**LONG DISTANCE WALKERS ASSOCIATION**

**BEDS BUCKS AND NORTHANTS GROUP**

**EMERGENCY CONTACT DETAILS**

Note to social walk leaders

* This sheet must be completed and signed by all non-LDWA participants.
* LDWA members should not sign.
* If no incident involving a non-member occurs during the walk, please destroy this sheet immediately after the walk.
* If all walk participants are LDWA members, keep this sheet blank and re-use it on your next walk.

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| **Date of walk** | **Leader name** |
| **PARTICIPANT NAME** | **EMERGENCY CONTACT NAME** | **EMERGENCY PHONE NO.** | **PARTICIPANT SIGNATURE** |
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