Some important information about our walks:

- 1. Unless otherwise stated walks are circular and start and finish at a railway station, and we meet at this station NOT at the departing London station listed.
- 2. We generally stop for a pub lunch but walkers should carry food and drink for a full day as a precaution.
- 3. Non-members of the LDWA are welcome to join up to three walks as guests. Please email the walks secretary beforehand.
- 4. Expect to walk at a brisk pace of around 3 miles per hour for the duration of the walk. Day walks usually last around 8 hours including an hour for lunch.
- 5. By joining us on a walk you are agreeing to the route, walking pace and timing the leader has chosen for the day. If for any reason you decide to leave a walk before the end, please let the leader know so we don't think we've lost you!
- 6. Winter walks may finish after dark so bring a torch.
- 7. Train times shown may not be correct for the day of the walk check with National Rail.
- 8. Please view the walk programme pages for changes and updates the day before a walk.

London Group Policy for Dogs on Walks

- 1. The decision to allow dogs on a walk rests clearly with the walk leader.
- 2. A walk leader can state that their walk is not suitable for dogs by stating 'no dogs allowed' or 'assistance dogs only' in the walk description.
- 3. If there is no notification that dogs are not allowed in the walks description, dogs will be considered to be allowed subject to points 4 and 5 below.
- 4. All dogs on walks MUST be covered by the owner's liability insurance. The walk leader should check with the dog owner at the beginning of the walk that the dog is covered by the owner's liability insurance. Verbal assurance is sufficient. If there is no liability insurance the dog will be excluded from the walk.
- 5. The walks leader can insist that a dog be on a lead for all or certain parts of the walk.

For further information regarding National Policy for Dogs on Walks, please refer to the link https://www.ldwa.org.uk/library/policy/dogs_on_walks_rev2.pdf