**LONG DISTANCE WALKERS ASSOCIATION – BEDS, BUCKS and NORTHANTS GROUP**

Everyone is welcome to join us on our walks. All social walks normally have tea/coffee breaks and often a lunchtime pub drinks stop, although you are advised always to bring a packed lunch as there isn’t usually time for a pub meal.

Should you want more information about the Group or a particular walk, please ring the walk leader on the telephone number shown, or contact Group Secretary:

Peter Simon, 96 Wardown Crescent, LUTON LU2 7JT

Tel: 01582-513827 Email: bbn@ldwa.org.uk

If, after having walked with us, you want to join our national group, the Long Distance Walkers’ Association, and receive STRIDER, the Association’s journal, which contains a comprehensive calendar of walks all over the country plus other items of interest to long distance walkers, please contact our Group Secretary (address, telephone number and email address above) for details of membership. Subscriptions are: Individual £13.00, Family £19.50, Affiliate £39.00.

To then join our local Beds Bucks & Northants Group of the LDWA, and receive our regular Emails, Newsletter and Walk Programme, please send **£1 administration charge (£2 for families)** per year, up to a maximum of 5 years, to cover printing and postage to:

David Findel-Hawkins, 13 Runnymede, Giffard Park, MILTON KEYNES, MK14 5QL

(**It is an LDWA National requirement that all members of the Beds Bucks Northants Local Group must also be members of the Long Distance Walkers Association)**

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To: David Findel-Hawkins, 13 Runnymede, Giffard Park, MILTON KEYNES, MK14 5QL

**I enclose £….. BBN administration charge** . (Please make cheques payable to “LDWA - BBN Group”).

Name………………………………………………………………… **(**PLEASE USE BLOCK CAPITALS**)**

Address ……………………………………………………………..……..…...………………………………….

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E-mail Address (please print clearly)…………………………………………….………………………………...………

Please indicate if you would prefer to receive the BBN newsletter from the website YES/NO

Telephone No ………………………………….………………………….…….…………………………..…….

Mobile Telephone No …………………………………………………….…….....……………………………....

**LDWA National No\*\*** …………………………………………………………..……………………………….

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THIS INFORMATION IS STORED ON COMPUTER RECORD UNDER THE CONTROL OF THE BBN GROUP