

L.D.W.A. - Beds, Bucks and Northants Group
PICK and MIX
Sunday 6th June 2021

- VENUE** Great Missenden C of E Combined School, Link Road entrance, near HP16 9AE.
GR SP 896014
- START** From 08.00 onwards
- FINISH** All must finish by 18.00
- OBJECT** To complete your chosen total distance in any combination of loops, on foot following route descriptions. These will be provided on the day & will not be available in advance.
There are 12, 8, 6 & 5 mile routes.
- DETAILS** The walk follows mainly field paths, tracks, woods & streams, through undulating country side with good views from the hills traversed of the Chilterns.
- EQUIPMENT** We advise you to wear suitable footwear & clothing, also to have maps Landranger 165 or Explorer 181 & 172, waterproofs, your own DRINKING MUG & a compass.
SORRY NO DOGS AS H.Q. IS ON SCHOOL PREMISES.
- PARKING** Please follow marshals' directions. There will be some parking on the school grounds. There are also public car parks very close by which are free at the time of going to press.
- FOOD/DRINK** Entry fee includes drinks & food at HQ between loops & at the end.
There will be a cold drink station on the 12 mile loop open from 09.30 till 13.00 only.
All other loops have NO support.
Refreshments provided are prepared & served under uncontrolled conditions; although, naturally, all practical efforts will be taken to maintain food safety.
However from a legal standpoint, entrants should independently determine the suitability of the refreshments that we provide.
- TRANSPORT** Great Missenden Rail Station is only 2 minutes walk away from the start.
- AWARDS** This event is not a race & there are no prizes. However, a certificate will be awarded to everyone who completes their chosen distance. Badges will be available on request while stocks last.
- ENTRY FEES** LDWA £7.00 NON LDWA £10.00 UNDER 18s FREE
Under 18s must be accompanied by an adult at all times.
ENTRY LIMIT OF 250. NO ENTRIES ON THE DAY.
Entries will be acknowledged by email. If acknowledgement has not been received by email within one week, please email Mike. Entries close on Monday 31st May 2021

THERE WILL BE NO ENTRIES ON THE DAY & ENTRIES ARE NOT TRANSFERABLE

THERE WILL BE NO SUBSTITUTIONS

A £2.00 admin fee will be charged on cancellations advised before 15th May 2021
after this date no refunds will be given.

On-line entries only go to www.sientries.co.uk
No paper or SEF entries will be accepted
email MIKE HYLAND at bbn-pandm@ldwa.org.uk
For more information go to <http://www.ldwa.org.uk/bedsbucksandnorthants>