**Dorset LDWA – Dorset Doddle 2019**

**Instructions and Route Description**

**AT THE CHECKPOINTS**, when you arrive, ensure your name is recorded. Take notice of checkpoint open and closing times, as this will be enforced! **IN CASE YOU HAVE TO RETIRE** - Please retire at a checkpoint to await transport to Swanage. If you are unable to reach a checkpoint please ring the emergency number or let another walker know and someone will come to your aid.

**Do not leave the event or wander off-route without informing the organisers.**

**Enforced Cut Off Times** – **Checkpoint 1 (**11.6 Miles**)** **1pm**, **Checkpoint 2** (18.2 Miles) **3.30pm** & **Checkpoint 3** (22.8 miles) **5.30pm.** If have not passed through the checkpoints by the given times you will be retired from the event and in due course transported back to the finish at Swanage.

**EMERGENCY TELEPHONE No.** **07561 095 751** (Note some stretches of route have no signal.)

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| --- | --- | --- | --- | --- |
| **AH** Ahead  **BL** Bear Left  **BR** Bear Right  **CB** Compass Bearing | | **FB** Field Boundary **FP** Foot Path  **GR** Grid Reference  **L** Left | **R** Right  **RD** Road  **SP** Sign Post(ed)  **TK** TracK | **TL** Turn Left  **TR** Turn Right  **WM** Waymark  **X** Cross |
| **WEYMOUTH CLOCK TOWER TO OSMINGTON MILLS 8km (5 Miles)** | | | | |
| 0.1 | Go NNE along promenade for 1.2km. At end of buildings, **BR** onto concrete promenade beside the beach. At the end of promenade, **AH** upBowleaze Cove way, Ignore Public **FP SP**. **GR** SY 696 815 | | | |
| 0.2 | After pub car park, **TR** onto grass and uphill (**CB** 080o) roughly parallel with coast, aim for left end of long white building when visible. **TL** on pavement beside car park to **RD**, **TR** to end of **RD**.  **GR** SY 706 821. | | | |
| 0.3 | **AH** on track with bushy fence on L. X 2nd field to BR at finger post to kissing gate in far R, **TL** onto cliff top path (coast path) towards Osmington Mills. As Osmington Mills comes into view, **X** stile in **LH** fence. At **RD**, **TR** to reach Smugglers Inn. Manned **CLIPPER POINT** on **RD (NO REFRESHMENTS)** **GR** SY735 816. Opens 9.15am – Closes10.40am | | | |
| **OSMINGTON MILLS to LULWORTH COVE 10.3km (6.4 Miles)** | | | | |
| 1.1 | Down steps to pass to **L** of Smugglers Inn, (**SP** coastal path Ringstead). Through kissing gate. **AH** through 2nd kissing gate to follow coastal path on cliff top 1.2km to Ringstead joining gravel **TK** in front of houses. In 100m swing **L** between houses on **TK** (Ringstead). **GR** SY751814 | | | |
| 1.2 | **TR** by toilets and **AH** on **RD**, then gravel TK, eventually becoming **FP** through bushes, to join tarmac **TK** for 150m. As **TK** bends **L**, **AH** through gap (**SP** White Nothe). In 130m **X** concrete **TK** and thro' gate, **AH** on **FP** up through furze bushes to gate on cliff top. **AH** on **FP** to White Nothe cottages. **GR** SY773 809. | | | |
| 1.3 | Pass to **R** of cottages, (**SP** Lulworth), with the White Nothe and ditch to your **R**. **AH** on cliff top path to obelisk. 25m past obelisk, fork **R** on **FP** (**SP** Lulworth) down into Middle Bottom, then **AH** on cliff top **FP** over 3 summits to Durdle Door. **GR** SY 806 803**.** | | | |
| 1.4 | At chalky **TK** to “Door” **TL**. **AH** up **TK** for 400m (50m short of car park on summit) to **TR** thro' gate and follow paths along hill, over summit & down to Lulworth Cove. AH thro’ car park, exit car park via entrance and **X RD. TL** along upper access **RD** then **AH** onto tarmac path for 250m to reach lane. **TL** and **X** **RD** (care) into **RD** opposite (Church road) in 100m **TL** into Check Point 1 **GR** SY 823 806. (**Village Hall is the last building on left)** Open 10.00am – Closes 1pm | | | |
| **LULWORTH VILLAGE HALL to KIMMERIDGE BAY 10.9km (6.8 miles)** | | | | |
| 2.1 | Leave Checkpoint and **TR** to retrace your steps to main **RD**, **TR** in 10m **X** **RD** into lane opposite (Bindon RD). In 100m **TR** thro'2 gates & **AH** up hill on path (**CB**140). Follow path as it swings **L** to contour hill for 300m to reach fence. **TR** uphill to range control gate. **GR** SY 829 803 | | | |
| 2.2 | Through gate - **Stay between Yellow range-marking posts AT ALL TIMES.** **AH** on **TK**, past radar post. **AH** on chalk **TK** Take **L** fork **(SP** Bindon Hill) to hilltop flagpole. **AH** on ridge to the end of hill, continue **AH** on landward slope. Down to Arish Mell. Up Flowers Barrow to gate by 5-bar gate and enter Earthworks, following range markers along cliff top. thro' first bank, then in 30m **TR** thro' first gap in second bank on right, immediately thro' gate & descend steeply to Worbarrow Bay. **GR** SY 871797. | | | |
| 2.3 | At bottom **X** wooden footbridge. In 20m **TL** uphill on **TK**. In 15m **TR** up steps. **AH** (**SP** Kimmeridge) to gate. **AH** up cliff top path for 1.6km. Just before cattle grid, fork **R** thro Gate (**SP** Kimmeridge Bay) thro' wooden gate onto path around side of hillto **X** stile **GR** SY892796 | | | |
| 2.4 | **BR** to follow range markers down to cliff top **TK**. **AH,** through range control gate. Past oil well, **TR** on tarmac **RD**. At left bend, **TR** onto grass on cliff top to find **FP** passing between cliff & cottage gardens. Descend to **X** footbridge and up steps. **AH** on cliff top in car park to **Checkpoint 2**  **GR** SY909 791. 28.9km (18.2 miles) completed. **Open 11am – Closes 3.30pm.** | | | |
| **KIMMERIDGE BAY to HILL BOTTOM 6.9km (4.3 Miles)** | | | | |
| 3.1 | **AH** on cliff top to **FP** between bushes, through 2nd car park, past toilet block on **L**, to **TR** down **TK**. (**SP** Coastal path). In 100m **TL** on path up steps (**SP** Coastal path), to cliff top beyond Clavell Tower. **AH** with care for 5km to descend long flight of stone steps. **GR** SY 950 773. | | | |
| 3.2 | 70m below end of 'long' steps **X** stile on **L** (**SP** Coast Path Diversion)**.** Proceed away from coast thro’ field on **FP** (**SP** coast path, Hill Bottom), (do not follow path ‘To Beach’) for 300m to **X** stile by gate (**SP** Coastal Path). **AH** 25m to tarmac. **TR** then **BL** on grassy **TK** beside fence-line. **AH** for 900m to pass between houses to **RD**. **TR** down **RD** for 50m through gate to - **Checkpoint 3** **GR**962777. 36km (22.5 miles) completed. **Open 12pm – Closes 5.30pm** | | | |
| **HILL BOTTOM to Durlston Castle 11.1km (7.4 Miles)** | | | | |
| 4.1 | From Checkpoint, return back towards sea, **BL** up track, thro' gate then **BL** up **FP** (**SP** St Albans Head). **AH** on coast path to St Aldhelm’s Head (**GR**961754) pass round coast guard hut & past metal sculpture. **AH** on **FP** (**SP** Winspit 1 mile) down to cliff top path. At Winspit **FP** round quarry edge. WARNING - NARROW PATH, SLIPPERY IN WET**.** Descend steps. **GR** SY976 761. | | | |
| 4.2 | At the bottom **TR** for 25m, **TL** by high ‘Private Property’ sign. Follow main **FP** thro' bushes & up, round edge of 1st field, exiting at kissing gate onto cliff top **FP** towards Seacombe. Above Seacombe the **FP** veers inland to **TR** through gate & down steps in trees. **GR** SY984 768. | | | |
| 4.3 | At bottom **TR** back towards sea. Keeping fence to **R,** **AH X** small wooden bridge, up hillside onto cliff top **FP**. **AH** on cliff top path for 2.8km, fence always to **R**. (At times path splits to **X** wet-weather streams.) After a 300m stretch of bushy scrub, **BR** at milestone, (**SP** Durlston 1.5 mile), to pass beneath lower nautical mile tower. **AH** on cliff top **FP** for 1.6km pass to R of the lighthouse and follow rocky **FP** down between cliff and lighthouse and up steps to join good **FP** with wall on **R. AH** with cliff top wall on **R** for 300m. At viewing area on **R**, **TL** up wide way. **TL** up tarmac with castle wall on **R**. Passing castle entrance, **BL** on **RD** to **Checkpoint 4 GR** SZ 033 773. 47.2km (29.5 miles) completed. **Opens 2pm – close 8.15pm.** | | | |
| **Durlston Castle to SWANAGE & Finish 4.2km (2.2 Miles)** | | | | |
| 5.1 | Return towards the castle and TL up steps into woods on coast path, soon descending thro' trees, continue for 1.1km. Following main path as it swings L to **RD**, **TR** on **RD GR** SZ032 779. | | | |
| 5.2 | **TR** into 1st side **RD** (Bell Vue Rd), **AH** to top corner (**SP** on **L** side of **RD**). **TR** into park, through trees then **BL** down grassed area to bottom **L** corner. Continue downhill on **RD**, **X** main **RD** to seafront. **TL** on seafront, then **AH** on **RD** beside beach. After **RD** leaves beach **AH** on **RD** for 900m. **AH** through No Entry signs by All Saints Church to **TL** to All Saints Church **GR** SZ030 801. 52.5km (32 miles) completed. **Closes 9pm**. **THE FINISH - Well Done**  If you are tired, have a rest before you drive! Have a safe journey home. | | | |
| **Dorset Doddle update 2019** | | | | |
| 1 | **Start**  To relieve congestion on Weymouth Esplanade and at Bowleaze we will be again using a rolling start for the 2019 Dorset Doddle.   * Registration will open on Weymouth seafront at 08:00 * Participants may start between 08:30 and 09:00 * All participants will be issued a tally at registration, which must be scanned prior to leaving by the starter at Jubilee Clock on Weymouth Esplanade (GR [SY 681 795](http://www.streetmap.co.uk/grid/368073,79509,115" \t "_blank)) | | | |
| 2 | **Check Point 1 (Lulworth)**  A reminder that the location of the Check Point at Lulworth has moved from the car park to the Village Hall at Grid SY 829 803.  The new route is marked in blue    Check Point 1 | | | |
| 3 | Checkpoints will offer drinks, and some will offer light snacks, but you should carry your own food. A meal will be provided at the finish. Entrants should bring their own mug for drinks, and it is strongly recommended to carry a water container and extra drinks if the weather is hot. | | | |
| 4 | Checkpoint teams have been instructed to enforce opening and closing times. | | | |
| 5 | If you need to retire please do so at a checkpoint. We will provide transport from all checkpoints to the finish, but you may have to wait until the checkpoint closes. If you retire somewhere other than a checkpoint, please let us know so we know that you have retired. | | | |
| 6 | Sorry no Dogs are allowed on this event. | | | |