Emergency number during event - 07775 296 585

NEW ROUTE FOR 2016 – BEWARE THERE ARE A NUMBER OF CHANGES FROM 2013 VERSION

Abbreviations: **L** = Left, **R** = Right, **TL** = Turn Left, **TR** = Turn Right, **BL** = Bear Left, **BR** = Bear Right, **AH** = Ahead, **X** = Cross, **thru** = through, immed = immediately, FP = footpath, BW = bridleway, KG = kissing gate, WM = waymark post, FB = footbridge, RD = road, jnt = junction, trk = track, encl = enclosed CW = Chiltern Way, JBT = John Bunyan Trail, TMHT = Two Moors Heritage trail. CP = checkpoint, m = metres, KM = kilometres, CB:320 = compass bearing 320 Each paragraph starts with distance (0.5M) in miles and a six figure grid reference.

00.0M TL 082 306 Barton Village Hall

Leave Barton Village Hall site and **TR** on pavement. At NO ENTRY RD signs **BR** to pass the Café Goa on R. At mini roundabout **X** RD and **AH** into Sharpenhoe Road. Follow RD for 500m to 40mph sign, **TR** down steps.

- <u>0.5M</u> TL 076 307 **BR** to culvert and **BL** with stream on R. In 30m enter field and immed ½L (CB:300) **X** field to WM at drive. **X** drive to go **thru** KG. **BR** (CB:280) pass tree to KG in corner, **thru**. **AH** on narrow path, over cross trk, to field. **X** field (CB:240) aiming just L of 4th electric pole to WM at FB. **X** FB and **TR** on encl trk to main RD.
- **1.1M** TL 067 306 **TR** on grass verge, **X** RD when safe. 80m after speed restriction sign, at FP sign(CW), **TL** uphill. At WM in corner **AH** to climb steps. At Y jnt (steps to L) **BR** to WM(CW) at fence. Skirt woods on narrow path with wire fence on R. In 300m **AH** with open area on L to meet grass trk from L. **AH** 20m to WM(CW/JBT) where **TR** down steps. Follow path until WM (CW/JBT) at Tjnt where **TR** on tarmac. **Thru** metal gate, then **thru** wooden gate to reach RD.
- **2.0M** TL 065 295 1/2 L X RD, climb steps and thru KG. 1/2 L (CB:180) X field to KG. Thru and AH to WM (JBT/CW). AH with wire fence on L. At end of fence TR and in 5m at WM (JBT/CW) BL on path thru woods. In 300m pass WM and in 30m TR (CB:20) down short then long flights of steps. In 150m X trk, exit wood and enter field.
- **2.6M** TL 061 292 **AH** hedge on R for 400m to reach and **X** FB on R. **AH** hedge on R for 250m to WM at gap/bridge on R. **X** bridge and immed **TL**. Hedge now on L for 1KM to WM at gap in hedge, **TL** to **X** FB and **TL** with hedge/stream on L. In 400m **X** FB to RD.
- 3.9M TL 046 303 X RD and pass gate. AH with hedge on R for 150m to WM at gap, thru gap, TL, hedge now on L. In 250m at field corner TR, hedge then trees on L. In 400m thru gate to RD, TL. In 15m at FP sign TL onto encl path. At end of encl path TR before rubbish bin/seats.

At next rubbish bin **BR** over FB. **X** RD into Lincoln Way opposite. At 2nd RD on L, Monmouth Road, **TL**. At Tjnt **TR** and in 60m, by house number 106, **X** RD.

You now follow the JBT until Steppingley

At end of encl path, **AH** fence on R. At field corner **thru** barrier and immed **TL**. In 240m at WM go **thru** gap (JBT signs). **AH** with hedge on L. When hedge turns L at WM **BR** (CB:315) **X** field to WM. **Thru** gap in hedge and **AH** (CB:340) to meet hedge on R, **BL**. When hedge ends **AH** across field to WM, thru trees and at field **BL**. At metal fence **TR** to RD.

5.9M TL 036 323 TL under railway bridge. **AH** to main RD. Using Pelican crossing on R, **X** into Church Road opposite. **AH** along Church Road. 10m after 2nd RD on L (The Pound) **TR** before Village Hall Car Park. **Thru** low concrete bollards and **BL** on grass. At RD **TL** on grass verge to reach CP 1 on L.

6.3M TL 031 325 CP 1 Westoning Village Hall Opens 09.30 Closes 11.30

Leave CP and **TL** on Rd. Ignore all jnts on L. In 350m at end of RD, with white gate ahead, **TL** on concrete drive. In 100m **thru** KG onto encl trk. In 100m **AH** into encl grass path. At end **thru** KG and **TR** wire fence on R. In corner **X** stile and **AH thru** wooded area. **X** FB and **TL** with stream on L. **Thru** KG by metal gate. **AH** on L side of field to reach and go **thru** small gate. **AH, thru** gate (may be open), **thru** farm and **AH** on lane to go **thru** KG on R to RD.

7.9M TL 018 335 X RD and stile opposite. AH fence on L to stile in corner. X stile and ½L over trk to X another stile. Go ½L(CB:320) up field to stile in far corner. X stile and TL hedge on L. Follow WMs around field to encl trk. In 175m at FP/BW sign TR. At lane TL. In 400m TR and TL with lane. In 50m, just before cream house, TL up steps and thru KG. Follow obvious path(CB:340) to next KG, thru and X parking area to RD. X RD with care and TR. In 40m X Rectory RD.

This is Steppingley - You are now leaving the JBT

Do not follow 26 mile route which goes L here.

AH past French Horn pub into Church End. **BR** with RD and at end of RD **AH** to BW/FP sign.

26 mile route rejoins here.

- **9.0M** TL 012 354 AH (Flitwick 1 ¾) on BW with hedge on R. In 300m reach RD where X and TR on grass bank. In 130m at BW sign TL. In 250m at WM TL (JBT) on trk. In 700m at WM TR(JBT) between fields(CB:135). At Tjnt TL on wide path for 300m to RD. X with care into Windmill Road opposite. In 280m, immed after shop, TR into Chapel Road. In 120m TL into The Thinnings. AH under railway on cycle trk to reach main RD.
- **10.7M** TL 031 355 **X** RD and **TR**. In 50m with HAINES/WATTS on corner **TL** into The Ridgeway. At Catherine Rd on R **BL** on unmettled RD. At end, at WM, **AH** on BW.

In 350m, at low WM on R, AH to RD.

<u>11.6M TL 043 361</u> **X** RD and **AH** along trk. At Ruxox farm **BR** with trk. In 150m **TL** with trk. In 100m at WM/Notice Board **TR** still on trk. In 350m at WM(TMHT) **AH** with hedge on R. In corner **TL** and **AH** 20m to pass FB on R.

AH for 330m with river on R to reach low WM. **AH** now with ditch on L. Path becomes concrete. At WM by bench **AH** to **X** concrete bridge and in 15m at next WM **TR** and **X** another concrete bridge. In 50m **thru** KG and **AH** on lane. In 220m at Tjnt **TR** into CP 3

12.8M TL 059 358 **CP 3 Flitton Church Hall Opens 11.30 Closes 16.30**

Leave CP and **TL** to pass pub. In 30 at FP sign **TL** thru gate(TMHT) onto encl path. At end **thru** KG and **BR** to KG near field corner. **Thru**, **X** FB and **TL** with hedge/ditch on L. In 300m at WM **X** field(CB:220) to WM by KG. **Thru** KG, **X** FB and **TL**.

In 75m **TR thru** KG (TMHT). In 100m **X** FB, **thru** KG(TMHT), then **BL** along L side of field, **thru** 2 more KGs and in 180m reach large bridge by WM where **TL. AH** on trk to RD

14.0M TL 051 347 X RD and TL. In 100m at FP sign TR to X stone stile. AH on encl path. At end thru KG and TR. In corner X FB, then follow wire fence on L to KG on L just before field gate. Thru and X field(CB:135). At top of field by WM TR, fence on L. In 180m at WM BL and BR still following fence. AH to pass WM and go thru hedge. BL uphill X field(CB:120). In corner of field thru gate to RD where TR. At Tjnt TR and in 300m TL into Blackhill Lane.

12 mile route rejoins here

Pass to L of barrier and follow main trk as it turns L downhill. At trk Tjnt \mathbf{AH} thru KG and \mathbf{X} field to go $\mathbf{thru}\ 2^{nd}$ KG. Pass buildings on R and \mathbf{thru} gate on trk. In 1.1Km at WM and low parish stone on R, \mathbf{TR} over FB.

- **16.4M** TL 074 325 **X** field (CB:140) to WM on far side. **AH** to **X** FB and **TR**. In 200m pass FP on L and **AH** 170m to RD. **TR** on pavement.
- <u>17.1M</u> TL 076 316 In 70m **X** RD to FP sign and **thru** gap in hedge, **X** bridge, **thru** barrier. **X** field (CB:200) to WM, **thru** trees, **X** FB to field. **AH** with hedge on R. In corner **TL** with hedge on R. In 250m, at corner,**TR** on gravel path. In 200m **TL** over FB and **TR**. In 180m at WM **TR** and in 10m **TL** up steps to RD
- 17.9M TL 076 307 TL on pavement over bridge and in 500m at mini roundabout X RD. TR and BL into one way street. Follow pavement as it BL and in 30m TL to Barton Village Hall and finish. WELL DONE

BARTON VILLAGE HALL Total 18.4 miles