19th Founders’ Challenge

# Saturday 3rd October 2015

# 26 MILE CHALLENGE EVENT FOR WALKERS, JOGGERS & RUNNERS

**ORGANISED BY LONG DISTANCE WALKERS ASSOCIATION LONDON GROUP**

**ROUTES** There are two routes.

1. The traditional 26 mile (42km) route, devised by Tony Youngs, has approximately 3,600 feet (1,100m) of ascent and visits places in the Surrey Hills associated with the founding of the LDWA – Blatchford Down, Steer’s Field, Tanners Hatch Youth Hostel, Pitch Hill Toposcope and the old Peaslake Post Office.
2. A shorter route of approx. 17 miles (27km) with 2,100 feet (640m) of ascent (*for walkers only*) visits Blatchford Down, the Pitch Hill Toposcope and the old Peaslake Post Office.

Please note that there are some steep descents which can be slippery in wet weather.

Entrants who choose the longer route but do not reach Blatchford Down (12.5 miles) by 1.45 p.m. will be advised to switch to the shorter route.

Participants should download the **route descriptions** from the London Group website [www.ldwa.org.uk/London](http://www.ldwa.org.uk/London) where they will be available after 20th September. Hard copies will be available on the day.

**MAPS** LR 187 & LR 186 (for approx 3 miles of long route not on 187) or Exp 145 & 146. You may obtain a single OS Select sheet at 1:25k centred on GR TQ093471 from [www.ordnancesurvey.co.uk/leisure](http://www.ordnancesurvey.co.uk/leisure) which covers the entire route.

**VENUE** **Peaslake Memorial Hall** (GR TQ085447), 2.5 miles south of Gomshall which is on the A25 6 miles west of Dorking; turn at the Murco petrol station.

On reaching Peaslake turn right at Memorial (with village shop on left). The Memorial Hall is just beyond the Hurtwood Inn.

**START & FINISH**

7.30 a.m. Registration open

9.15 a.m. Walkers start

10.00 a.m. Runners/joggers (long route only)

6.30 p.m. Deadline for certificated finish time (max time 9.5 hrs)

 ***Please note that times will be recorded only from either 9.15 or 10 a.m.***

**ENTRY** **Entries received by Friday 25th September 2015 at 18:00**:

£10.00 (LDWA members) £15.00 (non-members)

**On the day**: £15.00 (LDWA members) £25.00 (non-members)

Cheques payable to *LDWA London Group*.

 On-line entry is available at SiEntries [here](https://www.sientries.co.uk/event.php?elid=Y&event_id=2089) .

**REFRESHMENTS**

Tea, coffee & biscuits at the start.

Light refreshments and drinks are provided at 3 checkpoints on the 26 mile route and 2 checkpoints on the 16mile route.

 A light meal is available at the finish from 2 p.m.

 **Please help LDWA reduce waste and BRING YOUR OWN MUG.**

**RESULTS** All in-time finishers will receive a certificate. Results will be published on the website. If you prefer your name to be withheld please tell us.

Results will be sent to participants by email. (If you wish to receive a hard copy please enclose a 9”x4” sae with your entry (marked RESULTS) or bring one to the event.)

**TRAVEL to the START**

If you're planning on coming by train, the best trains to take are:

* + - * 06.45 Waterloo arr Gomshall 08.03 (change at Guildford)
			* 07.31 Victoria arr Dorking 08.24
			* 07.33 Waterloo arr Guildford 08.34

**Lift share** Peaslake is not well served by public transport at the best of times.

 In order to include those who do not have access to a car, to relieve the pressure on car parking facilities and to ease congestion in the village (and to help save the planet) we would like to facilitate lift-sharing for our event. Lifts will be provided on a goodwill basis; they are not commercial arrangements.

 Please indicate on the entry form if you need a lift from Gomshall, Dorking or Guildford railway stations, are willing to offer a lift, or would be interested in car-pooling (e.g. from your home town). Please note that in order for this to work we will need to share contact details to put people in touch with one another.

**PARKING** Parking is limited – please car share where possible.

300m beyond Memorial Hall, in public car park on left (GR TQ084445). Please **do not** park at the Hall or Hurtwood Inn.

**ACCOMMODATION**

 There are Youth Hostels at Holmbury St Mary (approx 3 miles) and Tanners Hatch (appox 6 miles by road). Rooms are available at The Hurtwood Inn (Tel 01306 730851) adjacent to start (but are quite expensive) and there are Travelodges in Guildford (a short walk from Guildford station) and Dorking ([www.travelodge.co.uk](http://www.travelodge.co.uk/))

**FORCE MAJEURE**

If the event is cancelled for reasons beyond the control of the organisers, the London Group reserves the right to keep such portion of the entry fees received as are needed to defray costs already incurred.

#### RULES

* Minimum age of entrants 14 years. Entrants under 16 yrs on the day of the event must be accompanied by a named adult at all times.
* The route description must be followed. Checkpoints must be visited in the correct sequence, during their opening times.
* Dogs are allowed but must be covered by liability insurance and should be kept on a lead when farm animals are present (please see LDWA guidelines at [www.ldwa.org.uk/library/policy/dogs\_on\_walks\_rev2.pdf](http://www.ldwa.org.uk/library/policy/dogs_on_walks_rev2.pdf)
* Marshals have the right to withdraw participants if their fitness is in doubt or if they are behind schedule.
* Anyone who RETIRES must inform the organisers. If possible retire at a checkpoint, by informing the officials and handing in your checkcard. Alternatively call the emergency number 01306 730851 (Hurtwood Inn).
* The following items must be carried:
* Appropriate footwear and clothing
* Route description
* Maps & compass
* A mug
* Torch & batteries
* Personal first aid kit
* Emergency food/drink

**POST ENTRIES TO**

Founders Challenge 2015, Flat 7, Chalford Court, 182 Ewell Road, Surbiton, Surrey KT6 6HJ

**CONTACT**  Gordon Parker

 founderschallenge@ldwa.org.uk

*Phone:* 0044 78911 96930 *[may incur roaming charges; email preferred]*

**WEBSITE** [www.ldwa.org.uk/London](http://www.ldwa.org.uk/London)

##### Founders Challenge 2015 Entry Form

### CAPITAL LETTERS PLEASE

Name (to appear on Certificate)...................................………....…………………...........................

Address............................................................………...........…………………………………..

................................................................…………………………….Postcode........ ………….

Telephone No..........……………………Mobile no. (If carried on the event) ……………………….

Telephone Contact Number in case of Emergency ……………………….

Email …………………………………………………………Car Reg. (If left during walk)……… ……

Age: (If under 18 on 20/10/2013) ................

LDWA Membership No:…..….... ……... Group………………..........................

£

Cheque enclosed (payable to *LDWA London Group*)

Acknowledgement of entry: please provide an email address (*preferred*) or enclose 9” x 4” s.a.e.

Route: 26ml  Walker  Runner 

 16ml  Walkers only

Vegetarian: YES/NO

Any medical condition/information which may be relevant in case of accident (*in strict confidence*)

I have read and agree to abide by the rules of the event. I confirm I am in good health and have no medical condition that may cause undue concern or inconvenience to others. I understand that I participate at my own risk and that no liability is accepted by the organisers for any injury, damage or loss sustained by me during the event.

Signed: ........................................................................ ………… Date.........................................

(by parent or guardian for U18s)

U16s – provide name of accompanying adult: …………………………….

**Send entries to: Founders Challenge 2015** atfounderschallenge@ldwa.org.uk

*or* Flat 7, Chalford Court, 182 Ewell Road, Surbiton, Surrey KT6 6HJ

###### **Lift share**

Please tick the box(es) that apply, and we’ll do our best to make the necessary arrangements. If you are unable to get to the event without a lift, and we are unable to provide one directly or indirectly, we will refund your entry fee.

I do not have a car and need a lift from Guildford station 

I do not have a car and would like a lift from my home town 

I have a car and would be interested in car-pooling from my home town 

I have a car and would be able to offer a lift from Guildford station 

I agree to my contact details being shared to enable car-pooling/lift-sharing. 