



Cinque Ports 100

Main Event 26th, 27th & 28th May 2018

Location of Hospitals and Defibrillators
See next page for address and location details

Updated 13 May 2018



Conquest Hospital – full A&E (24 hour)

The Ridge, St Leonards-on-Sea, East Sussex **TN37 7PT**

Phone: 01424 755255

William Harvey Hospital – full A&E (24 hour)

Kennington Road, Willesborough, Ashford, Kent **TN24 0LZ**

Phone: 01233 633331

Queen Elizabeth The Queen Mother Hospital – full A&E (24 hour)

St Peters Road, Margate, Kent **CT9 4AN**

Phone: 01843 225544 (switchboard)

Please use CT9 4BG for Ramsgate Road entrance

Kent and Canterbury Hospital – minor injuries (24 hour)

Ethelbert Road, Canterbury, Kent **CT1 3NG**

Phone: 01227 766877 (switchboard)

Buckland Hospital – minor injuries (not 24 hours)

Coombe Valley Road, Dover, Kent **CT17 0HD**

Phone: 01304 222510

Minor injuries: 01304 222621

Royal Victoria Hospital – minor injuries (not 24 hours)

Radnor Park Avenue, Folkestone, Kent **CT19 5BN**

Phone: 01303 850202

Victoria Hospital – minor injuries (not 24 hours)

London Road, Deal, Kent **CT14 9UA**

Phone: 01304 865400

**Defibrillators****PAD-Anytime 24x7**

Singleton Village Hall Hoxton Close **Ashford** Kent **TN23 5LB**

Dunkerley's Hotel and Restaurant 19 Beach Street **Deal** Kent **CT14 7AH**

ACCESS: 24/7 unlimited access

EuroTunnel Service Station (Folkestone) Ashford Road, **Folkestone** **CT18 8XX**,

LIMITED ACCESS 7.30am - 4.30pm 7 days a week

The Club House Royal St Georges Golf Club **Sandwich** Kent **CT13 9PB**

AEDs

Wittersham – Village Hall

Tenterden – Public Toilets, Station Road, behind The Vine public house

Appledore – Public Toilets, Recreation Ground

Lydd – Telephone Box, Coronation Square

New Romney – Fire Station, Church Road

Dymchurch – Village Hall vestibule

	Minor Injuries 8am-8pm	approx miles	A&E	approx miles
Hastings	Hastings	3.5	Hastings	3.5
Pett Level	Hastings	7.0	Hastings	7.0
Rye	Hastings	11.5	Hastings	11.5
Wittersham	Ashford	16.5	Ashford	16.5
Tenterden	Ashford	14.0	Ashford	14.0
Appledore	Ashford	12.0	Ashford	12.0
Lydd	Ashford	18.0	Ashford	18.0
New Romney	Ashford	16.5	Ashford	16.5
Dymchurch	Folkestone	10.5	Ashford	12.0
Hythe	Folkestone	4.5	Ashford	11.0
Folkestone	Folkestone	1.5	Ashford	15.5
Dover	Dover	1.0	Margate	23.0
St. Margaret's	Deal	6.0	Margate	23.0
Deal	Deal	1.0	Margate	16.5
Sandwich	Deal	5.5	Margate	11.0
Northbourne	Deal	3.0	Margate	15.0
Maydensole	Deal	6.0	Margate	18.5
DoYRMS	Deal	7.0	Margate	21.0

HASTINGS to CONQUEST HOSPITAL

At end of service road TL one way. At T-junction TL. At roundabout SA. At mini-roundabout SA. At T-junction TL. At roundabout hospital is on L.

PETT LEVEL to CONQUEST HOSPITAL

With sea wall on your L follow road into village. CARE – walkers ahead. Stay on road beyond village and in 4 miles, now in town, reach junction, Co-op on L. TR then BL sp London. Follow priority road to roundabout with hospital on L.

RYE to CONQUEST HOSPITAL

At road TL. At mini-roundabout SA sp Hastings. Follow A259 signs to Hastings. As road descends into Hastings, at traffic lights TR sp Hospital. Follow priority road to roundabout with hospital on L.

WITTERSHAM to WILLIAM HARVEY HOSPITAL

From CP TR. At t-junction TR. Where road turns sharp R, SA sp Stone. Stay on priority road for 3½ miles. At x-roads SA. At x-roads SA. At T-junction TR. In Hamstreet at x-roads TL. Under railway bridge take 1st R sp Ashford & join main road. At roundabout take 3rd exit sp Willesborough. At roundabout SA. At roundabout get in 3rd lane (A28). Use LH lane round roundabout & take 1st exit sp Hospital. At roundabout TR into hospital.

TENTERDEN to WILLIAM HARVEY HOSPITAL

At road TL. Follow A28 & signs to Ashford then to M20. Join M20 sp Dover. Take next exit sp Hospital. At roundabout take 1st exit sp Hospital. At roundabout TR into hospital.

APPLEDORE to WILLIAM HARVEY HOSPITAL

From CP TL. In ½ mile TR sp Ashford. At T-junction TR. In Hamstreet at x-roads TL. Under railway bridge take 1st R sp Ashford & join main road. At roundabout take 3rd exit sp Willesborough. At roundabout SA. At roundabout get in 3rd lane (A28). Use LH lane round roundabout & take 1st exit sp Hospital. At roundabout TR into hospital.

LYDD to WILLIAM HARVEY HOSPITAL

From CP turn towards church. At main road TR & follow out of town. At T-junction TL sp Hastings. At roundabout TR sp Ashford. In 9 miles at roundabout take 3rd exit sp Willesborough. At roundabout SA. At roundabout get in 3rd lane (A28). Use LH lane round roundabout & take 1st exit sp Hospital. At roundabout TR into hospital.

NEW ROMNEY to WILLIAM HARVEY HOSPITAL

TR & follow priority road. At T-junction TL. At roundabout TR sp Ashford. In 9 miles at roundabout take 3rd exit sp Willesborough. At roundabout SA. At roundabout get in 3rd lane (A28). Use LH lane round roundabout & take 1st exit sp Hospital. At roundabout TR into hospital.

DYMCHURCH to WILLIAM HARVEY HOSPITAL

TR on main road & follow through New Romney. At roundabout TR sp Ashford. In 9 miles at roundabout take 3rd exit sp Willesborough. At roundabout SA. At roundabout get in 3rd lane (A28). Use LH lane round roundabout & take 1st exit sp Hospital. At roundabout TR into hospital.

DYMCHURCH to FOLKESTONE HOSPITAL

TL on main road. Follow A259 & signs into Folkestone. In Folkestone at roundabout TL. At roundabout SA. At roundabout BR leading under railway bridge. At roundabout BR beside park. Take 1st L to hospital; limited parking.

HYPHE to WILLIAM HARVEY HOSPITAL

TR to x-roads & TR. At t-junction TL. Join one-way system & at traffic lights TR. At traffic lights SA & follow road out of town. At t-junction TR. At roundabout TL. At roundabout join M20 sp London. Leave at next exit sp Ashford. At roundabout take 3rd exit sp Hospital. At roundabout TR into hospital.

HYPHE to FOLKESTONE HOSPITAL

TL to T-junction. TR along seafront. At T-junction TR. Stay on road ahead until roundabout TL. At roundabout SA. At roundabout BR leading under railway bridge. At roundabout BR beside park. Take 1st L to hospital; limited parking.

FOLKESTONE to WILLIAM HARVEY HOSPITAL

TL & at T-junction TL. At main road SA. At roundabout SA then FR. At junction FL. At junction join road ahead. At roundabout SA under viaduct sp Dover. Follow road to the L. At roundabout TL. At roundabout SA. At roundabout SA. At roundabout join M20 sp London. Take J10 exit sp Ashford. At roundabout take 3rd exit sp Hospital. At roundabout TR into hospital.

FOLKESTONE to FOLKESTONE HOSPITAL

TL & at T-junction TL. At main road SA. At roundabout TL. At give way SA in middle lane. Follow to the R then FL. At roundabout TR leading under railway bridge. At roundabout BR beside park. Take 1st L to hospital; limited parking.

DOVER to QEPM HOSPITAL MARGATE

TR to lights & BL. At T-junction TR. At T-junction TL. At roundabout TL sp London. Take 1st exit sp Ramsgate. At roundabout TR. At 2nd Roundabout SA sp Ramsgate. At 3 roundabouts SA. At roundabout BL sp Ramsgate. At 5 roundabouts SA sp Ramsgate. At roundabout TR sp Ramsgate. At roundabout TL sp Margate. At roundabout TR. At 3 roundabouts SA. At roundabout TL. At roundabout TR. At roundabout TL sp Hospital. At roundabout SA. Hospital is 1 mile on R.

DOVER to BUCKLAND HOSPITAL

From car park TL. At traffic lights TR. At traffic lights SA. At traffic lights TL sp Hospital. Under railway bridge hospital in on L.

ST. MARGARET'S to QEPM HOSPITAL MARGATE

TL & TL again. At T-junction TL. At edge of village TL sp Dover. At T-junction TL. At roundabout TR sp London. Take 1st exit sp Ramsgate. At roundabout TR. At 2nd Roundabout SA sp Ramsgate. At 3 roundabouts SA. At roundabout BL sp Ramsgate. At 5 roundabouts SA sp Ramsgate. At roundabout TR sp Ramsgate. At roundabout TL sp Margate. At roundabout TR. At 3 roundabouts SA. At roundabout TL. At roundabout TR. At roundabout TL sp Hospital. At roundabout SA. Hospital is 1 mile on R.

ST. MARGARET'S to DEAL HOSPITAL

TL & TL again. At T-junction TL. Follow priority road out of village. At T-junction TR CARE – restricted view (dip) to L & fast traffic. Follow main road into town. Opposite castle TR to go under railway bridge & through park. At T-junction BL across road into hospital entrance.

DEAL to QEQM HOSPITAL MARGATE

From large car park TL to traffic lights. TR over railway bridge. At mini-roundabout TR out of town. At roundabout SA. At roundabout TL. At roundabout BR sp Ramsgate. At 5 roundabouts SA sp Ramsgate. At roundabout TR sp Ramsgate. At roundabout TL sp Margate. At roundabout TR. At 3 roundabouts SA. At roundabout TL. At roundabout TR. At roundabout TL sp Hospital. At roundabout SA. Hospital is 1 mile on R.

DEAL to DEAL HOSPITAL

From large car park TL to traffic lights. TR over railway bridge. Hospital is ½ mile on R.

SANDWICH to QEQM HOSPITAL MARGATE

TR to T-junction & BL. At T-junction TL & follow road out of town. At roundabout TR sp Ramsgate. At 4 roundabouts SA sp Ramsgate. At roundabout TR sp Ramsgate. At roundabout TL sp Margate. At roundabout TR. At 3 roundabouts SA. At roundabout TL. At roundabout TR. At roundabout TL sp Hospital. At roundabout SA. Hospital is 1 mile on R.

SANDWICH to DEAL HOSPITAL

From car park TR. At t-junction SA. At T-junction TR. At T-junction TR. At end of one-way system BL CARE – walkers crossing, & follow priority road out of town. At roundabout TL sp Deal. At Worth CARE – walkers crossing. At roundabout SA. At mini-roundabout TL. In ½ mile hospital is on L.

NORTHBOURNE to QEQM HOSPITAL MARGATE

TL to T-junction & TR. At T-junction TR. At roundabout BL sp Ramsgate. At 5 roundabouts SA sp Ramsgate. At roundabout TR sp Ramsgate. At roundabout TL sp Margate. At roundabout TR. At 3 roundabouts SA. At roundabout TL. At roundabout TR. At roundabout TL sp Hospital. At roundabout SA. Hospital is 1 mile on R.

NORTHBOURNE to DEAL HOSPITAL

TL to T-junction & TL. Follow road out of village. At crossroads TL. Follow priority road into town. At T-Junction TR. At mini-roundabout TL. In ½ mile hospital is on L.

MAYDENSOLE to QEQM HOSPITAL MARGATE

At road TR & immediately TR into Roman Road CARE – walkers in road. At crossroads SA. At crossroads TL. At crossroads SA. At roundabout TR sp Ramsgate. At roundabout SA. At roundabout BL sp Ramsgate. At 5 roundabouts SA sp Ramsgate. At roundabout TR sp Ramsgate. At roundabout TL sp Margate. At roundabout TR. At 3 roundabouts SA. At roundabout TL. At roundabout TR. At roundabout TL sp Hospital. At roundabout SA. Hospital is 1 mile on R.

MAYDENSOLE to DEAL HOSPITAL

TL & take 1st L. At x-roads TL. Follow priority road through Sutton into Ripple. At x-roads TL. At T-junction SA. At T-junction TR. At mini-roundabout TL. In ½ mile hospital is on L.

DoYRMS to QEQM HOSPITAL MARGATE

TL to roundabout & TL. Take 1st exit sp Ramsgate. At roundabout TR. At 4 roundabouts SA. At roundabout BL sp Ramsgate. At 5 roundabouts SA sp Ramsgate. At roundabout TR sp Ramsgate. At roundabout TL sp Margate. At roundabout TR. At 3 roundabouts SA. At roundabout TL. At roundabout TR. At roundabout TL sp Hospital. At roundabout SA. Hospital is 1 mile on R.

DoYRMS to DEAL HOSPITAL

TL to roundabout & SA. In Deal pass Esso garage then take 3rd L sp Ramsgate. At corner (Co-op on R) TR. In 300yds take 1st L Allenby Avenue. At T-junction hospital entrance is SA across road.