

# Open to Offas

Saturday 8th August 2020

23/14 mile challenge  
walks  
in the Clwydian Hills



## DETAILS

**VENUE:** The start/finish is at the village hall in Cilcain, GR 176652, which is just into NE Wales only a few miles from the dual carriageway A55 coast road. There is ample free off-road car parking.

**STARTS:** **23 miles: 8.30am** (Registration between 7.30am and 8.15am) **14 miles: 9.30am** (Registration between 8.45am and 9.15am). Tea and toast are provided at no extra cost.

**ROUTES:** Please declare on this form which route you intend doing. **No runners on the 14 mile start please.**

**EQUIPMENT:** You will be expected to carry a map (Explorer 265 or Landranger 116), whistle, compass, waterproofs, food & drink. You **MUST** carry a mug.

**REFRESHMENTS:** There will be food and drink available at all four roadside checkpoints and a meal at the finish.

**COMPLETION:** All participants completing the walk by 6:00pm will receive a certificate.

**ENTRIES:** The entry fee is £5.00 for LDWA members and £7.00 for non-members (all entrants on the day £10).

Online entry at <https://www.sientries.co.uk> (£1.20 extra)

Keep these details for reference and send the form to:  
*Cyril Williams, 39a Crossfields,  
Tarvin, Chester, CH3 8EW*

[opentooffas.merseystride@ldwa.org.uk](mailto:opentooffas.merseystride@ldwa.org.uk)

Enclose your entry fee (cheques payable to Merseystride LDWA). The walk descriptions will be available on the Merseystride website 2 weeks before the event, however if you require a route description enclose a 9" x 6" SAE which will be sent out approximately two weeks before the event.

## ENTRY FORM

*(Only one entrant per form please – photocopies accepted)*

Please enter me for OPEN TO OFFAS on 8th August 2020. I agree to comply with the Country Code and with the rules of the event. I confirm that I am in good health and that I have no medical condition that may cause undue concern or inconvenience to others. I understand that I take part entirely at my own risk and that the organisers cannot be held liable for any injury sustained by me or for any loss or damage to personal property.

I understand that the personal information submitted as part of this entry form will be held by the event organisers for a period of up to three years after the event is held for the purposes of managing this event only. I further understand that photographs are likely to be taken at the event, which may be featured in Strider magazine or on LDWA websites **and LDWA social media**. In addition, I understand that Summary Information\* may be published immediately and may be held in perpetuity for the purposes of providing a record of the event. I will have the right to request that all my personal Summary Information is anonymised.

I enclose a cheque for .....

**Tick here if entering the 14 mile route**

**Tick here if entering the 23 mile route**

**No Cups will be provided (No Mug-No Drink)**

**Vegetarian Y/N**

SIGNED .....

NAME .....  
(as you wish it to appear on your certificate)

LDWA NUMBER .....

ADDRESS.....

e-mail.....

PHONE NUMBER .....

