

Please detach and keep this half for reference

RULES

1. Persons under 15 years of age must be accompanied by an adult at all times. Entrants under 18 years of age on the day of the event must have the declaration signed by a parent or guardian
2. Checkpoints must be visited in the correct sequence during their opening times; the route description must be followed at all times (*as this is likely to be the shortest and/or best route!*)
3. Marshals have the right to withdraw participants if their fitness is in doubt or if they are well behind schedule/outside Checkpoint Closing time
4. If you do retire from the event, please do so at a checkpoint, ensuring that you inform an official. The organisers will arrange to get you transported back to the finish. **UNDER NO CIRCUMSTANCES SHOULD ANYONE RETIRE WITHOUT FIRST ENSURING THAT THE ORGANISERS ARE INFORMED**
5. The entry fee is not refundable. If unforeseen circumstances lead to the cancellation of the event, or an entrant is refused permission to take part, the organisers reserve the right to return only that part of the entry fee remaining after any administrative expenses have been met
6. All dogs must be kept on leads
7. Please walk in single file on field paths where crops are growing and keep to the right of way at all times
8. The Countryside Code must be observed at all times

Kent website: www.ldwa.org.uk/kent

National website: www.ldwa.org.uk

THE COUNTRYSIDE CODE

- Be safe - plan ahead and follow any signs.
- Leave gates and property as you find them.
- Protect plants and animals, and take your litter home.
- Keep dogs under close control.
- Consider other people.

LONG DISTANCE WALKERS ASSOCIATION

**A KENT GROUP
HIGH WEALD CHALLENGE**

SUNDAY 10th JULY 2016

**THE
ANDREDSWEALD
CIRCUIT**

Including parts of Ashdown Forest

**26, 20 or 15
Mile Walks from
FOREST ROW
mainly on footpaths**



HIGH WEALD CHALLENGE 2016 DECLARATION AND ENTRY FORM

OFFICE USE ONLY
N^o

Please enter me for the High Weald Challenge. I have read and agree to abide by the rules of the event. I agree to observe the Country Code at all times. I am in good health and have no medical condition that may cause concern or inconvenience to others. I understand that participation is at my own risk and that no liability is accepted by the organisers for any injury, damage or loss sustained by me before, during or after the event.

SIGNED BY ENTRANT

Age of entrant if under 18 on Sunday 10th July 2016
Signed by parent/guardian if entrant under 18 years of age

Please supply **email address (please print)**

If you have no email but you require an acknowledgement, please enclose postcard/small SAE

BLOCK LETTERS PLEASE — ONE ENTRY PER FORM or COPY

FORENAME..... SURNAME.....

ADDRESS

..... Tel. No

LDWA MEMBERSHIP N^o CLUB/GROUP

Please tick **one** box only on **each** of next three rows

Distance: **26 MILES** **20 MILES** **15 MILES**

Category: **WALKER** **RUNNER**

Start Time: **08:30** (*26 walkers only*) **10:00** (*all others inc. runners*)

ENTRY FEES: 26 miles - £8.00 20 & 15 miles - £6.00

If entering on the day - £10.00 (all 3 routes)

Cheques (or POs) to be made payable to: **“LDWA KENT GROUP”**
and sent with your entry form (this page or a copy of) to:

NEIL HIGHAM
GULESTAN, 164 HOLLAND ROAD, OXTED, SURREY, RH8 9BQ

Please detach and keep this half for reference

A badge is awarded for three separate completions of the High Weald Challenge - one at each venue.

The High Weald Challenges have been promoted as an irregular event by the Kent Group since 1978; in some years as a map and compass exercise. On all events the Weald has formed a major part of the route and most would agree that it is one of the most enjoyable walking areas in South East England.

DETAILS

DATE – **SUNDAY 10th JULY 2016**

VENUE – **Village Hall** on A22, centre of Forest Row, East Sussex, RH18 5ES. **GR 425 353**

PARKING – Coming south from East Grinstead on the A22, pass Village Hall on left and then turn left at mini-roundabout in the centre of Forest Row, taking the B2110 towards Tunbridge Wells. Turn first left into the public car park. RH18 5DN. GR 427351.
Or as directed by Marshals. Please **do not** use the spaces adjacent to the hall

OBJECT – To complete a **26, 20 or 15 mile circuit on foot**, mainly on footpaths, visiting a series of checkpoints following the provided route description, within a 7½ or 9 hour time limit. Aim to finish by 5.30 pm (17:30) - we remain in the Hall until 7 pm (19:00)

START – All 26 mile walkers to start at 8.30 am, with 20 & 15 mile walkers starting at 10 am. **All runners start at 10 am, please** so as to adhere to checkpoint opening times. Please try to register at least 15 minutes before your start time

REFRESHMENTS – You must carry your **OWN DRINKING VESSEL**. Drinks at all checkpoints, but if weather is very hot please carry some liquid with you. All checkpoints have basic food/snacks. Light meal available at finish. *Included in entry fee.*

EQUIPMENT – You are advised to wear suitable footwear and clothing and carry map(s), mapcase and compass. OS Explorer Map 135 (Ashdown Forest) covers the route, as also do OS Landranger Maps 187 & 188 (combined)

CERTIFICATES – All who complete a distance within the time limit will receive a certificate
BADGES – Badges will be on sale

ENTRY – Open to all, but those under 15 years must be accompanied by an adult at all times.
Entries via SiEntries (preferred) or Postal Entries (*this form*) which will close on 6th July 2016. Entries will be limited to 250. No acknowledgement for postal entries unless email address supplied (*preferred*), or postcard/SAE sent for that purpose. Route descriptions will hopefully be available on the Kent Group website from 29th June 2016.

ENTRY FEE INCLUDES RESULTS – See Kent Group website or address envelope at start
ORGANISER – **NEIL HIGHAM**, who can be contacted on neil.higham1@tesco.net - or by telephone on 07979 503990

26 Mile Walkers START AT 08:30 (8.30am)
20 & 15 Mile Walkers & ALL Runners to START at 10:00 (10am)