

L.D.W.A. – Beds, Buck and Northants Group
FROM HERE to THERE & BACK

Sunday 3rd July 2016

Venue	Wellingborough Grammarians Memorial Sports Field Sywell Road, Wellingborough. NN8 6BS. Grid Ref: SP 856 690	
Start Time	Hall opens 07.30 for registration. Walkers Start @ 08.00. Runner/ fast walker and short route start @ 09.00 All to finish by 18.30. Hall close @ 19.00	
Object	To complete your chosen route, using a route description through a number of checkpoints. There will be 3 on 27 mile, 2 on 19 mile and 1 on 13 mile routes.	
Route Description	YOU MUST DOWNLOAD & PRINT YOUR OWN ROUTE DESCRIPTION Route description will be on website from 24 th June 2016. If you are unable to do this, please include SAE size C4 with a large letter stamp with your entry marked ' route description' To: Mike Hyland, 55 Broadlands Avenue, Chesham, Bucks. HP5 1AL	
Equipment	We recommend you wear suitable footwear & clothing, also to have maps Landranger 152 or Explorer 223 & 224, Waterproofs, your own drinking mug (no mugs will be supplied at checkpoints) & a compass.	
Parking	On site please follow marshals directions	NO DOGS ALLOWED ON THIS EVENT
Retirements	If you retire you must inform a walk official, transport to finish will be provide from checkpoints only.	
Refreshments	Entry fee includes hot & cold drinks throughout, biscuits at the start, snacks at all checkpoints & a light meal at the finish. Refreshments provided are prepared & served under uncontrolled condition; although, naturally, all practical efforts will be taken to maintain food safety. However from a legal standpoint, entrants should independently determine the suitability of the refreshments we provide	
Awards	This event is not a race & there are no prizes. However a certificate & badge will be awarded to all who finish their chosen route.	
Entry Fee	LDWA: £8.00 NON LDWA: £12.00 UNDER 18s Free. There will be a limit of 200 NO ENTRIES ON THE DAY. Entries will be acknowledged by Email (if no Email send SAE if acknowledgement is required). If acknowledgement has not be received by Email within one week, please Email Mike Hyland On line entries go to www.sientries.co.uk	
Cancellation	Refund on cancellation before 5 th June 2016, £2.00 admin will be charged, after this date no refund will be paid.	
Closing Date	Sentries close on Saturday 25 th June 2016. Postal entries must reach us by Tuesday 21 st June 2016.	
Send to	Mike Hyland, 55 Broadlands Avenue, Chesham, Bucks. HP5 1AL. Tel: 01494 771454 Email: mike.hyland@ntlworld.com	

Further information will be on the website www.ldwa.org.uk/bedsbucksandnorthants

ENTRY FORM

ONLY ONE ENTRY PER FORM OR COPY PLEASE

Please enter me in the **FROM HERE to THERE & BACK** on Sunday 3rd July 2016

PLEASE PRINT CLEARLY

Full Name					M/F	
Address						
Email						
Walker	Runner	Route	27	19	13	
L.D.W.A No:	Phone No:		Date of Birth			

I agree to abide by the country code & the rules of the event. I understand that this is a challenge event & the organisers cannot be held responsible for personal property or accidental injury. I understand that no dogs will be allowed on the event. "I understand that the personal information submitted as part of this entry form will be held by the event organisers for a period of up to three years after the event is held for the purposes of managing this event only. I further understand that photographs are likely to be taken at the event, which may be featured in Strider magazine or on LDWA websites. In addition, I understand that Summary Information may be published immediately and may be held in perpetuity for the purposes of providing a record of the event. I will have the right to request that all my personal Summary Information is anonymised, should I so request."

Signedif under 18, the parent/guardian must state name and sign below.

Named parent/guardian Signed Fee £

Under 18s must be accompanied by parent/guardian at all times

Please send completed entry form/forms- **one per person.**

Cheque payable to **LDWA-BBN Group**. SAE if acknowledgement is required or supply Email address.

To: Mike Hyland, 55 Broadlands Avenue, Chesham, Bucks. HP5 1AL.