

NOTES OF THE WEALDEN WATERS 2014

1. Start from Hawkenbury Sports Pavilion, near Tunbridge Wells (GR TQ 600 384 and postcode TN2 5AS), on Saturday 26th July 2014. In order to cut the opening times of checkpoints there will be a staggered start for the 100km route (walkers 10am to noon, runners 11am to noon); all 40km entrants will start at 10am. The event is not a race and the only award will be a certificate. A badge will be for sale. To obtain a certificate an entrant must start at the appropriate time and, using the route description, pass through all checkpoints (in sequential order) during their opening times and reach the finish before noon on Sunday.

2. The organisers reserve the right to amend the route.

3. All checkpoints will supply cold drinks and simple food, e.g. rice, fruit, biscuits, sandwiches, etc. For the 100km route only, there will be a hot meal at approximately 48km and at the finish and floor space for sleeping, but note that we must vacate the headquarters by 1:30pm on Sunday. Entrants should carry some spare food and drink to supplement these provisions.

4. Entrants have a responsibility — to themselves and to others — to ensure that they are prepared for this challenge. The ability to understand a route description, to read a map and to use a compass is essential. Equipment should not be skimped; the items in Rule 10 are an absolute minimum. Overnight walking can be strenuous and it is very easy to become chilled as pace slows. It is strongly recommended that adequate spare warm clothes are carried. Although transport back to the finish will be provided for those who have retired at a checkpoint, there may be a wait until a vehicle is available.

5. Route descriptions and final details will be available on www.ldwakent.org.uk approximately three weeks before the event. If you wish to receive posted copies, please include a 9" x 6" SAE (with a 'large' stamp) with your entry. Please note that no route descriptions will be available for handing out on the day.

6. DATA PROTECTION ACT — Names and addresses of entrants may be stored in an electronic retrieval system and may be used for postal communication with the entrants. The information will not be sold, hired or lent to any other person. If you do not wish to have your name and address recorded in this way, inform the Entries Secretary in writing.

Entries Secretary:

PAULINE BARNETT, 325 BEDONWELL ROAD, BELVEDERE, KENT, DA17 5PQ
Email: p4ulin3.barn3tt@cmbarnett.co.uk

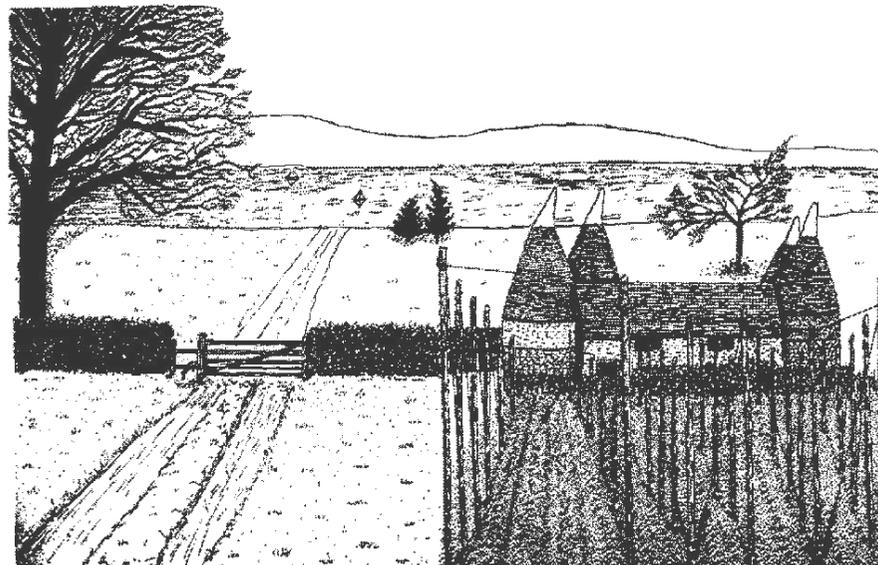
All enquiries about accommodation should be made to the Tourist Information Centre, The Corn Exchange, The Pantiles, Tunbridge Wells, Kent, TN2 5TE. Tel: 01892 515675. Web: www.visittunbridgewells.com

Please detach this half and keep it for reference

The Wealden Waters 2014

100km or 40km

SATURDAY 26th and SUNDAY 27th JULY 2014



THE ONE-OFF RETURN OF A POPULAR EVENT TO CELEBRATE LDWA KENT GROUP'S 40th ANNIVERSARY.

OBJECT: To complete a distance of either 100 or 40 km on foot, within a time limit of 26 or 10 hours respectively, in the High Weald area of Kent and Sussex, using only a route description and OS maps.

From Hawkenbury (near Tunbridge Wells), the 100km route goes via Frant, Ball's Green, Ashdown Forest, Nutley, Forest Row, Marsh Green, Bough Beech Reservoir, Leigh, Tonbridge and Speldhurst. The 40km route follows the first and last parts of the longer route and a link between Ball's Green and Speldhurst. The terrain includes farmland, fields, woods, open common land and ancient parkland. The greater part of both routes is on footpaths, bridleways and tracks. Navigation is fairly straightforward, but the ability to understand a route description, to read a map and to follow compass bearings at night or in fog is considered essential.

The routes are covered by OS 1:50,000 Landranger maps 187 (Dorking & Reigate) and 188 (Maidstone & Royal Tunbridge Wells) or 1:25,000 Explorer maps 135 (Ashdown Forest) and 147 (Sevenoaks & Tonbridge).

THE LONG DISTANCE WALKERS ASSOCIATION LIMITED



KENT GROUP



THE WEALDEN WATERS 2014 DECLARATION AND ENTRY FORM

OFFICE USE ONLY (v2.0)

N^o

Please enter me for **The Wealden Waters 2014**. I have read and agree to abide by the Rules (page 3) of the event. I have read and understand the Notes (page 4) of this form. I agree to observe the Countryside Code at all times. I am in good health and have no medical condition that may cause concern or inconvenience to others. I understand that participation is at my own risk and that no liability is accepted by the organisers for any injury, damage or loss sustained by me before, during or after the event.

Signed by entrant

Age of entrant if under 18 on Saturday 26th July 2014

Signed by parent or guardian if entrant is under 18 years of age
.....

If an acknowledgement is required please enclose a 9" x 4" (or DL) SAE

OR email address (please write clearly).....

BLOCK LETTERS PLEASE — ONLY ONE ENTRY PER FORM

FORENAME.....SURNAME.....

PLEASE TICK AS APPROPRIATE: VEGETARIAN Yes No

WALKER (10am to noon start) 40km 100km

RUNNER (100km ONLY) (11am to noon start)

ADDRESS.....

..... TEL. No.

LDWA MEMBERSHIP N^o..... GROUP/CLUB.....

Qualifying event (LDWA event or similar) for 100km distance only: 30 miles or more completed since 27th July 2013:

.....
(Please enclose a photocopy of your Certificate or Result Sheet with your name highlighted).

MOBILE TEL. NUMBER (if carried during event).....

PLEASE CHECK THAT YOU HAVE COMPLETED ALL DETAILS

ENTRY FEES: 40km - £7.00; 100km - £20.00

Cheques and POs to be made payable to "LDWA KENT GROUP"

and sent with entry form (this page), or copy, to:

PAULINE BARNETT, 325 BEDONWELL ROAD, BELVEDERE, KENT, DA17 5PQ

Email: p4ulin3.barn3tt@cmbarnett.co.uk

RULES OF THE WEALDEN WATERS 2014

1. The event is open to all persons aged 16 or over on 26th July 2014. Those aged under 18 must have a parent or guardian's signature on their entry form.
2. 100km participants must have completed an event (LDWA or similar) of at least 30 miles since 27th July 2013. This qualifying event must be stated on the official entry form and a photocopy of the entrant's certificate or result sheet (with name highlighted) must be enclosed with the entry form.
3. Entries must be made on the official entry form (or copy) with only one entry per form. There is a limit of 150 entries, irrespective of route chosen.
4. There will be no runners on the 40km route.
5. The entry fee is £7.00 (40km) or £20.00 (100km). An entry cancelled before 28th June 2014 for the 100km route only will have the fee refunded less £5.00. Cancellations after this date will forfeit the full fee. There will be no refunds on the 40km route.
6. If an entrant is refused permission to take part in the event or if unforeseen circumstances lead to the cancellation of the event the organisers reserve the right to return only that part of the entry fee remaining after expenses have been met.
7. The closing date for all entries is 5th July 2014. **There will be no entries on the day.**
8. Entrants must follow the official route as published in the route description, subject only to any late amendments which will be notified at the start or, in extraordinary circumstances only, as directed by common sense or a marshal. The route must be completed within the time allowed. All participants are to finish by noon on Sunday.
9. There will be three (40km) and seven (100km) manned checkpoints providing simple food and drink. Checkpoints will open to allow for 100km finishing times of between 14 and 26 hours. 100km runners must not start before 11am so as not to arrive at checkpoints too early. Early arrivals will be required to wait until the stated opening time, while those arriving late **are likely to be withdrawn from the event**. Those wishing to retire should do so at a checkpoint. In an emergency — if retiring entrants cannot reach a checkpoint — they should pass their checkcard to another person for them to hand in, or call the emergency number which will be provided. Warning – reliable mobile telephone signal coverage cannot be guaranteed at all places on the route. **UNDER NO CIRCUMSTANCES SHOULD ANYONE RETIRE WITHOUT ENSURING THE ORGANISERS ARE INFORMED.**
10. Each participant (either route) must carry the following items: OS maps of the whole route (Landrangers 187 and 188 or Explorers 135 and 147), route description, checkcard, compass, whistle, waterproofs, fleece/sweater, torch, spare bulb and batteries to last 12 hours, drink, emergency food, own drinking utensil (**cups will not be provided**). The choice of footwear is left to the individual. There will not be a kit check at the start. For 100km entrants only, a signed slip (from the final details sheet) will need to be handed in to the organisers at registration to advise that the whole kit as required by these Rules is to be carried at all times.
11. Entrants will be disqualified from further participation in the event either for accepting mechanical assistance or for wilfully departing from the official route.
12. **NO DOGS TO ACCOMPANY ENTRANTS AT ANY TIME DURING THE EVENT.**
13. In all matters connected with the event the decision of the organisers is final. At checkpoints the decision of the marshals is final.

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