

Please detach and keep this half for reference

RULES

1. Persons under 15 years of age must be accompanied by an adult at all times. Entrants under 18 years of age on the day of the event must have the declaration signed by a parent or guardian.
2. Checkpoints must be visited in the correct sequence during their opening times; the route description must be followed at all times (*as this is likely to be the shortest, best and safest route!*).
3. Marshals have the right to withdraw participants if their fitness is in doubt or if they are well behind schedule/outside Checkpoint Closing time(s).
4. If you retire from the event, please do so at a checkpoint, ensuring that you inform an official. The organisers will arrange transport to the finish. **UNDER NO CIRCUMSTANCES SHOULD ANYONE RETIRE WITHOUT ENSURING THE ORGANISERS ARE INFORMED.**
5. The entry fee is normally not refundable. If unforeseen circumstances lead to the cancellation of the event, or an entrant is refused permission to take part, the organisers reserve the right to return only that part of the entry fee remaining after any administrative expenses have been met.
6. Dogs accompanying participants and their supporters are to be kept under close control at all times. Dogs are the responsibility of their owners and not the organisers.
7. Please walk in single file on field paths where crops are growing and keep to the right of way at all times.
8. The Countryside Code must be observed at all times.

Kent website: www.ldwakent.org.uk

National website: www.ldwa.org.uk

THE COUNTRYSIDE CODE

- **Be safe - plan ahead and follow any signs.**
- **Leave gates and property as you find them.**
- **Protect plants and animals and take your litter home.**
- **Keep dogs under close control.**
- **Consider other people.**

LONG DISTANCE WALKERS ASSOCIATION

A KENT GROUP HIGH WEALD CHALLENGE

SUNDAY 14th JULY 2013

HEART OF THE WEALD

**26, 20 or 15 Mile
Challenge Walks from
WADHURST
mainly on footpaths**



HIGH WEALD CHALLENGE 2013
DECLARATION AND ENTRY FORM

OFFICE USE ONLY

Nº

Please enter me for the High Weald Challenge. I have read and agree to abide by the rules of the event. I agree to observe the Country Code at all times. I am in good health and have no medical condition that may cause concern or inconvenience to others. I understand that participation is at my own risk and that no liability is accepted by the organisers for any injury, damage or loss sustained by me before, during or after the event.

SIGNED BY ENTRANT

Age of entrant if under 18 on Sunday 14th July 2013
Signed by parent/guardian if entrant under 18 years of age

Please supply email address (please print)

If you have no email but require an acknowledgement, please enclose small SAE/postcard

BLOCK LETTERS PLEASE — ONE ENTRY PER FORM or COPY

FORENAME..... SURNAME.....

ADDRESS.....

..... Tel. No.....

LDWA MEMBERSHIP N° CLUB/GROUP.....

Please tick **one** box only on **each** of next three rows

Distance: **26 MILES** **20 MILES** **15 MILES**

Category: **WALKER** **RUNNER**

Start Time: **08:30** **10:00** (*10:00 for all runners*)

ENTRY FEES: 26 & 20 miles - £6.00 15 miles - £5.00

If entering on the day - £8.00 (all 3 routes)

Cheques to be made payable to: **LDWA KENT GROUP**

and sent with your entry form (this page or a copy of) to:

NEIL HIGHAM
GULESTAN, 164 HOLLAND ROAD, OXTED, SURREY, RH8 9BQ

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A (free) badge is awarded for three separate completions of the High Weald Challenge - one at each venue.

The High Weald Challenges have been promoted as an irregular event by the Kent Group since 1978; in some years as a map and compass exercise. On all events the Weald has formed a major part of the route and most would agree that it is one of the most enjoyable walking areas in South East England.

DETAILS

DATE – **SUNDAY 14th JULY 2013.**

VENUE — The **Commemoration Hall** on the B2099 in centre of **Wadhurst**, East Sussex, **TN5 6AP.** (Next to White Hart PH). Grid Ref **TQ 640 317.**

ROUTE TO START — Coming from the north (eg M25), follow A21 onto dual carriageway bypassing Lamberhurst. At end, turn right onto B2169 for ½ mile, then left onto B2100 for 3½ miles. At T-junction, turn left to Wadhurst on B2099 for 600 yds to ... (*Parking*).

PARKING — Public car park, 150 yds from Hall, south-east on B2099; turn right just before Greyhound PH into car park (Grid Ref **TQ 641 316**). **Or** as directed by Marshals.

OBJECT — To complete a 26, 20 or 15 mile circuit on foot, mainly on footpaths, visiting a series of checkpoints following the provided route description, within a 7½ or 9 hour time limit. **Aim to finish by 5.30 pm (17:30)** - we remain in the Hall until 7 pm (19:00).

START — All 26 mile and 20 mile walkers to start at 8.30 am, with all runners and 15 mile walkers starting at 10 am. **Runners start at 10 am, only, please** so as to adhere to *checkpoint opening times*. Please try to register at least 15 minutes before your start time.

REFRESHMENTS — **You must carry your own mug or cup.** Drinks at all checkpoints. Simple food at all checkpoints. Entry fee includes a light meal at the finish.

EQUIPMENT — You are advised to wear suitable footwear and clothing, and carry a map, mapcase and compass. OS Explorer Map 136 (High Weald) is best as covers the whole route - combination of OS Landranger Maps 188 (Maidstone & Royal Tunbridge Wells) and 199 (Eastbourne & Hastings) also suffices.

CERTIFICATES — All who complete within the time limit will receive a certificate.

BADGES — Event Badge will be on sale (*but the 'three separate completions' badge is free*)

ENTRY — Open to all, but those under 15 years must be accompanied by an adult at all times. Postal entries nominally close on Saturday 6th July 2013. **ALL ENTRIES MUST BE ON THE OFFICIAL FORM, OR A COPY OF IT.** Entries limited to 500. No acknowledgement will be sent unless an SAE/postcard or email address is provided. Route description *may* be available (on Kent Group website) before the day of the event.

ENTRY FEE INCLUDES RESULTS – address envelope at start. **Or** see Kent Group website.

ORGANISER / ENQUIRIES TO – **NEIL HIGHAM** E-mail: **neil.higham1@tesco.net**
Telephone (*before 21:00 please*): **01883 723990** or **07979 503990**

26 & 20 MILE WALKERS START AT 08:30 (8.30am)
15 MILE WALKERS & ALL RUNNERS START AT 10:00 (10am)