

The Winter Poppyline

28th/29th January 2012 - Route Description

Emergency phone numbers: John 07827 810344, Chris 07887 571264

Ahd - Ahead	BL - bear left	BR - bear right	BW - bridleway
Cont - continue	FB - footbridge	Fd - Field	FK - Fork
FL - Fork Left	Fllw - Follow	Fm - farm	FP - Footpath
FR - Fork Right	HG - Hedge	immed - immediately	
junct - junction	KG - Kissing Gate	L - left	NCN - National Cycle Network
NCP - Norfolk Coast Path	NT - National Trust	m - metres	
PH - public house	PSB - Poop Scoop Bin	R - right	
Rd - road (mRd - minor Rd)		SLOT - Same Line Of Travel	
SO - Straight On	SP - signpost	ST - stile	thru - through
TK - track	TL - turn left	TR - turn right	
WTP - White Top Post		WM - waymark	
WMP - Waymark Post		WW - Weavers Way (note 3)	
X - cross	XR - Cross-roads	PW - Paston Way	
(170) - bearing 170 (magnetic)		(TG 203 024) - Grid Ref (example)	

- Notes:
1. "... on R ..." means "... on **your** R ..."
 2. Numbers on left are distances in miles.
 3. The WW marked on OS maps is **not** always as waymarked. The Council have amended the route. This route is the one you follow.
 4. **Map is OS LR 133 or Exp 252 (Exp 040 covers 7 miles).**

Start at Cromer High School (TG 222 413)

Start at: 08.00 Walkers - 09.00 Non-Walkers

Leave school carpark and at Rd **TR**.

At roundabout **TR** (Cromwell Road).

At junction **cross** to Overstrand Road and **TR**.

At top of hill, by railing, **TL** (Links Wood, Elizabeth Fry Walk).

After path descends, at 'Y' Junct, **BR**.

Cross open area.

0.9 (TG 230 416)

In this section keep on approx (120) following cliff top path to Overstrand ignoring all paths to R. Continue on path towards top of cliff.

(ignore 'No Public Right of Way' sign).

Ahd with golf course on R to eventually join golf course path at 14th Tee *(concrete block on R of path).*

In 60 m **BL** to leave golf course path.

At end of golf course **Ahd** *(later fence on R)* to enter carpark by flagpole.

2.0 (TG 246 410)

SLOT *(toilets on R and fence on L through gap past three seats)* to Rd.

SLOT. At corner uphill on path, barrier on L.

Fllw Cliff Rd. At T-junct **TL** *(passing White Horse PH).*

At no through Rd sign, **TR** *(PW).*

At T-junct with main Rd **TL**. Opposite 'phone box **X** Rd and **SLOT**.

Just after No 22 *(on gate)*, **TR** up BW.

2.9 (TG 253 402)

Cont uphill through trees. In 300 m **SLOT** on TK to Rd. **TL**.

3.4 (TG 253 394)

In 20 m **TR** on TK (FPSP). Cont on TK.

At small pond on R **BL** with TK.

Pass large pond (*sign on L, The Legend of the Shrieking Pit*) in trees on your L.

In 70 m **FR**. In 300 m, at start of copse, **SLOT** on narrow path, leaving TK.

At Rd, **TL**.

4.1 (TG 252 384)

In 1.5 miles at church **BL**. Opposite seat (*on L*) **TR**.

At T-Junct by Vernon Arms **X** Rd and follow to village hall on R.

CP1 Southrepps Village Hall

5.4 miles (TG 256 365) - Open 9.00, Closes 10.15

From checkpoint return to loke and **TR**. Pass play area and ahead down enclosed path. **SLOT** L side of Fd. At end of Fd enter enclosed path between HG and fence.

At Rd **X** (*Long Lane/ Chapel Road*) into Quiet Lane (*Bradfield 1³/₄*).

6.2 (TG 258 354)

In 185 m just after FPSP **TL** down enclosed path. At Rd **TL**.

Over X Rds into Quiet Lane opposite (*Bradfield 1¹/₄*).

6.5 (TG 259 350)

After 0.7 mile **TL** (*Trunch 1¹/₂ Quiet Lanes – NCN regional Route 30*).

7.2 (TG 268 343)

In 270 m (*at Warren Farm on map*) **TR** (FPSP) on concrete drive.

Dogs on leads please until you have passed through the kissing gate and entered the enclosed path. There are goats in the yard, before the kissing gate, which are afraid of dogs. Please ensure that any gates remain closed and fastened.

Cont on grass, through KG and down enclosed path.

Cont on path to bend L and exit wood on grass TK between fields.

Follow TK. In 500 m at T-junct **TR** (WM).

7.9 (TG 276 344)

Before field gate with three WMs, **TL** on TK. At Rd **TR**.

8.7 (TG 279 339)

Where Rd bends R **TL** on enclosed FP (FPSP). Through KG.

Cross Rd (*SP Public FP*) to follow path between fields (*HG on R*).

At end of Fd through gap in HG (FPSP).

9.8 (TG 293 339)

X Fd, **SLOT** (95).

At TK **X** and **SLOT** on green TK, HG on R. **Just before TK bends R to Farm,**

SLOT downhill on narrow path (*BW WM*) to Rd. **X** Rd to WM and **TR**.

At Fd corner **TL** with HG on R and follow around wood to Rd.

At Rd (Quiet Lane marker post) **TL**. Pass 30mph signs (TG 304338).

Just past first 30mph repeater sign on tall post on R short WMP (*Green arrows, Norfolk CC Quiet Lanes*) on L **BR** on dead end road to R of small cottage.

Pass bollard and at end **TR** on Rd.

10.8 (TG 305 340)

Pass church and mRd (*Pond Lane*) on L.

In 30 m at FPWM **TR** (*Timber Loke*) on TK.

TK becomes grassy. At Fd **BL** (155) to follow power line.

Thru gap and **SLOT** on path becoming enclosed.

Cross old railway bridge.

At TK **cross** to FPSP (*Paston Way*). Cross Fd (135) sign ("*Footpath Only*").

Thru gap and **SLOT**. At mRd **TR**.

11.5 (TG 313 334)

TL (*Edingthorpe ¾ via Quiet Lanes*).

At R bend by concrete pad **SLOT** into Fd and immed **TR** (FPSP) on grass TK parallel to Rd.

At gap in HG on R (*large tree on opposite side of Rd*) WMP on R **TL** (090) across Fd on grassy path, HG later on R.

In corner, 90 m after HG starts on R, **TR** thru gap (125) across Fd.

At boundary **TR**, path becoming enclosed. At mRd **SLOT**.

At junct cross ("*North Walsham via quiet lanes*").

12.1 (TG 319 327)

In 750 m, at cross-roads, cross with care ("*Bacton Wood picnic area ½*").

Just after deer warning hazard sign on L, at junction, **TR** ("*Bacton Wood*").

Fllw TK around to L ("*Forestry Commission*").

Before barrier, **TR** to CP in carpark

CP2 Bacton Wood

13.2 miles (TG 317 312) - Open 10.40, Closes 12.55

From CP (200) between picnic tables.

Pass Blue/Red/Yellow top post and at T-Junct with TK **TR**.

Fllw Yellow/Red top posts.

At T-junct, just past Grandfather Oak on L, **TL**.

13.7 (TG 311 306)

At next junction, just after seat on L, **SLOT**.

At edge of wood **BR** and **TL** to go through Fd gate.

13.9 (TG 310 302)

Cross Fd (200). At pond **BL**, hedge on R.

Pass through gateway and **TR** through pair of field gates. Immed **TL**. Cross stile.

SLOT (*Dilham Canal on R*). At Rd **TL** and immed **BR**.

14.2 (TG 311 297)

In 25 m, just after phone pole, **TR** past sign ("*River Farm Holiday Cottages*").

In 725 m ignore TK on R and in 60 m **SLOT** across Fd on grassy path (*FPSP*).

At hedgeline on L **BR** across corner of Fd (205) towards electricity pole and FPSP at gap in hedge.

Thru gap and **B½L** (160), hedgeline on L.

At Rd **SLOT**.

15.4 (TG 318 282)

At Rd **TR** and in 12 m **TR** thru gate ("*no motorcycles*") onto LH railway platform.

SLOT and cross FB.

Cross Dilham canal.

Cross Rd and continue on railway path.

Before barrier, **BR** off embankment and **down** steps.

At five bar gate **TL** (*WM Worstead Circular Walks*), leaving WW.

Thru underpass.

16.5 (TG 306 274)

At Rd **TR** and **BL** with Rd.

When tarmac ends **TL** (*Public Path, Worstead Circular Walks*), conifer HG on L.

SLOT on grass path behind houses, now with conifer HG on R.

Continue on grass headland path. **TL** around HG (*with WM*).

At next corner **TL** and immed R through gap in HG.

Fllw Fd edge path with HG on R.

In corner (*WMP*) ahead **thru** gap in HG and **cross** Fd (175).

At mRd **TL**.

17.2 (TG 305 264)

Ignore mRd on L and in 90 m **BR** down mRd between derestriction signs.

At junction **SLOT**.

In 80 m at R bend **SLOT** on TK.

Reach concrete pad, passing building on L, and at end of concrete, before HG, **TL**. (*restricted byway WM on side of post by HG*).

Enter HG lined path.

Path joins grassy headland.

In 300 m, after start of Fd, at crossing TK **TR** (*WM*) with HG on L.

At Rd, **cross** onto concrete pad opposite and Fllw path thru trees.

18.4 (TG 314 257)

In 830 m, at concrete TK, **TL**.

At mRd corner **TR**. Over bridge with white handrails.

Fllw mRd to **TR** at bend.

In 450 m ignore mRd on L, and in 300 m **TL** at junction (*grass triangle*).

19.7 (TG 309 244)

In 500 m, at junction, **SLOT**.

In 900 m, at junction, **BL**.

20.5 (TG 307 231)

In 500 m, at cross-roads, ahead (*Ashmanhaugh 1 ¼, Wroxham 4*) and immed **BR** (200) on TK.

In 1300 m, over railway crossing (*quiet please closing gates near house*).

Fllw mRd past 30mph signs to end of Wateringpit Lane.

21.8 (TG 297 215)

BL across Rd (*SP Public Footpath*) to **Fllw** grassy headland between Fds (235).

At WMP **TL** on headland, soon with tall trees on L.

At Fd corner **TR** and in 200 m, at WMP on L, **TL** soon HG on L.

At Rd, FPSP, **TR**.

22.4 (TG 294 207)

In 750 m, immed after railway bridge, **TR** down steps to railway path. **TL**.

In 850 m reach brick bridge with metal handrail (*No 1295*).

Pass under three brick bridges, in 330 m, in 530 m and in 130 m.

Pass Coltishall Station.

24.2 (TG 269 205)

Under metal road bridge. Over brick railway bridge.

24.7 (TG 262 209)

Under metal road bridge.

25.6 (TG 252 218)

Thru metal gate and cross railway, **TL** to follow railway path (*now on opposite side*).

Thru gate. Thru metal gateways.

26.0 (TG 246 220)

Thru second set of metal gateways.

26.3 (TG 242 222)

Cross metal railway bridge and river Bure.

In 450 m cross metal railway bridge & immed **TR** down steps.

TR under railway bridge. In 140 m, just before grass triangle, **TL** to

CP3, Buxton Village Hall

26.9 miles (TG 233 226) - Open 13.10, Closes 18.05

Cross Rd to church and **TR**.

In (450 m) at white railings on R, before river & mill, **TL** (Gullane House) on brickweave lokeway.

At end of wooden fence on R, **BR** across gravel, buildings on R, on FP.

TR to river and **TL** (**warning: river may be high and is immed after the TR**).

In this section follow the River Bure for 3.4 miles (crossing a road) to reach bridge near Burgh church (TG 217 249).

The detail for this section is as follows:

X two STs, then:

TG 245 233 X broken gate.

TG 242 239 X ST.

TG 240 238 X ST.

TG 237 237 X ST.

TG 236 237 X ST.

TG 231 237 X farm drive and X ST to R of five-bar gate.

TG 227 239 X ST by gate and mill pond.

Flw path thru trees (beware drop on R into lock).

TG 226 239 X ST by gate.

TG 225 240 X ST by bridge.

Up steps and X Rd. Descend to concrete block and X ST.

TG 224 241 X two STs.

TG 224 243 X ST by gate.

TG 225 245 X ST and wire fence.

TL (FPSP & "Private Property").

X plank bridges and rejoin river (FPSP).

TG 223 247 X FB.

TG 222 249 X ST by lock (do not cross river).

In 500 yds (TG 217 249) X river by FB.

30.6 (TG 217 249)

X FB to pass Burgh church.

At Rd **SLOT** (past "Reading Room") on L.

At crossroads (war memorial) **X** to Wood Lane.

At T-junct **TL** (Aylsham/Cromer).

(TG 218 276) At L bend (by pole on R, before leaving wood) **TR** on TK.

(TG 213 282) At X TK **SLOT** (WW).

In 100m at WMP (on R) **TL** with HG on L.

Cont along green lane to A140.

33.3 (TG 207 282)

X with care. **Cont** on TK opposite. In 250 m at X Rds **TL**.

Ignore all TKs/FPs to R.

At T-junct **TR** on minor Rd (WW). In 50 m **TL** into carpark.

BR (*back on old railway - WW*).

In 0.7 mile thru gate, cross main Rd, thru gate and up slope.

TR on elevated Rd parallel to main Rd (*leaving WW*).

Thru gate & **Cont** on grass track parallel to Rd.

Follow this to its end by red phone box (*on R in hedge*).

35.4 (TG 178 283)

TL on mRd (*SP WW, Aylsham 2 miles, pass Heritage Fridge¹ in woods on R*).

In 400 m at WTP **TR** over ST into trees.

Thru trees, over ST, **SLOT** with fence on L.

Over ST and on enclosed path with wood on L.

At wooden barrier (*NT WM*) **BR** and continue with HG on L.

At WTP **BL** through gate to mRd.

TR (WTP), and where Rd bends R uphill, **Ahd** on TK under phone lines (WTP). Pass house on L (**Quiet Please**).

Just before busy road, at end of fence on L, **BL** (WTP).

At next WTP **TR** (*"Busy Road 20 m Ahead"*) to Rd (WTP).

Cross with care and **Ahd** up TK opposite. In 30 m, at WTP, **TL**.

Keep to main TK bending R at WTP, then L thru mature woodland.

In 400 m **X** TK (*Racecourse Tower on R*).

36.8 (TG 160 287)

Pass WTP and **BR** and **TL** with trees on L.

At end of field on R and WTPs ignore direction arrow and bike symbol on WTPs and **SLOT**, following WTPs on path thru trees becoming (330).

At TK (WTP) **X** (*carpark on L*) and **SLOT** on main TK.

Path rises and swings around to an easterly direction finally descending in 1100 m to (WTP)

CP4, Woodgate Dog Walkers' Carpark

38.1 miles (TG 161 297) - Open 15.00, Closes 23.15

Fllw well made path to R of noticeboard. At (TG 168 297) **TR** with path.

In 1200 m (TG 167 294) enter clearing (Mausoleum on R) and **TL** (075) to WTP by tree.

At surfaced path **TL**.

In 70 m, at WTP, **BR** with fence on R. At end of trees **SLOT** (WTP).

Path later **BL** into trees.

At TK junct & seats, **Ahd** (WMP) towards lake.

Pass end of lake (WTP).

At WMP **TL** & **BR** to carpark. Thru to Rd & **TR**.

39.8 (TG 179 296)

In 350 m, just after third house on R, **TL** through KG into water meadow (WW).

X Fd & FB. **X** ornate wooden bridge (*over River Bure*) & **TR** (*warning - electric fence*).

In 120m **TL** through KG.

¹ There is an old Ice House in the woods on R. Ice from the lake was harvested in the winter and was stored underground in the Ice House, where it kept meat and other perishables fresh too.

Continue with rough trees on R.

X FB, through KG into green lane, later farm drive to Rd. **TL**.

In 250 m **TR** (*WMP - WW*) on TK.

Ignore all TKs to L & R & in 0.6 mile **TL** (*WW WM*).

Cont to Rd. **TR**.

In 10m **TL**, wind thru Erpingham Village to T-junction at Erpingham Arms PH.

TR.

In 20m **BL**. In 650 m (*10 m before derestriction sign*) **TL**.

Over FB & **thru** gate into rough meadow.

BR (40) on clear path to Rd corner/power pole. **BR** along Rd.

42.6 (TG 196 324)

Ahd at junct and at FPSP (*WW WM*) **BL** (320) across Fd to WW WMP.

BR (350) HG on L. In 30 m **SLOT**, HG on R.

At end of Fd **SLOT** in 2nd Fd with HG on R.

At WW WM (*before church*) **TL** around churchyard to Rd.

X Rd and **TL** on verge.

X ST by double gate (*second set of gates*). Fllw TK (*HG on R*).

At corner (*WW WM*) **TR**. In corner **TL** (*WW WM*) – now heading approx north.

In corner thru gap to mRd. **TR** and immed **BL** (*Middle Hill*) to **TL** on Rd.

Cont passing Aldborough CP school on right. Downhill over river bridge.

After mRd on L, in 10 m, **TR** on BW (*SP*) (*do not take drive immed R*).

(Quiet Please by house – beware logs across TK).

Later becomes green lane to Rd.

TR into Hanworth Village. Ignore Rd to L, **X** cattle grid. **TL** on mRd to

CP5, Hanworth Memorial Hall

45.1 miles (TG 193 355) - Open 16.25, Closes 02.55

TL on mRd.

At junction **BL** with mRd to keep common on L.

X cattle grid.

In 1100 m, at T-Junction, **TR**.

46.1 (TG 191 370)

In 450 m, at FPSP on L, **TL** over FB. Continue on grassy headland.

35 m before Fd corner, **BR** through gap in HG on obvious path.

TL and **TR** with Fd edge path, later wood on L.

In 500 m from start of wood, at end of wood and WMP on L, **TL** through gap in HG to mRd, ignoring WMP. **TL** on mRd.

In 200 m, at FPSP (*WW WM*) on L and before conifer HG on R, **TR** through HG gap.

Uphill (325), aiming between electricity poles.

At mRd **TR**. Just after 30mph signs and L bend, **TR** (*A & J Young Pottery*) on TK.

47.6 (TG 180 379)

Cont to L of Fm building and past sign (*Common Farm*) through gateway.

At R bend in drive, **SLOT** on path (*WW WM*) thru trees.

At mRd **TR**.

48.2 (TG 185 386)

In 50 m **TL** (*WW WM on R*) thru gap in bank past WW information board on path thru trees.

Pass end of lake on L. Cont thru gate and in 30 m **TL** thru handgate.

Fllw grassy path (**330**) (conservation area posts on L) to gate.

Thru gate and **SLOT** between fences.

65 m after path descends, at large oak tree, **TR** thru gate.

Fllw grassy path (050) and later **BR** towards hall.

At estate Rd **TR**, hall now on L.

Thru handgate (*WW WM. WW is now followed to Cromer*). **Thru** carpark.

Cross cattle grid and follow estate road.

49.4 (TG 196 393)

SLOT through gate by next cattle grid and (090) across field aiming for gap in small plantation ahead.

SLOT towards gate.

Thru gate and **Fllw** TK.

Pass war memorial and **SLOT** on footway.

In 200 m cross Rd with care to TK (*white railings, "Drift Cottage Farm", WW*).

50.1 (TG 207 395)

Fllw TK. At end of TK **SLOT** on grassy path, HG on R.

At end of Fd, **SLOT** on enclosed path to Rd.

TR and in 75 m **TL** up steps to Fllw Fd edge path.

At WW WM, at corner, **SLOT** (055) across Fd.

At Fd corner (*WW WM*) **SLOT** to join TK and cross railway bridge.

51.0 (TG 212 407)

SLOT through KG and **SLOT** on TK across Fd.

At corner **BL**, SP WW on L, (020) to gates to R of house.

Thru KG and **cross** Rd with care. **TL**.

In 90 m **TR** past double gates and **BL** thru young trees on path across FB.

Fllw path (*wire fence on R*).

Join tarmac path, then thru trees.

Just before grassy area, at FPSP (WW), **BR** (055) towards church.

(*Cross Pitch & Putt area to left end of wooden fence (& right hand side of carpark)*)

Through railing and **TR** (WW sign) on Rd.

51.9 (TG 217 420)

Later uphill. **BL** with Rd. **BR** and **BL** again.

After first mRd on R, in 63 m, at "*Arbor Road*" sign, **TR** on FP.

Pass broken kissing gate.

At Rd **TR**.

In 120 m, just after start of grassy area, **TL** immed by hedge (*by electricity pole, just before Henry Blogg Road*) on path.

Cross Rd & **TL** to

Finish at Cromer High School (TG 222 413)

Total Distance 52.7 miles

Opens 17.50 Saturday, Closes 06.00 Sunday

CONGRATULATIONS from Norfolk & Suffolk Group LDWA