

# LDWA WEST LANCASHIRE GROUP

Group Meeting  
Monday October 15<sup>th</sup> 2018 at 7.45pm  
**Sea View Whittle le Woods**

	<p><b>Apologies:</b> Apologies were received.</p> <p>21 members were in attendance. One new member John Flanagan</p>	<p><b>Action</b></p>
	<p>The meeting opened with a speaker ‘Sammy’ as featured on the front of Strider, December 2017. Sammy walked from Dunnet Head to Land’s End starting on the 26<sup>th</sup> June 2017. Sammy carried 10 kilo’s which included 4 and half kilos of maps! Some statistics: he walked nearly every day for 59 and half days covering 1330 miles (with the diversions) and wore out two pairs of boots. Calories burnt approx. 100,000 and more. His mum would not allow ‘wild camping’ so he stayed in hostels and band b’s. Sammy stayed in one Weatherspoon’s, when a local hostel was overbooked. Blisters: none. The route commenced on the John O’Groats trail, then the Great Glen Way, the first month of weather was fantastic. The northern part was punctuated with diversions, on one Sammy met a ‘forager’ walker, who was surviving on ‘road kill’. Ben Nevis, The West Highland Way, Devil’s staircase then Loch Lomond, followed by Glasgow. At which point Sammy went across the Borders, as soon as he hit the Pennine Way the visibility dropped. Cross Fell was very wet. Down passed High Force the Peak District was sunny. Sammy described the Midlands as very flat, followed by the Cotswold Way and Glastonbury. From here Sammy saw the first signs of the sea when he hit Cornwall and eventually Land’s End.</p> <p>We thanked Sammy for a very entertaining talk, which the group really enjoyed.</p> <p>He has recently returned to Lancaster University from Sussex. He walked the journey as the trains had become unpredictable. The journey was 402 miles and it took 17 days. Well done Sammy!</p>	<p><b>Action:</b></p>
<p>1</p>	<p><b>The meeting continued with a number of updates from members</b></p>	
<p>2</p>	<p>The Lancashire Way. Neil described the walk so far. With 18 people attending this loop, 8 completing all sections. This section was 96 miles with 12,000 feet of ascent. The group had very little rain. Highlights were Billinge Hill, Barley (having a cuppa) and the views over Pendle were stunning. Due to being behind schedule there was some changes on the Chipping to Ribchester leg. Members were treated to some information on the geology of the area, as well as how well the Romans frequented the area. We had a number of good refreshment stops, including the last day whilst walking through Brockholes nature reserve. Neil talked about the ‘Northern Route’ next Spring. Hammer at the ready!</p>	

3	<p><b>Amble</b>  Given Thursday's are now free, it is proposed to walk particular sections on the Amble route. Sammy had described some difficulty following the instruction sheet in poor visibility over Great Hill.</p> <p>Ian to complete the duty list and circulate.</p> <p>There are 58 entries so far.</p>	<p>The next two Thursdays to walk the Amble. Ian to provide route descriptors.</p> <p>Duty list</p>
4	<p><b>Plod</b>  Nothing to report</p>	<p>15<sup>th</sup> December date for the diary</p>
5	<p><b>Laptop</b></p>	<p>To be purchased in due course</p>
6.	<p><b>AOB</b></p> <p>Tea and cakes walk.</p> <p>Coast to Coast walk</p>	<p>Date and venue to be decided</p> <p>Significant dates to be posted.</p>
7	<p><b>Time of meetings</b>  Date for AGM 2019 is the 15<sup>th</sup> April 2019 Venue Sea View</p> <p><b>Meeting closed at 9.20 pm.</b></p>	<p>To be discussed at future meeting</p>