

CAMEL TEIGN IVOR'S DREAM 100
25TH – 27TH MAY 2013
KIT CHECK DECLARATION

Dear Entrant

Please read and sign the following kit check declaration and hand in at registration. It would also be very helpful to have your mobile phone number if we need to contact you in an emergency.

I confirm that I will carry/wear the following items throughout the event:

- Route description.
- A full set of waterproofs.
- Sweater/fleece.
- Trousers to be carried if shorts are worn.
- Compass and whistle.
- A working torch with spare batteries and bulb if not an LED device.
- Adequate survival bag or a space blanket.
- First Aid kit, which at a minimum must include plasters, adhesive dressing, antiseptic wipes, fixation tape and low adherent dressing.
- **A cup or mug.** (None will be provided on Route)
- Emergency food and drink.
- Suitable footwear in good condition to be worn.
- Reflective clothing or reflective markers on rucksacks/backpacks. These must be visible when walking at night.
- Money/Debit/Credit card or mobile phone for emergency use. (including 20p coins for Public Toilets)
- Maps. The following maps must be carried. Either:
 - OS 1:25,000 Explorer OL9, 108, OL28, 110 or
 - OS 1:50,000 Landranger 200, 201, 191, 192, **or**
 - Special Map - Camel Teign Ivor's Dream 100 or,
 - Computer-generated versions of these maps printed in colour at a scale of not less than 1:50,000, waterproof and covering at least 1 mile either side of the route will be acceptable **or,**
 - Maps in electronic format will also be allowed provided durability and adequate power supply can be demonstrated if requested by a marshal.

If at any kit-check en route an entrant is found to be without any of the required items they may be disqualified.

Signed.....

PRINT NAME.....

Walk no.....

Mobile phone no: (if carried on the event)