

OXON40/20 2018 Important Information.

We hope you enjoy this year's 40/20 at – Longburrow Hall in Stokenchurch.

Parking is available from 06:15, approx 750yds from the Walk HQ, please allow sufficient time to arrive and register before your mass start time: 40 mile walkers 07:00, 40 mile fast walkers and runners 08:00, 20 mile walkers and runners 09:00. Please note the CP opening times and do not start earlier than you need, entrants arriving early will not be allowed in. If you expect to complete either course at over 6mph please inform the Help desk at registration.

Car Parking.

As spaces are limited please car share if possible. We have the use of two car parks, both off the A40 from junction 5 into Stokenchurch, please park as directed by the marshals. For directions use HP14 3SX on your SatNav or GR SU756964 on your OS map.



Registration.

Please ensure that you register on arrival so that you are logged as present and that we have the correct course and details recorded. There will not be any opportunity for entrants to change routes once you have registered. There will be mass starts for each route (40 walkers, 40 runners, 20 walkers and runners) and any last minute information or changes to the route will be notified at the briefing a few minutes before the start.

For the event.

Please ensure that you have printed out, and brought with you, a copy of the route description as there will not be any available on the day. Also you must have the required maps, a mug, suitable clothing, a basic first aid kit, if possible a charged and switched on mobile phone and sufficient food and drink to allow you to get between the checkpoints.

Note on the Chilterns.

The Chiltern Society maintain footpaths in the Chilterns, in particular they mark rights of way through woods by painting white arrows on trees and posts and often mark the official footpath designation (eg. L21= Lewknor parish, path 21). These can be very useful to walkers but do not get distracted onto another footpath by mistake.

OXON 40-2018 Route Description

Place names: *Italics* = name can be seen from route

CAPITALS = name appears on O.S. Landranger 165/175 (1:50,000) - or Street Name

Abbreviations: **ahd**=ahead: **B**=bear: **bld**=building: **BW**=bridleway: **ByW**=byway:
CB=compass bearing (magnetic): **cont**=continue: **CW**=Chiltern Way:
enc=enclosed: **F**=fork: **fld**=field: **flw(ing)**=follow(ing): **FP**=footpath:
FPS=footpath sign: **G**=gate: **GR**=O.S. grid ref: **immed**=immediately:
junc=junction: **KG**=kissing gate: **L**=left: **LHS/RHS**=L/R hand side: **m**=mile:
opp=opposite: **OW**=Oxfordshire Way: **R**=right: **RD**=road: **RW**=Ridgeway:
SP=signpost(ed): **ST**=stile: **TK**=track: **thru**=through: **T**=turn: **wd**=wood:
WM=waymark(ed) (often white arrows): **X**=cross/across: **yds**=yards
All GRs are SU xxxxxx

Start Longburrow Hall. GR 760 964.

Thru carpark, ahd to junc & TL on TK. Thru 'Private Road' signs to 4 way junc. BR & cont thru G/KG past *Hallbottom Farm* sign. BL downhill with TK & when TK bends R go ahd on FP (FPS) into wd. After 70yds X TK (white arrow on tree) to junc TR (just before Tjunc with TK) on **FP** with white arrow on L. X TK & ahd to TR with FP & flw LH edge of wd for 650yds to Tjunc, TR. At TK junc TL to leave wd. FR between fences, pass farm blds on R & BL between fence & hedge to X ST in corner on R.
GR 752 976

1.5m. TR to TK junc, TsharpL uphill. At TK junc ahd on FP (white arrows) 800yds to RD, TL 25yds, TL on TK (*SP Crowell 1m*) downhill to XTK. **GR 750 992**

2.8m. TL 1200yds on RW to RD. X RD (*SP Watlington 4.6m*) 950yds to XTK, TR on BW to RD. **GR 728 986**

4.5m. X RD (Carefully) to RD opp (*SP Aston Rowant only*). After 450yds TL into *Church Lane*. Past houses & onto gravel, pass TK from R to TK Junct (WMs), TL on TK (*SP: Copcourt 1.5m*). After 30 yds BL on BW to RD at *Blue Cross Animal centre*.
GR 717 988

5.7m. TL 30yds, X RD (With Great Care) into BW opp. Under M40 then imm TL on FP. Thru wd, pass ST, in 100yds TR X fld CB240 to WM in opp hedge. TL & flw RH fld edge towards church. In RH corner of fld thru KG into churchyard. Flw grass FP past church to exit thru Gs to RD. TL, at end of RD TR into:

CP1 Lewknor Village Hall. GR 718 976 6.9m

Opens 08:30 Closes 10:15

6.9m. Retrace route to RD, TL back past church to XRD at *Ye Olde Leathern Bottle*, TL (*Hill Road*). At end cont on stepped FP to RD. TL to X RD at bollards & into RD opp. After 350 yds TR at FPS before *Knapp Wood Farm*. Keep hedge on L round corner to TK (RW). **GR 719 967**

8.0m. TR on RW for 1.7m to 1st RD, X RD, 0.5m to 2nd RD. X RD ½L, in 50yds FR, 1000yds to X 3rd RD onto tarmac. In 5yds X ST/thru gap on L, TR & flw RH fld edge to corner. TR out of fld to 5 TK junc. **GR 690 928**

11.1 is from 20 walk on 20-03-18 distances from here are 0.2m less than stated

11.1m. Ahd on TK past *Ridge Farm* (RW) 1400yds to X RD, after 400yds TL (RW) past G, BL by blds on FP (RW) uphill. Ignore all FPs to L + R to flw RW WMs over summit & back up thru KG to RD. **GR 683 904.**

13.4m. Ahd on RD opp. BR in front of *St Botolph's Church* & TL thru G into churchyard, pass church & thru G. TL (CW), BR on grass path between bushes, to X RD into enc FP, thru KG. X fld ½R (CB110) uphill, thru KG & ahd on CW. 10yds before RD BR on FP. At junc by G (FPS) TR on BW & flw LH edge of wd 1250yds to:

CP2 Swyncombe Lodge. GR 687 892 15.0m.

Opens 10:15 Closes 12:30

14.8m TL on lane (CB130), FR to RD. X RD (With Great Care) TR on verge 20yds & TL past shelter. At grass triangle TR with RD then at next bend TL on TK before *Wild Wood*. 25yds after TK joins from R TR onto FP (FPS *Nettlebed 1*). Thru 2 KGs & past house to KG into fld. Thru/pass G in fld pass wd on L cont ahd (CB160) to KG in hedge. Ahd (electric fence on R) thru KG into wd, ahd to BR with FP after arrow on tree, FL & flw TK to drive. **GR 699 877**

16.2m. TL on drive. Immed before G (*Westwood Manor Farm*) TR to flw LH edge of wd. At house cont on drive (BW). In 150yds at tree with diagonal arrow TL (CB090 not direction of arrow) on earth TK uphill thru trees to gravel TK. TL past houses and pond, after 150yds ignore lane to R, ahd to XTK by *Soundess House*, TR. At RD junc ahd & BL on RD, in 80yds TL on lane (*Catslip*) 800yds to XTK at *Solar House*. TR to Main RD. **GR 708 863**

17.6m X RD (With Care) to BW opp (SP *Highmoor 1*). Flw WMs on winding TK to XTK (WM). TL 550yds on ByW to junc, ahd 650yds to TR on TK (ByW). Ahd to XTK by houses. **GR 716 846**

19.0m. Ahd on TK (SP *Bromsden Farm*). Pass farm (*Golden Eye statue on R*) on BW L of barn to permissive BW behind barn. X clearing, 40yds after start of fence on L TR downhill on TK to TK junc. TL at WM & ahd on valley bottom for 900yds to

WM on R. BR diagonally uphill on FP. Thru G, XTK, thru G. Farm on R X farm TK & ahd on FP (now fence on R) to lane. TR to main RD at BIX. **GR 725 852**

20.3m. X RD (With Extreme Care) to KG opp (FPS *Bix Bottom 1m*). X fld (CB360) into wd & ahd on CW. FP joins TK, as TK TR into fld ahd on FP to L of fld. Fllw wire fence on R, TL at large gate, thru KG and fllw RH fld edge. Thru KG to TK, TR (WM). As TK TR ahd thru G, thru farm yard to lane at BIX BOTTOM. **GR 727 867**

21.3m. TL 1900yds in valley bottom. At junc by blds ahd on ByW (SP *Park Corner 2m*). Pass *Warden's House* & at car park entrance ahd 200yds to G on R. Thru G (SW23) & uphill on FP ahd at 1st WM to 2nd WM (pointing ahd - 30yds before G). TL on broad clearing (permissive FP) thru G into wd. Ahd to Tjunc at TK. TR on TK to RD. **GR 718 886**

23.2m. X RD, TL on RHS of RD for 400yds. Opp *Cookley Hill Farm* TR on TK for *Nuttalls Farm*. After 120yds at faint Xpath TL (CB300) in direction of gap in trees. Fllw this path thru gap & ahd on LHS (west side) of common for 700yds to meet gravel TK. TL & fllw TK for 300yds, past G, past duckpond to RD, BR to:

CP3 Russell's Water Village Hall. GR 708 898 24.3m.
Opens 11:45 Closes 15:15

24.3m. Retrace steps past pond & cont on TK, X common, pass farmhouse to G, thru G & farm (PS22). Ahd for 1500yds on enc FP ignoring all turnings, then BL (PS22) to join lane thru PISHILL, passing church on L. Ahd on lane to meet RD. **GR 726 900**

25.9m. CARE ON ROAD. TR for 40yds, then L on TK at *Pishill Farmhouse* & immed after garden TR thru G on enc FP (PS6). Uphill for 350yds to X lane, ahd 250yds downhill with line of young trees on R to X TKs in valley. Ahd uphill on TK for 750yds becoming encl, when TK swings R ahd thru KG (FPS) to X fld (CB040), thru 3 more Gs to garden (final gate catch thru hole). Keep on FP to R of lawn & thru Gs on R of main G of *Saviours* & ahd to RD. **GR 743 909**

27.3m. X RD to RD opp (SP *Turville 2¼*). After 100yds, TL on RD. At end BR to *Turville Grange* sign, TR on gravel and bear L to G by FPS. Thru G on encl FP, thru KG & fllw RH fld edge to KG on R, thru KG, thru G & TL. Fllw LH fld edge, when hedge TL ahd X fld (CB130) to X TK & ahd fence on L. Thru G (WM). BL on permissive FP, thru G fllw FP into fld (WM). Fllw RH fld edge to small G in hedge. Thru G, X TK ½R, thru G to encl BW (WM). Thru G fllw RH fld edge, thru G fllw LH fld edge. After 3rd power pole on R BR (CB100) downhill to G in hedge. Thru G TL, thru G in corner to encl BW & on RD past school to RD at TURVILLE. **GR 767 911**

28.8m. Ahd to R of small green, X RD to TK opp, as TK TL ahd thru G on encl FP, thru KG & ahd uphill to RH fld corner. Thru KG to R, X RD, TR & X ST on L. After

170yds TL at WM thru fence, TR on FP thru WD. X fld (CB060) to ST by G. X ST & ahd to RD. **GR 774 918**

29.4m. TR 80yds, TL thru KGs, flw RH fld edge uphill thru G into wd. Flw WMs across 3 TKs to Tjunc (WM post). Tsharp R on TK & pass information boards. As TK starts to descend ignore TK to L & cont downhill to G & into enc FP. Thru G, X ST & BR to RD at FINGEST. TL on RD to T junc. **GR 777 911**

30.5m. TL on RD 120yds, TR thru KG, flw RH fld edge uphill thru KG to XST on R into wd. Thru wd, X fld (CB110), pass G into wd & ignore TKs on R. At TK junc BR (BW) 500yds to RD at *Spurgrove Lane*. Ahd to Tjunc, TL. After 220yds TR into:

CP4 Frieth Village Hall GR 795 902 32.0m
Opens 13:15 Closes 17:30

32.0m. From CP back to RD, TR past Church to XTK (FPS on R). TL on enc TK, thru KG & flw LH fld edge, up steps thru KG to encl FP. Thru KG down steps to RD (CARE) TR. As RD bends R TL on TK past *Sunnydale*. As TK TL by FPS ahd on narrow FP thru KG. At end of fence on L (WM) TR thru G. X fld (CB040) thru G & down steps to RD. X RD ½R to FP. **GR 796 910**

32.6m. Thru KG, ahd on TK fence on R then WD on L, #thru G & ahd RHS fld to TR thru G (WM). At end of wire fence TL thru G. Hedge on R. After 150yds by unused KG and hedge gap TR on LH fld edge. Thru G/ST on enc FP to FL past allotments to lane at *Hideaway Cottage*. **GR 804 913**

33.5m TL on lane. At end TR thru wooden posts. Flw LH fld edge, X TK, X church path. At wall corner thru posts, BL (CB330) to gravel TK junc, TR past *Baker's Piece* on R to RD. X at crossing on R & ahd thru carpark (toilets in car park). Keep to LHS, L of power pole & X on LHS of common. X TK, past pole with *LEFC* sign to RD, TL to RD junc. TL over bridge & at *Wheeler End* sign X RD & ahd on grass in front of houses to 5mph sign. X TK onto grass, BL on FP behind seat (CB290). Keep on RHS of TK, pass R of houses to TK, TR to RD. **GR 801 928**

34.8m X RD on FP (FPS). In 15yds BL past notice board & TR on TK on LH edge of wd 550yds to XTK (WM). TR on BW, BL in front of houses to TK junc. TR to RD. TL, after 30yds TR with RD. Imm after *Private Road* sign TL thru KG X fld, thru G in LH corner on enc FP. Thru G, X TK, thru G opp. At end of WD TR on TK. As TK TR ahd on grass to wd. TL 5yds to FR into wd (white arrow) to XTK in valley bottom. TL 3yds, TR on LH fld edge. At top of rise BR X fld (CB350) to WM post in valley. X TK, X fld & pass ST into wd. Ahd with white arrows ignoring all turnings to reach RD. **GR 791 950**

36.8m X RD (CAREFULLY) TR 25yds, TL thru KG (FPS *Bottom Wood 1Km*). Flw LH edge thru 3 flds to X ST into wd. At XTK by notice board ahd thru G on enc BW. At junc by Gs TR on RD. In 330yds TL into *Green Lane*. At end X RD, TL 70yds to TR

on enc FP by war memorial. Into wd, pass house on L to drive, TR to RD at BENNETT END **GR 782 971**

38.6m TL on *Grange Farm Road*. As RD bends R ahd on TK. In 250yds at FPS BL X fld (CB220). Up steps, X TK, up steps thru hedge gap by WM. TL flw LH fld edge. X grass cont on LH fld edge. At WM TL thru hedge to TK, TR on TK to barrier. FL X fld (CB220) to LHS of power pole. Flw hedge on R for 25yds, As hedge turns L TR to hidden KG in hedge. Thru KG & X fld CB210. Thru KG to TK. TL on TK to TR at junc into Longburrow Hall and don't forget to register at the **FINISH**.

Well Done!

You have completed the 2018 Oxon40.

40.2 miles 4050 ft ascent