

Cinque Ports 100

Main Event 26th, 27th, 28th May 2018

Menu Choices at Checkpoints

CP1 Pett Level – Cold drinks and snacks, including sausage rolls/cheese & onion rolls and Flapjack

CP2 Rye – Hot & Cold Drinks, Filled Rolls, Gypsy Tart and oranges

CP3 Wittersham – Hot & Cold Drinks, Cold Snacks including sausage rolls/cheese & onion rolls, bananas, scones and cake

CP4 Tenterden – Hot & Cold Drinks, Quiche, fruit & rice

CP5 Appledore – Hot & Cold Drinks, Pasta with tomato sauce, fruit pie & custard

CP6 Lydd – Hot & Cold Drinks, cold snacks including scones, cake, crisps and chocolate bars

CP7 New Romney – Hot & Cold Drinks, Beans on Toast and Fruit & Rice

CP8 Dymchurch – Hot & cold drinks, cup a soup, fruit pie and custard

CP9 Hythe – Full English Breakfast

CP10 Folkestone – Hot & cold drinks, wraps, crisp bread with tuna, pate, cheese, salad etc and cake

CP11 Dover – Hot & Cold drinks, Sausage Rolls, Pork Pies, Cheese and Pineapple on Sticks

CP12 St Margaret's – Hot & Cold drinks, crumpets, banana custard and flapjack

CP13 Deal – Hot & Cold drinks, Pizza and Salad, Gypsy Tart

CP14 Sandwich – Hot & Cold drinks – Cup a soup, cake & fresh melon and yoghurts

CP15 Northbourne – Hot & Cold drinks, Hot Dogs or Macaroni Cheese, Fruit & Jelly

CP16 Maydensole – Cold drinks only – biscuits, crisps, cake & chocolate bars