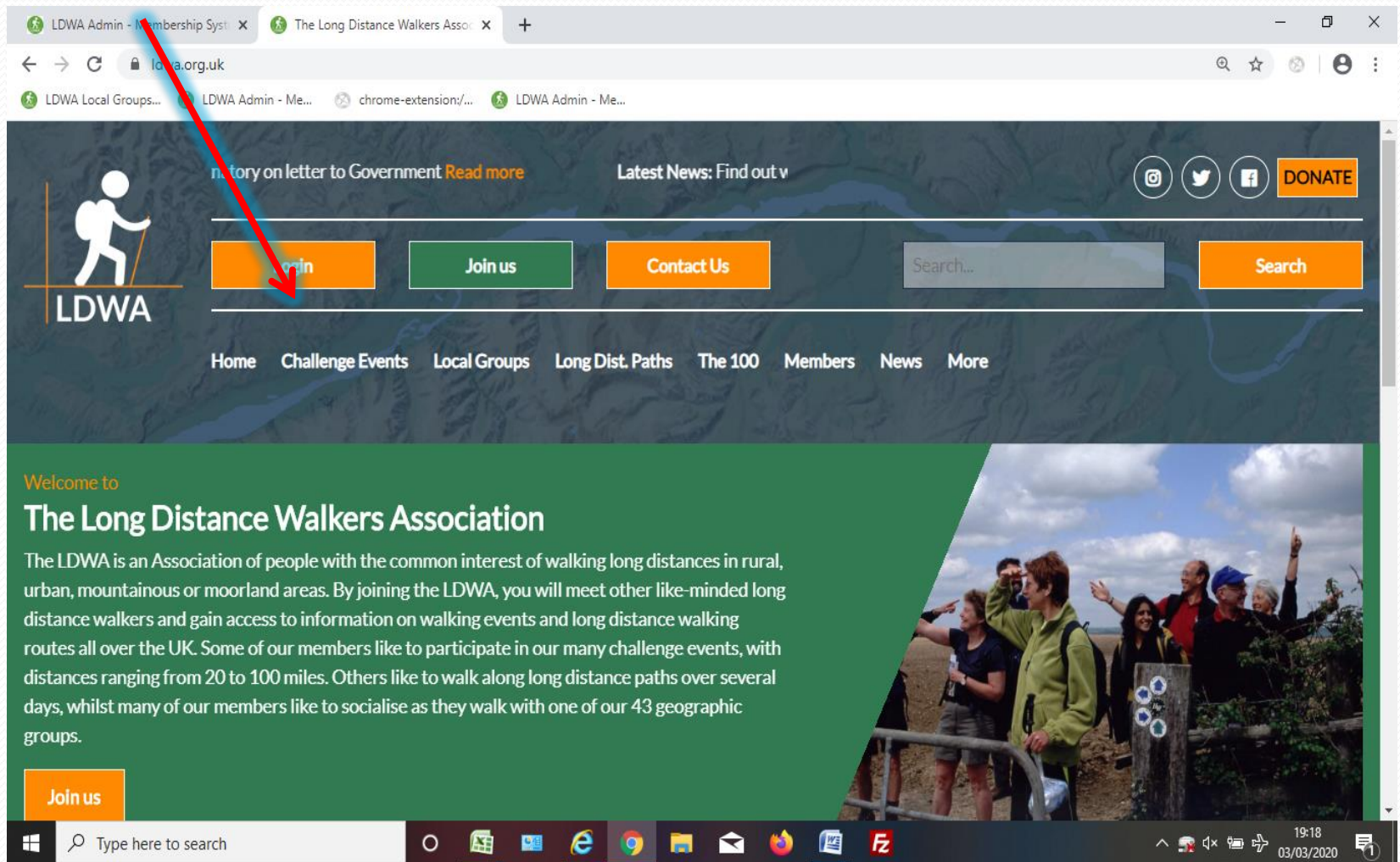




# Guide to using your LDWA Membership Page

**Julia Warman**  
**Membership Secretary**  
**Email: [membership@ldwa.org.uk](mailto:membership@ldwa.org.uk)**  
**Tel: 01274 774 306 (between 6pm and 10pm)**

# LDWA webpage



The screenshot shows a web browser window with the LDWA website. The browser's address bar shows 'ldwa.org.uk'. The website has a dark blue header with a white LDWA logo on the left, which includes a stylized hiker. To the right of the logo, there is a link 'History on letter to Government' with a 'Read more' button. Further right is 'Latest News: Find out v'. On the far right of the header are social media icons for Instagram, Twitter, and Facebook, followed by a yellow 'DONATE' button. Below the header is a navigation bar with buttons: 'Login' (highlighted with a red arrow), 'Join us' (green), 'Contact Us' (orange), a search bar with 'Search...' text, and a yellow 'Search' button. Below the navigation bar is a horizontal menu with links: 'Home', 'Challenge Events', 'Local Groups', 'Long Dist. Paths', 'The 100', 'Members', 'News', and 'More'. The main content area has a green background on the left with the text 'Welcome to The Long Distance Walkers Association' and a paragraph describing the LDWA. A yellow 'Join us' button is at the bottom left of this section. On the right is a photograph of a group of hikers. The Windows taskbar is visible at the bottom with the search bar and various application icons. The system clock shows 19:18 on 03/03/2020.

LDWA Admin - Membership Syst x The Long Distance Walkers Asso x +

ldwa.org.uk

LDWA Local Groups... LDWA Admin - Me... chrome-extension/... LDWA Admin - Me...

History on letter to Government [Read more](#) Latest News: Find out v

LDWA

[Login](#) [Join us](#) [Contact Us](#) Search... [Search](#)

[Home](#) [Challenge Events](#) [Local Groups](#) [Long Dist. Paths](#) [The 100](#) [Members](#) [News](#) [More](#)

Welcome to

## The Long Distance Walkers Association

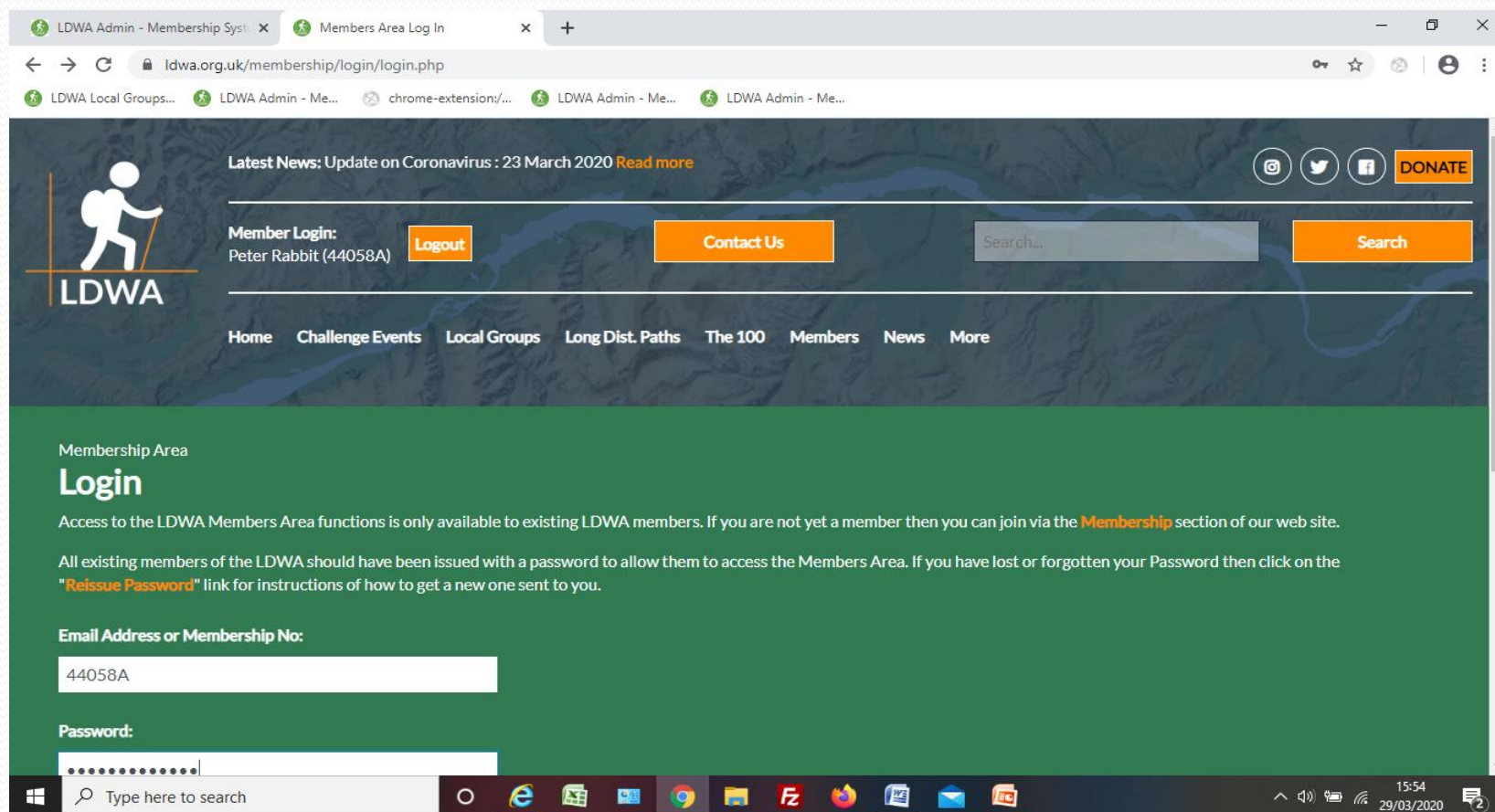
The LDWA is an Association of people with the common interest of walking long distances in rural, urban, mountainous or moorland areas. By joining the LDWA, you will meet other like-minded long distance walkers and gain access to information on walking events and long distance walking routes all over the UK. Some of our members like to participate in our many challenge events, with distances ranging from 20 to 100 miles. Others like to walk along long distance paths over several days, whilst many of our members like to socialise as they walk with one of our 43 geographic groups.

[Join us](#)

Type here to search

19:18 03/03/2020

# Login – with Membership No or Email address and Password



The screenshot shows a web browser window with the URL `ldwa.org.uk/membership/login/login.php`. The page features a dark blue header with the LDWA logo (a hiker) and navigation links: Home, Challenge Events, Local Groups, Long Dist. Paths, The 100, Members, News, and More. A 'Latest News' section mentions a coronavirus update from 23 March 2020. A 'Member Login' section displays the name 'Peter Rabbit (44058A)' and a 'Logout' button. A 'Contact Us' button and a search bar are also present. The main content area is green and titled 'Membership Area Login'. It explains that access is for existing members and provides instructions on how to get a password or reissue one. Below this, there are input fields for 'Email Address or Membership No:' (containing '44058A') and 'Password:' (masked with dots).

LDWA Admin - Membership Syst x Members Area Log In x +

ldwa.org.uk/membership/login/login.php

LDWA Local Groups... LDWA Admin - Me... chrome-extension:/... LDWA Admin - Me... LDWA Admin - Me...

Latest News: Update on Coronavirus : 23 March 2020 [Read more](#)

Member Login:  
Peter Rabbit (44058A) [Logout](#) [Contact Us](#) Search... [Search](#)

Home Challenge Events Local Groups Long Dist. Paths The 100 Members News More

Membership Area  
**Login**

Access to the LDWA Members Area functions is only available to existing LDWA members. If you are not yet a member then you can join via the [Membership](#) section of our web site.

All existing members of the LDWA should have been issued with a password to allow them to access the Members Area. If you have lost or forgotten your Password then click on the ["Reissue Password"](#) link for instructions of how to get a new one sent to you.

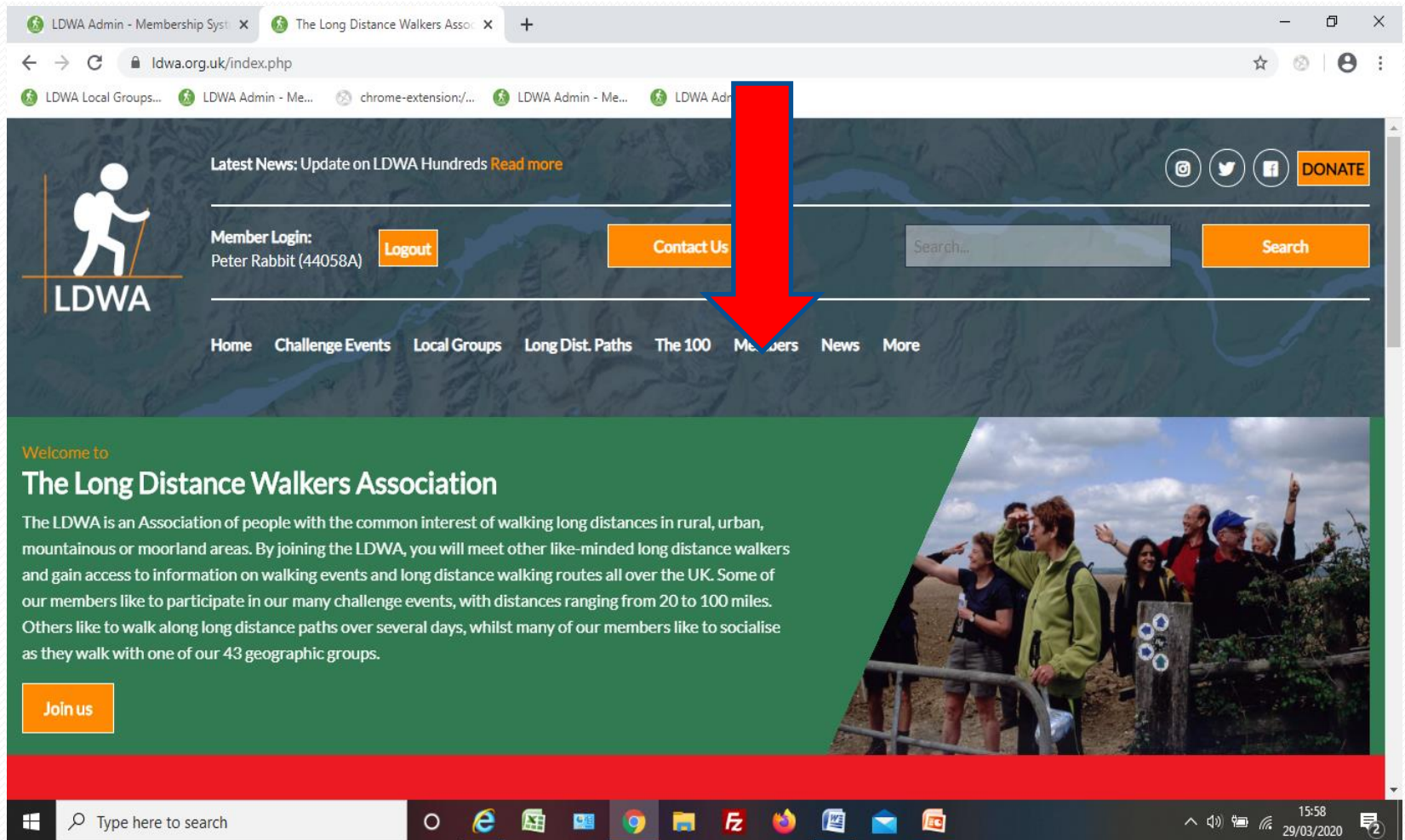
Email Address or Membership No:

Password:

Type here to search 15:54 29/03/2020



# Once Logged in click on "Members"



The screenshot shows the LDWA website interface. At the top, there's a navigation bar with the LDWA logo on the left. To the right of the logo, there's a 'Latest News' section with a link to 'Update on LDWA Hundreds'. Below this, there's a 'Member Login' section showing the user 'Peter Rabbit (44058A)' is logged in, with 'Logout' and 'Contact Us' buttons. To the right of the login section, there's a search bar and a 'DONATE' button. Below the navigation bar, there's a horizontal menu with links: 'Home', 'Challenge Events', 'Local Groups', 'Long Dist. Paths', 'The 100', 'Members', 'News', and 'More'. A large red arrow points to the 'Members' link. Below the navigation bar, there's a green banner with the text 'Welcome to The Long Distance Walkers Association' and a paragraph describing the association. A 'Join us' button is located at the bottom left of the banner. On the right side of the banner, there's a photo of a group of people walking outdoors. The bottom of the screenshot shows a Windows taskbar with various icons and the system clock displaying 15:58 on 29/03/2020.

LDWA Admin - Membership Syst x The Long Distance Walkers Asso x +

ldwa.org.uk/index.php

LDWA Local Groups... LDWA Admin - Me... chrome-extension:/... LDWA Admin - Me... LDWA Adr

LDWA

Latest News: Update on LDWA Hundreds [Read more](#)

Member Login: Peter Rabbit (44058A) [Logout](#) [Contact Us](#)

Search... [Search](#)

[Home](#) [Challenge Events](#) [Local Groups](#) [Long Dist. Paths](#) [The 100](#) [Members](#) [News](#) [More](#)

Welcome to  
**The Long Distance Walkers Association**

The LDWA is an Association of people with the common interest of walking long distances in rural, urban, mountainous or moorland areas. By joining the LDWA, you will meet other like-minded long distance walkers and gain access to information on walking events and long distance walking routes all over the UK. Some of our members like to participate in our many challenge events, with distances ranging from 20 to 100 miles. Others like to walk along long distance paths over several days, whilst many of our members like to socialise as they walk with one of our 43 geographic groups.

[Join us](#)

Type here to search

15:58  
29/03/2020

**Click on View/Edit Details –  
you can change any of your details here (eg address, tel no,  
surname)**

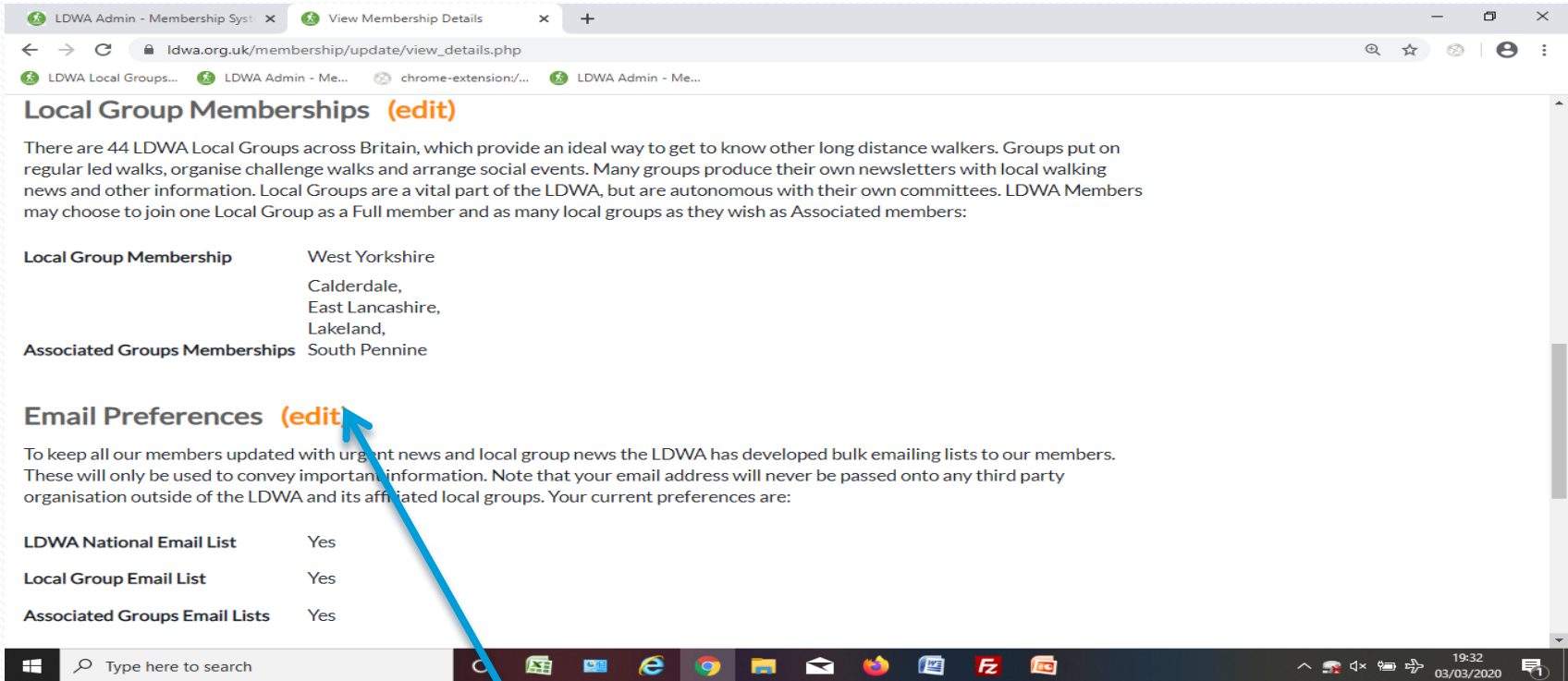
The screenshot shows a web browser window with the URL `ldwa.org.uk/membership/update/view_details.php`. The page has a navigation bar with links: Home, Challenge Events, Local Groups, Long Dist. Paths, The 100, Members, News, and More. The main content area is titled 'Your Details (edit)' and contains a table of membership information. A red arrow points to the '(edit)' link. A blue arrow points to a 'Renew Membership' button in the top right corner.

Your Details (edit)	
Membership Type	Family
Membership No	44058A
Name	Peter Rabbit
Gender	Male
Date of Birth	1st Jan 1960
Email Address	peter.rabbit@yahoo.com
Mobile Phone	0123 456 7890
Landline Phone	
Address	Windermere Lake, LAKE DISTRICT, LA1 2BC
First Joined	2017
Last Renewal	17th Feb 2019
Payment Method	Free

Renew Membership

**You will also note on this page you can renew membership**

# Scroll down on the same Screen and you have these choices



LDWA Admin - Membership System | View Membership Details

ldwa.org.uk/membership/update/view\_details.php

## Local Group Memberships (edit)

There are 44 LDWA Local Groups across Britain, which provide an ideal way to get to know other long distance walkers. Groups put on regular led walks, organise challenge walks and arrange social events. Many groups produce their own newsletters with local walking news and other information. Local Groups are a vital part of the LDWA, but are autonomous with their own committees. LDWA Members may choose to join one Local Group as a Full member and as many local groups as they wish as Associated members:

<b>Local Group Membership</b>	West Yorkshire
	Calderdale,
	East Lancashire,
	Lakeland,
<b>Associated Groups Memberships</b>	South Pennine

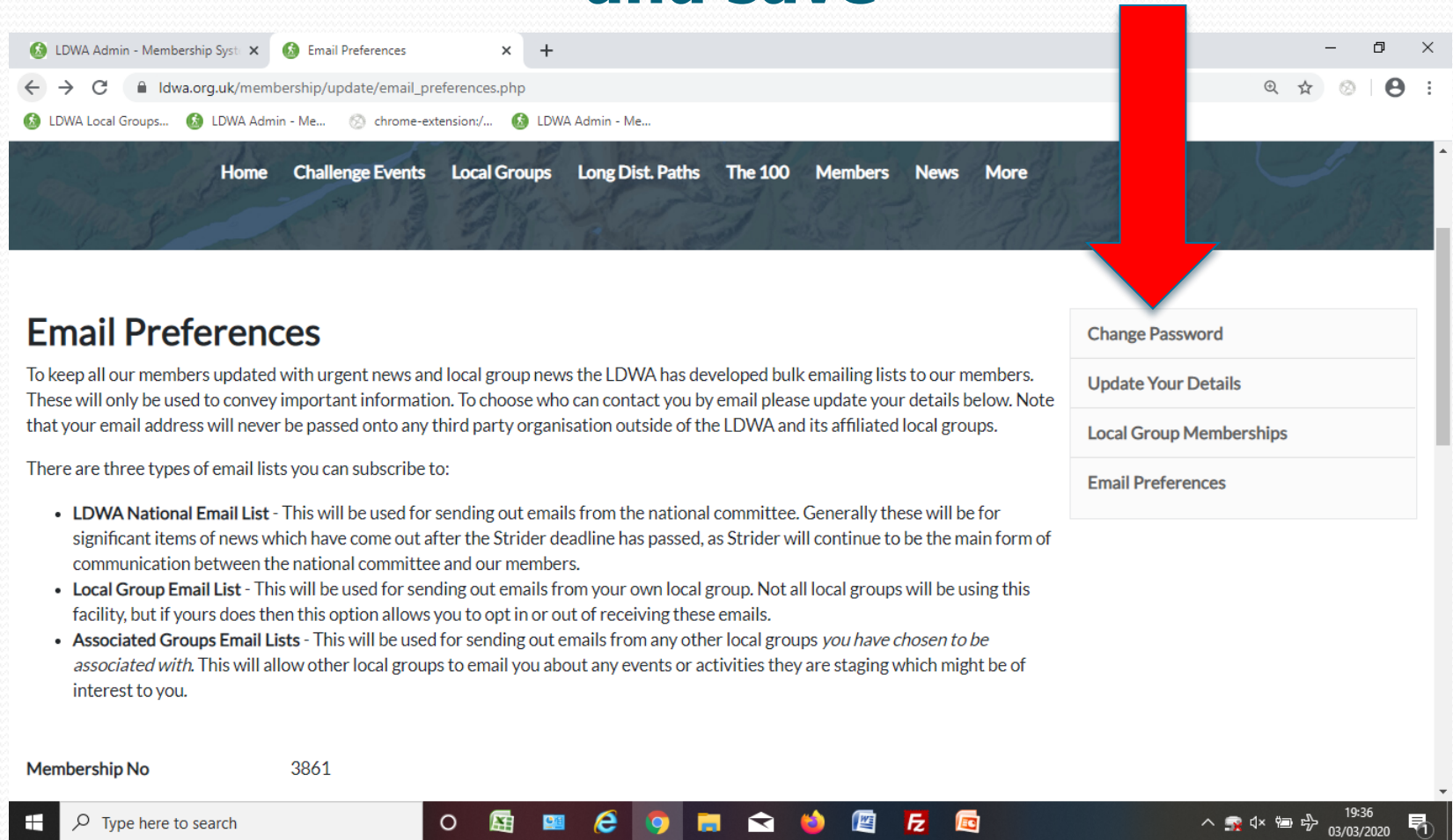
## Email Preferences (edit)

To keep all our members updated with urgent news and local group news the LDWA has developed bulk emailing lists to our members. These will only be used to convey important information. Note that your email address will never be passed onto any third party organisation outside of the LDWA and its affiliated local groups. Your current preferences are:

<b>LDWA National Email List</b>	Yes
<b>Local Group Email List</b>	Yes
<b>Associated Groups Email Lists</b>	Yes

This is where you can update your password to a password of your choice – click on Email Preferences (Edit)

# Click to change password and simply update and save



The screenshot shows a web browser window with the URL `ldwa.org.uk/membership/update/email_preferences.php`. The page title is "Email Preferences". The navigation bar includes links: Home, Challenge Events, Local Groups, Long Dist. Paths, The 100, Members, News, and More. The main content area is titled "Email Preferences" and contains a paragraph explaining the purpose of the email lists and a list of three types of email lists: LDWA National Email List, Local Group Email List, and Associated Groups Email Lists. On the right side, there is a vertical menu with four options: Change Password, Update Your Details, Local Group Memberships, and Email Preferences. A large red arrow points to the "Change Password" option.

LDWA Admin - Membership System | Email Preferences

ldwa.org.uk/membership/update/email\_preferences.php

LDWA Local Groups... | LDWA Admin - Me... | chrome-extension:/... | LDWA Admin - Me...

Home | Challenge Events | Local Groups | Long Dist. Paths | The 100 | Members | News | More

## Email Preferences

To keep all our members updated with urgent news and local group news the LDWA has developed bulk emailing lists to our members. These will only be used to convey important information. To choose who can contact you by email please update your details below. Note that your email address will never be passed onto any third party organisation outside of the LDWA and its affiliated local groups.

There are three types of email lists you can subscribe to:

- **LDWA National Email List** - This will be used for sending out emails from the national committee. Generally these will be for significant items of news which have come out after the Strider deadline has passed, as Strider will continue to be the main form of communication between the national committee and our members.
- **Local Group Email List** - This will be used for sending out emails from your own local group. Not all local groups will be using this facility, but if yours does then this option allows you to opt in or out of receiving these emails.
- **Associated Groups Email Lists** - This will be used for sending out emails from any other local groups *you have chosen to be associated with*. This will allow other local groups to email you about any events or activities they are staging which might be of interest to you.

Membership No 3861

Change Password

Update Your Details

Local Group Memberships

Email Preferences

Type here to search

19:36 03/03/2020



# View Strider Online

(if you want to unsubscribe from mailing list  
& just read online let me know)

The screenshot shows a web browser window with the LDWA website. The browser's address bar displays 'ldwa.org.uk/index.php'. The website's header features the LDWA logo (a stick figure with a backpack and a walking stick) and the text 'LDWA'. To the right of the logo, there is a 'Latest News' section with the headline 'Your new National Executive Committee' and a 'Read more' link. Further right are social media icons for Instagram, Twitter, and Facebook, followed by a 'DONATE' button. Below the header, there is a 'Member Login' section with the text 'Peter Rabbit (44058A)' and a 'Logout' button. Next to it is a 'Contact Us' button. To the right of these is a search bar with the placeholder text 'Search...' and a 'Search' button. Below the search bar is a navigation menu with links: 'Home', 'Challenge Events', 'Local Groups', 'Long Dist. Paths', 'The 100', 'Members', 'News', and 'More'. The 'Members' link is highlighted, and a dropdown menu is visible. This menu contains the following items: 'Business Plan 2018-2020', 'Benefits of membership', 'Log Out', 'Join', 'Renew', 'Reissue Password', 'View / Edit Your Details', 'Strider' (with a right-pointing arrow), 'Forum' (with a right-pointing arrow), 'Discounts', 'Annual General Meeting' (with a right-pointing arrow), and 'Ballots & Elections'. The 'Strider' and 'Forum' items have sub-menus. The 'Strider' sub-menu is visible and contains 'Online 'Striders'' and 'Strider Archive'. The 'Strider' sub-menu is highlighted. Below the navigation menu, there is a 'Welcome to' section with the heading 'The Long Distance Walkers Association'. The text below the heading reads: 'The LDWA is an Association of people with the common interest of walking long distances in rural, urban, mountainous or moorland areas. By joining the LDWA, you will meet other like-minded long distance walkers and gain access to information on walking events and long distance walking routes all over the UK. So many of our members like to participate in our many challenge events, with distances ranging from 20 to 100 miles. Others like to walk along long distance paths over several days, whilst many of our members like to socialise as they walk with one of our 43 geographic groups.' Below this text is a 'Join us' button. At the bottom of the page, there is a red banner with the URL 'https://www.ldwa.org.uk/strider/index.php'. The browser's taskbar is visible at the bottom, showing various application icons and the system clock indicating 16:01 on 29/03/2020.

LDWA Admin - Membership Syst x The Long Distance Walkers Asso x +

ldwa.org.uk/index.php

LDWA Local Groups... LDWA Admin - Me... chrome-extensions/... LDWA Admin - Me... LDWA Admin - Me...

**LDWA**

**Latest News:** Your new National Executive Committee [Read more](#)

**Member Login:** Peter Rabbit (44058A) [Logout](#) [Contact Us](#)  [Search](#)

[Home](#) [Challenge Events](#) [Local Groups](#) [Long Dist. Paths](#) [The 100](#) [Members](#) [News](#) [More](#)

**Welcome to**  
**The Long Distance Walkers Association**

The LDWA is an Association of people with the common interest of walking long distances in rural, urban, mountainous or moorland areas. By joining the LDWA, you will meet other like-minded long distance walkers and gain access to information on walking events and long distance walking routes all over the UK. So many of our members like to participate in our many challenge events, with distances ranging from 20 to 100 miles. Others like to walk along long distance paths over several days, whilst many of our members like to socialise as they walk with one of our 43 geographic groups.

[Join us](#)

[Business Plan 2018-2020](#)  
[Benefits of membership](#)  
[Log Out](#)  
[Join](#)  
[Renew](#)  
[Reissue Password](#)  
[View / Edit Your Details](#)  
[Strider](#) >  
[Forum](#) >  
[Discounts](#)  
[Annual General Meeting](#) >  
[Ballots & Elections](#)

[Online 'Striders'](#)  
[Strider Archive](#)

<https://www.ldwa.org.uk/strider/index.php>

Type here to search

16:01  
29/03/2020




LDWA Admin - Membership Syst...The Long Distance Walkers Asso...+ldwa.org.uk/strider/index.php

LDWA Local Groups...LDWA Admin - Me...chrome-extension:/...LDWA Admin - Me...


The LDWA journal, **Strider**, is published at the beginning of April, August and December and is sent to all members. Members can now also view electronic copies of recent magazines online using the links below. If you are not yet a member then you can join via the **Membership** section of our web site. Printed back issues of most editions are available from the **LDWA Shop**.

Business Plan 2019-2020




Click to View

December 2019




Click to View

August 2019



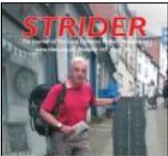
Click to View

2018 Hillwalkers' Register




Click to View


April 2019



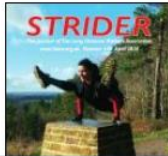
December 2018



August 2018



April 2018



LDWA signatory on letter to Government

Find out what's been happening

Mending Our Mountains

Volunteer awards

Local Groups' Weekend

The Great Outdoors Awards 2019

FIXED: Problem with Local Group websites


The Speyside 100 in 2023

National Executive Committee nominations

Tweets by @LDWA1

The Long Distance Walkers Association Retweeted

Type here to search



19:4103/03/2020

# A whole host of options under the “Members” tab

The screenshot shows a web browser window with the LDWA website. The browser's address bar displays `ldwa.org.uk/index.php`. The website's navigation bar includes links for Home, Challenge Events, Local Groups, Long Dist. Paths, The 100, Members, News, and More. The 'Members' tab is selected, and a dropdown menu is visible with the following options: Benefits of membership, Log Out, Join, Renew, Reissue Password, View / Edit Your Details, Strider, Forum, Discounts, Annual General Meeting, Ballots & Elections, LDWA Logo 2019 (members only), and Frequently Asked Questions. The main content area features a green banner with the text 'Welcome to The Long Distance Walkers Association' and a paragraph describing the association. A 'Join us' button is located below the banner. The Windows taskbar at the bottom shows the search bar and various application icons, with the system clock indicating 19:42 on 03/03/2020.

LDWA Admin - Membership Syst x The Long Distance Walkers Asso x

ldwa.org.uk/index.php

LDWA Local Groups... LDWA Admin - Me... chrome-extensions/... LDWA Admin - Me...

LDWA

Home Challenge Events Local Groups Long Dist. Paths The 100 **Members** News More

Welcome to  
**The Long Distance Walkers Association**

The LDWA is an Association of people with the common interest of walking long distances in rural, urban, mountainous or moorland areas. By joining the LDWA, you will meet other like-minded long distance walkers and gain access to information on walking events and long distance walking routes all over the UK. Some of our members like to participate in our many challenge events, with distances ranging from 20 to 100 miles. Others like to walk along long distance paths over several days, whilst many of our members like to socialise as they walk with one of our 43 geographic groups.

Join us

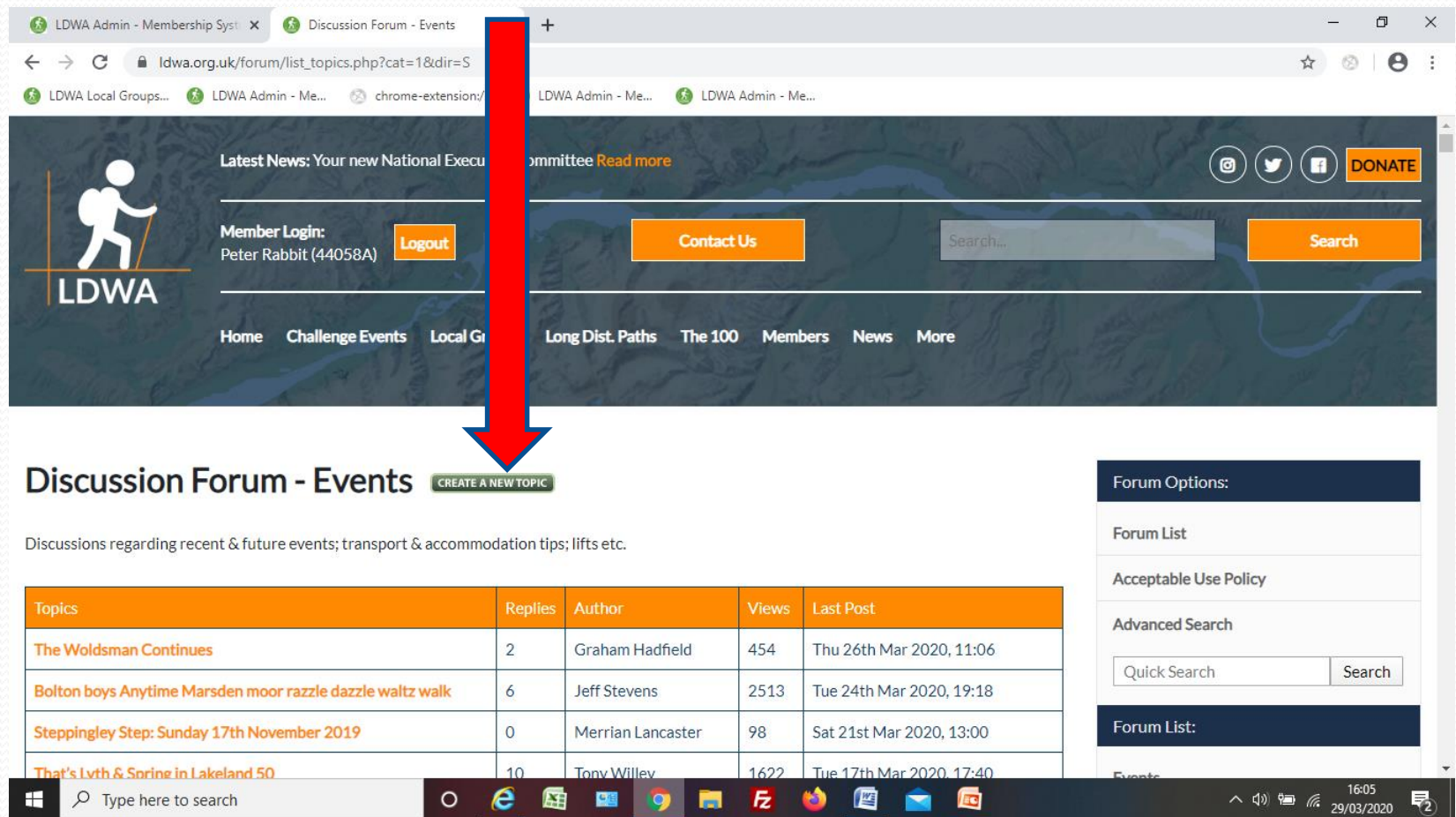
Benefits of membership  
Log Out  
Join  
Renew  
Reissue Password  
View / Edit Your Details  
Strider >  
Forum >  
Discounts  
Annual General Meeting >  
Ballots & Elections  
LDWA Logo 2019 (members only)  
Frequently Asked Questions

https://www.ldwa.org.uk/membership/join/join.php

Type here to search

19:42  
03/03/2020

Click on the Forum – select one of the Topics – have a look round – “Create a New Topic” or respond to an existing topic



LDWA Admin - Membership Syst x Discussion Forum - Events

ldwa.org.uk/forum/list\_topics.php?cat=1&dir=S

LDWA Local Groups... LDWA Admin - Me... chrome-extensions/ LDWA Admin - Me... LDWA Admin - Me...

Latest News: Your new National Executive Committee [Read more](#)

Member Login: Peter Rabbit (44058A) [Logout](#) [Contact Us](#)  [Search](#)

Home Challenge Events Local Groups Long Dist. Paths The 100 Members News More

## Discussion Forum - Events

[CREATE A NEW TOPIC](#)

Discussions regarding recent & future events; transport & accommodation tips; lifts etc.

Topics	Replies	Author	Views	Last Post
<a href="#">The Woldsman Continues</a>	2	Graham Hadfield	454	Thu 26th Mar 2020, 11:06
<a href="#">Bolton boys Anytime Marsden moor razzle dazzle waltz walk</a>	6	Jeff Stevens	2513	Tue 24th Mar 2020, 19:18
<a href="#">Steppingley Step: Sunday 17th November 2019</a>	0	Merrian Lancaster	98	Sat 21st Mar 2020, 13:00
<a href="#">That's Lvtth &amp; Spring in Lakeland 50</a>	10	Tony Willey	1622	Tue 17th Mar 2020, 17:40

Forum Options:

Forum List

Acceptable Use Policy

Advanced Search

Quick Search  [Search](#)

Forum List:

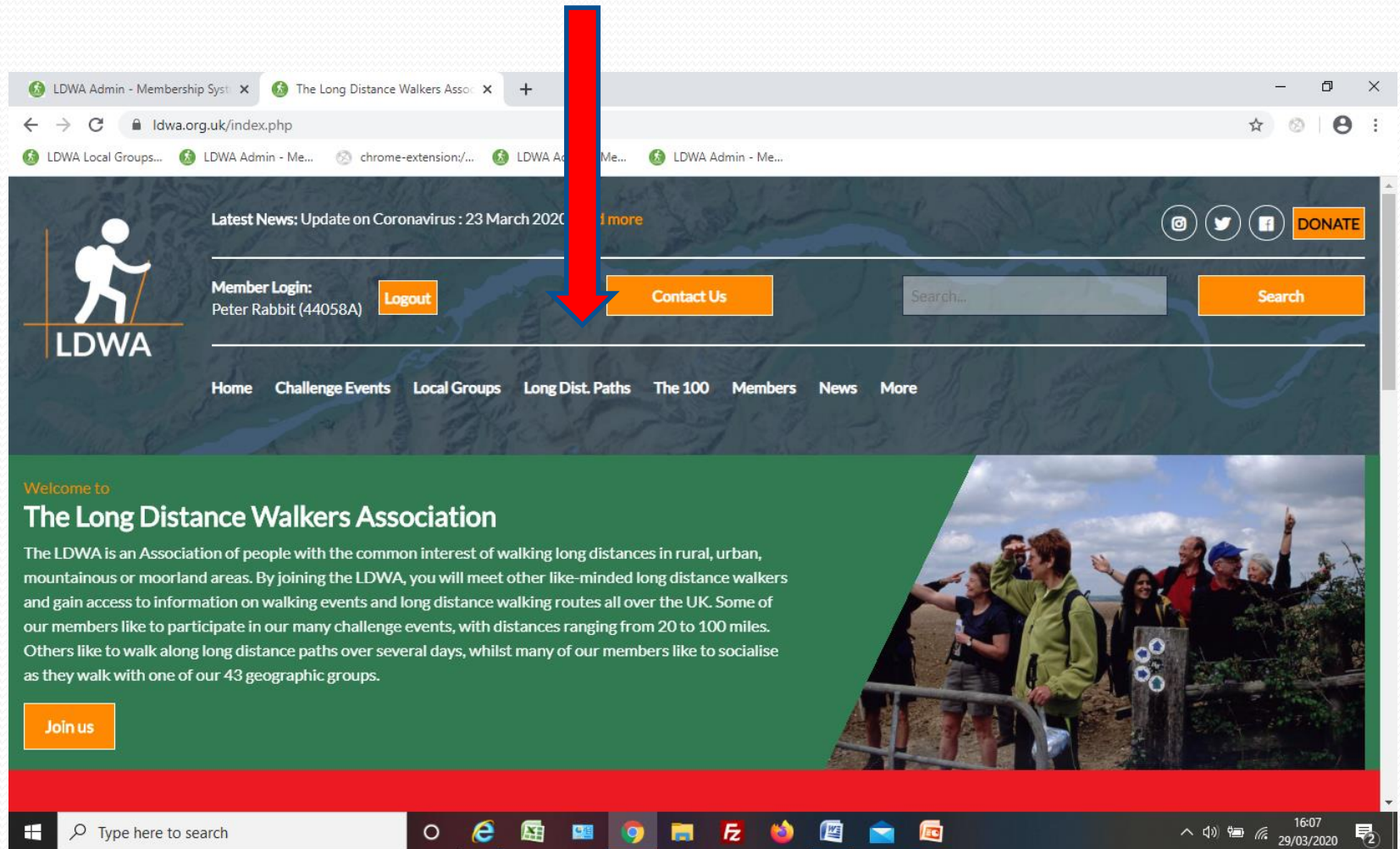
Events

Type here to search

16:05 29/03/2020



# Accessing Long Distance Paths Info



The screenshot shows a web browser window with the LDWA website. A red arrow points to the 'Long Dist. Paths' link in the navigation menu. The website features a header with the LDWA logo, a 'Latest News' section, a 'Member Login' section, and a 'Contact Us' button. The navigation menu includes links for Home, Challenge Events, Local Groups, Long Dist. Paths, The 100, Members, News, and More. The main content area has a green background with the text 'Welcome to The Long Distance Walkers Association' and a 'Join us' button. A photograph of a group of walkers is visible on the right side of the main content area.

LDWA Admin - Membership Syst x The Long Distance Walkers Ass... x

ldwa.org.uk/index.php

LDWA Local Groups... LDWA Admin - Me... chrome-extensions/... LDWA Admin - Me... LDWA Admin - Me...

Latest News: Update on Coronavirus : 23 March 2020 [View more](#)

Member Login: Peter Rabbit (44058A) [Logout](#) [Contact Us](#)  [Search](#)

[Home](#) [Challenge Events](#) [Local Groups](#) [Long Dist. Paths](#) [The 100](#) [Members](#) [News](#) [More](#)

Welcome to  
**The Long Distance Walkers Association**

The LDWA is an Association of people with the common interest of walking long distances in rural, urban, mountainous or moorland areas. By joining the LDWA, you will meet other like-minded long distance walkers and gain access to information on walking events and long distance walking routes all over the UK. Some of our members like to participate in our many challenge events, with distances ranging from 20 to 100 miles. Others like to walk along long distance paths over several days, whilst many of our members like to socialise as they walk with one of our 43 geographic groups.

[Join us](#)

16:07 29/03/2020



# Downloads – GPX files etc – only able to download if a member.

LDWA Admin - Membership Syst

Coast to Coast (Wainwright) - LD

+

ldwa.org.uk/ldp/members/show\_path.php?menu\_type=S&path\_name=Coast+to+Coast+%28Wainwright%29

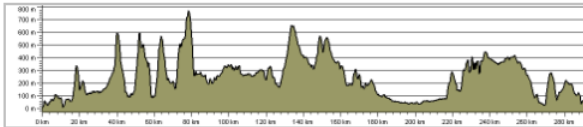
LDWA Local Groups...LDWA Admin - Me...chrome-extension:/...LDWA Admin - Me...LDWA Admin - Me...

## Downloads:

GPX Route File	<a href="#">Coast to Coast (Wainwright) GPX Exchange Format Route File</a> Last Updated 24/06/2018 22:38:18	DOWNLOAD
MemoryMap Route File	<a href="#">Coast to Coast (Wainwright) Memory Map Route File</a> Last Updated 24/06/2018 22:38:18	DOWNLOAD
Tracklogs Route File	<a href="#">Coast to Coast (Wainwright) Tracklogs Route File</a> Last Updated 24/06/2018 22:38:55	DOWNLOAD

## Route Profile:

293.4 km (182.3 miles)  
8,606 m (28,235 ft) ascent  
775 m (2,543 ft) maximum height



(click to enlarge)

### Quick links

Home

Challenge Events

### Accommodation

Accommodation

Hillwalkers/Trails


### Shop

Shop


Contact us

### Contact us

The Long Distance Walkers Association  
Bellevue, Princes Street,  
Ulverston, Cumbria, LA12 7NB



Type here to search



20:09

12/03/2020

