

LDWA BBN - Sundon Saunter – Sunday 15th November 2015 – Feedback

Huge thanks to all for yesterday's fun. My feet are shredded and I was cursing the ploughed fields but had a brilliant time. You might like to know that from last year at Shillington up to and including yesterday, I managed a marathon per week! Looking forward to returning and completing the triple next year, but I won't be doing one per week till then.

Kind regards

Carolyn Thomson-Easter

First of all many many thanks for the excellent event yesterday, despite the wind!! Vaughan's heel has held up, so we are really pleased! As usual, the support and friendliness of all the marshals was unsurpassed, food and venue excellent, route description very accurate (except for a couple of confusing places, where the map came to the rescue!).

Anne Wade

From the point of view of a participant, it went really well. Instructions good, did not get lost! Some good vista, saw 2 stags in Woburn. Great cake at checkpoints and tea. Only one difficult field (just before Harlington station). Wind was an issue but nothing you can do about that. A small beer at the end served by a very good barman :)

Paul Sutherland

Hello, I would just like to say thanks for a great event. The cheese, at CP3 I think it was, saved me. At points I lost the will to live. The ground was worse than the Shuffle and the Step, especially the sticky mud. Anyway all the volunteers and CPs were great and I have my first ever LDWA triple challenge badge now. I will be back next year.

kind regards

David Davidson

Thank you and all your helpers for such a great event it was my first and I thoroughly enjoyed it despite feeling exhausted at the finish ;quite how the chap from Cromer who I met on the way round managed to drive home I don't know .I struggled to drive just 10minutes up the road! Congratulations to Dave Sedgley on the fantastic route so well described ;the best of scenic Bedfordshire. The marshals were excellent and so welcoming when i was in need of a quick drink and rest! such great value for money. Well done and many thanks to you all.

Kind regards

Johnny Oakley

Many thanks to all from the BBN who were involved in yesterday's event. In that wind, it certainly wasn't a saunter (!) but it was a first class challenge event with a well thought out route, excellent description and good food. Congratulations on 25 years of various SS's. Keep on doing them!

Best wishes

Michael Fletcher

I'd just like to say how much I enjoyed the Sundon Saunter in spite of the wind and mud! It was a great route and, even though I am fairly local (Hitchin) I had no idea where I was for most of the route! I was one of the 32 earning my triple badge - the Sundon, Shillington Shuffle and Steppingley Step are firm favourites in my running calendar.

I never cease to be amazed at the accuracy of the LDWA route descriptions and fully appreciate the time and commitment that must go into producing them - I know now that on

an LDWA event if where I am doesn't look like what is described then I have gone wrong!
Thank you to everyone at LDWA for putting on such a great event - I am looking forward to my next one already.

Jo Summers

Thanks for a great day, brilliant route discription,check points and volunteers. The tape in the quarry was a great help and quite amazing that it stayed there and all that wind!

Jude Clarke

Thanks to all involved. Bonnie dog and I had a lovely (if tough, that mud was evil!) day out. Route instructions spot on, there are a few who could learn from you!

Back next year to complete our triple, can't wait. Merry Christmas to my adopted LDWA group.

Carolyn Thomson-Easter