

12th PUNCHBOWL MARATHON 30 MILES Sunday 1/2/81 8AM. GR 186/947394
Chichester Hall, WITLEY. (Fast Walkers, Joggers & 20 Milers 9AM; Runners 10am.)

Certificates to all finishers within 9 Hours (by 5pm). Emergency Tel. WORMLEY 3374

TR/TL = TURN RIGHT/LEFT BR/BL = BEAR RIGHT/LEFT FR/FL = FORK RIGHT/LEFT
PF/PB = PUBLIC FOOTPATH/BRIDLEWAY (always with post) & = AND rd = ROAD

At Starters' signal:- along L edge of rec., out at corner, pass garage & FL down track to cross small bridge. Under rail arch & after 330m TR on rd. After 100m TL via kissing gate & up path (158°) ahead. Ignore all L turns, keep ahead, & swing R (227°) after 250m. TL on track beside railway after another 500m. T½L over busy A283 & down rd opposite (to Wood Pidgeon) for 1km. When opposite Tennis Court on R, TL over stile on PF. On L edge of field, over stile, through woods, over next stile. Over 2 fields (160°) in line with PF-post & furthest L building. Over stile out of 2nd field, TL down track for 50m then climb up to stile on R. Over, TL for 40m then FR down track. At bottom, through gate, over stile & bridge & on through woods. Over stile, along R edge of field, over stile, along track, through kissing gate & TR on rd. GR 955360.

After 500m T½L across T junction & over stile L of fir trees. Along R edge of field, over 2 stiles & up L edge of field. Over 2 broken stiles & ¼L (160°) down next field. Over stile behind bush, & down fence to pass L of Pond. Join path coming from R, beside house & along drive. TR on rd, becoming track after 200m, & after another 400m at 'Hollyhurst', BL on PB. Just after passing 'Hollyhurst', a fence runs for 150m on R; 45m (pace it out) after it ends, TL (16°) down narrow path with stream on L. GR 945344 4¼ miles.

Over footbridge at bottom & FR, then climb & follow path parallel to fields on L. After 650m join track coming from L. After 150m join rd coming from L. After 1km pass Furnace Place on R (Eagles on gates) then after 180m BL on path, across drive after 20m, then ahead on PF on R edge of large field. At far end above rd, TL down field for 60m & TR via detachable wire gate. Over rd & up PB on Anstead Brook Stud drive. Keep ahead & through gate after 350m, then 20m on, TR via small gate (PF). Up R edge of field (Surrey/Sussex border), & through small gate in corner. Ahead for 100m then T½R (280°) up steep climb to ever-open gate in field corner. Straight (270°) over field to gate & TL on track (into Sussex). On for 550m, via gate & 2 stiles, to Barfold Farm. GR 927310.

TR up rd for 200m & TL 10m after 'Owlden', on path, parallel to rd for 50m, then veers L uphill. Ahead, & after 400m down across drive & TR on PF beside drive. Join rd at bend & B½L up PB (255°). At top TL with PB & after 100m admire view at gap in bank on L. FL after 50m at PB post & after 40m join track coming from R. After 130m FL at PB post & after another 450m join PB from R. 80m later FR (ahead) at PB post, then after 60m BR (238°) onto faint path up into trees for 120m to BLACKDOWN TRIG. POINT 919FT. GR 919296 8¼ miles.

Ahead (190°) on narrow path & keep to ridge. After 150m TL on track then TR at T junction (to rejoin previous PB). After 200m FL (ahead) to viewpoint with Topograph giving direction of Chanctonbury Ring etc. Retrace steps for 60m then FL. After 45m ahead (310°) over X-tracks onto PB. After 130m (when main track swings R) keep ahead (310° again) steeply down PB to Cotchet Fm at bottom. TL down lane then FL (& TL) at T junction for 110m to BR, via gate, onto PB (190°) on track up field.

Through gate & ahead (240°) with field on R. After 150m TR (296°) onto wider PB. Keep straight for ½ mile, on main level track (ahead (310°) at 5 X-tracks. Pass

Pass...beside 'Sheetland' & on drive for 300m then TL (280°) at L bend, on PB (at post). FR (280°) 200m later, on PF. Beside house then TR on drive. After 100m, when tarmac swings L, keep ahead on PB for 120m, then TR (10°) on PB. Keep to PB & join drive after 500m then TR & TR again on A 286. GR 895305 KINGSLEY GREEN. After 140m (or when safe) cross cross & TL on PF. Beside Rose Cottage & straight up -hill to pass PF post over top. After 40m TR on rd & after 90m BR on PF. Over drive & FL (334°) to CHECKPOINT ONE after 300m at 5 X-tracks GR 887312 12 miles. ROUTES NOW SPLIT UP:- 30 Milers TL... 20 Milers FR...

30 MILE ROUTE :- TL (250°) on track. After 150m over rd & on drive (Walden). After 40m TR at X-tracks. After 160m FR & after 40m ahead on lane (PF) coming form R. Ahead after 100m on PB when lane swings L. 300m later TL up lane. After 80m, when lane swings L, ahead (275°) on PB. After 70m FR (320°) on PB & keep straight on for $\frac{1}{2}$ mile. Just before houses FL on track with houses now on R. TR on rd for 25m then TL & up over mounds of old gravel. BR (340°) on path for 100m, then cross B2131 (GR 870319). T $\frac{1}{2}$ L on lane, passing 'Gillhams Wood' after 40m. After 150m TR at PF/PB junction, & on between fences. Over stile, down (320°) across field & over stile. Down path, over stile by gate, down R edge of field & over stile in corner. TL down lane, on through farmyard, through 2 gates & WITH GREAT CARE (look both ways) cross major rail line, over slippery sleepers GR 867324.

After 90m (leaving Sussex & entering Hants) TL up to rd (Only Pub on route is on R). Over rd (14 miles) & uphill on path, soon veering L, & getting under Power Lines at top. Continue under lines to lines T junction, TL & after 10m TR. After 80m cross track & over earth bank junction. With bank on R keep field, on R, in view for 100m (350°), then at bank corner ahead through trees to cross A3 dual carriageway WITH CARE GR 864334. Along old rd opposite for 300m then around L turn & TR (355°). After 80m TR then after 70m TL downhill. Over track & up other side. Along top, over track, then join track coming from R, and downhill for 400m. TR along this side of WAGGONERS WELLS Ponds & via car park up on R GR 863344.

TL down track past Telegraph pole (No. 10) & 8m later TR over rail sleepers footbridge. After 30m TL at largest Douglas Fir (10m before 'No Horses' sign) to soon run (42°) beside stream feeding Ponds below. In 800m, after merging with parallel track on L, TL (double garage on L) up very steep rough track- then tarmac. At top TL on B3002 for 30m then TR into Beech Hanger Rd GR 867355. After 65m TL into Rec. & along R edge. TR at corner for 30m then TL on PF steeply down to TL down rd. After 150m at 'Whitmoor Vale Rd' sign, B $\frac{1}{2}$ R up path (310°), (leaving Hants & into Surrey). After 80m TR (80°) at X-tracks, then up main track for 600m to near summit, to TR up path 35m BEFORE earth bank that crosses over path. Path soon levels out with bank now over on L. Later through bank & follow NT PB signs ahead (av. 90°) on main track, keeping ahead at main junction on PF past 'No Horses' sign.

TL on A287 (GR 886361) for 120m, (crossing when safe), & TR on PB (rough track). After 300m T $\frac{1}{2}$ R (50°) at X-tracks (at HIGHCOMBE NT sign) steeply downhill (view of PUNCHBOWL on R $\frac{1}{4}$ way down). TL at bottom & after 220m (2nd path on R) TR downhill (between fields). On concrete plank over stream & up ahead. After 200m TL on track (past Youth Hostel on R). Through gateway & after 8m Tsharp L down track. Keep ahead on main track for $\frac{3}{4}$ mile to FL (45°) at field & gate on R GR 894377. 20 Miles. THOSE REACHING HERE AFTER 2.30pm MUST LINK UP WITH 20 milers (for a 24 mile certificate). JUST FR ON TRACKWAY HERE (62°) & AFTER 400m CROSS A3 (With Care) & TL ALONG A3 VERGE. . SEE DESCRIPTION ON LAST PAGE FOR REST OF 20 Milers ROUTE.

Page 3 for 30 Milers

30 MILERS CONTINUE :- After 200m join tarmac coming down from R. After $\frac{1}{2}$ mile pass Lower Highfield Farm on R, & 200m on, around R bend & TL down drive of Hedge Farm for 20m. Keep R between fences & TR over stile at end, & ahead on L edge of 2 fields. TL over stile in far corner of 2nd field, on R edge of field for 80m then TR over stile & down for 150m to join lane coming from L. After 400m TL (290°) over stile (PF) by gate GR 895396. Over field via rail sleepers, over stile into trees & follow bank on L. Over footbridge & on again. TL up rd (TAKE CARE OVER BROW) for 130m then TR down PB. At bottom, ahead joining tarmac from R. Swing sharp R at track junction then keep ahead (10°) for $\frac{3}{4}$ mile to CHECKPOINT TWO at crossing lane GR 893408 $22\frac{3}{4}$ miles.

THOSE REACHING HERE AFTER 3pm MUST SHORT CUT UPPER LOOP, FOR A 27 Mile CERTIFICATE. JUST TR DOWN LANE, JOIN RD AT BEND, AHEAD ON PF AFTER 60m THEN FOLLOW MAIN TRACK (BECOMING WIDE) FOR $1\frac{1}{8}$ miles, THEN, IN TREES, FR (105°) TO PASS (94°) BESIDE HOUSE GR 915407 (BACK ON ROUTE at 3 RD PARAGRAPH DOWN).

30 MILERS CONTINUE :- TL up lane for 400m to TR onto path under Pylon Wires, then follow them for 1 mile, past 'SMC's 4 to 11, where Pylons swing L, away from route. GR 889426. Swing L with wires for 40m then BR for 30m to join track coming from L. After 150m swing R, at wet patch, then ahead (45°) for $\frac{1}{2}$ mile, past Hankley Cott., to swing R at track junction, onto wider track (familiar to past Punchbowlers & Summiteers). On main track, then tarmac, past animal sanctuary on L (25 miles) for $\frac{3}{4}$ mile to FL of Green & cross main rd.

On along 'West Hill', to BL at end up path. After 150m TR on PF & after 80m over stile, then on R edge of 3 fields (163°). BL on path (154°) $\frac{1}{2}$ way across 3rd field (at gate on R), to climb stile beside gate ahead. On R edge of next field, over stile in corner (GR 911424) & ahead. After 1 mile, when in sight of house at definite fork, FL (165°) for 100m to the house GR 915407. TL (94°) on PB beside house.

27 Milers REJOIN HERE.

Cross footbridge beside ford after 75m. (Silkmill Cottages down on L is in idyllic setting- mainly of their own making) $27\frac{1}{2}$ miles. After 350m pass gate & join drive coming from L. FR to cross A3 WITH GREATEST OF CARE (very busy) & ahead on rd opposite (to Brook). After 250m BL (110°) onto track via poled gate. After 150m over X-paths & 100m further on FR (ahead) (130°) & later climb. At poled gate join minor rd coming from R, then after 20m cross A286 & along Roke Lane opposite.

After 700m ($29\frac{1}{4}$ miles) (where rd begins to swing L) BR (120°) down track in front of 3 cottages. Over stile at end & down L edge of field. Over stile & on path round house with lake, on R. Up 24 brick steps & TL. On path for 400m then ahead over open area (last year's Start) & TL down lane. After 180m TR on A283 for 200m then WHEN SAFE cross into Rec at far side of Hall & FINISH in verandah. Well Done! SHOWERS & FREE TEA AWAIT YOU.

ESCAPE ROUTE FOR 30 Milers from their 20 mile point.

Along verge (40°) of A3 (merging with 20 milers route) for 450m then climb stile on R (50m after start of 1st field on R). GR 902381. $\frac{1}{2}$ L down field (95°). Over electric stile, down path & join drive. Over X-tracks & later FR on PB & down beside Cosford Farm (named House on map!). After 200m TR at bottom & after 25m FL uphill & up old stone steps. TR on path for 30m then FL up steep path. Over path at top, up rough steps, through trees & over electric stile. Ahead (70°) over field, over electric stile & over rd GR 914387 21 $\frac{1}{4}$ miles.

Through gateway, over stile & ahead on L edge of R hand field. Over electric stile then after 50m TL over next stile. Down 7 brick steps, over drive, over stile & across (85°) field to far R corner. Exit via small gate, over drive & through tall gate. On over field (130°), down to gateway & up track. Through gateway beside stile & after 22m TL on faint path. Through kissing gate after 80m & TR on path for 80m then descend to join rd, coming in from the R, via tall swing gate.

After 400m cross (WITH CARE) A286 (GR 929383) up tarmac, then path up gully. After 800m FR at houses (23 miles) & after 200m join rd coming in from R. After 500m TR via kissing gate (GR 942390) beside Hangerfield Cottage on R. Descend (95°) with fence & Cottage on L. Over stile, on R edge of 2 fields & through kissing gate. TL on A283 for 150m, then WHEN SAFE cross & into Recreation Ground to FINISH in verandah of Hall. 24 miles Well Done! SHOWERS & FRRE TEA AWAIT YOU.

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After 500m T½L across T junction & over stile L of fir trees. Along R edge of field, over 2 stiles & up L edge of field. Over 2 broken stiles & ¼L (160°) down next field. Over stile behind bush, & down fence to pass L of Pond. Join path coming from R, beside house & along drive. TR on rd, becoming track after 200m, & after another 400m at 'Hollyhurst', BL on PB. Just after passing 'Hollyhurst', a fence runs for 150m on R; 45m (pace it out) after it ends, TL (16°) down narrow path with stream on L. GR 945344 4¼ miles.

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TR up rd for 200m & TL 10m after 'Owlden', on path, parallel to rd for 50m, then veers L uphill. Ahead, & after 400m down across drive & TR on PF beside drive. Join rd at bend & B½L up PB (255°). At top TL with PB & after 100m admire view at gap in bank on L. FL after 50m at PB post & after 40m join track coming from R. After 130m FL at PB post & after another 450m join PB from R. 80m later FR (ahead) at PB post, then after 60m BR (238°) onto faint path up into trees for 120m to BLACKDOWN TRIG. POINT 919FT. GR 919296 8¼ miles.

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20 MILE ROUTE :- FR (340°)(ahead past broken post). After 400m FR & pass PF post after 50m. 20m later BL (350°) onto path. Ahead for 500m, descending to rd. TL on rd for 30m then TR down School Rd. Swing L with rd at bottom then TR when rd comes from L. Over narrow bridge then TL on A286 & cross WITH CARE. Under rail arch & on over lights (GR 885326). TL at T junction & after 220m TR up Buffbeards Lane. 70m after end TR on R edge of pitch. Ahead up bank & anti-clockwise around 2 sides (short then long) of enclosed courts. Up bank & ahead (20°) on path. After 60m FR, between stump & multiple tree. After 60m join path coming from L, then keep on main level path for 600m to where it narrows as it swings R (fence corner 10m ahead at this bend). 30m later FR for 100m to where rd can be seen 40m down on R. Here TR at T junction & descend to rd GR 886341.

TL on rd for 20m then BR along 'Polecat'. At 2nd house on L (Anthony Cottage) BR (50°) uphill (ignore PB on R). At top TL at T junction then swing R keeping to same height. TL up lane at Royal Navy School & up dead straight PB, parallel to lane on R. Ahead for $\frac{3}{4}$ mile, via X-tracks & with path later coming from L. Then T sharp L (280°) at offset X-tracks (PB 'table' on R). After 120m TR (340°), at X-paths, over bracken for 25m then TR onto broad track. Stop after 70m at 'erected' stone (opposite 'No. 2' on tree) & observe splendour of PUNCHBOWL below (30 milers route).

On again then FR & along L edge of car park, through barrier & BL to pass Memorial 15 $\frac{1}{2}$ miles. Down (360°), via barrier, over X-paths, through trees & descend for 100m. TL at X-paths (when ground ahead flattens out). On flat path around bowl on R for $\frac{1}{2}$ mile, then 20m before A3, TR where another track comes in from R, & steeply descend (80°) to broken stile. Here TL along old broken fence & 25m on join track from R. Follow old fence for 500m until it turns sharply L uphill at X-paths. Here TR downhill for 20m then swing L on path parallel with rd down on R. After 150m TR at end, join rd for 200m & TR onto A3. Along verge (40°) of A3 for 450m then over stile on R (50m after start of 1st field on R). GR 902381 17 $\frac{1}{3}$ miles.

$\frac{1}{2}$ L (95°) down field. Over electric stile, down path & join drive. Over X-tracks & later FR on PB & down beside Cosford Farm. After 200m TR at bottom & after 25m FL uphill & up old stone steps. TR on path for 30m then FL up steep path. Over path at top, up rough steps, & over elec. stile into field. Ahead (70°), over elec. stile & over rd GR 914387 18 $\frac{1}{4}$ miles. Through gateway, over stile & ahead on L edge of R hand field. Over elec. stile then TL after 50m over next elec. stile & down 7 brick steps. Over drive, over stile & across (85°) field to far R corner. Exit via small gate, over drive & through tall gate. On over field (130°), down to gateway & up track. Through gateway & after 22m TL on faint path. Through gate after 80m & TR on path for 80m then descend to join rd, coming from R, via tall gate.

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