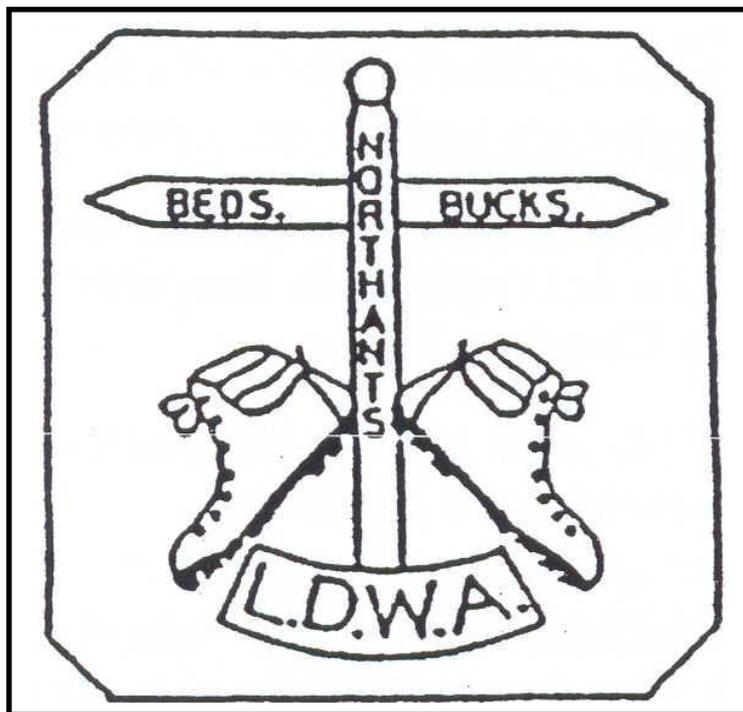


**BEDS, BUCKS, &
NORTHANTS
GROUP
NEWSLETTER**
June 2011



<i>ARTICLE</i>	<i>PAGE</i>
BBN's big event of the year	3-4
Thursday walk reports (DFH)	5-11
LDWA AGM W/E	12
Dee's Hundred	13-14
Hill Walkers Register (BBN)	15-16
BBN Website (M)	16-17
Bass Rock & the Farne Is	18-19
Peak District w/e	20
The Wellie Boot	21-23
Comedy Corner	24-25
Josh Nayler Challenge	25-26
Are you for the Challenge	26
Chiltern Kanter results	27-33
Housman 100 Results	33-35
Normans Bit	35-36
2012 Games 100	36-37
BBN Triple Challenge	37
BBN AGM 2011	38
Tribute to John Seed	39
BBN Social Walks Calendar	39-42
The Committee	43

Allo darlins, First of all congratulations to all who entered the housman 100, and finished, commissaries to those who had to retire. I hear it was one of the hardest so far. I had a lot of fun following you all around for 48 hours.

So what do we have in this issue? we go back to the Cotswolds with John and Judy in August, hot reports on the Thursday reports; Dee tells us all about her Housman experience, and a bit about the new web site set up by Merrian, plus more.

I went on a couple of photographic workshops up North. On the 6th of June I went to Bass Rock and took a load of photos of Gannets, our largest sea bird, and on the 9th of June I was on the Farne Is taking photos of Puffins Artic Terns ect, read all about it in this issue.

Have a good read folks

Ed

Updated details (see new start details for Monday)

JOHN and JUDY'S AUGUST BANK HOLIDAY WEEKEND 2011

The Cotswolds

This year we have decided on the Cotswolds for our weekend. There are 3 walks over the weekend - Saturday 27, Sunday 28 and Monday 29 August 2011. The ideal base for the walks is Stroud. The start of the Sat walk is about 7 miles from Stroud, the Sun and Mon walks about 3 miles. Please let John or Judy know beforehand if you are coming, as it helps us. We leave at 09.00 prompt. Our home number is 01234 301817. Mobile on days of walks 07761 257743 or 07913 740455.

Sat 27 August start time 9.00 - The Cotswolds Four Peaks

Park courteously in the village of Uley, the walk will start from the church.

Grid ref: ST 791 986. The main street in Uley is quite wide so parking should not be a problem

This is perhaps the nicest walk of the weekend. It is hilly but does not compare with Crinkle Crag. A shorter walk is available if required. Please let John and Judy know beforehand if you would like a shorter option, this misses out one of the peaks. This walk goes from the village of Uley to the Tyndale monument atop the wonderful named Nibley Knoll (a notable hill) and back again in an ad hoc circuit using tracks, footpaths and the odd bit of tarmac. The Tyndale Monument, a tower, is a tribute to William Tyndale who first translated the Bible into English and was later burned at the stake for heresy. The route also includes the Iron Age hill fort Uley Bury, a fort built by Celts who ruled here sometime between 300 BC and 100 AD. There are 4 hills altogether hence the title: Cam Long Barrow, Stinchcombe Hill which rises above Dursley and is the hill the shorter version will miss out, Nibley Knoll and at the end Uley Bury.

This is about 16 miles but the ascent makes up for the lack of distance.

Sun 28 August start time 9.00 – Walking with Rosie visiting Painswick Beacon, Cranham Common and Slad

Slad is the backcloth to Laurie Lee's most popular novel 'Cider with Rosie' hence the title. We start the walk in Painswick, there is a car park close to the church, Wick Street car park on the corner of Stamage Lane. Grid ref: SO 865 095. Parking is free on Sundays. From here we go north close to the village of Paradise up to visit another Iron Age Fort on Painswick Beacon. Those of you who have done the Cotswold challenge will be familiar with this. From here we head north to Cooper's Hill, famous for the cheese rolling competition, before turning south to Cranham Common with great views and orchids in season. We pass close to Overtown and

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then go down to Sheepscombe the location of Laurie Lee's sloping cricket ground and from here down to Slad itself. Finally the walk goes round Pitchcombe Hill before returning to Painswick. Part of this walk will be on the Cotswold Way. There will also be a provision for a shorter walk today if required. Long walk is 17.5 and the shorter version which misses Pitchcombe Hill is 13.5 miles.

Mon 29 August start time 9.00 – Weaving in the Stroud valley starting from the village of Bisley

Start: There is good roadside parking at SO 902 060 near the Bear Pub. We will meet outside the pub to start the walk. We walk south to hit the Thames and Severn canal which we cross south of Oakridge Lynch. We then proceed to Chalford church after which we follow the canal tow path for a time, old mills and factories line the route here showing the impact of the industrial revolution in the steep-sided Cotswold valleys. We have a climb for you again today up beside 'the Heavens' to Nether Lypiatt Manor before turning NE up the Toadsmoor valley and back to Bisley. This walk is shorter to allow an early start home, it is about 13 miles.

Accommodation: There is a Premier Inn in Stroud where we are staying, there is also a Travelodge about 4 miles away at Stonehouse as well as various B&Bs. We have found a pub which we feel will be quite suitable for the meal on Sunday night. We will book a table nearer the time, please let us know if you are coming.

Please let Judy or John know if you are going to the Cotswolds in August as soon as you can.

Also if you will be going on the meal on Sunday night, please let John or Judy know asap.

Ed

Thursday Walk Reports

10Feb 2011 The Great St Albans Steeplechase Leader Dave Sedgley

Having read an article in our village newsletter, Flit 'n' More, by historian Margaret Butt about how the first ever national steeplechase took place in our part of Central Bedfordshire, I wanted to know more about it and determined to lead a walk along a possible route. So, on the 10th February 25 members of the local branch of the Long Distance Walkers Association set off from the Compasses in Greenfield and walked to Harlington Church, where the original horse race had started.

After a 15 minute 'elevenses' break we walked across the green to opposite the Carpenters Arms - where on 8th March 1830 the publican made a big profit from the large number of spectators gathered to watch the event. After imaginary flags were waved we set off back across the green and along Barton Road, admiring its spectacular views.

From the ridge just beyond Horsehill Spinney we stopped and I showed the group a picture of the Harrold Obelisk – the Steeple to which the jockeys would have raced. From here we could clearly see in the distance, even on this damp grey day, Cain Hill to the east of Wrest House; and it was clear that the obelisk would have been visible too, before its removal to Trent Park by Sir Philip Sassoon.

We walked down the grassy field, passing by Bunyan's Oak, and up the hill to Upper Sampshill Farm. We were walking along the eastern edge of the ridge to Pulloxhill, somewhat higher than the route the horses would have taken, but with good views of where their progress would have been.

After a lunch stop at Rushymead Nature Reserve in Pulloxhill we walked via Hillfoot Farm and Upbury Moats (the Medieval manor house has also been removed and re-erected somewhere in the south of the country) to cross the A6 into the field where the obelisk originally stood. It had been erected by Anthony de Grey, the 12th earl of Kent and known as Earl of Harrold, in the early 1700's. It stood at the SW end of an axis at 90° to the main view from Wrest House – equidistant from the centre-line as Cain Hill monument to the NE. The site is now very close to the A6, and English Heritage has plans to erect a copy on the site.

We then set off for Flitton church for our afternoon stop and a visit to the Mausoleum. Here Margaret Butt, who had walked the whole distance with us, treated us to a guided tour of the mausoleum – monument to and resting place of the De Greys of Wrest Park. After looking at the magnificent effigies of the earlier earls we found before us the sculpture of Anthony, 1st Duke of Kent – earl Harrold himself. Our quest was complete, and we walked back to Greenfield along the river.

David Sedgley

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24th Feb 2011 Parts Other Walks Haven't Reached Leader: Roger Storey

A new start venue at Storton Gravel Pits next to Northampton Town's Sixfield stadium. Despite the car park not appearing on Ordnance Survey maps everyone seem to find it without any problems.

Fifteen walkers were briefed by Roger before we started along the Nene Way heading into Northampton. Passing the Carlsberg 'brewery' someone was heard to quip 'Not even the best brewery in Northampton'. The willow trees along this section were showing signs that Spring was definitely in the air.

Dodging the traffic on the A508 we crossed to the other bank of the Nene. Here there are new houses and Roger regaled us with the names of the factories that once lined the river here, including one that made the paper used to produce the Penny Black postage stamps.

Back over the river on a newish pedestrian bridge where a group picture was taken and onwards passed an information board about the 1460 War of the Roses Battle of Northampton, which was an overwhelming victory for the Worksites? Research shows the battle actually took place on the other side of the river where the Delapre golf course is.

Continuing along the Nene Way we stopped for the morning break by a lock near some council offices that had some seating. It soon became clear we were occupying the area used by the offices smokers so we didn't stay long.

Leaving the Nene Way we followed Hardingstone dyke before heading through Little Houghton and on through the only muddy field of the day to Great Houghton. Most were glad there were to be no more such fields to cross.

Lunch was taken here and the usual suspects investigated the Everards owned White Hart. They reported that the beer was very good, but they didn't appreciate being told not to eat their own sandwiches in the garden.

Following lunch a survey was taken of what everyone had had for lunch. Cheese of varying sorts in a variety of bread proved the most popular. Ham was the choice of three and bacon, corned beef and tuna also featured. A couple didn't have a sandwich choosing dried fruit/nuts and cereal bars instead.

Post lunch started along a bit of the disused railway line that once went to Olney.

We arrived at Delapre Abbey tearooms for the afternoon stop via the newly landscaped area round the Brackmills industrial estate and Delapre golf course. The Abbey was founded in 1145, but after Henry VIII closed the monasteries it became the home of the Tate family until 1764 when it came into the hands of the Bouverie family. Northampton Borough became the owners in 1946 and it was used as the Record Office until 1991. Currently it lies empty.

Leaving the park we followed the A508 until joining the Northampton branch of the Grand Union Canal back to our cars. Here we met Andrew Gilbertson who was enjoying a late afternoon jog in the spring sunshine.

Dave Findel-Hawkins

Page 6

10 March: The Pegsdon Hills Walk Leader: Brian Harwood

Good news for all those BBN members who sometimes find themselves torn between going out for a good walk and waging war on the weeds in their garden. Simply designate your garden an 'Arable Weed Reserve' and head for the hills!

The answer to that dilemma emerged early on during Brian Harwood's Pegsdon Hills social walk in March as a group of 16 (later to be 17) started the climb out of Hexton village up onto the hills. Standing next to a large patch of scrub land was a smart notice proclaiming the area to be an 'Arable Weed Reserve'. Once past the weed patch, sorry 'weed reserve', we climbed steadily up to the top of the Pegsdon Hills from where there were superb views in the bright and sunny but very windy conditions.

Morning tea break was taken in Great Offley and lunch in Lilley. The basically circular route then continued round to the Barton Hills, with older BBN members reminiscing about sections which were part of the former (and now revived) Shillington Shuffle Challenge. Having battled up the inclines of the Barton Hills in the by now very strong wind, the final leg was an easy flat stretch back to Hexton.

Thanks to Brian for organising a very scenic route – the steeper sections were particularly appreciated by those of us who wanted to get some much-needed hill-walking training in ahead of the planned BBN Peak District weekend at the end of March.

Phil Hastings

24th March To The Globe and Back Leader Brian Graves

A new venue for a walk near Milton Keynes, the MK Irish Club at the sports grounds at Manor Fields, Bletchley. Thought we'd been told off at the start, as we were approached by someone from the club wanting to know if we were going walking. Turns out it was the new General Manager touting for our business after the walk. Not for us, but must remember this for a future IVV club walk.

A sunny day brought out the walking equivalent of a cuckoo, the first shorts of spring, as three brave menfolk dared to bare their legs. Not to be outdone, M kept up the honour of the womenfolk in a similar manner.

23 set off, as our leader set off at a good pace. Hope I can go like that if I have a knackered knee. Should have been 24 of us, but Gordon got caught up in the closure of the M1 after junction 12 northbound, following the jackknifing of a lorry. He rang at 9.00 to say he'd been stationary for an hour. He finally got to the start location after a 4 hour delay !

Today was a trip to the Globe at Linslade, somewhere Brian has used before, so we were to be treated to pleasant canal walking and nice paths through Stocklake Country Park, where we were to take advantage of some new Permissive Paths that had recently been opened. I hope that nice hill wasn't one of them. An obligatory "club picture on a bridge" was followed by a tale of lost spectacles in a flooded field, fortunately without a repetition today and then we got to the pub.

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The hardened drinkers, oops walkers, amongst us sampled the pleasure of Tolly Old English (2.8% ABV) with its “hint of citrus and forest fruits”. Sounds more like a yoghurt to me. A certain club member, who to spare their embarrassment shall remain anonymous, admitted to wearing an item of female clothing. I never knew he was a size 10. How very Irregular. Still, it will make a good item for a BBN xmas newsletter quiz.

As we left the club, a quick count showed that our numbers had risen to 26 during the morning, with 3 walkers joining us at various points. I'd always thought the leader was supposed to lose walkers, not gain them. Could we reach 30 by the end of the walk ?

A nice dry walk then turned rather squelchy and pongy as our leader blotted his copybook by finding a series of wet, yucky sections on a path that DFH admitted he hadn't been on before (what, impossible !). My trainers are still trying to lose the aroma 5 days later. Boy did they honk.

Three Locks provided a nice afternoon break and it didn't take too long to get back from there via canal and Waterhall Park, to find Gordon waiting for us. At least he had been able to go and do a short walk on his own whilst waiting for our return.

A good day out in the lovely spring sunshine. Thanks Brian.

“The Scribbler”

7th April The Hexton Hike Walk Leader Gordon Shaughnessy

The weather forecast was good and as 17 of set out from Hexton we realised that the day already had that feel of “Spring” about it. This walk touched on many sections of the “Shillington Shuffle” albeit in reverse, which is significant in that BBN is planning the resurrection of this event for November this year.

The walk took us north/north east from Hexton towards Shillington, across arable fields and at times through fields of oil seed rape, possibly the first of the year. We progressed to Shillington and encountered the first hint of a climb as the group clambered up the earth steps towards Shillington church. Here we left the Shuffle route temporarily by turning R at the church and took a path to the SE edge of the village, where we regrouped just before heading towards Pirton and Tea Break.

There we were, all 14 of us. OOPS!!! (3 missing). At this point the lady from Wilstead told the walk leader (me actually) that her husband was no longer walking with us. Apart from the man from Wilstead, the 2 other “AWOL's” were a lady from MK and a man from Northampton. As the path to Pirton was uncomplicated, the remaining group agreed to continue whilst “walk leader” and volunteer John Chesher back tracked to eventually round up the “deserters” and regroup with our friends at Pirton. Lesson learnt – always appoint a “backmarker” even with small groups.

Panic over, we progressed East on a track/path out of Pirton to eventually turn North towards the village of Holwell. Just before the village there are good views to the west as we look towards

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Pirton, Shillington and Sharpenhoe Clappers (west of Barton). The walk from here took us east, crossing the busy Hitchin to Bedford road, then south into Ickleford and lunch stop.

The village of Ickleford is just north of Hitchin and an ideal stop for lunch with 3 pubs, a village **store and numerous bench seats for those of us who prefer a picnic lunch.**

With lunch over we headed west, back towards Pirton for our return journey, somewhat shorter than the morning's walk. We turned south west at Pirton with a steady climb up past Tingley Wood, and at the summit turned north west to begin our descent to Pegsdon.

After passing the "Live and Let Live" pub at Pegsdon we had about a mile left to do, across fields and bringing us back (all 17 thankfully) to the cars in Hexton.

Gordon Shaughnessy

21st April Wander Round Milton Keynes Leader Jim Morrison

What a glorious day for a wander - the Thursday before Easter and a lovely warm and sunny day. We met by the canal and our leader Jim, who is a volunteer with the Parks Trust and knows all the secret hidden places, took us on a walk which showed Milton Keynes at its very best.

My favourite bits of the day were:

- the walk around the meandering paths of Campbell Park
- the stone circle, and Willen Lake looking idyllic in the sunshine
- morning break on the steps of the old church at Willen, built in the days of Sir Christopher Wren
- a very welcome long cold drink at the Victoria in Bradwell Village
- the glorious display of bluebells in the ancient woodland of Linford Wood
- looking for the wooden sculptures tucked away beside the paths in the wood

A very enjoyable walk, thanks Jim

Gill Bunker.

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5th May Bucknell Woods Bumble Walk Leader David Findel-Hawkins

The starting car park in Bucknell Woods was closed and the access road full of large potholes so most cars were sent to a parking area a few hundred yards along the road. Those able to park near the original start were led through the woods to the new start but would be saved this bit at the conclusion of the walk. Once all 16 walkers were together it was off to see the bluebell display in the woods before crossing rolling farmland to our first stop in Greens Norton. Here some made use of the local shop to supplement their supplies.

The next section followed the Knightly way with a grand view of the manor house at the Allen Clark Research Centre. Leaving the Knightly Way to avoid some frisky bullocks we met some more on our approach to Foxley where some were grateful that Roger Storey kept them at bay.

Approaching the lunch stop at Blakesley there was more excitement when the 'Bull in Field' sign was proven to be true. However the Bull chose to ignore us.

After a leisurely stop where a good few made use of the local Bartolomew Arms we had the joy of crossing a couple of large rape fields where everyone's cloths took on a yellow hue and one or two suffered runny noses.

After passing through the delightful Green's Park (see group pic on web site) we took tea outside the church at Slapton. The finish was reached by skirting round Athorp and then finally walking through Bucknell Wood.

Dave Findel-Hawkins

19th May Alternative Boundary Walk Walk Leader Adrian Moody

What a surprise, instead of my normal morning walkies my owner took me to meet some nice people from something called the LDWA. I was there early so I had a wonder round and made myself known by putting my muddy paws on their nice clean cloths. We started off in the direction of a nice big hill someone referred to as Invinhoe Beacon but we didn't go there. Instead we skirted underneath and after two miles we were nearly back at the car park where we started.

It wasn't long before I was being introduced to the lambs at Ward's Hurst farm, but they weren't very friendly. Being a hot sunny day I didn't mind that we had a stop above Golden Valley in the grounds of the Ashridge estate for a quick drink.

We then walked on some narrow paths through crops so I was put on my lead so I couldn't continue to playing pretend to trip up walker where I run under their feet but just get out of the way as they adjust their pace.

After passing Neddledon we reached Frithsden after 8 miles. Some of my new friends wanted to stop here as there was something they called a pub but we carried on for another two miles and took a long rest in the middle of nowhere.

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During the afternoon there was much chat about where were we. It seems despite this being an area where the group often do walkies they didn't recognise much they knew. They did seem to know where we took our next stop as there was a café, ice cream van and a tall monument. While some had tea and cake and others ice creams some went to the NT office and obtained packets of seeds for courgettes and radishes.

Not everyone was still there when we left. John and Jake had already gone. I hope it wasn't anything to do with me. We finished by meandering through Ivinghoe Common Woods where I took the opportunity to meet a man driving along the road. He was testing his brakes !

It wasn't long before we arrived back at the cars. My new friends were pleased they had done over 16 miles but of course I'd done a lot more. It was still hot and sunny and I hope I can go on another of these walks as they are great fun

Thanks to all those who have contributed to the Thursday walk reports. However as it has become increasingly difficult to find volunteers these will be the last reports published. DFH

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2011 AGM AND SOCIAL WEEKEND. 4TH-6TH MARCH

On the Friday pearl and I travelled to the National AGM Week-end. We picked up Norman on the way. Norman has been to a few of these week-ends before, but this was our first one. The venue this year was the Webbington Hotel and Spa in Somerset. It is a refurbished Edwardian Manor situated on the southern slopes of the Mendip Hills. We're used to slumming it in tents or bunk beds but this was quite a luxurious hotel. We made full use of the sauna and swimming pool as well as having a knock about on the tennis courts. I'm teaching pearl to play tennis and she has improved a lot. I even think Norman enjoyed it, although I don't think he's ever likely to beat Andy Murray!

After a buffet meal on the Friday night, the three of us opted for the 17 mile walk on the Saturday, luckily the weather was good. We walked into cheddar for our lunch stop and then went back by a different route. Pearl, who normally doesn't like hills, flew back over the last few miles to get back for the sauna and swimming pool.

On the Saturday night we had the gala dinner though we were a bit too tired for the barn dance afterwards. On the Sunday morning we had the AGM. It was very interesting with a lot of talk about whether to change the walking man logo. After the AGM we stopped on the way home at a pub to watch Liverpool play Manchester United. Luckily Liverpool won, which rounded off a really good week-end. I would definitely recommend the weekend to anybody. We hope to go again next year and maybe we'll get a few more BBN members to come along.

Steve Smith.

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DEE'S HUNDRED

Housman hundred...hard,horrible,hilly,horrendous,hideous,hellish, hair-raising,
harrowing....well at least they had chosen the right name to make illiteration with the adjectives
easy!

17,00ft ascent. Yes, I know, you have to climb to get the views, and magnificent views of the Shropshire Mountains indeed they were, but I would have settled for a few less views, honestly I would. Tongue in cheek, the effigy doll of the gentleman who devised the route, had many pinholes in it by the time we climbed the final 900ft at 98 miles. By this time our bodies may have been shot but our brains were still on full alert – we had devised a cunning business plan – put the said same doll in stocks back in the HQ hall and sell wet sponges....we could make our fortunes!

Well, everything started brightly enough, except the sun, which took until midday to realise its role on this event. Betty, Gordon and I, the trio who had managed for 2 out of 3 of us to finish on the previous Wessex and Scotland 100,s (according to Meatloaf, that ain't bad!) arrived at BBN CP1, 8ish miles, in one piece and still smiling. Luckily the encouragement and enthusiasm of all the wonderful BBN helpers far exceeded the standard of food supplied by the organisers, half sausage rolls that was it. It was 20 miles before we could enjoy a hot drink, although no food at all when we arrived. Sandwiches did eventually appear but the cakes had long gone. Again, only the great welcome helped to make up for the shortage of grotty food. Little improved at the 3rd CP: we should have enjoyed bananas, custard and pasta, but, alas, it has all long gone and we were left only to savour the delights of under cooked quiche. Even the coffee had run out, although there was still one single small bowl of sugar. (It was on our table, and we thought it was our magnetic personalities drawing the other walkers towards us!).To be fair, after CP3, the standard and volume of food began to rise dramatically, reaching a magnificent crescendo at CP9, Bridge....Merriam and those special BBNers again. The warmth that enveloped me at that CP was my No.1 highlight. (Creep, what you after. *Ed*)

The miles rose and fell, and our intrepid trio reached CP6, 48.5 miles. The hills had taken their toll and I was to take leave of my 2 good friends, one of the low points of my event. Betty, having completed the entire Offas Dyke only 3 weeks previous, was probably still in recovery mode, and confessed quietly to me, that she did not expect to finish. Gordon's feet were displaying their usual problems, and despite much TLC at each CP, looked like they would not become 100 milers on this occasion. With great reluctance, we parted company and I joined my old friend Mike Childs. (This was the guy who supported me around my first 100km, The Holy Hobble, and whom I still hold responsible for encouraging me to attempt my first 100). We briskly covered the next 7 miles to my highlight no.2....a scrumptious cooked veggie breakfast and my feet washed in a sink. One night over, one to go!

During the Sunday, somewhere on top of Stiperstones, Mike and I met Viv, a lovely lady from Manchester, who, in the usual way of long distance walking, became our friend and teammate for the next 21 hours. Remember all those 'team bonding' exercises they pay good money for you attend at work, well this was it for real! Later, when we lifted each other's feet over the numerous styles, we did it for 2 reasons....we needed each other in order to all finish, but we also *wanted* each other to finish.

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I travelled, both metaphorically and in reality, to some pretty dark places that night. Mike was our leader and by far the most able of us to route read. The only time his eternal, contagious optimism seemed to wane was when we struggled to find a CP, entirely due to the very poor, and at times inaccurate, route description. Viv (she of little faith!) declared ‘perhaps we are in the wrong village!’.

Somewhere in the middle of that 2nd night, sleep deprivation became my greatest concern. I had left CP10, 83.2 miles, at a mental all time low and 2 miles later, in the middle of a field, in the dark and pouring rain, I declared I could not continue as I kept falling asleep and falling over. Then he produced it, (my 3rd highlight), “Mikes marvellous medicine”, a Holland and Barret green concoction of lots of caffeine, ginger and other things, which just worked magic. Having succumbed to ‘drugs’, I had no inhibitions to requesting a very strong, black sugared coffee at all remaining CPs.

And so...to the final leg. It was light, I was light headed, but, after 15 minutes kip on the last CP hall floor, we only had 6 miles to go including, that previously mentioned last 900ft bump. Highlight No4, our laughter and games together. 2 hours just flew by....”name 10 external parts of the body with only 3 letters”, “state the only 4 countries in the world spelt with only 1 vowel (‘y’ doesn’t count)”, the Scottish surnames pronunciation game and so on. I insisted we stop our hilarious accounts of every April Fool prank we had ever heard of, when the hysterical laughter almost made me fall over...no inner core strength left.

Finally, our ‘piece de resistance’, and my highlight no.5. Our last few steps complete, milking the applause, we (that is Mike and Viv, my sole mates for the last 35 miles) put our arms around each others shoulders: not for mutual support but ‘to put our left leg in, our left leg out, to do the Hokey Kokey’ and to then to collapse in a heap.

In the hall, my 6th and final highlight. Betty and Gordon had chosen, not to return for a good nights sleep in their warm hotel beds, but to sleep in their cars at HQ and there they were to cheer me in...true friends and I thank them. As I must also thank so many other selfless people. Sadly, I can only name a few. *Norman*, who after masterminding CP1, also lost 2 night’s sleep and supported me throughout, *Stevie C*, our photographer supreme, who constantly lifted my spirits and forced me to smile, *John and Judy*, always a source of encouragement, before, during and after the event (John N has completed 25 consecutive 100’s...mega respect and awe!), *Merriam and Dave*, real tough and hard 100ers, but still soft enough to care for us lesser mortals and *Nigel*, with his special chairman’s CP hug! To all you BBNers, walkers and supporters alike, who ‘helped me make it through the (2) night(s)’, my heartfelt thanks.

Dee x

Ps, Yep, I am an addict, not, I hope, to drugs, but to my ambition to complete another 100...but, I will need your help....please.

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BB&N MEMBERS IN THE LDWA HILL WALKERS REGISTER

I up-dated in 2009 the various quests that a few of us within BB&N have been chasing. The following is a list of who has entered the LDWA Hill Walkers Register over the last decade or so

ENGLAND & WALES 2000' SUMMITS(444 tops)			
No.	Name	Date	last summit
80	Brian Graves	Aug-98	Meldon Hill(Teesdale)
149	Graeme Crowe	Sep-04	?
191	Dave Findel-Hawkins	Jun-10	Waun-Oer(Cader Idris)
192	Merrian Lancaster	Jun-10	Waun-Oer(Cader Idris)
THE WAINWRIGHTS(the 214 tops listed in the seven books)			
126	Graeme Crowe	Mar-95	Longlands Fell(north of Skiddaw)
285	Brian Graves	Aug-00	Sergeant's Crag(Borrowdale)
296	Janet Presland	Oct-00	Buckbarrow(Wasdale)
297	Roy Presland	Oct-00	Buckbarrow(Wasdale)
393	Judy Nickerson	Oct-04	Loughrigg Fell(Ambleside)
527	Dave Findel-Hawkins	Oct-08	Gowbarrow(Ullswater)
528	Merrian Lancaster	Oct-08	Gowbarrow(Ullswater)
THE OUTLYING FELS OF LAKELAND(Wainwright) - 116 tops			
15	Graeme Crowe	May-96	?
THE COUNTY TOPS OF ENGLAND & WALES(50+)			
20	Ian White*	Nov-00	St.Boniface Down(Isle of Wight)
30	Dave Findel-Hawkins	Jul-06	Fan Foel(Dyfed)
31	Merrian Lancaster	Aug-07	Guisborough Moor(Cleveland)
34	Judy Nickerson	Oct-08	Turner Tower(West Midlands)
35	Brian Graves	Dec-08	Pilsden Pen(Dorset)
* and another round finishing in Sept.08			

Since 2009 the only additions to the LDWA Register from BB&N members has been the completion of the English & Welsh 2000' summits by Merrian Lancaster and Dave Findel-Hawkins. I say *only* – this one is a sizeable task with 253 tops in England and 191 in Wales to be ascended. So it is with great relief that the duo topped out in June last year. (there was a photo of Merrian in the April Strider) Judy Nickerson has completed the 253 English top but to quote Judy “I have finished the 2000footers in England but I havn’t done the Welsh ones and now I don’t think I ever will”

However there are four of us currently chasing down **Wainwright’s Outlying Fells**. Merrian and Dave are working towards completion this year (in fact the day after Dave’s epic Joss Naylor traverse, the duo and

LONG DISTANCE WALKERS ASSOCIATION

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myself were ascending Hesk Fell on the fringes of the Western Lake District). I'm half-way through whilst Judy Nickerson is well into the second half of the list.

Brian Graves

BBN website

Please take a look at our new website - <http://www.ldwa.org.uk/bedsbucksandnorthants>

You can also get to it via the main LDWA site -

<http://www.ldwa.org.uk/>

Click on "Local Groups", which is on the green navigation strip under the title picture. Then look for the link to the BBN site on the right hand side. This'll take you to a page with all our group details, including a link to our website. You could save the link as a bookmark or favourite.

We're using the template provided by the LDWA, which means we've got the same "look and feel" as other groups using the template. I'm sure some of you would prefer us to have a more individual appearance, while others will like the more "corporate" image. We've chosen to use the template because it's free, everything is stored on the LDWA server, they deal with security, backups, etc, and it's almost a doddle to maintain.

The site comes pre-loaded with sections for Home, Future Events, Latest News and Committee Members. I've added other sections for Forms, Newsletter etc. Each page includes our logo, which I think is taken from a photo of Norman's rugby shirt. The site is simple with no forum, movies or pictures, but it's really a way of making information easily available, and now I've learnt how to do things, and written myself some notes, it's easy to maintain. Gill Bunker also knows how to maintain our website, or she will do by the time you read this.

Some of the text on the Home page came from other groups, some from our previous website and Chairman Nigel wrote the friendly bit.

The Future Events section is automatically kept in step with the BBN events on the central database. Gill Bunker maintains the entries for our events on the central database. Only Future Events are shown on our site. If you want to see a past event, you'll need to look under the Events section on the main LDWA site.

I've used the Latest News section to publicise challenge events and meetings. I've duplicated some information, for example the Shillington Shuffle entry form is in the Latest News section and Forms. I hope that covers where people are likely to look for things. It's a shame you have to open a news item in order to get at a link.

The Committee Members section is automatically kept in step with the central database.

In the Results section I'd like to add results from as many previous events as possible.

HAVE A GREAT DAY OUT, WALK WITH THE BBN
www.ldwa.org.uk/bedsbucksandnorthants

LONG DISTANCE WALKERS ASSOCIATION

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The Newsletters section is self-explanatory. Even though we ask on the membership form if you'd like to receive the newsletters by email, we don't actually attach them to an email. Norman sends out an email to let you know that you can download the newsletter from the website.

The Meetings section also speaks for itself. As well as meeting dates, I've added any reports I can get my mitts on.

The template doesn't have a facility for a gallery of pictures, so we're using a Flickr site to store them and I've put links to it in the Pictures section. Use this link to go straight to the Flickr site.

<http://www.flickr.com/photos/60620372@N07/sets/>

At the bottom of each page there's a link back to the LDWA site plus details of our next few group walks and challenge events.

There are a few things on the to-do list.
Get as much as possible in pdf as well as word.
Include some images.
Include results from previous events.

Although I have a computing background, I'm not a webby expert; I grew up with paper tape, punched cards and machines with less processing power than my toaster but which could still support a business – ah those were the days. I know we have genuine experts in the group, I hope they won't get too upset where I've used the wrong techie language. I'm sure you'll all find things you don't like on the site. Please let me know what you think. There's not a lot we can do with the site but the LDWA are redesigning the template, so let me have your feedback and I'll pass it on.

If you have anything you think would be useful and suitable to have on the site, please send it to me or Gill Bunker.

Merrian Lancaster
merrian22@gmail.com

M about the flickr site for the gallery

Our flickr account is free but we're limited to uploading 2 videos and 300MB worth of photos each calendar month. We've reached that limit for June, so I'll have to wait until July before I can add more photos. Dee has made a good suggestion for us to have a set for fun photos, so please send some for me to load....in July.

M

BASS ROCK & THE FARNE IS

On the 6th & 9th of June I had booked myself on a couple of photographic workshops with a company called "PHOTOGRAPHERS ON SAFARI" in fact I booked myself on three back in February, the first was Bats and Fill in flash techniques, which was back in April, so on Sunday 8th June I travelled up to Dunbar on the Firth of Forth ready for my trip over to Bass Rock on the Monday. I met up with twelve likeminded photographers at Dunbar harbour for 12.30pm, for the crossing to Bass Rock at 1pm.

We left slightly late for the 50min boat ride, we took a large bucket of fish out with us so when we got close to the rock the crew started to throw out the fish, which was to attract the Gannets to dive for the fish so we could get the classic dart diving of the Gannet. The problem with that was, the Herring gull, 20 Herring gulls to 1 Gannet was the ratio, but the photography was great, and I did get the classic pic of the diving Gannet, (lucky or what).

We landed on Bass Rock with our guide, and she led us up the steps and showed us where we were allowed to go, on the way up the steps there was Gannets nesting next to the path making a load of noise. We had approximately 100mts sq. of rock for the next 4hrs to take photos galore. I had a great time, there was thousands of Gannets all over the place, taking off, landing, and nesting. We got back to Dumbar for around 19.30.

Thursday we met at Seahouses harbour for 09.30 for a full day around and on the Farne Is. There was 30 in the group and we had the tour right around the seal colonies on outer Is, but the problem occurred when we went to land on Staple Is, although the weather was good, the swell was too high around the jetty, so the decision was made that we could not land on Staple Is. We headed back out to the Seal colony and landed on another Is to stretch our legs for half an hour because we could not land on Inner Is until 13.30.

At 13.30 we landed on Inner Is, which was no problem because the jetty was in a secluded bay. As soon as we landed and started to walk up the path, there was the Artic Terns, nesting next to the path. They didn't like us being so close to their nests so they started to dive bomb us, with a vicious peck at the head, it was painful so you had to wear a hat, I had a hoody on, plus my hood from my windproof but I could still feel their beaks on me head.

Walking through the Terns and further up the Is the Terns left me, and I started to get some good shots of the Puffins coming in from the sea with their bills full of sand eels, only to be chased by the gulls trying to steal there catch from them. Although there was 4-5 gulls to one Puffin the success rate for the gull was quit low. We spent about 3 hrs. on Inner Is, they gave us a bit extra because we could not get on Staple Is. I got some great shots of the Artic Terns, Puffins, and Shags on Inner Is. On the way back to the harbour I was talking to a woman who had been to the Farne Is before and was going out every day that week with her husband, and she told me that Staple Is was the Island to get the real close ups of the Puffins, so I decided that the next day (Friday), I would do the half day tour of the Farne Is.

At 07.30am I was back down the harbour at Seahouses on Friday morning waiting for the kiosks to open. 10am and I was back on the boat heading back out to Staple Is. I got the tour around all the Islands again, then this time we got to land on Staple Is for one hour. Staple Is where I got my real close shots of the Puffins, with their bills full with sand eels. After an hour we was back on the boat and heading back to Seahouses harbour. Back on land it was back to the camp site to pack up the tent and head for home, and dear ole Northampton.

I had a great time on Bass Rock and the Farne Is and got some great shots. While I was in the area I took a quick visit to Edinburgh and Holy Is.

I took about 500 photos of the Gannets of Bass Rock and the birds of the Farne Is, if you would like to see them I have started a Flickr account the Web address is

www.flickr.com/photos/stevecee

Steve Clark (Ed)

Don't forget folks,

If you're going to the Cotswolds with John & Judy in
August, please let them know asap
Also if you are going to the Sunday night meal please let
either John or Judy know ASAP

Cheers

Ed

BBN Peak District Weekend – Sheen Bunkhouse 25th-27th March
2011

A happy band of BBN members arrived at the Peakstones Youth Hostel in Sheen on the 25th March and waited patiently for Betty and Norman who are clearly in need of a new Sat-Nav! The youth hostel was lovely and catered for all our needs and we all enjoyed a spaghetti bolognaise cooked by Chris. To everyone's surprise Chris and Francis announced that they had married in the lakes and we all toasted their health and gave our congratulations.

After a good night sleep we awoke to some fair weather and set off into the beautiful Derbyshire countryside and our group separated into 12 and 20 milers whilst Norman went down to the village to watch the football (which as it turned out wasn't being shown!) We arrived back at the hostel tired after walking uphill and down dale. After showering we took some well deserved sustenance and beverages at the pub and we all had a pleasant evening with good company and conversation.

We awoke bleary eyed on the Sunday and a slightly depleted group set off down the hill to Hartington and along the river and we enjoyed morning coffee whilst Norman charmed the Beverley sisters with his business card.. After another excellent days walking we arrived back at the hostel and said our goodbyes and headed home after having had a great weekend

Many thanks again to Chris and Francis for their organisation and congratulations to them both on their happy event.

This special feature was brought to you by Sue Leonard.

Sue Leonard

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**NIGEL SCHOFIELD – THE 2011 WELLINGTON BOOT CHALLENGE
WALK
(62.2 MILES)**

16 - 17 APRIL 2011 - MY FOURTH 50 PLUS!!!!

Dear fellow walkers,

Yes folks I have completed The Wellington Boot and consequently The South West Triple Challenge. Not as hilly as the Wye Forest two years ago and probably the same as the Dorset Giant in ascent. This year open countryside and rolling hills, attractive villages, wild flowers in profusion and as ever excellent walking companions, new and old, including night time companions from the Wye Forest 50 (but, Martin Burnell – where were you?) Pleased to report that did a good time (22 hours and 28 minutes) – and this year no diversion in the dark after the hot meal, but that was thanks to an expert who knew most of the night time section and I kept track with him with checking every compass bearing in the route description. Many congratulations to the others in BBN who completed and commiserations to those who did not.

The route description was good, the route was fantastic, glorious views of The Bristol Channel, South Wales, Flatholm and Minehead from the Quantocks. And the weather was fantastic, no rain, no strong wind, sunny on Saturday and 95 per cent full moon, amazing seeing your shadow at 0300!!! Dry conditions underfoot mostly - with just one wet bit and muddy bit. However, this short report cannot omit the excellent welcome received at each check point, nothing was ever too much trouble, the food at each CP was excellent – even to the extent of providing dairy free, vegan and vegetarian. The midpoint CP at Huish Champflower (Village names in Somerset to rival those in Dorset) was good, veggie casserole and pasta and apple pie with custard – nectar of the gods after 36.35 miles and individual service at my table including water bladder refill. And perfect timing as this was just before my night section.

Partly for my own satisfaction (I am not a statistician) I provide as previously some stats to ponder over. Following this event I know that I will never attempt a hundred but reckon that a 50 plus once a year is within my capabilities. I think that it is an excellent challenge – definitely out for one night time navigation only what I am attempting may well be for you if you would like a step up from a 26 or 30 or the Oxon 40?

First 'half' Wellington Rugby Club to Huish Champflower: 36.35 miles: Weather – warm, sunny all day, pleasant breeze on Quantocks.

Second 'half' 26.15 miles: Weather dry and fantastic moon to walk by, on tracks and lanes we switched off our torches, could not read the route description but visibility perfect for walking.

And now as they say in all late night venues the vital statistics (my phrase not Nigels)

Start time 08.30 16 April – Finish time 06.58 17 April

Total elapsed time = 22 hours 28 minutes

Total walking time = 20 hours 53 minutes

Total elapsed time stats. 21.65 minutes per mile at 2.77 mph

Total walking time stats. 20.21 minutes per mile at 2.97 mph

First 'half' 36.35 miles in 11 hours and 42 mins – walking time

Second 'half' 25.85 miles in 8 hours and 16 mins walking time

mpm = minutes per mile

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Section	Time start	Time finish	Walk Time hrs	Break	Miles	Miles this section	Speed mpm	Speed Mph
1. Wellington to Yarde Farm	08.30	11.05	2hrs 35 mins	8 mins	9.44	9.44	16.42	3.65
2. Yarde Farm to Holford	11.13	14.55	3 hrs 40 mins	10 mins	21.25	11.81	18.63	3.22
3. Holford to Monksilver	15.05	17.40	2hrs 35 mins	10 mins	28.14	6.89	22.50	2.67

Section	Time start	Time finish	Walk Time hrs	Break	Miles	Miles this section	Speed mpm	Speed Mph
4. Monksilver to Huish Champflower	17.50	20.40	2 hrs 50 mins	25mins	36.35	8.21	20.71	2.90
5. Huish Champflower to Ashbrittle	21.05	11.28	2 hrs 23 mins	15 mins	42.93	6.58	21.73	2.76
6. Ashbrittle to Uffcombe	11.45	03.10	3 hrs 25 mins	17 mins	53.43	10.50	19.53	3.07
7. Uffcombe to Culmstock	03.30	04.45	1 hr 15 mins	20mins	57.16	3.73	20.11	2.98
8. Culmstock to Wellington	04.50	06.28	1 hr 38 mins	5 mins	62.2	5.04	19.44	3.09

Darkness (use of torches) from 21.05 pm to dawn at 05.15. am (a dull glow in the east but after the nearly full moon who cares?– very muted dawn chorus as on open heath land) = 8 hours 10 mins. Just shows how darkness slows one down.

A really big thank you to all marshals for their welcome, assistance and good humour and to fellow 'free booters' (especially Robert from Dorset for the excellent conversation and joint route finding) for their company. Congratulations to Devon and Cornwall ably assisted by Dorset Group . Honoured to be in exalted company as many walkers/joggers/ runners (how do the runners do it?) who were using the Boot as a warm up for the 100.

Nigel Schofield
4 May 2011

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Nigel did email this to me at work and as we'd been emailing about The Housman 100 I then challenged him to describe his efforts on The Wellington Boot in poetry and below is his reply some 10 minutes later.....for better or verse!

A VERSE FROM OUR LEADER

One weekend in April the Chairman went for a walk
He said that all it needs is walk and talk
The weather was kind, route description was good
Each checkpoint welcomed all as we know they always would
The food was usually fine and drinks not of the alcoholic kind
Service was excellent and there was no need for seek and find
Darkness fell to welcome the full moon after we were well fed
Of course forget any thought of sleep - more like the walking dead!
As per J. B. Priestly we were all Good Companions on the trail
With fellow LDWA mates how could we ever fail?
Night navigation is never easy, but with the full moon to guide us
No mistakes were made - as easy this time as taking the bus
Dawn came up as a tender glow - bound for Wellington Monument
Then downhill all the way to reach the final testament
That we had completed the Wellington Boot was a great achievement
To receive not one certificate but two - The SW Triple Challenge was a fitting compliment
A feeble effort but straight off the cuff and that's enough!

Don't forget folks,

If you're going to the Cotswolds with John & Judy in August, please let them
know asap

Also if you are going to the Sunday night meal please let either John or Judy
know ASAP

Cheers

Ed

Comedy corner

There's a debate in the Middle East about whether or not the Flintstones should be shown on TV.
The people of Dubai don't understand the humour but the people in Abi Dabi Doo!

I was just in Tesco when a man attacked me with 2 yoghurts and a block of cheese.....How dairy!

I was in the same Tesco store a few weeks earlier when someone threw a block of cheddar at me.
That's not very mature!

Puns for those with a higher IQ

Those who jump off a bridge in Paris are in Seine .
A man's home is his castle, in a manor of speaking.
Dijon vu - the same mustard as before.
Practice safe eating - always use condiments.
Shotgun wedding - A case of wife or death.
A man needs a mistress just to break the monogamy.
A hangover is the wrath of grapes.
Dancing cheek-to-cheek is really a form of floor play.
Condoms should be used on every conceivable occasion.
Reading while sunbathing makes you well red.
When two egotists meet, it's an I for an I.
A bicycle can't stand on its own because it is too tired.
What's the definition of a will? (It's a dead giveaway.)
Time flies like an arrow. Fruit flies like a banana.
In democracy your vote counts. In feudalism your count votes.
She was engaged to a boyfriend with a wooden leg but broke it off.
A chicken crossing the road is poultry in motion.
If you don't pay your exorcist, you get repossessed
With her marriage, she got a new name and a dress
The man who fell into an upholstery machine is fully recovered.
You feel stuck with your debt if you can't budge it.
Local Area Network in Australia - the LAN down under.

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Every calendar's days are numbered.

A lot of money is tainted - Taint yours and taint mine.

A boiled egg in the morning is hard to beat.

He had a photographic memory that was never developed.

A midget fortune-teller who escapes from prison is a small medium at large.

Once you've seen one shopping centre, you've seen a mall.

Bakers trade bread recipes on a knead-to-know basis.

Santa's helpers are subordinate clauses.

Acupuncture is a jab well done.

Norman Corrin

Joss Naylor Challenge – ‘ the old man’s Bob Graham’ 4th June 2011

Start: Pooley Bridge. Finish: Greendale Bridge. In between 42 miles and 17000 foot of climb (about the same as this years Hundred) and 30 mountain tops.

Full details can be found at <http://www.gofar.eclipse.co.uk/jossnaylorlc.html>

Contender: David Findel-Hawkins along with Roger Butterfield & Howard Pattinson

Pacers: Geoff Holburt, Andy Sutton, Phil Waterworth, Nigel Fenwick, Jon Underwood, Colin Travis, Sarah Pattinson

Road Support:- Merrian Lancaster, Jessica Bartlett, Barbara Daniels, Kathy Davidson

Fell Support: Brian Graves, Jim Morrison, Jessica Bartlett

Foot and Mouth curtailed any attempt when I turned 50 in 2001 and a series of injuries meant I didn't feel able to complete the challenge until I turned 60.

I'd chosen the date some 18 months previously as it would be the 17th anniversary of my BG.

As two of my potential pacers were also in the V60 age group and both had yet to attempt the challenge I invited them to 'join me for some or all' of it. I wasn't surprised when they chose the latter.

Although familiar with some of the route I did a series of recces, some with either of the other contenders and some with my partner Merrian who provided road support on the day.

Having arranged to have just a single pacer for the three contenders I discovered this wasn't acceptable, so at short notice a few others were roped in. Two of whom had done Jura fell race and two the LDWA Housman 100 in Shropshire the week before. On the day I had a nice surprise when the person I'd done my BG with turned up unannounced at Kirkstone and joined us for the rest of the run.

We gathered in Pooley Bridge from 3:30 following introductions, as I was the only one who knew everyone, we were all on the bridge in plenty of time. Roger made the remark 'The worse thing would be if we were ½ hour up on schedule at Kirkstone' Well we weren't quite but we were 25 mins up. The first leg having been completed in unbelievably warm conditions that had us all drinking frequently.

Leg 2 started in the same warm conditions but climbing towards Dove Crag the wind got up and we entered mist which stayed with us until we descended from Fairfield, fortunately never to return.

Arriving at Dunmail well ahead of schedule meant one pacer hadn't arrived. He arrived just as we were disappearing from view at the top of Steel Fell. However he caught us well before High Raise. What it is to be young and fit.

Steady progress continued but now more in line with the schedule.

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At Styhead, Brian and Jim along with Sarah provide a wonderful array of much appreciated food and drink. Sarah then joined us to the end.

After the long climb of Great Gable I think we were all getting confident we were going to succeed so it was nice to have another break at Black Sail pass where Jessica had brought up more goodies.

An incident free last few tops saw us all arrive together at Greendale Bridge where not only our fell and road crews but also the legendary Joss Naylor greeted us. A great way to finish a fine walk with friends. A few bottles of Cumberland Ale were soon supped and it was off to the Strands for a final celebratory drink

Thanks to everyone who made it possible.

DFH

Bedfordshire Walking Festival 2011.

RU4 The Challenge ?

During this year's Bedfordshire Walking Festival taking place between 3rd and 11th September, one particular event lends itself for individuals and groups to challenge themselves and even raise money for a favourite charity at the same time.

Over the second weekend of the festival, Saturday 10th & Sunday 11th September, Bedfordshire's premier long distance trail, The Greensand Ridge Path, will be walked in two stages giving an ideal opportunity for groups and individuals to do the whole 40 miles or either 18 miles or 22 miles.

Those participating have the option of joining the led walk or walking, jogging, running at their own pace and certificates will be awarded for completing the 40 miles over the weekend.

If this appeals to you or your group why not sign up 4 the challenge and raise some money for your favourite charity at the same time.

For more information and signing up email:

Organiser@bedswalkfest.co.uk

Sent in by: Barry Ingram Organiser Bedfordshire Walking Festival

Address: 67, Avon Drive Bedford

Email: walking@madasafish.com

LONG DISTANCE WALKERS ASSOCIATION
AIM: - TO FURTHER THE INTERESTS OF THOSE WHO ENJOY LONG DISTANCE WALKING
CHILTERN KANTER FEBRUARY 27TH 2011

This year's Chiltern Kanter was held a week earlier than its' normal time of the 1st weekend in March and this caused an unfortunate clash with the Winter Poppyline 50 which attracted a large number of entrants training for the Housman 100. It was also the same weekend as the South Shropshire Circular.

I was expecting a lower entry number due to this and overall the numbers were down from 192 in 2009 to 168 which was better than I had anticipated.

Regarding the weather the Kanter seems to run in cycles. 2007 it was appalling, 2009 the Chilterns were bathed in glorious sunshine and this year it started off cold though sunny but soon changed to heavy rain.

Along with the drop in temperature this created a few problems amongst the entrants causing the majority of retirements (10) and also some to cut short and get back to the finish at Tring. When you're on the top of Ivinghoe Beacon in lashing rain that's a perfectly understandable sentiment!

The routes were repeats of those used in 2005 except for the long and medium routes where it was changed to avoid going up the road from Dagnall and around the wire fence. This time the route went up the farm track to Wards Hurst Farm and then followed the Ashridge Estate trail through the woods up to the top of Ivinghoe Beacon.

There was an additional checkpoint at Bridgewater Monument and the National Trust very kindly allowed us to use their land (for a small donation). Despite all efforts I was unable to find any shelter for the 5 hardy marshals apart from a tree! My heart went out to them (John, Malcolm, Maria and the 2 Christines) when I drove out to bring refreshments and saw the conditions they worked in. I do wonder what the public thought as they sheltered in the visitors centre supping their teas and eating their jam scones

At Dagnall all 4 (Nigel, Dennis, Tim & Therese) coped admirably with erecting the tent and lighting the temperamental boiler and when I drove out to see them and pick up retirements they seemed quite content. That's when Therese confirmed she really does love camping!

At Ivinghoe Village Centre the foursome of Dave and Lynn, Mike and Sandra coped as ever despite problems with the old man's tap dispensing water (I'll let Lynn explain that!). They also had to cope with some runners arriving who were showing signs of the onset of hypothermia and made sure they were comfortable and looked after till they could be collected

At the finish Gill, Jackie and Renate ran the kitchen operation as smoothly as ever along with Jenny Greatbatch who was helping for the 1st time (I hope you enjoyed it Jenny!). They had help also from an entrant Christine who on arrival found out that it was a map reading event and that as she couldn't map read that she would help marshal. She helped at CP1 and then came back to help with serving cups of tea and meals. An example of the type of people our association attracts

John and Judy as ever coped with the bookings in despite being on the receiving end of one tirade which they quite rightly passed onto me to deal with!

From the feedback that I've had (examples attached at the end) all enjoyed themselves and appreciated the friendly welcome at all of the checkpoints and at the finish.

As always these events could not be run without the people who staff the checkpoints, book people in and serve the food. Several of them did multiple jobs. I'm very grateful to those BBN group members who responded to my email request for help when the clash of events became known. You helped me (and the group) out a lot. My thanks to you and also the usual stalwarts who are shown below:

***Start/Finish Booking in: John & Judy Nickerson, Dave & Lynn Yorston,
Dennis Jacobs, Therese Jamin***

Collection of Cards at finish: Therese Jamin

Car Parks: Nigel Schofield and Mike Hyland

Checkpoint 1at Bridgewater Monument: John Davies, Malcolm Howse, Christine Bramley, Maria Tymrakiewicz, Christine?

Checkpoint 2 at Dagnall Farm: Nigel Schofield, Dennis Jacobs, Tim Alcock, Therese Jamin

Checkpoint 3 at Ivinghoe Village Centre: Dave & Lynn Yorston, Mike and Sandra Hyland

**Kitchen at Tring: Gill Bunker, Jackie Burnett, Renate Romer, Jenny
Greatbatch,**

Rear Gate Guard at Tring: Tim Alcock

Cups of Tea, Serving Meals: Christine ?.

Certificate Design: Christine Pendlebury

Thank you for all of your efforts for making it all round a special event and once more enhancing the good reputation of our group. If I've missed anyone off who helped then my sincere apologies

Lost and Found:

The following items were left behind. Please contact me if you know who might be the owner

- 1 black X-cellerate wicking ladies fleece size small
- 1 small black belt bag with light blue border
- 1 pair of mud encrusted New Balance running shoes. In good condition under the mud I think!
- 1 yale key

Statistics

Route	Pre- entered	Non- Starters	Retireme nts	Entries on the Day	Total
Long	69	9	-	25	85
Medium	29	3	-	24	50
Short	26	6	-	13	33
Total	124	18	-	62	168

Compliments from the walkers

I would like to record my thanks to you and the team for a wonderful event Last Sunday. Despite the later rain and abundance of mud, I enjoyed it enormously.

The route was really good, providing a variety of terrain and views, and the clue/question format added an extra element of interest.

All the checkpoint and control were very friendly, enthusiastic and helpful.

Peter Little

Yes, superb challenge, beautiful route, great views. I enjoyed every minute of it, bright morning sun then pouring rain, deep mud, cold wind, absolutely everything. A big thank you to BBN, Norman and all the committed marshalls who made it possible. We walked 29.4ml with 918m ascent but we made a mistake. According the track I corrected afterwards in my laptop, the route must have been 28.7ml therefore it looks like we all agree on the distance.

Nicole Carbonars

Thank you very much to you and everyone else who turned out and manned the checkpoints making it all possible for all of us who took part. Thank you also for accepting entries on the day as it is not always easy to plan one's activities in advance.

Very enjoyable and I learned quite a bit from having to walk in such appalling weather. My feet and legs stayed dry (previous lessons learned), but I discovered I need better upper body weather protection!

Roderick Smith

Many thanks from me too! All the volunteers did a fantastic job, especially those stuck out in the rain. It was a great route, and my first of that distance, but won't be my last :)

Ian Munro

Great day in the mud, thank you, a top LDWA event, thank you to all the marshals helper & Norman, cracking course, very good value with the extra mileage! Think I was 28.8 ish on the Garmin,

Sarah Thorne

Thanks to BBN and all the marshals on the day yesterday. A glorious morning turned into a very wet and windy afternoon. It can't have been much fun in the rain in the tent at Dagnall or under the tree at Ashridge.

My Garmin measured the route at 29.15 miles though I did take a half mile detour at Marsworth.

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John Manning

Here's to the next one in 2013!

Norman Corrin

R against the name means cut short on the route.

Long Route Results					
Name.	Total Time	Name.	Total Time	Name.	Total Time
John Manning	05:16	Dennis Draper	07:50	Stephen Tullett	09:19
Glyn Raymen	05:43	Sharon Crowley	07:50	Sallyanne Tullett	09:19
Walter Spenst	05:55	Maureen Steed	07:50	Brian Harwood	09:19
Stuart Blofeld	05:58	Carol Christy	07:55	Gabriel Newfield	09:34
Peter Little	06:02	Robert Brown	08:03	Richard Haynes	09:35
Paul Jacobs	06:11	Colin Prosser	08:03	Martin Clarke	09:35
Simon Illingworth	06:17	Dick Finch	08:03	Teresa Brown	10:00
David Thompson	06:17	Ken Ottley	08:07	Christine Burns	10:00
Sarah Thorne	06:20	Brin Bunker	08:10	Jackie Colby	10:03
Ian Munro	06:20	Travis Willcox	08:10	Andrew Macdonald	10:03
John Kirwan	06:23	Stefan Shillington	08:10	Nicole Carbonara	10:09
Clive Bugeja	06:40	Steve Gayler	08:11	Steve Singleton	10:09
John Myall	06:48	Colin Scargill	08:11	Duncan Hibbett	10:27
Brian Leach	06:48	Malcolm Baker	08:33	Andrew Mallpress	retired
Eran Agate	06:48	Paul Bobby	08:33	Carol Ann Plater	retired
Marie Anne Fischer	06:53	Andrew Godwin	08:55	Patsy Baker	retired
Neville Baker	06:53	Peter Hamson	08:56	Valerie Mclachlan	retired
Sarah Swaysland	06:56	Eric Cartwright	08:57	Steve Ambrose	retired
Andy Barnes	06:56	Peter Simon	08:59	Dave Ayling	retired
Andrew Harwood	06:56	Roy Carter	09:01	Katie Herrington	retired
Les Lepper	07:15	Duncan MacGregor	09:02	Landy Tong	retired
Andrew Stalley	07:19	Tim Price	09:04	Steve Garnsey	retired
Steve Clark R	07:23	Mark Wallace	09:15	Andrew Humphreys	retired
Scott Clark R	07:23	John Hadley	09:15		
Roderick Smith	07:32	Trevor Beeston	09:15		
Chas Avis	07:39	Tom Bradbury	09:15		
Andrew Boulden	07:40	Tony Eaude	09:16		
Jon Aston	07:47	Douglas Robinson	09:16		

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Sarah Aston	07:47	Margaret Robinson	09:18		
Eleanor Draper	07:50	Tony Robinson	09:18		

Medium Route Results			
Name.	Total Time	Name.	Total Time
Michael Groom	03:15	Adrian Hudson	08:06
Andy Sutton	03:15	Helen Dodds	08:07
Steve Charleston	04:11	Jim Dodds	08:07
Robert Hodges	04:11	Jill Burridge	08:20
Kathie Knell R	04:55	Graham Busch	08:20
Mark Poole R	04:55	Mark Redford	08:22
Howard Pattinson	06:01	Annette Pacey	08:23
Kathy Davidson	06:01	Ian Pacey	08:23
James Quinn	06:01	Katherine Baldwin	08:23
John Bushby	06:07	Jim Playle	08:27
Barry Haws	06:18	Denise Robinson	08:32
Peter Killingbach	06:18	Kim Norris	08:37
Tim Robinson	06:18	Graenia Colhoun	08:38
Vinny Connolly	06:22	David Gledhill	08:38
Adrian Moody	06:31	Laurence Foe	08:46
Peter Harris	06:39	Joyce Burgess	09:38
Dennis Evans	07:05	John Burgess	09:38
Martin Crawley	07:05		
Philip Nice	07:23		
Dave Miller	07:24		
Paul Falconer	07:24		
Sandra Reid	07:24		
Phil Hastings R	07:27		
Lee Clements	07:28		
Lynn Gabrielson	07:32		
Stuart Gabrielson	07:32		
Stan Dolan	07:41		
Sally Dolan	07:41		
Margaret Skerman	07:57		
Roger Skerman	07:57		
Colin Groom	07:59		
Brian Banks	07:59		
Steven Bird	08:00		
A John	08:00		
Emma Jane Burley	08:06		

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Short Route Results	
Name.	Total Time
Deb Hindmarch	03:10
Anick Valapinnee	03:17
Jim Miller	03:19
Andy Harrison	03:23
Brian Graves	03:52
Sue Bennett	03:52
Jim McKellar	03:52
Jessica Bartlett	03:58
Jim Clark R	04:56
Hasel Clark R	04:56
Diane Sutton R	04:57
Joyce Fortune R	04:57
Philip Fick	05:11
Angela Fick	05:11
Terry Walsh	05:30
Keith Noble	05:38
Dennis Simpson	05:45
Barry Ephgrave	05:45
Catharine Pember	06:19
Reena Patel	06:19
Marcus Rogers	06:32
Brian Plater	07:01
Anna Plater	07:01
Alison Wilde	07:21
Andrew Wilde	07:21
Tanis Lang	07:21
Mohinder Johal	07:21
Jas Singh	07:21
Julia Stocken	07:23
Brian Wheeldon	07:26
Leanda Richardson	07:26
Colin Wheeldon	07:26

Marshals Walk Saturday 19th February

The Marshals Walk was held on the previous Saturday 19th February although one person (naming no names Mike Hyland) did the distance on the Saturday 26th February. We didn't escape the rain either so we were no better off! Results are shown below.

Name	26 miles	18 miles	13 miles
Norman Corrin		7hrs 48mins	
John Nickerson		7hrs 48mins	
Judy Wheeldon			6hrs 16mins

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Mike Hyland		6hrs 55 mins	
Sandra Hyland			6hrs 16mins
Dave Yorston			6hrs 16mins
Lynn Yorston			6hrs 16mins
Gill Bunker	9 hrs 25 mins		
Jackie Burnett	9 hrs 25 mins		
Renate Romer			6hrs 16mins
Dennis Jacobs		7hrs 48mins	
John Davies		7hrs 48mins	
Therese Jamin		7hrs 48mins	

Housman 100 Results

Well that was a 100 to be remembered wasn't it? For all kinds of reasons both good and bad!

Congratulations to all of those who finished you can congratulate yourself on having completed one of the toughest 100s in years. Commiserations to those who retired. You can always have a go at the London 2012 100 next year. It will be easier (note easier there's no such thing as an easy 100) but don't underestimate the Surrey Summits.

I've attached results from the website for all BBN members. If I've missed anyone off or got their times wrong I apologise and will correct it in the next newsletter. I've only put people who entered as BBN members even though they might be members of other groups such as Essex Herts but regularly walk with us.

My thanks to the Checkpoint 1 marshals as they did a cracking job in particular Martin Lawson who did a very good impersonation of a tree monkey. They also coped with shortages of the right kind of soft drinks and running out of sweets and biscuits at one point. By their efforts they did indeed prove that at that stage on the walk they were the best checkpoint so far!

First Name	Second Name	Group	Time
MELISSA	ARKINSTALL	Beds Bucks & Northants	40:45:00
GRAHAM	BAYES	Beds Bucks & Northants	Retired

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CHRIS	BODEN	Beds Bucks & Northants Retired
DEE	BROCKWAY	Beds Bucks & Northants 47:05:00
LUIS	BROZ	Beds Bucks & Northants 36:07:00
GRAHAM	BUSCH	Beds Bucks & Northants 40:10:00
DAVID	CHESHER	Beds Bucks & Northants Retired
JOHN	CHESHER	Beds Bucks & Northants 29:39:00
SEAN	CONWAY	Beds Bucks & Northants Retired
ALAN	CROSS	Beds Bucks & Northants 38:16:00
JULIE	EWERS	Beds Bucks & Northants DNS
PAUL	FLYNN	Beds Bucks & Northants 34:10:00
ANDREW	GILBERTSON	Beds Bucks & Northants 44:31:00
BRIAN	HARWOOD	Beds Bucks & Northants 45:20:00
TONY	HILL	Beds Bucks & Northants 31:49:00
GILL	HOWE	Beds Bucks & Northants 44:31:00
RICHARD	JONES	Beds Bucks & Northants 37:37:00
BRIAN	LAYTON	Beds Bucks & Northants 37:12:00
JOHN	LEDGER	Beds Bucks & Northants Retired
SUE	LEONARD	Beds Bucks & Northants 46:33:00
JOHN	MANNING	Beds Bucks & Northants 29:53:00
PAUL	OWEN	Beds Bucks & Northants 37:37:00
JOSEPHINE	PETTIFER	Beds Bucks & Northants Retired
TIM	PRICE	Beds Bucks & Northants 39:31:00
GLYN	RAYMEN	Beds Bucks & Northants 32:30:00
COLIN	SCARGILL	Beds Bucks & Northants 42:52:00
GORDON	SHAUGHNESSY	Beds Bucks & Northants Retired
BETTY	SHERRY	Beds Bucks & Northants Retired
JONATHAN	VENNING	Beds Bucks & Northants DNS
DERICK	WHEELHOUSE	Beds Bucks & Northants 34:15:00
JAN	WILLIAMS	Beds Bucks & Northants 45:20:00

The Marshals 100 Results are as below:

Brin Bunker	retired CP2
David Findel-Hawkins	26:47
Michael Hyland	retired CP3
Martin Lawson	47:22

The Marshals who helped on CP 1 were:

Norman Corrin	Floating	
John Nickerson	Drinks	
Judy Nickerson	Drinks	

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Roger Skerman	Checking in	
Margaret Skerman	Checking in	
Lynn Yorston	Food	i/c
Dave Yorston	Food	
Mike Hyland	Drinks	
Sandra Hyland	Drinks	i/c
Nigel Schofield	Checking in	i/c
Kathy Loras	Drinks	
Adrian Godwin	Food	
Brin Bunker	Food	
Gillian Alloway	Food	
David Heron	Drinks	
Dave Findel Hawkins	Checking in	
Merrian Lancaster	Checking in	
Martin Lawson	Food	

Dave Findel Hawkins and Merrian Lancaster also organised the checkpoint at Bridges and this in effect was a second BBN checkpoint staffed by a lot of the helpers from CP1. Thanks to all of those who helped on both checkpoints.

Full results are on <http://www.housmanhundred.co.uk/results.html>

Norman Corrin

CotswoldHack

This is a 12 or 22 mile sponsored challenge walk in the Cotswolds on Saturday 24th September 2011 run by NSPCC to help stop Child Cruelty.

Anyone want to take part as a participant or a marshal details can be found on www.nspcc.org.uk/cotswoldshack

Social Walks Programme Deadline – December 2011 Strider

The deadline for inclusion in the December Strider of a social walk anyone wishes to lead next year is Saturday 10th September.

Please email the details to Dee Brockway at dmrbrockway@ntlworld.com.

Committee Members

Kevin Lamming has unfortunately resigned from the committee due to other commitments with his Cancer Research UK Race for Life activities and also due to having acquired a fiancée and a potential step daughter in the process! I'd like to thank Kevin for his efforts over the last 2 years.

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during his time on the committee and also that he has agreed to continue producing the newsletter.

On behalf of Liverpool FC I'd like to thank his club for providing over the years, Terry McDermott, Peter Beardsley and Andy Carroll!

Every organisation needs a constant influx of people helping to run our group. So if anyone is interested please contact me at the address shown on the list of the committee members in the newsletter.

Blacks and Milletts Discount

The Blacks and Milletts cards have now arrived and hopefully all who've had them should now be enjoying the 15% discounts. To quote Tesco's every little helps.

Any new members who require a discount card please contact me and I'll send them a form.

Norman Corrin

2012 Games 100

Below is an article for the London Group newsletter with information that applies specifically to them regarding next year's Games 100. Some of it such as the request for information on portable toilets, willing volunteers and an equipment co-ordinator and 1st Aid Co-ordinator is also an invitation for anyone from BBN who feels they can help. The background information about the Inspire programme is also good to know. Next year is a very special year - the 2012 Olympics and the Games 100 and the 40th anniversary of the founding of the LDWA so it will be a special Founders Challenge for us then too.

The London group is responsible for organising the start point HQ of the Games 100 on the 2nd June 2012 which will be in Victoria Park. Again we will need lots of helpers for the checkpoint and at points along the route through London. We are responsible for the route all the way to Mottingham (BBN Checkpoint 3). So please help with this. Paula Buckton is the coordinator for our Eastern end start point and Paul Lawrence is the overall Organiser - we will be seeking names and details later in the year - but please put the date in your diary now and keep it free. One of the biggest challenges for us right now is to find sufficient loos at a reasonable price - so if you happen to know a non-commercial source for us please let Gordon Parker know on Gordon.Parker@talktalk.net. He will be very pleased to hear from you!

We have been approved to use the name 'Games 100' by Inspire, an organisation set up to formally link voluntary and community events to the Olympic programme and promote community involvement. As part of this we are required to offer a programme of free walks from autumn 2011 that are shorter than 100 miles but with links to that walk or the Olympics. These will be led by experienced leaders and likely to be from 5 to 15 miles aiming to attract families and others possibly encouraging them to move into the LDWA too.

Margaret Romanski will be coordinating this programme and we will need to provide some 15 walks - these can be weekdays and weekends. Paul Lawrence has identified a number of routes.

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These will be publicised widely so we might have lots of participants. If you are an experienced leader or a newer or aspiring leader who would be willing to join in the walks and talk to people or act as backmarker please contact Margaret on walks@ldwa-london.org.uk.

As part of the Inspire programme we will also seek to involve local and community volunteers in helping marshall the Games 100 London section.

Other groups are responsible for other sections of the Games 100 - but Paul Lawrence who is the overall organiser is looking for someone who would be willing to help coordinate/organise small equipment (checkpoint non-food supplies, etc for the event) and someone else willing to Coordinate the first aiders. If you are willing and interested or would like to hear more please contact Paul.

And finally the 2012 Founders in the 40th anniversary year will be a special event and we will need even more helpers than usual! We'll confirm the date soon so keep that in mind too!

We are pleased to announce the launch of a

NEW Beds, Bucks and Northants Triple Challenge.

We have combined the very popular Steppingley Step with its pre-runner the Shillington Shuffle and have added the new Sundon Saunter.

**Each event will have a choice of 3 distances
any of which will qualify you for the Triple**

**These events will be held on yearly rolling basis starting with
The Shillington Shuffle on Sunday 13th November 2011**

**That will be followed by
The Sundon Saunter in November 2012**

**Then again, followed by
The Steppingley Step in November 2013**

**Returning to
The Shillington shuffle in November 2014**

**The TRIPLE CHALLENGE is to complete all three events consecutively.
If you cannot join us this year, then begin your challenges in 2012
All who complete the challenge will be awarded
a special badge and a certificate**

**For further details contact
Dave and Lynn Yorston**

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AGM 2011

This year's A.G.M. will be held in the south of our catchment area. We have booked **MAGNOLIA PARK** which is a sports/social club near High Wycombe. Access is directly off the **A4128** towards **Great Missenden**

The A.G.M. walk will start promptly at **09.00** from the club's car park and will be approx **8 miles** in distance. The route will be mostly easy walking with a few short sharp hills thrown in for variety!!

We will return to the clubhouse about **12.30** for a carvery meal being served at about **13.00**

The A.G.M. meeting will start at **14.00** in their activity room behind the bar!!

The address is as follows

Magnolia Park

Grid Ref SU 865951

Valley Road,

Hughenden valley

Maps

Landranger 165

Nr High Wycombe

Explorer 172

HP14 4LA

The meal will cost **£11.95** to include a carvery roast or veggie option and a pudding with tea or coffee to follow. There will be no starter option.

They have a licensed bar usually with at least **1 real ale**

Meals have to be booked in advance and by **Monday 21st November**.

They have a limit of **30 places**.

Contact **Dave Yorston 01494 868371**

(mobile on the day) **07808 384670**

A tribute to John Seed

It is with great regret to announce the death of John Seed. John had a fatal heart attack whilst out cycling on 18th March. He John had been an enthusiastic runner, walker, mountaineer and cyclist since he came to work in Milton Keynes 30 years ago. He ran the 1985 London Marathon in 3hours12mins, competed in a number of fell races and then took up sprinting on the athletics track in his late 50's and through to the age of 65.

In the last decade, after we both lost our soul-mates in 2000, I walked many miles on the hills with John both in the UK and in the Alps. He was an ideal companion in the mountains and even, after a heart by-pass operation, recovered sufficiently to twice climb The Breithorn, a 4000m summit in the shadow of the Matterhorn. Last summer he had a serious bike accident riding in the Chiltern Hills which necessitated having his left hip "re-built" This Spring he was recovering well from this, so much so that he had booked to go on a trek in Nepal in November (a belated way of celebrating his 70th birthday) and was due to come out with me to the Alps in July as part of his training for Nepal.

John had been a LDWA member for many years but got involved with BB&N in more recent years after retirement... Those of you who attended John Nickerson's August Lake District weekends will remember him. In 2008 en route to Blencathra when we arrived at Scales Tarn, John was the arch instigator in getting a few of the group to traverse the infamous Sharp Edge to the summit, whilst the remainder of us took the "easy" option. But, of course, it is the 2009 weekend for which he will be surely remembered. John decided to cycle from Milton Keynes to Keswick! He stayed overnight on his 250+ miles ride in Coventry, Hathersage, Slaidburn and Windermere en route. I met John around mid-day on the Friday and we then pitched our tents in the rain on a boggy field near Threlkeld.....and then we were soon on John's first love – walking the hills. The sun came out later as we walked over Latrigg and enjoyed the tremendous vista of Borrowdale from there.

By occupation John was an architect and worked for the Milton Keynes Development Corporation in those exciting early days of the City's growth. During 2003/4 he designed the Milton Keynes Athletic Club club-house. More recently he worked on plans for an indoor facility which was eventually shelved after the financial crash in 2008. He will be remembered as a passionate and enthusiastic man who had a great urge to succeed. He is greatly missed.

Brian Graves

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BBN Social Walks Programme August 2011 to December 2011

Thurs 4 Aug 9.30 start	3 Ridges Walk 15 miles
	Start at free c.p. in Wendover Woods (towards the exit). Landranger 165 SP 897 084 Ldrs: Roger and Margaret Skerman Tel 01525 405540
Sun 7 Aug	Woburn Wander 18 miles
	Start from free c.p. opp St. Mary's church, Woburn. Explorer 192 SP 951 332 Ldr: Jenny Greatbatch Tel 01908 607215 Mob on day Ian Turnbull 07891 683422
Sun 14 Aug	Missenden Rollercoaster 18 miles Start at c.p. on north side of Link Road, Great Missenden. Picnic lunch. Joint Walk with Thames Valley. Landranger 181 SP 895 015 Ldr: Peter Simon Tel 01582 513827
Thurs 18 Aug 9.30 start	Toddington Toddle 15 miles Start at Toddington village green. Please park considerately on nearby roads. Landranger 166 TL 010 290 Ldr: Gordon Shaughnessy Tel 01582 518791 Mob on day 07518 364036
Sun 4 Sept	Tea and Biscuits = Dave's Walk 5 miles Start at Little Brickhill Service Station (old A5, near the church, opp the park). Park on old forecourt. Explorer 192 SP 913 325 Ldr Dave Norris Tel 01525 561111 (ansafone)
Thurs 8 Sept 9.30 start	Another Marston Meander 15 miles Start at Marston Vale Millenium Country Park. Free car park. (Near Marston Mortaine). Coincides with the Bedford Walking Festival. Landranger 153 TL 006 417 Ldr: Derek Jacob Tel 01234 767759
Sun 11th Sept	Beyond Snorscomb and Back 20 miles Start in c.p. next to the sports field in Weedon Beck. Circular walk via Badby, Everdon, Preston Capes, Litchborough and Upper Stowe. Packed lunch required. Landranger 152 SP 630 595 Ldr: John Ledger Tel 01933 387645
Thurs 22 Sept 9.30 start	Boats, Birds and a Clip Lock Box 15 miles Start at Ivinghoe village near church. Park considerately in streets nearby. Landranger 165 SP 945 162 Ldr: Adrian Moody Tel 01296 395146 before 8.30 pm please
Sun 25 Sept	A Stones Throw 19 miles Start at Stone village (near Aylesbury). Park on quiet road signposted to Eythrope near 30mph speed signs. Joint walk with Thames Valley. Explorer 181 SP 780 126 Ldrs Paul and Suzanne Flynn Tel 07951 849139

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Sun 2 Oct	Greensand Brickhills 15 miles Start at Little Brickhill Service Station (old A5, near the church, opp the park). Park on old forecourt. Explorer 192 SP 913 325 Ldr: Sylvie Eames Tel 07598 395724 before 8pm
Thurs 6 Oct 9.30am start	Planes, Trains and Automobiles (and Boats!). 15 miles Start at Charlton village. Please park in playing field car park if open, otherwise adjacent grass verge. Landranger 151 and 152 SP 530 364 Ldr; Mary Knight Tel 01295 812857
Sun 9 Oct	The Lyveden Way Plus 21 miles Start at Wadenhoe car park. Pub lunch if required. Landranger 141 Explorer 224 TL 010 834 Ldr: Philip Nice Tel 01462 490867 Mob on day 07922 093968
Thurs 20 Oct 9.30am start	The A14 Frontier Walk! 15 miles Start in free car park in Burton Latimer, near The Victoria ph.Landranger 141 SP 902 750 Ldr: Peter Bearne Tel 01780 444362 Mob on day 07761 036108
Sun 23 Oct	Ambling with Andrew Aprox 20 miles Start from Olney market square. Please park on, or at back, of the High Street and not in the actual square. Lunch stop at Harrold Country Park. Explorer 207 SP 889 513 Ldr Andrew Gilbertson Tel 07922 068591
Sun 6 Nov	SHILLINGTON SHUFFLE MARSHAL'S WALK Please contact Merrian Lancaster tel 01908 642803 for details.
Thurs 10 Nov 9.30am start	Not the Valley and Views! 15 miles Start at East Carlton Country Park, just off A427, west of Corby.Landranger 141 SP 832 892 Ldrs: John & Judy Nickerson Tel 01234 301817
Sun 13 Nov	BBN SHILLINGTON SHUFFLE CHALLENGE WALKS
Thurs 24 Nov 9.30am start	Straight to Northampton! 15 miles Start at Hanslope village hall in Newport Road. Park in hall car park or considerately nearby. A linear walk to Northampton, returning by bus.Landranger 152 SP 806 468 Ldr: Frank Riley Tel 01908 516162
Sun 27 Nov	AGM and a Morning Meandre 9 miles Circular walk starts at 9am Magnolia Park Sports Club Valley Road, High Wycombe, HP14 4LA, followed by a meal. AGM starts at the club at 14.00. Please contact leader if you wish to eat. Landranger 165, Exp 172. SU 865 951 Leader Dave Yorston Tel 01494 868371 Mob on day 07808 384670
Thurs 1 Dec 9.30 start	The Northampton Round Part 2 5 miles Start and park on Forest road in Piddington, near Spread Eagle ph.Landranger 152 SP 804 543 Ldr David Findel-Hawkins Tel 01908 642803
Sun 4 Dec	A New Route from Royston 17 miles Start at Heath Sports Centre, off Baldock Road, Royston. Free car park, café and toilets. Picnic lunch near pub.Landranger 154 TL 348 405Ldr: Phil Hastings Tel 01763 853744 before 9pm please Mob on day ONLY 07716 992847

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Sun 11 Dec	Wenscelas from Winslow Aprox 15miles Start at Winslow public cp. Walk lead by Santa Claus. Please bring a wrapped gift to the value £1. Carol singing at churches en route. Mince pies and refreshments afterwards.Landranger 165, Exp 192 SP 771 278 Leader Norman Corrin Tel 01908 608667 Mob on day 07980 378656
Thurs 15 Dec 9.30 start	A walk Around Bovington 16 miles Start in layby, 250yds NE of Johns Lane Farm, just south of the A41 near Berkhamsted. Landranger 165 SP 971 063 Ldr: John Davies Tel 01442 874875 Mob on day 07949 796470
Mon 26 Dec 10am start	The BBN Boxing Day Bash 12 miles Start at Ampthill Park free car park.Explorer 192 TL 024 382 Leader Chris Bent Tel 07837 367575

All walks are circular and start at 9am unless specified. Thursday walks start at 9.30 and tend to be a bit shorter, aprox 15miles.

MB

**ARTICLES FOR THE OCTOBER
NEWSLETTER BY OCTOBER 12TH
PLEASE**

THAT'S OCTOBER 12TH 2011 NOT 2012 NORMAN

PLEASE, PLEASE WHEN SENDING ARTICLES FOR THE OCTOBER N/L
PLEASE SEND THEM TO ME, NOT NORMAN OR ANYONE ELSE, AND
NOT AT THE LAST MINUTE IF POSSIBLE

CHEERS

ED

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BUCKS &
NORTHA
NTS
GROUP:
2011
COMMIT
TEE

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- Chairman:** Nigel Schofield 21 Maylin Close, Hitchin, Herts. SG4 0NQ
(T) working hours 8.45am – 5.15pm 01462 474590 direct line
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