

**EMERGENCY PHONE NO.**

**07753 124718**

**CUMBRIA LDWA**  
**THREE RINGS OF SHAP**

**13.06.15**

**RING 3. GREAT ASBY & RING 2. RIVERS (44 miles)**

**ROUTE DESCRIPTION**

**Abbreviations**

TR	Turn Right
TL	Turn Left
N, S	North, South etc.
XXXm.	<b>Approx.</b> distance in metres to next feature
(XXXdeg)	<b>Approx.</b> magnetic bearing in degrees to next feature
<b>XX</b>	<b>Approx.</b> elapsed distance in kilometers

**GREAT ASBY**

**KM.**

**1.** Leave Hall & **TL** onto Main Street for **300m**. **TL** into Moss Grove opp. Kings Arms(SP Coast-to-Coast & Hardendale). **TR** in **100m**. Ahead **50m** onto track as road ends. **TL** to cross railway, keep on track for **500m** to FP sign (C2C) then gate in **50m**. Ahead wall initially on **R (135deg)** **1** thru **3** fields to cross motorway foot bridge. **TR** for **300m**,fence/motorway on **R**, to wall on **L** for **30m**. Uphill away from M'way under power lines **2** (pole **10m** on **L**) to gate in **250m**. Same direction for **100m** to cross road (Nab House on **L**) SP Oddendale. Same direction (**110deg**) initially for **300m** to wall, swinging **L** up path **20m before** wall to gateway/stile in **100m**. Ahead on path downhill, wall then fence still on **R**, for **150m** to stile in fence corner. **10m** to steps down & up crossing quarry access road. **3**

**TL** onto unmade road for **500m** to minor road. **TR** for **100m** then **TR** on track(**170deg**) at C2C sign. The hamlet on your **L** is **Oddendale (593 134)**.

**2. This section may be confusing in poor visibility.**

Ahead for **1000m** on track, wall & wood on **L** initially, to large walled enclosure on **R** (Potrigg). Same direction for **450m (160deg)** then bear half **L** at second post (C2C). Continue for **200m (130deg)** to wood corner. Follow series of marker posts uphill for **400m (100deg)** then, swinging gradually to **S**, descend to cross R.**Lyvennet** in further **600m**. (after large boulder). Uphill with posts (**160deg**) for **500m** to wall corner. **TL** ,wall on **L**, for **1300m**. (Robin Hood's Grave is nearby to the **R** in second dip!). When wall turns **L (620 111)** keep ahead (**60deg**) on path, bearing **R** before wall, descend to stile & bear **R** to join road (**700m**). Cross road **R** to wall then ahead to pass on **E** side of plantation then **S** for **500m** to road junction (**629 099**).

**3. TL** uphill, leaving modern C2C route, with wall on **R** for **700m** to **Beacon Hill** (visit Jubilee Monument of 1887 if you wish). Continue further **400m** to stile/gate on **R** in wall (**50m** before corner). Ahead (**140deg**) to path leading down to gate in **300m (DO NOT GO THRU)**. **TL before** gate on path (**65deg**) for **400m** to gate into **Great Asby Scar** (National Nature Reserve).

Head down path (bear **R** in **400m** at bridleway sign) to leave Reserve in **1100m**. Same direction (**NE**) for **500m** to enclosed lane after 2<sup>nd</sup>.gate then **800m** to join road (SP Coppermines Lane) (**664 115**). Same direction for **400m** on road, **TR** at FP sign over cattle grid into field.

**CHECKPOINT ( 668 117 )**

**OPENS 10.30**

- 4.** Leave checkpoint and return to road for **1400m** passing farm buildings then **TL** over stile (SP to Gaythorne Hall) at **Great Asby** sign. Downhill for **300m** thru gate to road. **TL** for **300m** on road over bridge, now on **Westmorland Way**. Fork **R** after cattle grid up concrete road. Leave road after **1000m** at entrance to Halligill Farm. Ahead to stile then cross next stile in wall on **R** in **100m** just after first gate. Bear **L** for **200m** (**290deg**) to waymarked wooden stile in far corner. Ascend for **10m** to cross stile in wall. Head away from wall (**295deg**) for **900m** with copse on **R** then cross two stiles & stream to meet fence coming in from **R**. Exit field on track thru gate to **Gaythorne Hall (649 133)**. **TL** then **TR** through yard between farm buildings then **TL** onto farm access road. Continue up surfaced drive for **1100m** to reach minor road. **TR** for **400m** to **TR** again on busy **B6260** road (**CARE**). **TL** in **600m** at high point on road (FP sign).
- 5.** **TL** then gradually downhill (**300deg**) on green path for **1200m**. Halfway down path swings **R** (**340deg**) with wall on **L** to join farm access road for further **1000m**. Bear **L** just before **30mph** sign down to footbridge. **TR** into lane then **TL** into back road leading into **Crosby Ravensworth (622 148)**.
- 6.** **TL** into main street near church then **TR** in **200m** over bridge by phone box. **TL** after bridge leaving village by back road swinging **R** in **50m**. Keep on tarmac for **1500m** until end then same direction for **1300m** thru fields to **Oddendale**. Follow track up between buildings to cattle grid at top. (**593 134**).

**7. TR** over cattle grid onto road for **100m**. **TL** on unmade road for **500m**. **28**  
(passing several Danger signs). **TR** at green 'NO THROUGH ROAD'  
sign, down & up steps across quarry access road. **TR 10m** to stile.  
**TL** for **150m** uphill, fence/wall on **L** to stile/gateway. Ahead downhill with  
wall on **L** for **100m**. At bottom **TR** away from wall on rising track (**320deg**) **29**  
**250m** to road. **TR** for **400m** on road leaving it to follow wall as road  
swings **R** uphill. Wall on **L** for **50m** to **TL** over stile just after first gate.  
Ahead (**W**) **150m** to stile in wall. Same direction for **300m** across rough **30**  
pasture to cross Motorway footbridge. **TR** for **600m** thru 3 fields (**320deg**)  
to gate in corner. Between walls for **50m** to FP sign **Shap** & down **31**  
track **500m** to cross railway. In **30m** swing **R** to join road, **TL** in **50m**,  
then **R** in **50m** onto **A6** at Kings Arms. Along Main street for **300m**  
to reach **Memorial Hall** on **R** (**563 151**). **32**

**CHECKPOINT A (563 151)**

## LYVENNET, LEITH & LOWTHER

1. Leave Hall & immediately **TR** passing along side of Hall, thru gate into field behind Hall. At far left end of field climb step stile in wall & **TL** into lane. Over further stile to reach road at gate then **TR & TR** again in **20m**. In **100m** road becomes track and crosses railway – immediately turn **TL** then **TR** in **10m** to gate accessing enclosed path. Continue up sometimes slippery sunken path between walls to squeeze stile in **300m**. Enter narrow field keeping wall on **L** to next stile in **200m** after field broadens. Bear **33** half **L** for **50m** to next stile sign posted Hardendale. Pass to **R** of pylon then uphill **250m** to boulder. At brow of hill half **R** to cross motorway footbridge in **300m (110deg)**.

2. **TR** on track then **TL** in **20m** thru kissing gate before metal gate. Up field with wall on **R** for **200m** to stile in corner, continue uphill **300m** to next stile after field narrows. Same direction **250m** to stile in corner **34** to **R** of farm buildings. Same direction **50m**, aim for house, to cross stile by power pole to **Hardendale (583 147)**.

**3.** **TR** then **TL** in **10m** thru gate to track passing houses to stile/gate in **30m** into field. Ahead **50m** to cross indistinct stile to **R** of two gates then cross further two fields with wall on **L**. After second stile **30m** **35** to wall end then same direction (**80deg**) across open land to signpost on minor road. **TR** then **TL** in **20m** over stile into wood following footpath on same bearing uphill to exit wood in **250m**. Cross stile & wall then ahead same direction to gate in **200m** (large quarry lake on right). Ahead uphill on pasture (**80deg**) to reach wall in **400m**. Cross indistinct **36** stile which is **50m L** of corner.

**4.** **TL** on enclosed track for **600m** to crossroads. Ahead on minor road further **600m** to sign post at wood corner. **TR** thru wood to exit at gate in **37** **500m**. Same direction **200m** down to next gate then between fences **38** further **600m** to go thru gate into wood corner at bottom.

**5.** **TL** in **5m** over stile crossing open field with stream in gully to stile at corner of felled wood onto track. **TL** for **300m** to pass Reagill Grange **39** (note unusual chimneys). Continue up farm access road for **700m** to reach T-junction in **Reagill (605 176)**.

**6.** TR thru gate into field, wall on **R** for **300m** to stile then wall on **L** for **400m** thru 3 fields to gate at FP sign. Down next field in same direction, row of trees on **R** for **200m** to enter wood at stile & footbridge **40** (**30m L** of corner). Follow yellow markers on posts for **400m** thru felled (**CARE**) wood in general direction (**50deg**) to exit onto minor road (**615 184**). **41**

**7.** TL on road for **300m** then TR at T-junction (Lowfield & Barnskew) downhill for **500m**.....(**Event Day only**)  
.....to cross cattle grid onto farm track. Continue further **500m** and **42**  
descend to skirt Barnskew farmyard and reach River **Lyvennet**. Cross  
bridge & TL into field with river on **L**. Continue for **1200m** thru fields **43**  
(thru tight squeeze stile in wall near river) eventually reaching road  
at ford & stepping stones.

**Please note that the final 300m of this section is not a public ROW and permission has been granted for the Event Day only.**

### **DRINKS STATION** (620 201)

**8.** TR and proceed up minor road for **150m** to High Whitber Farm. Pass farm and continue up road for further **50m** to FP sign on **L** at right bend. TL (**330deg**) across pasture to footbridge in **150m**. Same general direction for **100m** to gate. Ahead on thin path bearing **R**, wood on **R**, to stile in **250m**. Along river bank for **100m** to next stile then cross footbridge on **L**. (**N.B. This bridge is PRIVATE and should be used on Event Day only**). TR for **200m**, river now on **R**, then **44**  
TR over bridge.

**9.** **TL** & follow river bank for **500m** to join road below **Kings Meaburn (619 211)**. Cross road & continue for **900m** on riverside footpath (SP **Morland**) (soon note Jackdaws' Scar – do not climb!). **TL** to cross Chapel Bridge and leave R. Lyvennet. Uphill on new footpath, buildings on **L**, across corner of field to gate. **TR** on track for **1200m** **L & R** to road. **TL** for **150m** down to **Morland**, bear **L** after 30mph sign into Lowergate to cross white bridge over Morland beck in **150m (600 224)**. **45**  
**46**  
**47**

**10.** **TR** along Water St. for **150m** to T-junction (Crown Inn on R). **TL** for **50m** then **TR** opp. Mother Croft up steps into lane, **L & R** to enter church yard. Ahead with church on **L** to leave yard by white gate, **TR** down steps to lane then path to rejoin beck. Cross bridge & **TL** into field (SP Glenton). Continue for **700m** with beck on **L** to cross next footbridge. **TR** (beck now on **R**) for **250m** before bearing **L** uphill away from beck (ignore FP on R). Hedge on **R** for further **300m** to cross stile and **TL** into lane. Follow lane **R & L** to main road in **500m**. **TR** with care on narrow road for **200m** bearing **R** on track at FP sign when road swings sharply **L**. **48**  
**49**

**11.** Thru gate in **150m**, further gate in **50m** into field. Downhill fence on **R** for **250m** to next gate. Bear half **L** across field (**290deg**), aim for church & drop down to bridge over River **Leith** in **200m** at **Cliburn (589 244)**. **DO NOT CROSS BRIDGE** but turn **L** on road then **R** in **200m** over footbridge at signpost. Continue on track, passing black barn in **500m**, turning **L** after **2<sup>nd</sup>** gate onto footpath along field edge. Continue through three fields to reach road at gate near farm buildings. **50**  
**51**



**12.** Cross road and follow minor road for **800m** to junction then bear **R** **52**  
on road for further **1400m** thru Great Strickland to reach pub on **L**. **53**

This is the **Strickland Arms** and checkpoint is behind the pub.

**CHECKPOINT (558 229)**

**CLOSES 21.00**

**13.** Leave checkpoint and turn **L** for **200m**. Turn **R** on minor road (SP **54**  
Melkinthorpe) for further **1700m** crossing bridge over River **Leith**. **55**

Turn **L** at gate between pylons on footpath into field (**549 241**).

Thru gate opposite, **TL** to corner then **TR** up field, fence on **L**, to pass **56**  
thru gate ahead in **150m**. **TL** (ignore gate) & climb stile in **100m**.

**TR** with wall on **R** to gate in **100m** onto track over railway. Continue on  
track for **400m**. **TL** then **TR** under motorway then uphill further **300m** to  
reach **A6** at **Hackthorpe** (**542 232**). **57**

**14.** **TL** & cross road with care passing Lowther Castle pub in **100m**.  
**TR** at FP sign High Knipe into lane alongside pub CP to field, hedge  
on **L** to opening in **250m**. Cross next field (**200deg**) for **300m** to gate in  
corner. **TR** between walls for **100m** to next gate (good view of Lowther **58**  
Park), half **L** downhill for **300m**, deer fence on **R** to estate road at FP

signs. **TL** on road for **400m**, **TR** at FP sign uphill for **400m** then bear **L**  
with fence, field & wood on **R** for **300m** to gate at wood corner (**539 212**).  
(East Lakeland coming into view). **TR** uphill between fence & wood then **59**

same direction for **800m** to next wood corner at 3<sup>rd</sup> gate. Onto track  
leaving in **10m** as it bears left, ahead for **100m** between large trees to **60**  
road. Ahead **20m** to gate, cross field (**220deg**) for **150m** to gate into  
wood. **TL** for **40m** downhill then **TR** uphill for **100m**, to leave wood at gate.

**15.** Cross next field (**250deg**) thru dip to gate at fence corner in **250m** (Village on hillside half right is Helton). Downhill fence on **R** for **150m** to fence corner, **TL** for **100m** along line of large trees (on **R**) to gate. Same direction for **70m** to double gates, **50m** to next gate, ahead wall on **R** to join track by barn. Ahead then soon downhill on track for **400m** (phone mast on right) to High Knipe. Keep wall & fence on **R** thru farmyard then **TR** downhill on road for **500m** to junction. Checkpoint is behind concrete platform.

**CHECKPOINT (518 194) Self clip. Drinks only.**

**16.** Ahead downhill (**260deg**) for **300m** to suspension bridge over River **Lowther**. Cross bridge, **TL** thru gate to riverbank. River on **L** for **1200m** to join road after gate at end of path. **TL** for **200m** on road then **TL** again over bridge into **Bampton Grange (521 180)** to church. **TR** into churchyard at FP sign opp. Crown & Mitre then gate into field. Ahead **100m** to next gate. River on **R** for **1500m** thru field, lane then 3 fields to gate onto track. Track joins road in **100m** (farm on **L**), **TL** in **200m** at FP sign by gate when road bends right. Up field (**120deg**) for **100m** past power pole, same direction for **150m** to stile in wall (corner **30m** to **R**) then **75m** to gate into road at **Rosgill (537 168)**.  
**TR** on road for **20m** then **TL** at FP sign, passing house (**Midtown**) **quietly**, to exit garden at gate then ditch & wall on **R** for **70m** to gate.

**17.** The next **2500m** passes thru several fields (**110-120deg**) & is followed more easily together with the 1:25000 map but is described in detail as follows).

- **TL (110deg)** uphill for **200m** to gate by lone tree **30m** to **R** of tree stump. **67**
- Ahead for **100m** across corner of next field to stile in wall.
- Ahead (**120deg**) for **200m** to stile next to gateway.
- Same direction for **150m** to stile in wall.
- Further **150m** bearing slightly **R** at top of field to stile **5m** to **L** of wall corner.
- Keep close to wall on **L** in narrow field for **200m** to step stile (after group of trees over wall on **L**).
- Downhill for **500m (110deg)** to stile in corner onto road at FP sign **68 (552 160)**.
- **TR** for **100m** then **TL** over stile into field at FP sign.
- Thru **3** fields (**115deg**) – **200m**. to gate, **200m** to gate in corner, **350m** to gate in corner to road at FP sign. **69**

**18.** **TL** for **100m** then **TR** into lane before 30 mph sign as road bends right. Along lane parallel to main street for **500m**, becoming back road to West Close and Wasdale. Same direction past The Lynchetts and Peggy Nut Croft. **TL** before gate, up side of Community Library into car park, cross **A6** at zebra crossing to **Memorial Hall** opposite. **70**

**WELL DONE**