

Open to Offas

Saturday 13th August 2022

23/15 mile challenge
walks
in the Clwydian Hills



DETAILS

VENUE: The start/finish is at the village hall in Cilcain, GR 176652, which is just into NE Wales only a few miles from the dual carriageway A55 coast road. There is ample free off-road car parking.

STARTS: **23 miles: 8.30am** (Registration between 7.30am and 8.15am) **15 miles: 9.30am** (Registration between 8.45am and 9.15am).

ROUTES: Please declare on this form which route you intend doing

EQUIPMENT: You will be expected to carry a map (Explorer 265 or Landranger 116), whistle, compass, waterproofs, food & drink. You **MUST** carry a mug.

COMPLETION: All participants completing the walk by 6:00pm will receive a certificate.

ENTRIES: The entry fee is £8.00 for LDWA members and £12.00 for non-members (all entrants on the day £15).

Online entry at <https://www.sientries.co.uk>

Keep these details for reference and send the form to:

*Cyril Williams, 39a Crossfields,
Tarvin, Chester, CH3 8EW*

Contact 07976 360805

opentooffas.merseystride@ldwa.org.uk

Enclose your entry fee (cheques payable to Merseystride LDWA). The walk descriptions will be available on the Merseystride website 2 weeks before the event, however if you require a route description enclose a 9" x 6" SAE which will be sent out approximately two weeks before the event.

ENTRY FORM

(Only one entrant per form please – photocopies accepted)

Please enter me for OPEN TO OFFAS on 13th August 2022. I agree to comply with the Country Code and with the rules of the event. I confirm that I am in good health and that I have no medical condition that may cause undue concern or inconvenience to others. I understand that I take part entirely at my own risk and that the organisers cannot be held liable for any injury sustained by me or for any loss or damage to personal property.

I understand that the personal information submitted as part of this entry form will be held by the event organisers for a period of up to three years after the event is held for the purposes of managing this event only. I further understand that photographs are likely to be taken at the event, which may be featured in Strider magazine or on LDWA websites **and LDWA social media**. In addition, I understand that Summary Information* may be published immediately and may be held in perpetuity for the purposes of providing a record of the event. I will have the right to request that all my personal Summary Information is anonymised.

I enclose a cheque for

Tick here if entering the 15 mile route

☐

Tick here if entering the 23 mile route

☐

No Cups will be provided (No Mug-No Drink)

Vegetarian Y/N

SIGNED

NAME

LDWA NUMBER

ADDRESS.....

e-mail.....

PHONE NUMBER

Emergency contact name.....

Emergency contact No

