The Winter Poppyline 16th/17th February 2019

*Welcome to the Winter Poppyline. Please ensure that your card is clipped at each checkpoint. Entrants who arrive before checkpoints are open will be asked to wait; those arriving after closing times will be retired.*

*Take care crossing and walking on roads especially after dark (when reflective clothing is advised). There are sections of the route on exposed cliff tops where the weather could be very cold and wet. Wear or carry adequate warm clothing.*

*Good luck.*

**Equipment to be carried:** **MUG (none will be provided),** route description, maps (Explorer 251 & 252 or Landranger 133), compass, torch, spare batteries, emergency food, hat and gloves, waterproofs, warm clothing, whistle, survival bag, reflective clothing and a first aid kit.

**Abbreviations:** Ahd – Ahead, BL - bear left, BR - bear right, BW – bridleway, FK – Fork, FL – Fork Left, FP – Footpath, FR - Fork Right, KG - Kissing Gate, L – left, m – metres, PW Paston Way, R – right, Rd - road, SP – signpost, TK – track, TL - turn left, TR - turn right, thru – through, X – cross, WM – waymark, WMP - Waymark Post, WW - Weavers Way.

(170) - bearing 170˚ (magnetic), TG 203 024 – OS Grid reference

**Start at Aylsham High School, Sir Williams Lane, Aylsham NR11 6AN (TG 198 270)**

**Start at: 08.00 Walkers - 09.00 Non-Walkers**

At school gates, TL. Pass Road Narrows sign & in 50 m TR past white barrier to enter car park. BL and BR past play area. Ahd on path past pavilion. Pass second play area. Pass car park on L and barrier. X Rd and Ahd on Rd opposite (Forster Way). Ignore Rds L and R to TL (Wrench Close). BR and follow path between houses to Rd. TL and X Station Road. Continue, with station buildings on L, past mini roundabout. **TG 195 264**

Immed TR, crossing Rd, to enter Marriott’s Way railway path thru small gate. In 320 m, pass under metal bridge and brick railway bridge. Thru gap by gate, X Rd and continue past barrier on sandy path. In 260 m over metal-railed bridge (over Rd). In 900 m thru grey metal barrier and TR on (muddy!) Rd. **TG 176 265**

Follow Rd around L and R bends. At next L bend Ahd on byway (house on L). In 220 m ignore byway on R & Ahd to Rd (**TG** **171269**). TR. In 260 m, FL on TK (map shows as Rd). Ahd across Rd junction. At T-Junct TL by farm buildings. In 450 m, at junction, TL (seat under tree at grass triangle). **TG** **174 278**

In 650 m pass farm buildings on L. Rd bends L. Where Rd bends R uphill, Ahd on TK under phone lines. Pass house on L. Just before busy road, at end of fence on L, BL on narrow path and fllw to Rd. **TG** **164 284**

Cross with care and Ahd up TK opposite. In 30 m pass gate & TL on sandy TK. Keep to this TK thru mature woodland. In 400 m X TK (Racecourse Tower on R) & continue on sandy TK to X TKs where TL into car park & X to Rd. **TG** **156 289**

TR – care oncoming traffic. Pass cottage and in 50 m at FPSP TR. Follow path on field edge with wood on R. At corner, Hg on L, Ahd on enclosed path along edge of wood. Path bears slightly L and becomes enclosed TK; follow to Rd.**TG** **155 299**

At Rd TL, and 10 m before Rd junction TR through field gate (CLOSE AFTER YOU). BL to R of power pole on faint path and board walk to X 2 footbridges. BL (330) to WMP by Oak tree. Ahd, hedge on R, to metal gate. BL around wood to TL through gate (260) on TK. Ahd to X stile by gate & continue to Rd. TL & TR (Mannington 1). In 170 m TL (SP The Rectory) to:

**CP1 Itteringham (Bure Valley) Village Hall 6.53 miles (TG 145 309)**

Open 9.00, Closes 10.40

Leave CP and TL on track for 900m, ignoring 2 TKs to R. Where TK turns L at bend thru KG &Ahd on path, thru 2nd KG & on board walks to WMP. TL, leave wood, X field on path (280) to WMP. Ahd hedge on L, X 2nd Field ( 248) to WMP. Ahd on field edge, hedge on L, to post, thru gap, TR to track (Strawberry Lane). TR to Rd. **TG 121 311**

At Rd TR & in 90m BL on BW (Watery Lane). Where BW TL, Ahd on grassy track, WM on R, to pass Harold’s Copse. Ahd on enclosed path, crossing stream & at end of enclosed section (WM) TR uphill on grassy headland, hedge on R. TR at corner & in 175m TL at field corner. Follow grassy path over 2 stiles to Rd.

Cross to BW opposite (BWSP & “Richmond”), BL with TK to pass house & Ahd for 175m. TL on TK (wood on R). At BW WM BR. At Rd X and Ahd on TK. In 380 m in grassy clearing, 35 m after TK on L, TR (020) - between logs - uphill to Rd, by Eco house (Ralph’s). **TG** **121 353**

TL on Rd & in 750 m, just before farm buildings, TR on TK - later wood on L - & follow to Rd. X to FPSP, TL across field (285) & down steps (steep – care!) to TK. TL on TK to Rd. **TG** **109 367**

TR. At T-junct BR across Rd to wide green TK, Church Farmhouse on R. At WM X Field (275), thru hedge gap. TR & in 30m at corner (WM on R) TL on headland (hedge on R). At end of field TL. Pass barn. At end of barn TR.

Follow TK towards wood (290). TK descends steeply between trees. At end of wood TL with TK. In 60m, continue on narrow path to R of hedge. TR with path under power lines, X infant river Glaven. Follow path thru gateway. Continue on path, later uphill, into open ground. Ahd on stony path, thru gap in hedge. Cross field (320) to wooden barrier in corner (by Rd).

TR on FP thru trees & X stile. Continue on FP meandering between Holly bushes (broadly 320, parallel to road) for c300m to clearing. TL & in 30m - 20 m before wooden kissing gate - TR (035) between more Holly bushes. At open area BL to descend steeply, pond on L. At WMP (yellow/red/blue arrows, gate on L) continue uphill. Pass gazebo on L & Ahd on path.

At wooden figures on L, TL thru KG (or climb between!) & Ahd on TK. At T jnct TR & fllw track to end at jnct. TL on track, metal fence on R. At X track, TR to Rd.**TG** **086 383**

TL on pavement, ignore side Rds on L & at Old Station Way, BL to descend into subway under A148 (*note murals!*). Cross minor Rd & Ahd along Station Rd (hedge then flint wall on R). At end TR & take 1st R before Owl Tea Room into Church St. In 65m TL into:

**CP2 Holt Parish Church Hall 16.34 miles (TG 079 387)**

Open 11.15, Closes 14.30

Leave CP & TL into churchyard. In front of church TL to enter narrow path Ahd. At end, X Rd & TR on pavement. Over Kelling Rd and Ahd on Cromer Rd to pass Gresham’s Skool then railway station. Continue on pavement for a further 650m & TL into Bridge Rd (SP Holt RFC). Take 2nd TK on R (Warren Rd, FPSP), pass rugby pitches, then farm buildings and continue on grassy track. At end, immediately before barrier, TL on path & in 20m TL on TK. **TG** **104 411**

Follow to level crossing, over railway & continue on TK to Rd. BR and take FP opposite (SP Byway). In 10m BR on path and continue, ignoring paths to L & R to X TK (information board in front). Ahd (330) downhill on sunken TK to Rd. **TG** **096 429**

Cross Rd (A149, very busy, careful), thru gap & immediately TL on permissive path. Near derelict house BL up bank & continue on small path parallel to Rd to gate. Thru gap to R & immediately TR on TK. At junc TR (keeping pond on R) and fllw TK almost to shingle bank. At WM, TR, thru barrier & fllw path (often indistinct) on shingle - later grass - close to wire fence on R for c.1500m to car park at Weyborne Hope. **TG** **110 436**

**This next section follows the cliff top path with a steep drop on your left; keep on the path and well away from the edge. Note wording on sign on R.**

Pass car park on R, BL uphill & Ahd for c650m to pass to R of cottages. Thru KG, TL on TK & at end TR. Follow cliff top path for c.1500m to N Trust sign on R (Sheringham Park). Ahd 400m, then BR at fork to bench, TR on path between hedges. Cross railway & at gate TR. In 110m TL thru barrier to carefully X A149 into National Trust Sheringham Park. Follow TK as it turns R & L to junct. (*Just past path up to gazebo, pause awhile to note Norfolk and Suffolk bench on L celebrating 30 years of the group!*) TL thru KG & fllw TK. At junc Ahd on drive (110), over 2 cattle grids to exit park. Continue down Rd, X junc, Ahd & at next junc BL (SP Sheringham, Cromer) thru village keeping church on R. **TG** **144 419.**

At sharp LH bend, X carefully into Cranfield Rd opposite. In 50m TL on BW (Butts Lane). At end TL on pavement, X Holway Rd at traffic island, TL and in 150 m TR into:

**CP3 Sheringham Community Centre 25.9 miles (TG 154 422) – where a warm welcome from Essex and Herts awaits you!**

**Opens 13.15, closes 18.30**

**(Please ensure you have had plenty to eat and drink before leaving; it is 12.5 miles to the next checkpoint.)**

Return to Holway Rd, TL & take 1st L (Beech Avenue). At T junc TL into Woodland Rise. In 450m, at sharp LH bend, X into Sheringham Common opposite (by metal WM post). Immediately TsharpL, keeping hedge on L for c450m to WMP. BR, ignore side paths & in 200m at T junct, TR. Cross concrete bridge & Ahd. At X TK, TL, pond on L & fllw path north to Rd. **TG 165 426**

TL & in 75m TR (with care) across Rd into Beeston Common Rd. BL to go under railway, BR and uphill to L bend. Ahd (Curtis Lane) to T junct. Ahd to L of gate opposite, BR uphill on path, then steps, to summit of Beeston Bump (*enjoy the extensive views*!) . Descend steeply east on steps; at bottom BR (140) on path & 15m after 2nd information board near bench, BL between shrubs to railway. Cross to TK opposite & follow to Rd (A149). **TG** **171 427**

Cross Rd, TL & in 5m BR into metalled lane (BW). At end TR onto track, pass Beeston School on L, continue to T junct. TL & in 100m BR thru wooden barrier on TK uphill, later sunken. At top, thru barrier & Ahd on wide TK (115), pass caravan park on R and emerge at National Trust Roman Camp car park (Norfolk County Top on L, 105m,); continue on TK to Rd. **TG** **185 413**

Cross Rd & open area, TL on TK downhill, pass campsite. Ahd at X-TKs (90) on enclosed FP, thru 2 KGs to TK. Ahd on sandy TK (140, SP Cromer) & fllw enclosed TK to Rd. Ahd under bridge & fllw TK for c1km to Rd. Continue on tarmac Rd between houses to main Rd. **TG** **211 419**

TL & at mini roundabout Ahd, (West Street) to junction. Ahd down one-way street (WHBrown on R); At end TR; X Rd at crossing, TR, TL (High Street). TR with Rd (church on R).

Pass Red Lion Hotel, Ahd on narrow path between railings. At end TL over slipway. Pass thatched hut on L then immediately TL. Continue on cliff top tarmac and gravel path. At open space, Ahd then to L of benches and large sign. At fork (WM on R) keep L on rising sandy path. Ignore narrow paths on R & 50m past brown seat on L, fork L uphill to open space. **TG 231 415**

**In this next section you follow the cliff top path to Overstrand, keeping on approx 110 and ignoring paths to R. Be aware of steep drop to L and that the path is very uneven in places.**

#Continue Ahd (note wording on sign!), later between gorse bushes. Join green golf course path, BL (tee on R). In 60m BL to leave golf course path (SP WALKERS). Continue on defined cliff top path with golf course on R, later following line of white posts.

At end of golf course, Ahd (fence on R) to enter car park by flagpole. Cross car park. **TG 247 410**

## Exit at LH corner, follow Rd Ahd (benches on R) & in 15m take middle path to L of anchor into Cliff Rd. At end TL & follow Rd round to R to T junc. TL & 50m after Coast Rd (by Mill House B&B sign on L) X Rd, up enclosed path (SP PW), later sunken, to TK. Ahd to Rd.**TG 254 403**

TL & in 25m TR & X concrete yd. Ahd on TK passing pond (*Shrieking Pit, worth reading the sign*). BR at fork (SP PW) & TR before wood (do not go into wood); follow path to Rd. Ahd & in 125 m, at junction, TL on drive (brick wall on L). Pass large house on L & continue on TK (WMP on R). Ignore TK to R & continue Ahd to Rd. Cross to TK opposite (PW) & follow to next Rd. TR & in 800m take 2nd gate on R thru church yard to:

**CP4 Southrepps Church Hall 38.5 miles (TG 257 367)**

**Open 15.10, Closes 00.10**

Leave church & Ahd down Rd. At T-Junc by Vernon Arms X Rd and follow narrow lane Ahd. Pass play area and Ahd down enclosed path. Ahd on L side of field. At end enter enclosed path between hedge and fence. **TG 258 354**

At Rd Ahd into Quiet Lane (Bradfield 1¾). In 185 m TL (SouthRepps Common sign & SP PW,) & Ahd down enclosed path to Rd. TL. Over X Rds into Bradfield Rd. In 420 m, 12m after white gates (HillBrow), at FPSP, TR thru gap in hedge. **TG 263 347**

Follow R side of field, hedge on R. At end of hedge Ahd to gap. Through gap & T½R across field to hedge. TL (WMP), hedge on R & continue to X TK junction. TsharpR (275) on TK between hedges. At Rd TL. In 270 m, just before railway crossing, TL on quiet lane. **TG** **257 335**

In 125 m, at bend thru gap & Ahd, hedge and railway on R. Through 2nd hedge gap (fence/railway on R) & Ahd to lane, cottage in front.

TL. At T-junction TR. Pass Pond Fm House & 35m after Antingham Lodge sign at junction, TR (North Walsham). At junction, just before house on R, TL. In 800m, as Rd bends L, by seat on R, Ahd (FPSP) across field (140). **TG** **268 317**

Cross farm TK and Ahd (135). At hedge corner (WM) Ahd, Hedge on L, thru gap to Rd. **TG 273 313**

TL. In 145 m, opposite 2nd bungalow on L, TR (FPSP) on enclosed path. At end of hedge on L, Ahd (WM) with trees on L. In corner through gap (WM) and Ahd, hedge then metal fence on R, later on concrete track. At tarmac Rd BL with Cemex plant later on R.

At T-junction TR passing East Coast on R. Ahd on Laundry Loke with main Rd on L. Pass Robinsons VW & BL before bollards. **TG 277 305**

Cross Rd at lights & Ahd, main Rd on L (blue ‘Aylsham Cycle Path’ sign up on lamp post on R). Enter cycle path, later between trees, houses on R. Descend with path between wooden posts and barrier. Cross Rd to cycle path with lamp post opposite. In 65 m, at third lamp post (1430), BR to follow path under railway. Path becomes enclosed between fence and wall. Cross tarmac path & Ahd. At end of path (sign End of Cycle Route) cross Rd and go through small gate opposite, to L of WW car park.  **TG 275 300**

Follow path (WW) to small gate, cross Rd, thru 2nd gate and Ahd for 1000m to bridge (green railings). Immed after bridge, TL down steps, TL under bridge on Rd/Tk. At end, continue Ahd (pass log) on TK/path (300); ignore paths to R & in c.500m pass Heath Fm on your L. In 50m, where TK swings R, TL on grassy TK. In 45m TR & follow path, ditch on L, to Rd at bend. Cross with care & Ahd on RH pavement. In 195m cross Rd into:

**CP 5 Felmingham Village Hall 46.5 miles (TG 249 293)**

**Opens 16.30, closes 04.20**

Leave hall and immed TL, L and L again around building. At hedge TR and in 90yds, at barrier, go through hedge. TR, hedge on R, & at hedge corner Ahd across field to Rd. TR & in 5m TL (FPSP) across field. Thru KG, down steep steps (care!) to rejoin WW. **TG** **248 286**

TR thru cutting. In 1 mile X Rd & Ahd. In 1.3 miles thru KG & just before house TR (white fence on L) on TK. **TG** **213 282.** In 100m at WMP TL. Continue along green lane to A140. **TG** **207 282**

Cross with care. Continue on TK opposite. In 250 m at cross Rds TL. Ignore all TKs/FPs to R. At junction Ahd, to X – with care - both minor & main Rd. TR on footpath (SP Town Centre). In 330 m X River Bure by two old bridges. Proceed with care: narrow road, no pavement in places. In 450 m TL into Sir Williams Lane. In 150 m TL into:

**Finish at Aylsham High School, Sir Williams Lane, Aylsham**

**Total Distance 51.1miles**

Opens 17.00 Saturday, Closes 06.00 Sunday

**CONGRATULATIONS from Norfolk & Suffolk Group LDWA**

**MAKE SURE YOU REST PROPERLY BEFORE TRAVELLING HOME. THERE IS A ROOM AVAILABLE FOR SLEEPING AT THE SCHOOL**