**Mandatory Kit list to be carried. You will be asked to sign at registration to confirm you are carrying the following items.**

* **Route description. This must be the official route description of the event can be in paper form and kept waterproof**
* **OR an electronic version with adequate power supply to last the duration of the event.**
* **Maps (Exp251 and 252 or LR 133)**
* **A full set of waterproofs ( jacket and trousers)**
* **Additional warm clothing ie long sleeved base layer or fleece**
* **Trousers are to be carried if shorts are worn. They can include tracksters, running tights AND waterproof trousers.**
* **Hat & gloves**
* **A whistle**
* **Compass**
* **A working torch with spare batteries and bulb if not an LED device**
* **A suitable survival bag (not a silver space blanket type)**
* **First aid kit, minimum must include plasters adhesive dressing, antiseptic wipes fixation tape and low adherent dressing.**
* **Emergency food**
* **A sealable drinks container/water bottle minimum 0.5litre**
* **Reflective clothing or reflective markers on packpack. These must be visible at night**
* **A cup or mug (none will be available on the route)**
* **Mobile phone or money/debit/credit card in case of emergency**

**Please do not attempt to skimp on warm clothing or equipment it is an winter event and the evening will be cold and subject to changeable weather.**