

CAMEL-TEIGN IVOR'S DREAM 100

Early in 2008 Ivor Kingwell, C&D Social Secretary, and organiser of the Dartmoor Reservoir Kanter, came to committee with his idea for our next hundred.

After he had put in a lot of research, Ivor suggested that we planned a walk that ran from coast to coast through both counties. His enthusiasm was such that it was agreed that he put in a bid on our behalf to the national committee. In mid-2008 we were allocated the 2013 Hundred.

Sadly in Nov 2008 just as Ivor was forming an executive group, he collapsed and died whilst out on a walk with Scouts on Dartmoor. C&D Group members were stunned but it quickly became clear that this 100 would now be our Group's tribute to Ivor, thus Camel-Teign Ivor's Dream 100 was voted as the title of this event

ALL DISTANCES, ASCENTS AND DESCENTS ARE TAKEN FROM TRACKLOGS.

Other GPS devices may vary.

Abbreviations:-

R = Right

L = Left

CP = Checkpoint

FP = Footpath

Thru = through

TL = turn left

TR = turn right

PLEASE TAKE CARE ON ALL LANES AND ROADS

Leg 1. Wadebridge - Dunmere 5.1 miles

Ascent 517 ft Descent 443 ft

Join the Camel Trail Cycle Route and follow this all the way to the first CP.

You must keep to the left and Take Care - cyclists and horse riders using this route.

NO DOGS ALLOWED ON WALK

1.1	From the Jubilee Field do not cross footbridge but ahead on track for 190 yds, river on L, to join Camel Trail. SW 9938 7196
1.2	TL on Camel Trail, soon passing under bridge. In 1400 yds cross bridge over River Camel. SX 0040 7099
1.3	Continue for 1900 yds, passing under stone bridge, thru Grogley Halt and later under pylons. Cross road by gates with care . SX 0340 6755
1.4	Pass thru Nanstallon, and ahead to cross thru double gates and ahead to pass Boscarne Station and bear L. Cross bridge over river. Continue to CP on right just before granite marker post. Don't forget to Drop your walk number in the bucket
	CP 1 South Wales LDWA SX 0455 6747 on triangular open grassland on right Opens Sat 10.30 Closing Sat 14.30 Total mileage - 5.1

Leg 2. Dunmere - Blisland 6.8 miles

Ascent 1104 ft Descent 732 ft

This section continues along the Camel Trail to Tresarrett and a short stretch of farmland to CP.

There is no longer Clipper Point A

Please pace yourself as the checkpoint doors will not open until 12.30

2.1	<p>Original 2.1 – 2.5 DELETE Continue on the main Camel Trail for 475 yds passing thru Dunmere station on L to reach FP junction post on R signed Camelford 9 miles. Turn sharp L and in 280 yds reach T-junction, TR signed Poley's Bridge. Continue ahead following the Camel Trail passing thru Helland Bridge to Tresarrett Manned Clipper B SX 0894 7310 Take care on roads</p>
2.2	<p>TR along road to T-junction. TR and continue along road, soon to bear L uphill for 550 yds. Just past bend in road 2nd sign on L, SX 0927 7268 turn sharp L up steps in bank and cross stile into field. Keeping hedge on L, go down field to cross stile in fence. Ahead down path thru wood to cross ladder stile into field. TR bearing 70° to cross field and cross stream via 2 stone stiles and granite bridge. SX 0963 7287 Take care on roads</p>
2.3	<p>Cross 2nd stile and bear R on well defined path across field. Pass thru hedge and ahead across scrubby ground to oak on R SX 0986 7297. Bear L up path 75° to gate. Ahead hedge on L up steps into churchyard. Bear L round church to gate. Cross village green on tarmac path. Bear R on road to crossroads. TL up road (North) for 100 yds to CP on L in Village Hall.</p>
	<p>CP 2 Surrey LDWA and London LDWA SX 1006 7333 in Blisland Village Hall DOORS WILL REMAIN LOCKED UNTIL Checkpoint Opens Sat 12.30 - Closing Sat 16.15 Total mileage 11.9</p> <p>THERE ARE NO TOILETS FOR WALKERS AT CP3 CANDRA</p> <p>ABSOLUTLY NO SUPPORTERS AT CP3 AS ROADS ARE TOO NARROW</p>

Leg 3 Blisland - Candra 4.7 miles

Ascent 824 ft Descent 469 ft

Through the village of St Breward and some outlying parts of Bodmin Moor, **requiring careful navigation.**

PLEASE NOTE THERE ARE NO TOILETS AT CP3 CANDRA

3.1	From CP TL on road to crossroads and continue ahead signed Pendrift. Ahead to cattle grid at Pendrift and when tarmac ends bear L on track passing Penbury on L and ahead to thru gate. SX 1001 7424 Take care on roads
3.2	Ahead to field and continue hedge on R thru gap, and on to cross stile and steps in bottom R hand corner of field. Ahead downhill, bearing L (North) on faint path to second tree (this is at the bottom of the hill). Continue ahead on obvious path thru bracken bearing 340°. After 10 yds ignore faint path on L , which soon bears R, meandering thru gorse, and becoming clearer to bridge over river. SX 1005 7492
3.3	Cross bridge and TL on footpath beside river. Bear R uphill to go thru small gate. Keep L, fence on L, to pass thru 2nd small gate still keeping fence on L, to track. Do not cross cattle grid ahead but TR, fence on L, entering enclosed path and ahead to bear L on track. TL on wide track, ignoring footpath, ahead for 140 yds to TR thru metal gate, waymark on gate post. SX 0980 7530
3.4	Ahead on muddy track to power pole and continue to meet fence coming in from R. Ignore stile on R and continue on track as it bears L to enter field by small gate to R of metal gate. Ahead bearing 300° to go thru another small gate, cross bridge and thru further small gate. Bear R across small field to thru gate and ahead along driveway Penvorder Cottages on R to road. SX 0951 7584
3.5	TR on road for 125 yds. Just before Bolts Quarry Farm TL on footpath. On entering courtyard TR up track to take footpath to L of pointed arched barn. Ahead across field bearing 30° to top L hand corner, cross wooden and stone stile and ahead beside new fence on L hand side to TL thru small gate, path becomes enclosed between stone walls. Ahead to gate and then road. SX 0963 7634 Take care on roads
3.6	TL on road, passing thru St. Breward. TR at T-junction and continue on road to pass school sign, and ignoring footpath on L. At 2nd school sign TL on footpath (SX 0953 7689) to pass to R of school. Ahead on enclosed lane to small gate. Cross farmyard to road. Bear L towards church but TR on footpath just before church. SX 0970 7731 Take care on roads
3.7	Ahead on track ignore stile on L to TL on path with track, Clipper C on FP sign SX 0980 7733 in front of Four Seasons and Lady Down House. At end of walled track by house continue ahead thru gate into field, thru kissing gate and ahead across field to cross stile in far R hand corner. Ahead, hedge on R, and cross stile in far R hand corner. TR and ahead to cross another stile and ahead bearing 105° on path across boggy field, to gap to far R of gate. TL hedge on L to cross stile in corner. Ahead hedge on L and bear R with path to road. SX 1046 7742
3.8	TL on road and go 400 yds to cattle grid. Bear R on moorland, keeping close to wall on R, to 2nd corner SX 1131 7741. Bear L 60° and in 600 yds join wall near gate to L of corner at SX 1158 7754. L along wall to corner and ahead to TR on tarmac downhill into dip and CP in barn on L SX 1191 7797 Take care on roads
	CP 3 Beds Bucks & Northants LDWA SX 1191 7797 in Barn at Candra Open Sat 13.45 Closing Sat 18.00 Total mileage 16.6 NO TOILETS OR SUPPORTERS AT THIS CP

Leg 4 Candra - Bolventor 6.8 miles

Ascent 1042 ft Descent 944 ft

Almost entirely over moorland up to and down from Brown Willy, the highest point on Bodmin Moor
(and in Cornwall)

Note that the paths over Brown Willy are not shown on OS maps

4.1	From CP continue on road to bend, then ahead bearing 120° to join wall on R. Continue ahead, keeping wall on your R for 900 yds, ignore ladder stile, to corner. SX 1276 7764
4.2	Ahead bearing 90° to R hand corner of fenced enclosure, King Arthur's Hall, and then continue on bearing 90° for 520 yds to wall corner SX 1350 7762. <i>Good views of Brown Willy and Rough Tor.</i> Continue with wall on L to waymark post, then bear R 85° to cross stile (barbed wire on stile). Bear R on grassy path to cross bridge into trees. Ahead thru trees to cross 2nd stile and then bear R on stony track, which becomes grassy and contours L around hill for 500 yds to enter old field system and reach green sign Garrow by walled enclosure around house. SX 1457 7791
4.3	Bear R 45° on permissive path to cross stile, two footbridges and 2nd stile. Bear R 110° on faint path over rough ground for 125 yds to waymark post. TL bearing 40° and in 270 yds to pass another waymark post and continue ahead bearing 40° for 250 yds passing 2 more waymark posts and thru old wall to reach fence corner. SX 1517 7838
4.4	Ahead, fence on L, diverting around boggy areas ignoring stile on L and continue ahead to cross stile in corner. Ahead to cross stile and footbridge and track. SX 1552 7870
4.5	Ahead on grassy path, initially bearing 60°, uphill thru clutter for 260 yds to waymark post and granite outcrop on skyline/brow of hill SX 1584 7891. Bear L 10° along ridge, passing 2 waymark posts and another granite outcrop to cross stile to L of gate. Continue along ridge uphill, passing cairn on your R, thru rocky outcrop and passing a number of waymark posts to Clipper D manned by Duddon and Furness Mountain Rescue Team close to the summit of Brown Willy. SX 1588 7993
4.6	Following instructions from marshals descend steep side of hill. Initially bearing 95° as ground levels, ahead on grassy path bearing 100° to cross ditch and then wet ground to stile beside gate in corner SX 1660 7980. Cross stile and TR along fence, remains of wall to R, wet and boggy in places, for just over ½ mile to cross fence/gate . SX 1694 7881
4.7	Ahead, fence on R, over brow of hill and down to metal gate in fence on R. Thru gate TL and along fence to corner. Ahead bearing 140° for almost ½ mile to next gate on wide grassy track passing stone post near brow of hill. At top of hill bear L over remains of old wall and ahead on same bearing to join stony track to gate and enclosed track. SX 1761 7758
4.8	Thru gate and down enclosed track. At L hand bend in track, keep ahead thru metal gate. At house Dairywell Hill bear L down concrete track. Keep ahead on muddy track and at L hand bend bear R to cross stile and immediate TL. Follow wall on R bearing 75° to corner. TR wall still on R to pass thru gateway and ahead to cross stile in corner. Cross small field then cross stile beside metal gate to lane. SX 1824 7686

4.9	TL above A30 to T-junction. TR for 50 yds to next T-junction and then TL to go under A30. Bear R with road into village and just past Jamaica Inn TL into CP in Village Hall Take care on roads
	CP 4 Bristol & West LDWA and Wiltshire LDWA SX 1830 7666 in Bolventor Village Hall Open Sat 15.30 Closing Sat 21.00 Total mileage 23.4

Leg 5 Bolventor - North Hill 6.7 miles
Ascent 620 ft Descent 993 ft

After a short section on road, the route continues through fields to Halvana Plantation and is then flagged across open moor to Tresellern and thence by lanes to North Hill.

5.1	From CP TR on road. Take 2nd road on R Sibleyback Lake and continue for ¾ mile. At 'Road Narrows' sign TL at footpath/entrance to Dryworks. Follow track thru gateway to L of barn, bear L to small gate, waymark post to L of metal gate and cattle shed, (avoiding farm yard) thru gate into field. SX 1944 7680 Take care on roads
5.2	Ahead on sunken track, hedge on R, easier in field at first to gate. Ahead down thru small wood. At ford, cross footbridge and decrepit stile. Ahead on stony track wall on R. Opposite gap in wall (SX 1960 7710) TL bearing 25° for 175 yds to waymark post. Continue on grassy path, hedge boundary on R to cross stone stile in corner. Ahead on grassy path initially bearing 30° to waymark post. SX 1966 7737
5.3	<i>Route across access land and into Halvana Plantation not marked on map.</i> From waymark post bear R 70° for 360 yds aiming for R of tower. Bear R and thru metal gate. Bear L then R on muddy track to T-junction. SX 2015 7759 Tower on R
5.4	TR on main track. After 95 yds continue ahead on main track bearing 80° which soon bears R. Ignore turning on L and at staggered cross-tracks ahead on lesser track bearing 120° to thru gate onto moor. SX 2082 7727
5.5	<i>Route across open moor not marked on map.</i> Ahead across open moor for approx 1 mile on a general bearing 98° to Greymare Rock SX 2252 7716. Continue bearing 100° to Carey Tor SX 2304 7708. Take care – muddy hole after tor. Continue on flagged route bearing 130° to join wall and TL. Keep wall on R to join track near barns Tresellern. SX 2359 7693
5.6	Ahead as track becomes enclosed, then crosses a stream and becomes a tarmac road for 1 mile. Cross cattle grid and descend with road thru trees. At bottom of hill ignore road on L, Stonaford, also ignore 2nd road on L and bridleway sign. Continue downhill, cross river and continue uphill to footpath sign on R just after buildings (the entrance is a small green gate). SX 2635 7769
5.7	TR up steps, thru gate and ahead on path to road. TR on road, in 500 yds to pass thru hamlet of Trebartha. At sharp L hand bend ignore road ahead and TL on road uphill bearing 110° and in ½ mile to village of North Hill and after Lynher Close TL to CP in Village Hall. Take care on roads
<p>CP 5 Essex & Herts LDWA SX 2707 7674 in North Hill Village Hall Open Sat 17.15 Closing Midnight Total mileage 30.1</p>	

Leg 6 North Hill - Pensilva 7.2 miles
Ascent 1183 ft Descent 977 ft

A few fields and a stiff climb to get back to Bodmin Moor. Then it's more industrial heritage, passing the Cheesewring and Minions to the modern masts on Caradon Hill and the old mining town of Pensilva.

6.1	Leave CP and TL thru car park and play area to bottom R hand corner and thru squeeze gap to road/entrance to church. TL on road and then 1 st R. At end of 30 mph zone bear R up bank onto footpath. Ahead on enclosed path and thru kissing gate into field. SX 2710 7649 Take care on roads
6.2	Downhill bearing 230° to cross stile in fence. Down steps into wood and ahead across track to cross 2 footbridges. Bear R on obvious path thru trees, bear L to cross stream, then bear R and up steps to cross stile into field. Keep hedge on R to waymark post and cross stile in top R hand corner of field. Cross track and up steps to cross 2nd stile. Ahead up path thru trees and into field. Keep hedge on R to pass thru kissing gate into trees. Follow wall on L to road. SX 2665 7614
6.3	TR on road and continue uphill for 1050 yds until road becomes stony to cross cattle grid. In 20 yds bear L on grassy track, keeping approx. 20 yds from wall on L for 300 yds to wall corner. SX 2581 7555 Take care on roads
6.4	Ahead for 20 yds then bear L 160° on grassy track for 250 yds and then bear R at fork 200° (remains of old railway track). After 170 yds track becomes steeper and bears L then R to top of hill SX 2594 7506. Continue on track for 500 yds as it bends around hill, bearing 250°, to join grassy track from R, with remains of building/wall on R hand side. SX 2536 7471
6.5	TL and in 10 yds leave track at marker SX 2535 7471 on bearing 170° for 1050 yds to cairn on top of hill SX 2555 7381. From cairn TL bearing 100° to pass 20ft high granite outcrop just before Sharp Tor SX 2593 7369. Between outcrop and Sharp Tor TR bearing 175° on grassy path (not marked on map). Descend on path to small metal gate in wall. SX 2595 7355
6.6	Thru gate and descend, keeping low wall and fence on R, to bottom of field. TR on enclosed track to pass thru gateway . Ahead bearing 185° to tarmac lane. TL for 20 yds. Do not continue on lane but at wall corner bear R. SX 2569 7307
6.7	TL, keeping fencing posts on L, to join granite tramway. As fence ends continue on tramway (two rows of flat rocks in the ground) for 1 mile as it bends around hill. Pass thru large cubic boulders and immediately bear L at fork 185° leaving tramway. Keep L at next fork and on to road SX 2664 7141 . TR on road to T-junction, and R again signed St Cleer/Liskeard into Minions. (Toilets to the right after Hurlers Café.)
6.8	TL after shop/tearooms on L onto tarmac access road SX 2615 7117. Continue ahead for ½ mile to crash barriers and lane on R and continue for 260 yds to just before brow of hill and concrete posts on R, which are close together. At 3 rd standing post bear R to wall/fence. SX 2704 7049
6.9	Keep wall/fence on R as it goes downhill. Near bottom of hill pass under power lines and pass concrete foundation/post on R. Ahead to join rough track and bear R with it between stone pillars gap in wall. Ahead, passing houses/wooden fence on L to meet road. SX 2807 6979

6.10	Bear half R across busy road 135° with care to sunken path for approx 50 yds to road. TL cross cattle grid and continue ahead for 220 yds to bungalow called Claremont (and also a sign The Stables on L hand side of road). Just past bungalow TL up track bearing 60°. Continue along track for 670 yds to junction with road, cemetery on L. TR on road bearing 140° for 275 yds to CP in primary school on L. Take care on roads
	CP 6 Wessex LDWA SX 2908 7000 in Pensilva Primary School Open Sat 19.00 Closing Sun 03.30 Total mileage 37.3

Leg 7 Pensilva - Callington 6.3 miles
Ascent 659 ft Descent 902 ft

Leave Bodmin Moor for the lanes, fields, farms and wooded valleys of rural Cornwall.

7.1	<p>Leave CP and TL along road for 175 yds to T-junction. TL along road to staggered crossroad SX 2941 6985 Victoria Inn on L, ahead on road signed Golberdon. Ahead for 780 yds to crossroads Charton Cross. TL signed Plushabridge. As road goes downhill, pass Slade Farm entrance on L. In 400 yds at white cottage with iron railings TR on road. SX 2998 7043 Take care on roads</p>
7.2	<p>As road bears L Clipper E SX 3028 7038 on tree by metal gate. Ahead road crosses stream, passes thru woodland, crosses a 2nd stream and passes Mill Lawn Cottage on L. In 240 yds just before wooden stable on L, TL at footpath sign and cross stile/gate in fence SX 3098 7080. Ahead bearing 80° to cross stone stile in wall. Continue ahead, hedge on R, pass 1st metal gate on R and go thru next metal gate on R to track. Keep on track and pass thru farm buildings Scrawsdon Farm and ahead on track to road. Very noisy dogs here SX 3171 7082</p>
7.3	<p>TL on road downhill to cross Kerney Bridge. Immediately TR on footpath, sewage plant on L. Cross stile to L of gate and ahead into woodland, keeping river on R. Path bears L, then R and climbs. (Care steep slope on R.) Bear R to descend to steps with handrail on R to join wide path. Footpath now leaves wood, ahead to cross stile to L of gate. Keep to river bank thru long field, crossing wooden bridge, but at end bear L with footpath to thru gate. SX 3215 7037 Take care on roads</p>
7.4	<p>TR on road. At junction TL uphill and in 550 yds opposite house on L with wooden fence, bear R on footpath signed Trenavin. Thru gate, cross stable yard to thru gate onto muddy track which soon bears L into field. Ahead, hedge on L, ignore 1st gate on L to pass thru metal gate (gate sticks on the bath) SX 3292 7010. Bear R 107° across field to thru metal gate in R hand corner (gate might be tied in place, if so please climb over). Ahead, hedge on R, to thru gate onto road. SX 3321 6998</p>
7.5	<p>TR on road and in 10 yds TL to cross stile hidden in holly trees. Ahead bearing 95° thru small gate in hedge to L of house. (House is actually quite hard to spot thru the trees. It is to the R of a concrete 'box' and a lone tree, look for the lights of the house if it is dusk/dark) Ahead on concrete track, buildings on R, to road. SX 3359 6990</p>
7.6	<p>TL on road, bear R on road and then ahead at junction post box in wall. Thru hamlet of Trevigro bearing R with road. Pass Shalfleet on L and ahead at junction signed Newbridge. Road goes downhill and after 545 yds, as road bears R, TL on footpath signed Haye. Clipper F on footpath post SX 3402 6921</p>
7.7	<p>Stay on enclosed track downhill, ignoring gate on R where track bends L, and go thru gate into field. Keep hedge on L beware of fallen tree (TL into field and back to path to pass tree) and low branches to cross stile in wet/muddy corner. Ahead on enclosed track thru woodland to reach gate (gate only opens two feet). TL on wide concrete drive, which becomes stony, to road. SX 3471 7004</p>
7.8	<p>Turn sharp R on road and in 1160 yds, ignoring all side turnings, pass Callington Community Clinic and Health Centre on R. Ahead for 120 yds to T-junction, TR. In 70 yds TL into West End Square. Ahead to end of lane thru gate and wooden door into CP, Callington Bowling Club. Take care on roads</p>
<p>CP 7 Kent LDWA SX 3580 6954 entering through the back of Callington Bowling Club Open Sat 20.15 Closing Sun 06.30 Total mileage 43.6</p>	

Leg 8 Callington - Lockett 4.8 miles
Ascent 648 ft Descent 1042 ft

Up to and over the Kit Hill Country Park, then downhill on lanes and tracks to the hamlet of Lockett.

8.1	Leave CP same way as you came in, ahead thru West End Square. Then in 70 yds TR into Fore Street and then R on pavement to traffic lights. Cross road A388 with care and ahead for 300 yds along Tavistock Road on R hand pavement. Cross 3 minor roads before crossing at Pengelly, then taking care cross road to minor road almost opposite. SX 3646 6971 Take care on roads
8.2	Ahead down road, TL on tarmac at byway sign, follow round to R, ahead thru metal gate. (It's always open) Ahead for 1440 yds to reach road. SX 3630 7051 Take care on roads
8.3	TR up road to T-junction and R again. Continue along road and at masts on R (SX 3675 7038) TL on gravel track Claremont Farm. When track bears R keep ahead on grassy path to thru kissing gate in R hand corner. Ahead, hedge on R, to thru 2nd kissing gate. Ahead across field bearing 45° to thru 3rd kissing gate in wire fence and ahead bearing 40° to thru 4th kissing gate at Kit Hill sign. SX 3720 7115
8.4	Continue ahead, initially bearing 50°, on grassy track to thru small gate in wire fence. Ahead on obvious path to small granite marker post just before open ground. Cross grassy area bearing 75° passing Kit Hill Monument on L to gap in bank. Bear L, trig point on bank on your R, to car park. SX 3752 7136
8.5	Leave car park on tarmac bearing 5°. Ahead on road for 245 yds then turn 2 nd sharp L (SX 3765 7153) initially bearing 305° to pass 3 wooden posts across track.
8.6	Ahead downhill and in 255 yds, at overhead power cables ignore path on R. In another 10 yds bear R off track onto grassy path parallel to track. In 25 yds bear R again onto well-defined path bearing 330° passing massive retaining wall on L to reach open grassy area. Bear L across open area 295° to reach long, broad and straight incline. SX 3745 7185.
8.7	TR down wide grassy incline to thru kissing gate to L of gate. Ahead thru posts to bear R and L thru car park to road (B3257). SX 3746 7234
8.8	Cross with care TL and immediately R on road, signposted Downgate. (DELETE opposite minor road on L) In 450 yds reach off-white cottage with post box in wall on left , TR opposite minor road on enclosed bridleway. Track goes downhill after L hand bend take care as track becomes rough to minor road. SX 3721 7300. Take care on roads
8.9	TR and ahead on road for 1200 yds, descending to woodland and cross ford footbridge on L hand side to T-junction. TL and cross bridge. In 250 yds pass white cottage on R to staggered crossroads SX 3820 7368. TR signed Lockett ½. In ½ mile at T junction TR downhill for 200 yds to CP 8 on R in the Lockett Men's Institute. Take care on roads
CP 8 Dorset LDWA SX 3887 7371 in Lockett Men's Institute Open Sat 21.15 Closing Sun 08.45 Total mileage 48.4	

Leg 9 Lockett – Tavistock 8.9 miles
Ascent 1313 ft Descent 1014 ft

Through fields to cross the Tamar into Devon at Horsebridge. More fields and then a section through Grenoven and Blanchdown Woods with its mining heritage. Lanes down to the disused railway to the north of Tavistock, baggage, First Aid and breakfast.

9.1	From CP TR on road. After 10 yds bear L on footpath, pass cottages on L and ahead on stony track. In 170 yds, when track ends, ahead thru kissing gate into field. Keep close to hedge on L. At waymark on corner bear L to cross stile by gate. SX 3929 7393
9.2	Ahead on very muddy track and hidden ditches which bears R to cross stream – by stone bridge. Ahead to small gate. Ahead for 270 yds keeping hedge on R to thru metal gate. TR on concrete track which immediately turns L to pass Lower Hampt Farm buildings on R (QUIET PLEASE at night) SX 3959 7423
9.3	Ahead to thru kissing gate to R of metal gate and ahead on enclosed track. Ahead for 550 yds to go thru kissing gate to L of metal gate and TR on road. Ignore track to Bridge Farm and cross Horsebridge into Devon <i>leaving God's own country (Cornwall) behind.</i> SX 4000 7487
9.4	At end of bridge immediately TR Scrubtor. After 75 yds, TL on enclosed footpath, just before Tamar View. Uphill thru 3 kissing gates to road. SX 4039 7485 Take care on roads
9.5	TR on road for 270 yds and TL at footpath sign up enclosed grassy track and thru gate into field. Keep hedge on L hand side. Ignore gap in hedge and continue downhill to steps and cross hidden stile in L hand corner. Cross field on bearing 100° to cross stile in hedge and down steps to road SX 4082 7435. TL and soon downhill around sharp L hand bend, followed by R hand bend, over bridge and TR into forest car park. SX 4146 7436 (make note of this change) Take care on roads
9.6	Ahead thru car park and small gap to L of main gate. Ahead for 660 yds to Y-junction SX 4154 7378 with post No.1 on L, bear L up wide track. Continue uphill as track joins from R and continue to post No.3 on R SX 4191 7365
9.7	Continue ahead up track Wheal Fanny to pass shallow lake. Just before gate bear R at marker post SX 4227 7361. Up steep zigzag path with wooden fence on L of path (not shown on OS map). At top of climb keep ahead on main track which bears L into trees, bench on R and ahead to T-junction and post No 4 on L SX 4242 7342
9.8	TL on track and ahead to pass to L of gate. Ahead on wide track bearing 35°, chimney and then wide open space on R. Track becomes metalled road, ignore turnings to L and R, and continue ahead for 1580 yds to T-junction at Three Oaks Farm. SX 4403 7447 Take care on roads
9.9	TR on road then immediately L signpost Mill Hill. In 1400 yds reach crossroads, continue ahead for 180 yds then bear R signed cycle route. Ahead for 1 mile passing Crease Farm. Pass Uplands Road on R and in 20 yds, just before reaching railway bridge, TL and follow cycle route. Pass under 4 bridges then thru gate.

<p>9.10</p>	<p>Continue across viaduct, pass houses on left (keeping very quiet at night). At end house TL on footpath, then up steps and pass thru small car park to TR at cycle route sign. Continue ahead for 780 yds to road. TR on road and continue for 775 yds to reach wooden gate on R, cycle route. In 645 yds on path under bridge cross 2nd viaduct to reach lane. TL, and in 285 yds reach small wooden gate on R, Kelly College on gate. Thru gate down steps with care, in 100yds between laurel hedge TR between two large trees, take care of roots and uneven ground, down slope beware rocks and in 40 yds TL thru gap in wall. TR and thru 2nd gap, TL and taking care of uneven ground, immediately TR across grass passing to the left of bush to path. TL with chain on R to hedge, TR between rails TL on concrete path in front of classrooms, across paved area to TL diagonally to the main door in corner thru door to CP9A to check in and baggage Take care on roads</p>
	<p style="text-align: center;">CP 9A Northumbria LDWA SX 4938 7600 in Kelly College Prep School Classrooms on the north side of Tavistock and Baggage Open Sat 23.00 Closing Sun 13.00 Total mileage 57.3</p>
<p>9.11</p>	<p>Leave CP9A with your baggage, retrace route to Tent to leave your baggage, cross tarmac to enter the main door to the left of the main house to enter for breakfast. First Aid If you need First Aid TR before you reach the main house and the door is on the L Make sure you check out when you leave</p>
	<p style="text-align: center;">CP 9B East Lancashire LDWA SX 4938 7600 in Kelly College Prep School Main House Open Sat 23.00 Closing Sun 13.00 Total mileage 57.3 Breakfast Stop</p>

Leg 10 Kelly College Prep School Tavistock - Princetown 9.5 miles

Ascent 1635 ft Descent 665 ft

After leaving Tavistock, over the fringes of Dartmoor on paths and lanes, till a steep climb takes you up to Ingra Tor and the track of the old railway to Princetown and its brewery and prison.

10.1	<p>Make sure you remember to Check Out before leaving. From CP follow drive down to the main road. (Please do not walk across the grass) TR continue ahead on pavement for 1 mile passing The Trout and Tipple PH. Cross entrance to Parkwood Road, continue for 10 yds then cross road carefully at traffic island, then TR at junction SX 4859 7456. Turn sharp L Mount Tavy Road, and in 115 yds TR into Green Hill. At junction Bear R 135°, continue on road ignoring turn offs, then cross cattle grid. At junction TR, at next junction bear R 195° (ignore road on R). Continue ahead passing club house on right. Take care on roads</p>
10.2	<p>Enter moor to the right of the golf course. Ahead bearing 185° to L hand side of monument. From monument follow bearing 130° ahead on wide track thru gorse and reach wall corner/road. SX 4955 7323. Cross road to continue on road ahead signed Middlemoor bearing 150°.</p>
10.3	<p>TL at crossroads, passing Ivydene on your R. In 400 yds continue down lane onto rough track. At wall continue ahead bear R across stream, thru gate and up enclosed stony track. Ahead (to end of lane) thru middle of 3 gates bearing 110° on grass path to join wall on L and on to tarmac. TL to junction, Bleak House. SX 5087 7248</p>
10.4	<p>Ahead bearing 60°, keeping hedge on L for 510 yds to wall L corner, bear slightly R 80° on wide grass path to cross road. Ahead bearing 70° for 400 yds to wall corner on L. Continue past farm buildings on L, Reddicliffe Farm, to bear R 85° for 200 yds to cross road. Ahead for 440 yds to meet road at wall corner on R hand side of road. SX 5240 7291</p>
10.5	<p>Ahead on road for 770 yds signed Sampford Spiney to speed limit sign. TR down road white cottage on L. In 450 yds pass church (set back from road) on L. At T-junction bear R 145°. In 240 yds at Stonecroft on L, ahead down enclosed track to lane. SX 5394 7191 Take care on roads</p>
10.6	<p>Ahead at road, TL over cattle grid and ahead downhill to cross river at Ward Bridge. Ahead uphill and over crossroads, signed Criptor. Continue uphill 450 yds to cross cattle grid SX 5497 7229 Take care on roads</p>
10.7	<p>Ahead and in 30 yds TR up stony track/bridleway. In 120 yds at R hand bend in track ahead on faint grassy path bearing 110° towards Ingra Tor. TL on old rail track SX 5535 7216, cross small fenced bridge. Ahead and in approx 1000 yds pass under stone bridge. Ahead for 520 yds passing thru old railway cutting to a gate on L SX 5628 7287. TR up track for 250 yds low wall on R. TR follow track for 60 yds at L hand bend bear R 90° up grassy path to join main track. SX 5663 7304 (If you miss the R turn after the cutting follow the track round for an extra mile and return to the route as it joins the main track)</p>
10.8	<p>TR on track, continue for 1.3 miles to Princetown. Soon after passing conifers on L, track narrows to a path wire fence on L. At fork, bear L with fence to pass thru gate and on to road. Fire Station on R. SX 5880 7348</p>
10.9	<p>Ahead on road to bear L down tarmac path beside Old Police Station Café to meet main road. Cross road TL along pavement to reach CP in the School.</p>
	<p>CP 10 South Pennine LDWA SX 5892 7359 in Princetown Primary School Open Sun 00.30 Closing Sun 17.15 Total mileage 66.8 THERE ARE NO TOILETS AT CP11 HUCCABY FARM</p>

Leg 11 Princetown - Huccaby Farm 5.1 miles
Ascent 318 ft Descent 780 ft

An easy section, largely over open moor, on the (unmarked) Dartmoor Way

THERE ARE NO TOILETS AT NEXT CHECKPOINT

11.1	From CP TL along pavement and ahead to roundabout. TL and ahead for 300 yds to TR onto bridleway just before White House. SX 5922 7368
11.2	Stay on track with wall on R and thru gate follow fence on right for 600 yds. Downhill on track to pass thru gate and cross leat Clipper G on post by leat SX 5994 7356. Ahead on grassy track and TR at T-junction fingerpost. SX 6005 7357
11.3	Ahead on track for 380 yds passing thru 2 gates to reach T-junction. TL on concrete drive passing buildings on L. Bear R thru gate and in 80 yds at fork bear L. SX 6037 7325
11.4	Keep on track for 1.1 mile to boggy area where track becomes grassy. SX 6207 7291
11.5	Continue ahead bearing 115° for 640 yds to pass old gatepost on L SX 6265 7277. Continue ahead bearing 100° for 520 yds, wall 100 yds to L, to fingerpost at cross-tracks. SX 6310 7270
11.6	At fingerpost, do not go thru gate, continue on bearing 100° for 220 yds, wall on L. Bear R with wall and thru gate on L. Ahead bearing 115° for 500 yds soon on enclosed track thru ruins of old farm. Ahead for 300 yds staying on enclosed path passing fingerpost on R to cross footbridge over River Swincombe. SX 6416 7251
11.7	Ahead for 20 yds to cross road track and ahead for 800 yds up gully path to cross open area bearing 90° to gate in fence Clipper H SX 6488 7246. Ahead on obvious track, wall on L to gate. Ahead bearing 360° to cross tarmac lane and pass Clouds Edge sign on L. Continue ahead down tarmac drive, which bears R and becomes a stony track, then later concrete, then tarmac. SX 6516 7265
11.8	TL thru gate into farmyard FP sign on left. Ahead thru 2 nd gate and thru 3 rd gate into field. Ahead, wall on R, to fingerpost on corner. Cross wall and bear R into field. Ahead bearing 105° to cross granite stile in wall. SX 6574 7283
11.9	Ahead on footpath downhill to cross stile to road take care when descending from stile to road SX 6587 7287. TL over bridge and continue up road for approx 520 yds to reach CP on left at Huccaby Farm. Take care on roads
	CP 11 The Tartan Team and North Yorkshire LDWA SX 6629 7308 in the Old Dairy at Huccaby Farm Open Sun 01.30 Closing Sun 19.45 Total mileage 71.9 THERE ARE NO TOILETS AT THIS CHECKPOINT

Leg 12 Huccaby Farm - Ashburton 9.1 miles
Ascent 1268 ft Descent 1921 ft

Down to the tourist spot of Dartmeet, then climb up to pick up Dr. Blackall's Drive.
Down again to the Dart at New Bridge, before passing through the River Dart Country Park,
a final bridge over the Dart and lanes to the ancient Stannary Town of Ashburton.

12.1	From CP TL on road. After 25 yds fork R up track and immediately L to thru gate SX 6638 7306. Ahead 460 yds up field bearing 60° following small waymark posts then thru gorse/bracken to path and gate in corner. Ahead down track, cross stile and continue down stony track (care) and thru gate on L to marshy field. Bear R 105° down field for 145 yds to marker post. Ahead 105° to thru wooden gate to L of house. SX 6711 7314
12.2	Up path between cottages to road and then TR on busy road to cross bridge at Dartmeet. Continue up road great care for 410 yds to small lay-by on right and L hand bend in road. SX 6761 7332 Take care on roads
12.3	Leave road by boundary stone (beware of spike in ground beside boundary stone) and bear R 85° up small grassy path/gully for 600 yds to reach car park SX 6811 7330. Across car park and ahead bearing 65° on small grassy path running parallel to road, reaching field boundary corner. SX 6844 7349
12.4	TR follow wall for 670 yds to where wall turns L by stream. Bear slightly R 120° aiming for Mel Tor to reach road and stone wall. SX 6896 7303
12.5	TL on road. In 230 yds wall bears R away from road keep with wall on faint track to waymark post. Ahead on track Dr. Blackall's Drive which is rocky and enclosed for a while. Stay on this for 1 mile to Y-fork SX 7020 7166. Bear R on main track for 700 yds. As track starts to descend to the North-East look for several concrete posts 20 yds to R of track. 60 yds after corner post TR bearing 110° (SX 7047 7138) down wide grassy path.
12.6	TL on gravel track to cross minor road. Ahead on grassy path to cross main road with care . Ahead on track to reach gate by water trough SX 7084 7143. Bear half R 130° on grass path downhill. At Y-junction take L path bearing 95° to car park. SX 7127 7122 Take care path becomes steep and slippery
12.7	Cross car park and road to R of metal gate and bear R 160° on wide grassy path. In 50 yds at junction of paths TR on bearing 215° ahead to pass tall granite post on L. (If you cannot find this, just head for the fence by the river and TR – it's within sight) Ahead past horizontal branch, bear L up incline, steep bank on your R, to reach fence. TR along the fence (not up the road). Continue on path, river on your L, and in due course pass under bridge, care river's edge is very close and path is slippery . Immediately after bridge bear R up steps to lane. TR to road and cross narrow bridge (New Bridge) with care . SX 7114 7088 Take care on roads
12.8	Ahead up road. Just past entrance to white house (Riversmead) TR up steps to cross stile into field. Keep close to boundary on L thru 2 fields to cross stile. Ahead on enclosed path to road. SX 7172 7054 Take care on roads
12.9	TR on road past Chasegate Farm to Stoney Post Cross. SX 7177 7023 The amended route starts here Map of route thru Park provided <u>TL thru metal gate (Chain will not be locked). You are now entering land owned by the River Dart Country Park which has given us permission to use this track only for the main event and marshals walk.</u> Continue ahead on main track, ignoring all side turnings for 1300 yds to staggered cross tracks at SX 7275 7032, BL at finger post and ahead bearing 30°.

12.10	At track junction/finger post SX 7301 7051 continue ahead bearing 80°. At next finger post, continue ahead on main track, which soon joins a tarmac lane. Ahead on tarmac lane thru Country Park to bear L before wooden toilet block on R. Then bear R thru barrier to pass between houses and car park on R continuing ahead down main drive.
12.11	Cross bridge over River Dart and at end of wall on R SX 7355 6981, squeeze thru gap beside fence. Ahead thru 2 fields, river on R hand side to enter woods and pass thru improvised gate in fence Caution barbed wire on fence post . Path bears L crossing small concrete bridge over stream to gate SX 7346 6916
12.12	Thru gate and TL up track to junction and bear L to continue on track to reach minor road. TL on road to reach main road SX 7444 6962. Cross road with care , ahead up track opposite (Lavender House). At end of track, TR on road. Clipper I on chevron road sign on L SX 7460 6986. Lavender House Hotel on your R. Take care on roads YOU ARE NOW BACK ON ORIGINAL ROUTE SO ORIGINAL 12.12 BECOMES 12.13
12.13	Continue ahead on road to junction with main road, TL then immediately L Bowden Hill. Keep L at Y-junction. Road becomes a track (ignore side turning to L) and later becomes a road again at 30 mph signs. At main road, TL for 150 yds to cross road with care to CP in Methodist Church on R. Take care on roads
	<p>CP 12 Staffordshire LDWA SX 7556 6981 in Ashburton Methodist Church Hall Open Sun 02.45 Closing Sun 23.45 Total mileage 81.0 LIMITED TOILETS AT NEXT CHECKPOINT</p>

Leg 13 Ashburton - Liverton 7.1 miles
Ascent 1009 ft Descent 1092 ft

A mixed section through woods up the Ashburn Valley (hardly a river) crossing a hill by a green lane and road to another valley which finally tracks over Ramshorn Down.

13.1	From CP cross road with care, TR down West Street and in 80 yds TL down North Street for 432 yds. After passing Victoria Inn on L and two small bridges, reach Crockaton Cottages on L. Cross road and up steps, Terraced Walk , to thru kissing gate and footpath sign Cuddyford Cross. Bear L along hedge, not diagonal path uphill, keeping to foot of slope for 720 yds, to cross stile in far L corner of field avoiding slurry by farm. Ahead bearing 20° passing electric pole on your R to cross stile on R of 2 nd electric pole. SX 7583 7091
13.2	Cross road to kissing gate and in 15 yds bear L 340° along hedge. Cross stile to enclosed track. Cross 2nd stile and plank bridge and keep to level path and continue along edge of wood for ½ mile ignoring all gates and paths and cross 3 rd stile ahead to go thru kissing gate beside wide wooden gate . Just before plank bridge to road do not cross stream but TR up track signed Owlacombe. SX 7533 7196
13.3	Follow enclosed track uphill bearing 30° for almost ¾ mile to High Whidden Farm, TR on tarmac, ahead for 310 yds to pass wheel seat on left to T-junction. TL and ahead for 75 yds to staggered crossroads SX 7647 7276
13.4	Ahead, signed Sigford, on road for 1 mile. At houses cross bridge and in another 50 yds TR down road. In 300 yds, just after Hook's Farm, TL thru gate on bridleway. SX 7781 7361 Take care on roads
13.5	Ahead bearing 130°, initially keeping close to trees on L, to thru small gate to L of metal farm gate. Ahead thru woodland bearing 90°, blue dots on trees parallel to field, to gate. Thru gate bear R and in 5 yds bear L on better path, then ahead for 420 yds. At junction by footpath sign bear L on track and in 150 yds at next footpath sign TL with track bearing 345° to ford. SX 7866 7348
13.6	Cross footbridge to L of ford and immediately TR on narrow path for 210 yds thru trees to thru small gate in bank. Bear L and in 225 yds thru trees and at footpath sign, Ramshorn Down, ahead around tree and in 10 yds cross stile and footbridge. Ahead for 510 yds with stream on right crossing end of field follow poor path and cross 2 stiles. SX 7895 7377 Beware of steep slope on Right
13.7	After 2nd stile bear R to cross footbridge over stream and ahead to footpath sign SX 7897 7381. Bear L at sign Ramshorn Down (indirect route). After gate TL on farm track and immediately bear R uphill 70° on enclosed path to road. SX 7900 7410.
13.8	Ahead over road onto track and in 10 yds bear R with track uphill. In 650 yds, just after top of hill, bear L at fork (keeping the same line of travel). At junction by footpath sign ahead downhill on wide track to pass thru wooden gate. SX 7961 7411
13.9	Ahead 50 yds, bear R at footpath sign thru gap in hedge, ahead for 650 yds crossing field bearing 35° and downhill on muddy track. At end of track turn sharp L SX 8006 7444 bearing 336° for 270 yds following muddy path to reach gate. Thru gate and continue on muddy track to junction, bear R downhill, FP sign on R. Ahead and in 200 yds at staggered cross tracks, ahead on track to reach open area, bear slightly R on 336°. FP sign on other side of open area.

13.10	<p>Ahead steeply downhill cross stile to reach houses, Woodgate Cottages, on L (QUIET PLEASE) and drive on R, ahead down drive to reach road. TAKE GREAT CARE, VERY BUSY ROAD TR on road and in 250 yds passing junction on L bear R down road past white building on corner bearing 134°. Follow road in 250 yds to pass 1st gate on L, and TL to cross next gates/stile into field. Keep hedge on L to reach CP thru small gate on L. Take care on roads LIMITED TOILET FACILITIES HERE</p>
	<p>CP 13 Teignbridge District Scouts SX 8067 7493 in Marquee at back of houses at Liverton (CP not accessible by car) Open Sun 04.00 Closing Mon 03.15 Total mileage 88.1</p>

Leg 14 Liverton - Chudleigh Knighton 3.6 miles
Ascent 232 ft Descent 174 ft

An easy level section through a low lying area and so possibly wet underfoot. Fields, plantation, a short section through an industrial estate and then heathland.

14.1	Return thru small wooden gate, TL thru field gate and ahead bearing 110° to cross stile and small bridge in hedge. Ahead, hedge on L, thru Bristol gate, ahead to cross stile, ahead hedge still on L and continue to cross another stile to R of gate to road. TL uphill to crossroads. SX 8140 7506 Take care on roads
14.2	Ahead at crossroads and in 210 yds TR thru L of wide gateway. Ahead on wide track, ignoring all sidetracks for 1500 yds to gateway onto busy main road. Cross with great care to footpath slightly to left and just before garage. SX 8256 7586
14.3	Ahead on enclosed path with metal fence on R. Cross road and continue ahead on enclosed path to second road. TL on pavement and in 55 yds cross road onto minor road. Continue on road, cross bridge to pass Moor View Primary School on L and telephone box on R. In 377 yds, where road turns sharp L at farm, bear R 75° onto enclosed track. SX 8326 7686 Take care on roads
14.4	Ignore side-tracks into fields and in 300 yds as track turns R to field gate, bear L 70° onto narrow path and in 80 yds thru small gate onto heathland. TL on faint path bearing 65° to reach small tree, then bearing 95° to reach single electric pole SX 8377 7699. TL on main track bearing 60° following overhead electric cable and line of electricity poles to reach wooden gate. Do not go thru gate but TL. Ahead for 270 yds, fence on R, to small concrete post just past an electricity pole. TR to thru kissing gate and planks to road. SX 8381 7728
14.5	Cross with care TL and in 130 yds pass quarry entrance. Immediately at end of fence and before footpath sign TR and in 27 yds R again passing fenced pond on L. Continue on path to reach play area on R and ahead on pavement, to pass Clay Cutters' Arms and primary school on L. At junction TL on main road, TL on raised L hand side pavement. In 90 yds TL behind Village Hall to reach into CP
	<p>CP 14 The Irregulars LDWA SX 8464 7747 at Chudleigh Knighton Village Hall Open Sun 04.30 Closing Mon 05.00 Total mileage 91.7</p> <p>NO CARS OR SUPPORTERS AT NEXT CHECKPOINT</p>

Leg 15 Chudleigh Knighton - Larcombe Farm 5 miles
Ascent 474 ft Descent 617 ft

An easy section on lanes and green lanes and your first meeting with the River Teign
NO CARS OR SUPPORTERS AT CP 15 VERY NARROW LANES, NO PARKING OR TURNING AREAS

15.1	Leave CP, cross road and TL on pavement ahead to 2 nd road on R FP sign. TR on stony track for 350 yds to cross River Teign by footbridge (beware of narrow step at far end of bridge) SX 8511 7741. TR and follow path by river to go thru metal gate. Where path splits bear L and pass under A38 take care, bridge on left side is less than 6 foot high. TL on enclosed track to thru gate, TR and thru 2 more gates to road. SX 8526 7729
15.2	Cross half left to FP sign and enclosed lane, cross stile, and in 50 yds TR and up steps to cross next stile. TR along field edge, hedge on R, for 170 yds to go over stile onto enclosed path. TL uphill, thru 2 gates and ahead bearing 95° with hedge on L and thru 3rd gate. Ahead, hedge on R, to go thru 4 th & 5 th gates to road. SX 8614 7737
15.3	TL and ahead for 470 yds passing Gappah Farm on R to junction. Continue ahead 1 mile 660 yds passing 2 FP signs on L, to reach FP sign on R beside 2 stone pillars and a gate marked <i>Keep Out Guard Dogs and Livestock Clipper J</i> SX 8783 7898. TR footpath sign and descend to road. SX 8792 7892 Take care along roads
15.4	TR on road and in 750 yds descend to pass main entrance to Ugbrooke House on R. In a further 560 yds go under A380 dual carriageway and in a further 580 yds (passing under old A380 road bridge) to reach T-junction. TL on road, then TR and immediately bear L down enclosed track 180°. SX 8864 7755 Take care along roads - can be busy
15.5	Ahead on track for 1070 yds to reach road junction with a stone building on R, TL and in 140 yds reach Farm Gate on R. YOU MUST DIP BOOTS/SHOES IN DISINFECTED TROUGH PROVIDED next to gate into Larcombe Farm. This is a busy working Farm so please take care.
	CP 15 Julian Pursey's Family & Friends SX 8911 7680 in Barn at Larcombe Farm Open Sun 05.30 Closing Mon 07.30 Total mileage 96.7

Leg 16 Larcombe Farm - Teignmouth 4.3 miles
Ascent 768 ft Descent 668 ft

Tracks and lanes, cross golf course and then downhill on lanes to *the Finish*.

16.1	Leave CP, TL retracing steps, down tarmac lane to bear L at fork to T-junction just before stone building. TL along enclosed track. Cross footbridge by ford, ignore footpath on R, and continue along enclosed track. Keep L at fork bearing 151° and in 380 yds reach road. SX 8936 7632
16.2	TL down road for 30 yds and then TR up narrow track to another road. TR on road, ignore turning on R and pass entrance to Lindridge Park. In 380 yds, SX 9018 7569, TL first 50 yds tarmac then stony track, signed 'Unsuitable for Motor Vehicles'. Continue for 1530 yds, ignoring all side tracks, to reach road. SX 9141 7524 Take care on roads
16.3	Cross road and ahead bearing 110° across golf course fairway to pass to R hand side of line of trees. Continue ahead to cross 2nd fairway and L of another line of trees, reaching footpath sign and road. SX 9175 7516 Take care may be golf balls flying
16.4	TL at road and then R on road at Teignmouth Golf Club entrance. At crossroads go straight over and ahead down Shepherds Lane for 1400 yds to reach crossroads. SX 9272 7392 Take care on road - can be busy
16.5	TL at Headway Cross and at next crossroads straight over. Pass Hopes Close on R and TR into Coombe Vale Road. Ahead, road joins from R. Ahead on pavement past Deer Park Avenue and TL uphill into Landscore Road. Ignore all side turnings and in 450 yds reach main road. TL and cross footbridge to reach Teignmouth Community School entrance. Thru gate and TR, and follow marker tapes by passing carpark area. Bear R down slope, bear R again between fences to bottom of slope, bear L with building on R. In 50 yds TR and in 25 yds TR up slope thru door to passageway, TR up passage thru door on L across room to the FINISH . Take care on roads
	Finish: Cornwall & Devon LDWA – Teignmouth Community School SX 9387 7340 Open Sun 06.15 Closing Mon 09.30 101 miles - WELL DONE!