

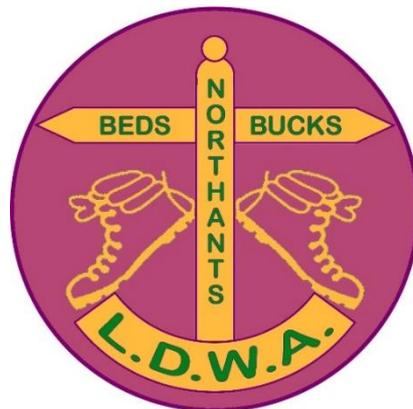


LONG DISTANCE WALKERS ASSOCIATION

*furthering the interests of those who enjoy long distance walking*

# **BEDS, BUCKS & NORTHANTS GROUP**

## **NEWSLETTER SPRING 2020**



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HAVE A GREAT DAY OUT, WALK WITH BBN  
[www.ldwa.org.uk/bedsbucksandnorthants](http://www.ldwa.org.uk/bedsbucksandnorthants)

Dear BBN Members

Since the last newsletter we held a successful AGM in November at Flitton. The following were re-elected as:

Group Officers: Chair - Terry Brown, Secretary - Peter Simon, Treasurer - Peter Engledow.

Committee Members – Mary Knight (Social Walks), Dave Findel-Hawkins (Membership), Gill Bunker (Newsletter, Facebook, Minute Taker, Website), Alan Leadbetter, Roy Carter and Sara Waldron.



Norman Corrin was briefly tempted to re-join the Committee but had a rethink, although I'm pleased to say he is happy to carry on in his role as 'new member welcomer' which is a very important job and I know that new BBN members really appreciate this personal approach - so thank you Norman.

We held a Committee meeting in January and covered the usual items – our finances, social walks programme, forthcoming challenge walks and LDWA 100-mile challenge event checkpoints. We agreed proposed expenditure on new marshals' T shirts (look out for them on the Hannington Hike on 1 March!), new checkpoint banners and some funding for a project to replace the old BBN/Beds County Council benches on the Greensand Ridge (cross Bedfordshire) Walk with the Greensand Country Landscape Partnership.

We also agreed to have a new triple challenge for successive completions of the Hannington Hike, Pick and Mix and Chiltern Kanter.

The meeting minutes are on the BBN website at [https://www.ldwa.org.uk/lgt/downloads/BedsBucksAndNorthants/2020-01-30\\_Minutes.pdf](https://www.ldwa.org.uk/lgt/downloads/BedsBucksAndNorthants/2020-01-30_Minutes.pdf) - do take a look. We welcome any ideas, feedback, or suggestions you may have about the Group and what we do; please email me on [bbn.chair@ldwa.org.uk](mailto:bbn.chair@ldwa.org.uk)

On the social side of things, you'll find more information in the newsletter about our plans to take part in the Marsden Moors Challenge event near Huddersfield on Saturday May 9 with a shorter walk in the area on the Sunday led by Dave Findel-Hawkins; the Midsummer Meanders day on June 20 based at Milton Bryan village hall and a group weekend away on 28-31 August organised by Roy Carter and based in Hathersage, Derbyshire.

With plenty to look forward to in the coming months please do come and join us for some or all of these events.

Happy walking and I hope to see you soon.

**Terry**

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## **Group Walks**

**For the attention  
of all members!**



All proposed walk dates that will require a walk leader are available on the BBN website:

<https://www.ldwa.org.uk/BedsBucksAndNorthants/W/6128/available-walk-dates.html>

A link to this site will become a regular feature of your updates from Peter.

**We all love our walking but please remember..... no leaders, no walks!**

Mary Knight  
Social Walks Secretary  
[maryknight@hotmail.co.uk](mailto:maryknight@hotmail.co.uk)

### **LDWA IT FUND**

Although not mentioned by name in LDWA Chair David Morgan's January 2020 Newsletter, to date BBN has contributed over £1,000 to the LDWA's IT Fund from four of our challenge events. These contributions have come from the non-member levy.

## BBN'S MIDSUMMER MEANDERS

**A day of led walks from Milton Bryan Village Hall (near Woburn)  
for all BBN members, families and friends  
SATURDAY 20TH JUNE 2020**

All BBN members, old and new, plus family and friends are warmly invited to come along and enjoy BBN's day of Midsummer Meanders from Milton Bryan Village Hall.



There will be a choice of two walks in both the morning and afternoon or just take the opportunity to come for a chat – there will be a light buffet lunch at the hall and the day will finish with tea, coffee and cakes.

We are hoping that some of our long-standing members who no longer walk with us regularly will come along for lunch or tea and perhaps meander with us on one or both of the shorter walks or enjoy a stroll around the village.

The plan for the day is:

**9.00** Tea/Coffee and Biscuits

**9.30** 8/9 mile morning walk

**10.00** 4/5 mile morning walk

**12.30 - 1.30** Buffet Lunch at Milton Bryan Village Hall

There will be sandwiches and snacks with all the trimmings, followed by strawberries and cream. Tea, coffee and cold drinks will be provided.

**1.30** 8/9 mile afternoon walk

**2.00** 4/5 mile afternoon walk

Both walks will return to the hall by 4.30 for tea and cakes, with the day ending at 5.30.

There is no charge for the day – we hope lots of you will come along with family and friends and enjoy yourselves – but for catering purposes we do need to have some idea of numbers, so please let Terry Brown know if you plan to attend by 6th June  
[bbn.chair@ldwa.org.uk](mailto:bbn.chair@ldwa.org.uk)

We'll put more details about the walks and useful information such as the hall address and parking on the website nearer the time but please do contact Terry if you have any questions about the day.



*Please let us know if you have any food allergies or intolerances. We are happy to cater for these but please note that food will be prepared and served under uncontrolled conditions although, naturally, all practical efforts will be taken to maintain food safety.*

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**A BBN Challenge Walk Centred Weekend - 12th Marsden Moors  
Saturday 9th & Sunday 10th May 2020**

Have you ever fancied the idea of taking part in a challenge event in another part of the country, but with your friends from BBN? Yes, then this is you!

The 12th Marsden Moors takes place on Saturday 9th May 2020 (now the Bank Holiday weekend). It is organised by The Irregulars and starts from Marsden Parochial Hall (near Huddersfield). There is a choice of three routes, 18, 23 or 26 miles, in and around the beautiful Colne Valley (full details in December 2019 Strider/on LDWA website). The idea is that members do their own entry and book their own accommodation but walk with friends.

Dave Findel-Hawkins will also be on hand to lead a walk on the morning of Sunday 10th May, which will be around 10 miles, and won't be starting too early!

If you are interested then please let Mary Knight know by e-mail [maryknight@hotmail.co.uk](mailto:maryknight@hotmail.co.uk) or speak to any member of the BBN Committee.

**BBN HOLIDAY TO HATHERSAGE**  
**28th – 31st AUGUST 2020**



The walking weekend is centred on Hathersage at the eastern end of the Hope Valley, a large busy village with rich historical, industrial and literary associations. The main walks are on Saturday and Sunday – both walks being a comfortable 17 miles. There is an introductory walk on Friday afternoon and a departing walk on Monday – 9 miles and 14 miles respectively.

*Accommodation will need to be obtained in Hathersage or in the surrounding villages. There are many Guest Houses, B&B's, Rental Properties, Campsites and Youth Hostels in the area but they do get booked up early – please contact the holiday organiser – Roy Carter to indicate interest.*

[roycarter367@hotmail.com](mailto:roycarter367@hotmail.com) or 01234 301182

### **Hathersage**

Hathersage has become a popular place to visit for those in search of legendary heroes and literary heroines. By the south door of the church of St Michael is the grave of Robin Hood's lieutenant, Little John, who was reputedly born in Hathersage. Near the village other associated sites with the outlaw are Robin Hood's Cave, Well and Stoop. Charlotte Bronte has close connections with the village and it is said to be featured in her novels. North Lees Hall is thought to have been the model for Thornfield Hall in Jane Eyre. Hathersage was once an important centre for the manufacture of millstones, needles and pins. There are some outstanding areas of natural beauty surrounding the village, including Stanage, Froggatt and Burbage Edges, Offerton and Abney Moor and Bretton Clough. The river Derwent passes just south of the village at Leadmill, where there is a picturesque bridge and country inn.

## **Walk Itinerary**

### **Friday 28th August @ 1:30pm – Elbow Grit – 9 miles**

The walk starts from the George Hotel in Hathersage and heads east on the A6187 to take the High Lees footpath up to Fiddler's Elbow onto Burbage Rocks. Good views as we traverse the escarpment to Burbage Bridge and onward to Owler Tor and Mother Cap to reach Millstone Edge. Taking the path through the millstone quarries to Bolehill, we descend to Grindleford station and down to the river Derwent. Following the river course we gently walk back into Hathersage via Leadmill Bridge.

### **Saturday 29th August @ 9:30am – Edges & Dales – 17 miles**

The walk starts from Hathersage Station to catch 09:45 train to Grindleford (single ticket £2.70). From here we ascend through Nether Padley onto the spectacular "Edges" of Froggatt, Curbar and Baslow to reach Wellington's Monument. Descending through Calver for a morning break we head up Coombs Dale and over into Middleton Dale. From here it's a small distance into the plague village of Eyam and a long lunch (much to see). In the afternoon we ascend Eyam Edge into the secret valleys of Bretton and Abney Clough, over Offerton Moor and down to the challenge of using stepping stones to cross the river Derwent. It is just a short distance into Hathersage.

### **Sunday 30th August @ 9:30am – Edges & Reservoirs – 18 miles**

The walk starts from the George Hotel in Hathersage and heads north up onto Stanage Edge with good views over the village. Following the escarpment we use a little bit of roaming to cross Cutthroat Bridge and onto Derwent Edge. Now on a defined path we are treated to a whole set of rock outcrops with names like Wheel Stones, Salt Cellar, Dove Stone, Cakes of Bread and the highest point, Lost Lad before descending into Derwent reservoir for lunch at the NT centre. Crossing the headwaters of Ladybower reservoir, we climb onto Win Hill and descend towards the Dam (famous in the film Dambusters) into Bamford. From here, Hathersage isn't too far away.

### **Monday 31st August @ 10:00am – 14 miles – Tors & Ladders – 14 miles**

The walk starts from the large carpark in Castleton, just 6 miles west of Hathersage. From here it's straight up onto Hollins Cross and along the ridge to Mam Tor with good views over the Vale of Edale and Hope valley. We then head onto the dark peat of the High Peak District towards Kinderscout but before reaching it, descend down Jacob's Ladder on the Pennine Way to Upper Booth and onto Edale for lunch. In the afternoon we cross the vale and rise onto Backtor to reach the panoramic view at Lose Hill, then descend back into Castleton for tea in a café before the homeward journey.

## **BBN LOGO'D CLOTHING - NEW MERCHANDISE STORE**

Our merchandise supplier PECO has set up a bespoke “sports kit arm” for online ordering. It's so lovely and easy to use! You simply click on the item you are interested in and all the information about materials, sizes, prices is there to help you make your choice.

Do take a look at the items of clothing that you can order directly from them <https://customsportskit.co.uk/other-clubs/beds-bucks-northants-ldwa/>

All items are displayed with the BBN logo and the price – the price covers the garment, embroidery of the logo and postage.  
Just remember all items are made to order and PECO are not able to accept returns based on fit or sizing - so before you order please make sure you check your measurements against the size chart in the product description.

*BBN badges, buffs and mugs can be purchased at BBN challenge events and from Dave Findel-Hawkins and Mary Knight*

<https://www.ldwa.org.uk/BedsBucksAndNorthants/W/4864/bbn-mugs-buffs-badges.html>

**Announcing BBN's new Triple Challenge  
showcasing three of our popular events  
HANNINGTON HIKE, PICK & MIX, CHILTERN KANTER  
Badge and Certificate upon completion of the three events  
(your completion can be in any order)**

The next event in the Triple will be:

### **PICK & MIX**

A favourite event in the Chilterns Hills from Great Missenden  
Choose your distance from any combination of 12, 8, 6 & 5 mile loops

Entry limit 250 (no entries on the day)

Entries close on Monday 25th May 2020

On-line entries only via [www.sientries.co.uk](http://www.sientries.co.uk)

For more information about the event go to

<https://www.ldwa.org.uk/BedsBucksAndNorthants/W/1781/pick-and-mix.html#>

(Great Missenden Rail Station is only 2 minutes' walk from the start)



Some people think being working class is a negative thing but I think there's loads of benefits. I've claimed them all.

I look the wrong way when crossing the road, so people think I'm just back from Paris.

In my show we won't be using things like a Ouija board. Or if you don't speak French a Yesja board.

I'm making a TV series about the different parts of my gas cooker. I've already filmed the pilot.

With enough revs and determination any restaurant is a drive thru.

I know that Banksy's my Dad as I never see him.

I remember what my grandmother said to me on her deathbed. She said "I wish I'd bought a normal bed".

Last night me and my girlfriend watched 3 DVDs back to back. Luckily, I was the one watching the telly.

I was at sea the other day and loads of meat floated past. It was a bit choppy.

The other day someone left a piece of plasticine in my dressing room. I didn't know what to make of it.

**Norman Corrin**

## ON SLOWING WITH AGE

Every adult, or at least almost all, acknowledges that he or she is walking more slowly than before. However, it is hard to quantify how one's speed diminishes with age. In part, this depends on the individual, since some people age more rapidly than others. The effects of injuries and illnesses, both short- and long-term, differ from one person to the next.

I was curious to see if I could quantify the effect of increasing age on my own performance in challenge events of around 25-27 miles. I have a notebook filled with certificates from challenge walks that I had entered over the years, going back to 1982. Comparisons of different events, however, could be misleading because of differences in terrain, stiles, weather conditions, time of year and other factors.

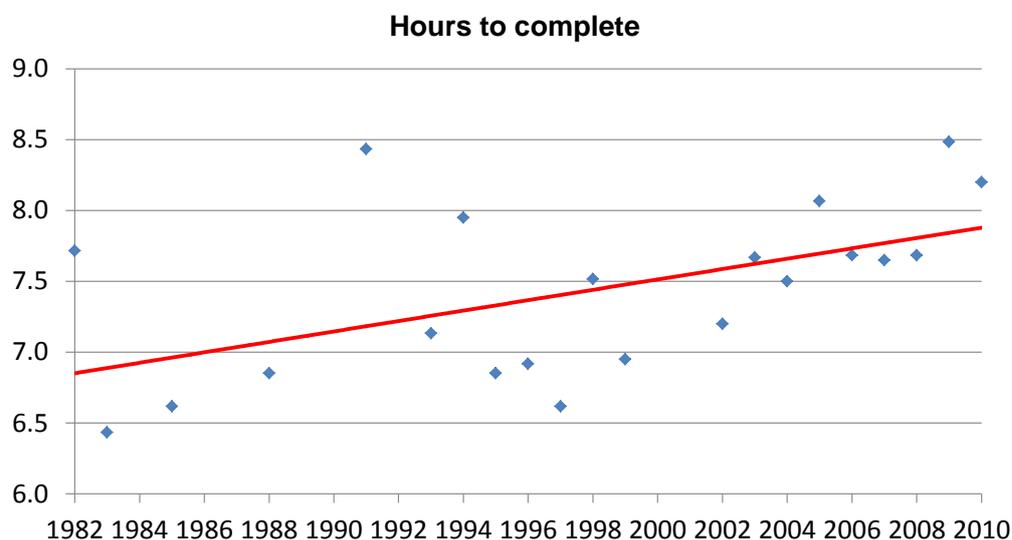
I finally decided to look at a single event, the Chiltern Marathon sponsored by Middle Thames Ramblers. Until recently, this event was held annually in mid-September, at advertised distances in the 25-27 mile range. The route varied from year to year, but the terrain was similar from one year to the next. Most importantly, I found 21 certificates from the 29-year period of 1982 to 2010, from the age of 31 until shortly before my 60th birthday. The sample size, therefore, was sufficiently large to establish whether there was a statistically significant relationship between my age and my performance.

The results were quite clear - there was such a relationship. However, there was a lot of statistical noise around the estimated trend line as demonstrated in the graph. I can think of many reasons for the noise - my conditioning, the weather, getting lost, the switch of start venues from Marlow to Lane End, the effect of walking with others (though I mostly walked alone), the difference between advertised and actual distance. Surprisingly, the advertised distance was not statistically significant.

Between 1982 and 1999, I frequently completed the course in under 7 hours. I never managed that from 2000 onwards. However, I might have been able to explain some anomalies if I had kept a diary, such as taking 8 hours 26 minutes in the 1991 event.

I stopped entering the Chiltern Marathon after 2010, largely because I could no longer face driving home on the M40, M25 and M1 while tired from the walk. This was also the year in which I was diagnosed with Parkinson's.

## Completion times increased with age



I don't know how much I can blame the Parkinson's for the results of eight hours plus in 2009 and 2010. The trend line for the reported data suggests a time of around 8 hours 15 minutes in 2019, but that sounds fast to me. Since the Chiltern Marathon has been discontinued, I'll never have a chance to find out.

**Peter Simon**

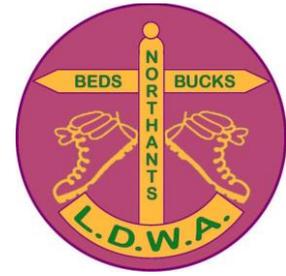
### **BULK EMAILS GOING INTO JUNK/SPAM FOLDERS**

If you find an email from BBN or LDWA in your junk/spam folder, please *“mark it as not junk”*. The way you do this depends on which email system you are using, but it is important to *“mark it as not junk”* rather than just moving it into your inbox.

Marking it as not junk will BOTH move it into your inbox AND tell your email system that all future emails from @ldwa.org.uk are not to go into the spam/junk folder.



## WALKS PROGRAMME MARCH TO AUGUST 2020



**Thu Mar 5 2020**

### **Wander to Whaddon**

15ml. C.p. on Rosemullion Way, off Tattenhoe Street, Milton Keynes. Map: LR 152 (GR SP840341). C: Dave Findel-Hawkins T: 01908 216476.

**Sun Mar 15 2020**

### **The Tail of the Chilterns**

18ml. 09.00 C.p. Warden Hill Road, Luton LU2 7AE (follow signs for South Beds Golf Course). Map: LR 166 (GR TL085260). C: Therese Jamin T: 01582 571455 M: 07779 227675.

**Thu Mar 19 2020**

### **Ring Around Tring**

15ml. 09.30 Wilstone Reservoir c.p. Map: Exp 181 (GR SP904134). C: John Esslemont T: 01494 881597 M: 07852 711980.

**Sun Mar 29 2020**

### **Ridge, River and Reserve**

19ml. 09.00 From Sandy, free town centre c.p. High Street, SG19 1AG. Map: Exp 208 (GR TL174492). Possibility of pub/cafe for lunch time drink, check website nearer the time. C: Terry Brown T: 01462 631057 M: 07932 627476.

**Thu Apr 2 2020**

### **Cross Bucks Way Part 3: Not quite to the end!**

16ml. 09.30 From Steeple Claydon (exact location to be confirmed). Map: Exp 192. Option for shorter return from lunch stop for anyone wishing to do about 10 miles in total. C: Jim Morrison T: 01908 665300.

**Sat-Sun Apr 11-12 2020 Leader sought**

Please email Mary [maryknight@hotmail.co.uk](mailto:maryknight@hotmail.co.uk) if you are interested in leading a walk on this weekend, either on Saturday or Sunday.

Check BBN website closer to date for details.

**Thu Apr 16 2020**

### **BBN Walk**

Details of this walk will be confirmed closer to the date. Please check BBN website. C: Bob Safford T: 01933 356609 M: 07531 883829.

**Sat Apr 25 2020**

### **Monopoly Walk**

18ml. 09.15 From The Lovers Meeting Place statue at St Pancras International Stn. Maps: LR 176,177 (GR TQ301829). Back by popular demand with a new improved (shorter!) version. More information on website nearer walk date.

[www.ldwa.org.uk/bedsbucksandnorthants](http://www.ldwa.org.uk/bedsbucksandnorthants) (Specials)

C: Gill Bunker T: 01908 321308 M: 07790 976090 on day only.

**Thu Apr 30 2020                    A Milton Keynes A-Z**

15ml. 09.30 From c.p. (Stanton Low Park), Newport Road, Oakridge Park, Milton Keynes (c.p. is immediately E of Grand Union Canal, between canal and Asda store). Map: Exp 192 (GR SP838418). A stroll through the alphabet from an Angel to a Ziggurat. It will be all the right letters, but not necessarily in the right order! C: Gill Bunker T: 01908 321308 M: 07790 976090 on day only.

**Sat-Sun May 9-10 2020    Challenge Walk Centred Group Weekend**

18, 23, 26ml. Colne Valley. Sat: 12th Marsden Moors challenge, 26/23/18 miles. Sun: 10 mile morning walk led by Dave Findel-Hawkins won't start too early. Pls see BBN website (Specials) for full information. C: Mary Knight. E: [maryknight@hotmail.co.uk](mailto:maryknight@hotmail.co.uk)

**Thu May 14 2020                    Woburn Circular**

c15ml. 09.30 Woburn c.p. opposite Church (MK17 9PG). Map: LR 152 (GR SP951331). C: Sara Waldron T: 07850 665454.

**Sun May 24 2020                    A Variation on the Timberland Trail**

15ml. 09.00 Amphill Park West c.p. (NOT football club c.p.). Maps: LR 153 Exp 193 (GR TL024382). Lunch at the Forest Centre, Marston Moretaine. C: Linda Marsh T: 01908 669698 M: 07885 181422 on day only.

**Thu May 28 2020                    Thursday Turvey Trudge**

c18ml. 09.30 Adjacent to Three Cranes P.H. and All Saints' Church. Map: Exp 208 (GR SP941525). C: Christine Bramley T: 01234 822557 before 9.00pm M: 07749 596575 on the day.

**Sun May 31 2020                    Pick and Mix Challenge Event**

Event HQ: Great Missenden C of E Combined School, Link Road entrance, near HP16 9AE (GR SP896014). Complete your distance in any combination of loops on foot following route descriptions, which are provided ON THE DAY only. There are 12, 8, 6 and 5 mile routes, following field paths, tracks, woods and streams through undulating countryside. Start 08.00. Some parking is available within the school grounds, whilst a number of free (as of early September 2019) public car parks are also close to the venue. Great Missenden Rail Station is only 2 minutes' walk away from the start. Under 18s (free) must be accompanied by an adult throughout the event. We advise you to wear suitable footwear & clothing, also to have maps Landranger 165 or Explorer 181 & 172, waterproofs, your own DRINKING MUG & a compass. SORRY NO DOGS AS H.Q. IS ON SCHOOL PREMISES. Entry limit 250. Entries close 25th May. LDWA £7, Non-LDWA £10 (no OTD) incl drinks and food at HQ between loops and at the end. There is a cold drinks station only on the 12 mile loop from 09.30 -13.00, all other loops having NO support. A certificate will be awarded to all who complete their distance, with a badge available. Online entry at: <https://www.sientries.co.uk>. C: Mike Hyland T: 01494774154 (before 21.00). E: [bbn-pandm@ldwa.org.uk](mailto:bbn-pandm@ldwa.org.uk)  
W: [www.ldwa.org.uk/bedsbucksandnorthants](http://www.ldwa.org.uk/bedsbucksandnorthants)

**Sun Jun 7 2020**                      **Following John Bunyan and the Ouse**  
16ml. 09.00 Pls park near junction of Mallard Hill & Robin Hill, Bedford MK41 7QP. Map: LR 153 (GR TL052515). C: Chris Burns T: 07817 592004.

**Thu Jun 11 2020**                      **Around the Windmills**  
15ml. 09.30 Meet by The Cock, 1 High St, Roade NN7 2NW. Please park considerately in village. Map: LR 152 (GR SP757517). Figure of 8 walk, so back at The Cock at lunchtime. C: Liz Sheffield T: 07789 145226 before 9pm or on day.

**Sat Jun 13 2020**                      **Norm's Cream Tea Walk**  
Full details to follow - see BBN website. C: Norman Corrin T: 01908 608667 M: 07980 378656.

**Sat Jun 20 2020**                      **Midsummer Meanders – See pages**  
c5 or c9ml. Different routes in am and pm Milton Bryan Village Hall (nr Woburn), MK17 9HS. Map: Exp 192 (GR SP971305). A day of led walks for all BBN members, old & new, plus family & friends. Tea, coffee, biscuits at start; light buffet lunch back at hall; tea, coffee, cakes at end. Enjoy the walks or drop in for lunch and a chat! There is no charge but for catering purposes we need to have some idea of numbers, pls let Terry know if you plan to attend by 6th June. C: Terry Brown. E: [bbn.chair@ldwa.org.uk](mailto:bbn.chair@ldwa.org.uk)  
Full details on website (Specials) <https://ldwa.org.uk/bedsbucksandnorthants>

**Thu Jun 25 2020**                      **Eight Spires Way ... less a few**  
16ml. 09.30 Harrold Odell Country Park MK43 7DS. Map: Exp 208 (GR SP956566). C: Adrian Moody T: 01933 314134 (before 9.00pm) M: 07788 684394 (on day only).

**Sun Jul 5 2020**                      **London: A Summer Stroll**  
16ml. 09.30 From The Lovers Meeting Place statue at St Pancras International Stn. (GR TQ301829). Highlights of Hyde Park, Kensington Gardens & Holland Park. More information on website (Specials) nearer walk date. C: Gill Bunker T: 01908 321308 M: 07790 976090 on day only.

**Thu Jul 9 2020**                      **Albino Walk**  
15ml. 09.30 Ampthill Park West c.p. (NOT football club c.p.). Maps: LR 153 Exp 193 (GR TL024382). Figure of eight walk. PH at lunchtime, sandwiches can be eaten in bar if you purchase a drink. C: Roger & Margaret Skerman T: 01525 405540 M: 07757 057440 on day only.

**Sun Jul 19 2020**                      **Billing, Northampton**  
Details of this walk will be confirmed closer to the date. Pls check website. C: Steve Clark T: 07954 893255.

**Thu Jul 23 2020**                      **Woburn Wander**  
16ml. 09.30 Woburn c.p. opposite Church, MK17 9PG. Map: LR 152 (GR SP951331). Coffee shop at lunchtime. C: Gerry Garland T: 07484 823814.

**Sun Aug 2 2020                      Braunston**

22ml. 09.00 From Braunston Church. Pls park considerately in village, not near church. Map: LR 152 (GR SP537661). Lunch at Preston Capes Village Hall, own food OK but pls purchase a drink. They have tea, coffee, plus a bar. C: Gill Howe & Andrew Gilbertson T: 07922 068591 on day only.

**Thu Aug 6 2020                      Ashridge Boundary Walk**

16ml. 09.30 Meet at Ashridge Monument. Map: LR 166 (GR SP970131). Coffee shop available before start and at finish. C: Gerry Garland T: 07484 823814.

**Fri-Sat Aug 14-15 2020    51st Death March - Belgium**

62.5ml. A chance to take part in the renowned 100 km Death March in Bornem, Belgium. 100 km in 24 hours starting at 2100 on Friday 14th to be completed by 2100 Saturday 15th August. Depending upon numbers a coach or minibus may be organised. Check availability with Norman as event fills very quickly.

C: Norman Corrin T: 01908 608667 M: 07980 378656. E:

[Norman.Corrin@gmail.com](mailto:Norman.Corrin@gmail.com)

**Sat-Sun Aug 15-16 2020 Leader Sought**

Please email Mary if you are interested in leading a walk on this weekend, either on Saturday or Sunday. Check BBN website closer to date for details.

**Thu Aug 20 2020                      Summer Spoons Walk**

Details on website nearer the date. C: Dave Findel-Hawkins T: 01908 216476.

**Fri-Mon Aug 28-31 2020 Group Weekend - Peak District – Hathersage**

See Newsletter pages 6&7 Full details also on website (Specials).

<https://ldwa.org.uk/bedsbucksandnorthants>

C: Roy Carter T: 01234 301182 M: 07784 208997.

**DIARY DATES:**

**Sun Nov 15 2020                      Shillington Shuffle Challenge Event**

26, 18 or 12ml. in 10.5hr. From Barton-le-Clay Village Hall; postcode: MK45 4JY (GR TL083306). Start from 08.00 (strict checkpoint opening and closing times, finish by 18.30, hall closes 19.00). Entries open 1st June. Kit requirements,

online entry only, entry conditions apply, with full details on SiEntries. Entry:

£7.00, non LDWA £10.00 & Under 18s free incl refreshments at Cps and

finish. Online entry at: <https://www.sientries.co.uk>. C: Mike Hyland. E: [bbn-](mailto:bbn-sswalks@ldwa.org.uk)

[sswalks@ldwa.org.uk](mailto:sswalks@ldwa.org.uk) W: <https://ldwa.org.uk/bedsbucksandnorthants>

**Sun Nov 29 2020                      Walk and BBN AGM**

The 2020 AGM will be held at Ellesborough Village Hall and Parish Rooms, Butlers Cross HP17 0TX at 14.00 on Sunday 29th November. The Russell Arms opposite is booked for a 12.30 Sunday lunch.

More details will follow nearer the day. C: Dave & Lynn Yorston.

**BEDS BUCKS & NORTHANTS GROUP  
COMMITTEE 2020**

**Chair: Terry Brown** T: 01462 631057 E: teresa.j.brown@ntlworld.com  
bbn.chair@ldwa.org.uk

**Secretary/Local Group Rep: Peter Simon** T: 01582 513827  
E: bbn@ldwa.org.uk peterandmooi@ntlworld.com

**Treasurer: Peter Engledow** T: 07733 323641 E: pete@excel121.com

**Social Walks: Mary Knight** T: 01280 700185 E: maryknight@hotmail.co.uk  
bbn.walks@ldwa.org.uk

**Membership: David Findel-Hawkins**  
T: 01908 216476 E: davefh@gmail.com

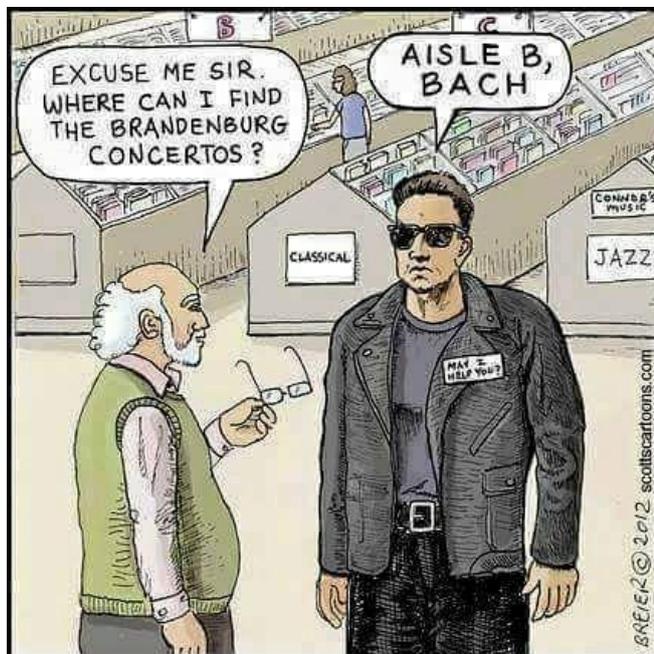
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**Please send contributions for the Summer Newsletter  
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The Terminator's day job

(Norman Corrin)