

EVENT RULES

- 1 All participants must be physically fit and not have any known medical condition which could be of concern to the organisers of the event
- 2 Participants must be eighteen years of age or over on the day of the event. Under 18s may participate only if accompanied at all times by a parent or legal guardian as stated in the Children's Act
- 3 Each participant must wear or carry the following: i) Waterproof top with hood, waterproof trousers, ii) Whistle, compass, Polythene survival bag, iii) Emergency rations, first aid kit, mug, iv) Map - OS Outdoor leisure/Explorer 26 or Landrangers 93/94, v) sensible footwear and clothing for conditions on the day.
- 4 No dogs are allowed
- 5 It is the participants responsibility to ensure that their tally is clipped at the relevant check points.
- 6 Participants will be disqualified for i) losing their tally, ii) receiving outside assistance of any kind, iii) deliberate acts of trespass over private land, iv) failing to wear or carry any of the items listed in Rule 3, v) failing to follow any flagged or marshaled sections of the route
- 7 Retire only at roadside C/P and hand in their tally
- 8 All participants MUST comply with the Country Code
- 9 The Organisers reserve the right to incorporate additional rules or change the rules, as they feel necessary without notice.

THE ORGANISER'S DECISION ON ALL ASPECTS OF THE WALK IS FINAL

Directions to Guisborough Rugby Club

- From the West: On the A171 take the first right at the roundabout signposted A1043 into Guisborough. Continue straight through two sets of traffic lights into the main street. At the traffic lights at the Market Cross turn right and at the traffic lights continue ahead up Belmongate.
- From the East: On the A173 cross over the A171 into Guisborough. At the Police Station turn left into Church Lane and follow the road round past the Church to the traffic lights at the Market Cross. Continue on to the next set of traffic lights and continue ahead up Belmongate.
- From the South: On the A171 take the first turning into Guisborough and turn left at the traffic lights into Belmongate.

Turn right into the Rugby Club just before the railway bridge.

CLEVELAND LDWA GROUP



23rd HANGING STONE LEAP

Saturday 4th August 2012

Start: Guisborough Rugby Club

At: 8.30 am

Length: 24 /13 Miles

Time Limit: 10 Hours

Circular Challenge routes via forestry moorland and road including Guisborough Moor and Roseberry Topping.

23rd HANGING STONE LEAP 4th AUGUST 2012 No

Name Age
as to appear on Certificate

Address.....

..... Postcode

Tel No. Are you a member of LDWA Y/N?
(For contact purposes)

In an emergency contact Route: Long/Short

Name

Address

Tel No.

E-mail address
if prefer acknowledgement e-mailed (Results will be on Cleveland LDWA website)

I enclose a cheque/postal order payable to 'Cleveland LDWA' plus
two SAEs (min 9" x 4") if acknowledgement & results are required by post
No refunds after 23/07/2011

Any refunds will be subject to a deduction of £1.00 for administrative costs.

I have read and agree to abide by the rules and to observe the Country Code at all times.
I confirm that I am in good health and have no medical condition that may cause undue
concern or inconvenience to others. I understand that I participate at my own risk and that
no liability is accepted by the organisers for any injury, damage or loss sustained by me
during this event.

Signed Date

Signature of parent/guardian if under 18
.....

Please send to: **Eva Bowes, Events Secretary HSL, 22 Highfield Crescent, Hartburn
Stockton on Tees TS18 5HJ. Email: hanging.stone@ntlworld.com**

DATE: Saturday 4th August 2012

VENUE: Guisborough Rugby Club (GR 616155)

START: 8.30 am (Prompt - Both Routes) Registration from 7.00 am
No late starts.

COST: £6.00 LDWA (inc. Certificate and Badge & meal at finish)
£8.00 (non LDWA members & all EOD)

TIME LIMIT: 10 Hours

PARKING: Limited parking at the venue

NO DOGS WILL BE ALLOWED ON THE EVENT

WALK DETAIL

Long Route	Grid Ref	Short Route	Grid Ref
1. Butt Lane Top	628 149	1. Butt Lane Top	628 149
2. Highcliffe Nab	610 138	2. Highcliffe Nab	610 138
3. Percy Rigg	616 111 S	3. Percy Rigg	616 111
4. Kildale Hall	612 096	4. Kildale Hall	612 096
5. Track Junction	632 078 S	5. Kildale	608 094 R
6. Hob Hole	652 075 R	6. Capt. Cooks Mon.	590 101
7. John Brecon Road	655 067 S	7. Gate	588 127 S
8. Baysdale Abbey	620 068	8. Hanging Stone	591 134
9. Kildale	608 094 R	9. Gate	596 142 S
10. Capt. Cooks Mon.	590 101	Rugby Club	616 155
11. Gate	588 127 S		
12. Hanging Stone	591 134		
13. Roseberry Topping	579 126		
Rugby Club	616 155		

R - Refreshments S - Self Clip

Data Protection Act: Some or all of the information on this form may be entered into a
computer for the purposes of administration, production of timings, placings and for the
production and publication of the final results of the event. This information will only be used
in accordance with the Data Protection Act.