

Saturday 22nd June 2019



The Ghost Train Walk is an overnight walk along the Dava Way path. Starting at the Square in Grantown-on-Spey at 10pm, the walk finishes back at Dallas Dhu near Forres, a distance of about 23 miles. Numbers will be limited, therefore early booking is recommended.

Transport (to Grantown-on-Spey) and refreshments (breakfast) at Dunphail will be provided by the Dava Way Association. A donation of £20.00 per person is suggested towards maintenance and improvement of the path. As the Dava Way Association is a charity, where Gift Aid is indicated below, tax paid can be reclaimed to increase the value of any donation. Please submit your entry before the closing date of Wednesday 12th June.

Walker's Details	
Name	Age (compulsory for children under 18)
Address	Post Code
Your email	Telephone
Emergency Contact Name	Telephone

Administration and Transport

Assemble and book in at the marquee on the Forres Academy Sports Field, Roysvale Park between 8pm & 9pm. Transport will leave for Grantown-on-Spey shortly after 9pm.

To participate, children must be over 12 years old and any child under the age of 16 must be accompanied by a responsible adult.

Gift Aid – Dava Way Association

Please treat the enclosed donation of £ _____ as a Gift Aid donation.

(I confirm I have paid or will pay an amount of Income Tax and/or Capital Gains Tax for the current tax year (6 April to 5 April) that is at least equal to the amount of tax that all the charities and Community Amateur Sports Clubs (CASCs) that I donate to will reclaim on my gifts for the current tax year. I understand that other taxes such as VAT and Council Tax do not qualify. I understand the charity will reclaim 25p of tax on every £1 that I have given.)

Signature Date

Agreement

I wish to take part in the Ghost Train Walk and I agree to comply with the conditions laid down by the organisers and to abide by any instructions given by the organisers. I confirm that I am in good health, that I have sufficient experience to undertake a walk of this length, and that I am taking part at my own risk.

Signature Date

Either: Post this form with a cheque, payable **Dava Way Association**, to arrive by June 12th to:

The Treasurer, Dava Way Association, 20 Tolbooth Street, Forres, IV36 1PH

Or: e-mail this registration form by June 12th to: **ghost@davaway.org.uk**
and arrange BACS payment to: Account Name: Dava Way Association
Sort code: 800917 Account No: 00713124

Where possible please provide a payee reference of: Ghost <Your Name>



THE **DAVA WAY**
ASSOCIATION
Charity no: SC030496

20 Tolbooth Street
Forres
Moray
IV36 1PH
www.davaway.org.uk

Ghost Train Walk

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Dear Walker

Please join us for the Dava Way Ghost Walk on 22nd June 2019 and help us to continue improving and maintaining what is now one of Scotland's Great Trails! The walk goes from Grantown-on-Spey to Forres along the Dava Way for a distance of about 23 miles. It passes through a mix of farmland, woodland and moorland as you climb from Strathspey, cross Dava Moor and descend to the Moray Firth. Almost all of the route follows the old Highland Railway line and is off road and safe from traffic.

Midsummer in the North of Scotland is blessed with long summer evenings. The sky barely gets dark beyond dusk at 11pm and starts to get light very early, especially with a clear sky. The path itself is clearly way marked.

Transport will be provided from Roysvale Park, Forres leaving on Saturday 22nd June just after 9.00pm. The Walk itself will start just before 10.00pm from The Square in Grantown-on-Spey. Tea or Coffee and Bacon/Sausage in a bap will be served at the 16 mile point at Dunphail between 1am and 5am. Please advise us if you have other dietary requirements. Expect the walk to take around 10 hours for the strollers and 6 hours for the hares.

You should wear, good walking boots, long sleeved shirt and long trousers; take a headtorch, or alternatively carry a hand held torch. You should carry in your rucksack, midge net and repellent, waterproof clothing, extra clothing, drinking water, spare food and personal first aid kit. This year, there will be a prize for the "best ghost" but please ensure your dress is appropriate for the walking conditions.

Starting Out: You may feel that you need to keep up with the speedy. You Don't! This is not a race. Be cautious about trying to go too fast, regulate your pace to that of personal comfort and have rest breaks.

To take part in the walk please fill in the entry form and post or e-mail before the closing date of 12th June 2019. The entry form can be downloaded from our website www.davaway.org.uk, which has details of the route, including maps, or alternatively online via www.moraywalkingfestival.co.uk. Entrants are requested to enclose a donation of £20 per person towards path maintenance and improvement. Children over the age of 12 years are welcome but must be accompanied by a responsible adult if under 16. If you want to take your dog please advise us and make your own arrangements to get to Grantown-on-Spey. With the exception of guide dogs, dog owners and their pets will not be permitted to board the coaches.

All walkers should assemble at Roysvale Park, Burdsyard Road, Forres, IV36 1FG (opposite Forres Swimming Pool) and register at the marquee between 8pm and 9pm before boarding the coach to Grantown-on-Spey.

Cancellations and refunds:

If you cancel before 12th June, we will refund your subscription minus £1 for administration and postage. Any cancellations after 12th June, or no show on the day will not be refunded

You are welcome to use this event to raise money for a charity of your choice. Please note that the recipient charity should be clearly indicated on the sponsorship form you use and it is your responsibility to ensure that all monies collected reach the intended charity.

Neil Sinclair
Chairman, Dava Way Association