

*Please detach and keep this half for reference*

#### NOTES

Start and finish at Deal & Betteshanger Rugby Club, Deal, Kent, CT14 7EJ. GR TR374515.

All entries will be entered into a prize raffle. The event is not a race and the only award will be a certificate and WCC/LDWA 40<sup>th</sup> Anniversary Mug. BUT CARRY OWN MUG ON EVENT. Badge £1.50. To obtain a certificate participants must start as directed and using the Route Description, pass through all checkpoints during their opening times.

All checkpoints will supply cold drinks and simple food, e.g. rice, fruit, biscuits, sandwiches, etc. — some will provide hot drinks and soup. For the 52-mile route only, there will be hot food at a Checkpoint and breakfast and showers at the finish.

It is strongly recommended that adequate spare warm clothes are carried for the overnight sections of the 52-mile walk. Although transport back to the finish will be provided for those who have retired at a checkpoint, there may be a wait until a vehicle is available.

For 52-mile entrants we will endeavour to send final details and route description to arrive around the beginning of September. The cost of postage for these items and the results is included in the entry fee. Also at around the same time the 52-mile route description will be available from the Kent Group website.

Entrants are strongly urged to ensure that they obtain adequate rest before driving following the event. Please note that there will be a sleeping area at the Rugby Club which we must vacate by 10 am on the Sunday. There is an area for camping at the adjacent school. Last breakfasts will be served at 7.30am.

Entrants are responsible for arranging accommodation, if desired. Details of bed and breakfast accommodation in the Deal area can be obtained from Deal Tourist Information Centre (tel 01304 369576 or [www.touruk.co.uk/kent/ken\\_deal.htm](http://www.touruk.co.uk/kent/ken_deal.htm)), White Cliffs Country Visitor Information ([www.whitecliffscountry.org.uk](http://www.whitecliffscountry.org.uk)), or WalmerWeb ([www.walmerweb.co.uk](http://www.walmerweb.co.uk)). Please do not approach the Kent Group for help with accommodation.

#### Entries Secretary:

PAULINE BARNETT, 325 BEDONWELL ROAD, BELVEDERE, KENT, DA17 5PQ  
Email: [p4ulin3.barn3tt@cmbarnett.co.uk](mailto:p4ulin3.barn3tt@cmbarnett.co.uk)

Website: [www.ldwa.org.uk/kent](http://www.ldwa.org.uk/kent)

#### THE COUNTRYSIDE CODE

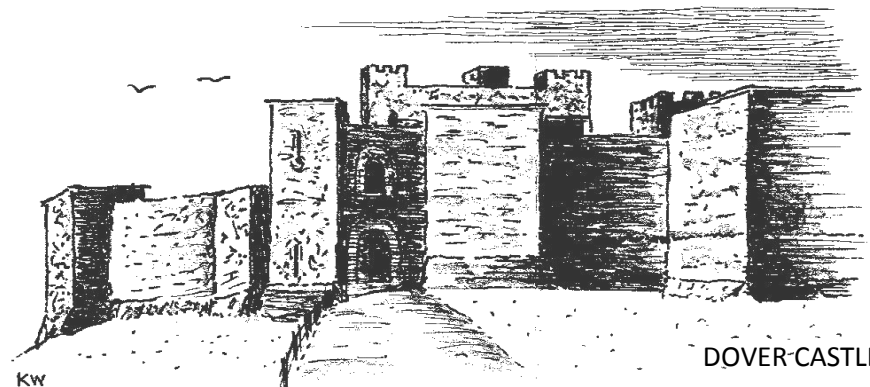
- Be safe - plan ahead and follow any signs.
- Leave gates and property as you find them.
- Protect plants and animals, and take your litter home.
- Keep dogs under close control.
- Consider other people.

# THE WHITE CLIFFS CHALLENGE

**SATURDAY 22nd and SUNDAY 23rd SEPTEMBER 2012**

**52 AND 18 MILE CHALLENGES**

**As well as a lovely route, the 52-mile walk is part of the KSS (Kent Surrey Sussex) Triple Challenge and an LDWA 40<sup>th</sup> Anniversary event. The perfect qualifying event for the 2013 Hundred.**



*Starting from Deal & Betteshanger Rugby Club, the White Cliffs Challenge uses the famous and historic White Cliffs offering fine views across the Channel.*

**THE LONG DISTANCE WALKERS ASSOCIATION LIMITED**



**KENT GROUP**



Date Entry Received	SAE OR EMAIL	Payment	Qualified	WALK No
Distance				

ABOVE THE LINE FOR OFFICE USE ONLY

## DECLARATION AND ENTRY FORM

Please enter me for the White Cliffs Challenge on 22<sup>nd</sup>/23<sup>rd</sup> September 2012. I have read and agree to abide by the rules of the event. I agree to observe the Country Code at all times. I am in good health and have no medical condition that may cause concern or inconvenience to others. I understand that participation is at my own risk and that no liability is accepted by the organisers for any injury, damage or loss sustained by me before, during or after the event.

Signed ..... Date .....

Forename ..... (as you prefer on Certificate)

Surname .....

Address .....

..... Postcode .....

Tel. No. .... Age on 22nd Sept. 2012 .....

LDWA number ..... Club or Group .....

Distance entered (tick one box only) 52 miles— 18 miles—

Also please indicate: Walker— Runner—

### FOR 52-MILE ENTRANTS ONLY

Qualifying event: 25 miles or more (LDWA event or similar) completed since 22<sup>nd</sup> September 2011

### THE FOLLOWING IS TO BE COMPLETED FOR THOSE UNDER 18 YEARS OF AGE.

I give my consent for ..... to take part in the White Cliffs Challenge on 22nd/23rd September 2012. I understand and accept that the organisers cannot be held liable for any injury, damage or loss sustained before, during or after the event.

Signed ..... Parent/Guardian. Date .....

## HAVE YOU COMPLETED ALL DETAILS?

**ENTRY FEES:** 18 miles - £7.00 (non-LDWA £9.00);

52 miles - £16.00 (non-LDWA £18.00)

Enclosed £.....

Cheques and POs to be made payable to "LDWA KENT GROUP"

**NOTE:** Enclose SAE if an acknowledgement is required **OR** email (write clearly)

.....

Send your entry (this page), or copy, to:

**PAULINE BARNETT, 325 BEDONWELL ROAD, BELVEDERE, KENT, DA17 5PQ**

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### RULES OF THE WHITE CLIFFS CHALLENGE

- The event is open to all persons aged 16 or over on 22nd September 2012. Those aged under 18 must have a parent or guardian's signature on their entry form.
- Entries must be made on the official entry form (or copy of it) with only one entry per form. Entries will be limited to 200 in total.
- The closing date for 52-mile entries will be 25th August 2012. **Entries on the day for 18-mile route only.**
- The entry fee for 52-miles is £16.00 for LDWA members and £18.00 for all others. The entry fee for 18-miles is £7.00 for LDWA members and £9.00 for all others. An entry cancelled before 25th August 2012 will have the fee refunded less £2.00. Cancellations after this date will forfeit the full fee.
- There will be manned checkpoints on the 52-mile route and on the 18-mile route providing food and drink. Time limits are 7 hours on the 18-mile route and 22 hours on the 52-mile route. Start time for walkers is 10am and runners is 12 noon for both routes. Checkpoint opening times will be strictly adhered to. Those wishing to retire should do so at a checkpoint. In an emergency — if retiring entrants cannot reach a checkpoint — they should pass their check card to another person for them to hand in, or call the emergency number which will be provided. **UNDER NO CIRCUMSTANCES SHOULD ANYONE RETIRE WITHOUT ENSURING THE ORGANISERS ARE INFORMED.**
- Each participant on the 18-mile route must carry the following items at all times: OS map(s) Landranger 179 (Canterbury and East Kent) or Explorers 138 (Dover, Folkestone and Hythe) and 150 (Canterbury and Isle of Thanet) which cover the whole route, plus route description, check card, compass, whistle, waterproofs, fleece/sweater, own drinking utensil (cups will not be provided). Each participant on the 52-mile route must carry at all times the above equipment PLUS torch, spare bulb and batteries to last 12 hours. The choice of footwear is left to the individual.  
*There will not be a kit check at the start. For 52-mile entrants only, a form stating that the whole kit as required by these Rules is to be carried at all times will be provided with the Final Details (to be sent out with the Route Description around the beginning of September). Participants will be required to sign this form and hand it to the organisers at registration.*
- Dogs accompanying participants and their supporters must be kept under close control at all times. Dogs are the responsibility of their owners and not the organisers.
- In all matters connected with the event the decision of the organisers is final. At checkpoints the decision of the marshals is final.

DATA PROTECTION ACT - Names and addresses of entrants may be stored in an electronic retrieval system and may be used for postal communication with the entrants. The information will not be sold, hired or lent to any other person. If you do not wish to have your name and address recorded in this way, inform the Entries Secretary in writing.

**WALKERS START AT 10AM, RUNNERS START AT 12 NOON**  
**All to finish by 8am on Sunday**