

ABBREVIATIONS etc:

R:Right, L:Left.

BR/BL: Bear Right/Left, FR/FL: Fork Right/Left, TR/TL: Turn Right/Left.

C:and, cont:continue, X:cross, str:straight, thru:through.

Rd:road, TK:track, BW:bridleway, FP:footpath.

Y:yards, M:miles.

Figures after checkpoints are the grid reference followed by the number of miles from the start.

ROUTE 1

At starters signal leave football ground gates & TR on FP (to river). At path end TR along lane & X railway. Follow path round & uphill to junction where TL. At bypass TR along grass verge & X rd when safe. Just before roundabout TL along TK. After 200Y FR on TK. Later X TK keeping str ahead along R edge of field. At far side FR (ahead) along FP between fences. X TK & ahead between hedges to rd.

Ahead on rd opposite C cont ahead when drive bears L to Folesdon Lacey. Immediately after drive bears R to Goldstone Farm, FR down TK with hedge on R. BL with TK after entering tree belt & keep ahead on main TK. Ignore turn to L by blue arrows. Pass Pidden Cottage on R. 30Y after next cottages, TR. Over rd & str ahead. TL before field gate on R. Follow path to rd ignoring L forks. TR on rd for 200Y & where road swings R, BL down BW. Krd & 500Y later TR to cont with field on R. Pass house on L & cont ahead when drive bears R. Ignore L fork soon after. Under bridge with house on R. On & under another bridge to valley bottom.

TL thru gate & FR after 600Y (40Y after fire danger sign). 170Y after joining TK coming in from L, FL. Str ahead on BW "to Shere" at X-TKs. Ahead over North Downs Way & down TK that passes under the A25 to Shere. TL on rd for 25Y then TR into village. Follow rd for 400Y past Prince of Wales then BR off rd along Pilgrims Way (FP sign). BL after 40Y. Ahead up path for 100Y. BR on lane then keep str ahead on path. 20Y after entering wood, join path coming in from R. After 12Y BR & after another 12Y BL up small path. After 200Y X rd & keep str on to railway crossing. Checkpoint 1 070 468 10.4M

TR on rd south of crossing. After 30Y go ahead along FP. At Foles Farm keep ahead on main TK. TK later becomes surfaced. Where lane bends R (Lockhurst Hatch Farm) keep str ahead on FP & soon join TK coming in from R. After 50Y, where TK bears R over culvert, str ahead on FP up stream valley. After BL ignore L turn. Eventually meet X-TK with wide TK ahead & to R. TR. After 80Y meet gravel forestry TKs. Go str ahead. After 100Y FL. Where forestry TK turns sharp R, cont ahead on TK (which becomes narrower) uphill to Winterfold.

TL on rd. At junction go ahead on TK opposite. Cont soon with fence on R past windmill. Later descend to rd. X. Turn BR & follow TK uphill (with fence & danger signs on L) to top of Pitch Hill. Str past trig point & BL along hilltop edge. 350Y past old seat, TR at X paths. At forestry rd TL & after 60Y FR on path into Woolpit (Duke of Kent) school grounds. Follow drive to rd. X rd & along FP opposite. Follow FP between fences to end at wood edge. 40Y into wood BL over stile & TL on TK. Soon BR on FP to rd. X car park & bearing R at concrete blocks, cont to summit of Holmbury Hill. From seat on summit, follow edge east then north for 750Y then TR (soon after power lines come into view) to descend steeply to rd (where power lines X). X to go along FP opposite. Keep to L side of fields. At rd TL for 100Y. TR along TK to Upfold Farm. Pass L between farm buildings & follow FP beside field. Later FP enters wood & ascends. At X-TKs str over uphill (house over to R). Keep to main TK to rd.

BR over rd to go along TK to Leith Hill tower. Pass tower & keeping str descend steeply. Pass National Trust sign. Later FR to pass cricket ground & descend to Goldharbour village at Flough.

Join rd coming in from R. BL at rd junction & in 100Y BR on FP. After 1/4N, join wide TK coming in from L. 40Y after next TK on L. BL on FP. Pass trig point. Join TK coming in from R & in 350Y TR downhill with power lines on R. In 350Y, BL & in further 20Y, TR on TK. After 350Y TK bends sharply to R & in further 350Y TL down FP with power lines on L. X wide TK & cont along path to go thru gate to Redlands Farm. TL thru farmyard & cont along TK. At TK end enter field & TR to pass pole to far corner of field. Over broken gate then keep to hedge on L. Where hedge bears away to L at ditch bridge, turn BR across field to go thru gap. Turn BL to go thru gate (20Y to R of oak tree). Over next field to go thru gate to L of house. Down TK & TR in front of Holmwood Farm to underpass on A24 Checkpoint 2 166 471 21.0N

Retrace steps for 80Y & TR at farm buildings down TK. At TK end TR over stile on FP with barbed fence on L. At top TR for 20Y then TL over stile to cont in same direction. Soon go thru allotments to rd. TL to end. Over Knoll rd to turn BR down Goldharbour Lane keeping to pavement on R. After 140Y X rd to go thru gate by seat. Follow path across green to enter wood. After 200Y FR. At X-TK by holly bush TL. Pass seat between trees & in 70Y str ahead to join path coming in from R.

TL on drive. FR thru white gate (15 m.p.s. sign) & in 25Y FR on FP with fence on L. TR on Milton Street to A25. X (WITH CARE) to TK opposite. By house BR to X plank over stream. Keep str across field & thru gate to X another field. Pass into trees at far side & along path. At far side of wood, join TK coming in from R. X railway at gates & keep to main TK uphill. At X-TK TL for 1/4N. TR to go up 10 steps (10Y after stile on L). Climb to stile with fence on L. Over stile & up to another. 30Y into trees TR along path. Go over X-TK and reach rd at Ramore Common. BL across rd to go L of house. Follow TK signed to YHA & cont for 1/4N to reach Farmers Hatch Youth Hostel.

Pass the front gate of the hostel to descend along TK. At 300Y (TK bends) BR to go along FP thru field. At end BR to pass Begden Farm. At TK TL to rd. X rd & up TK opposite into wood. At top cont ahead on FP between fences. Thru tree belt & then hedge on L. At X-TK turn sharp R & in 100Y turn sharp L to cont same line of travel. Past farm then over X-TK to pass L of brick sheds. X rd at Rocketts Farm to TK opposite. Turn sharp R at X-TK. Downhill to stile & 300Y after crossing railway TL thru gate. Pass leisure centre to car park. Finish 167 562 XN

W E L L D O N E