



LONG DISTANCE WALKERS ASSOCIATION
1972 - 2012
40TH ANNIVERSARY
100-MILE CHALLENGE EVENT



THE LDWA GAMES 100

Saturday 2nd June to Monday 4th June 2012



A 100 mile route passing through areas of National, Royal and Olympic significance celebrating 40 years of the LDWA
100 miles in 48 hours

Online entry by SIEntries (www.sientries.co.uk)
or download Entry Form from Event Website below

Organised by the LDWA Games 100 Committee for the Long Distance Walkers Association
Members: Linda Ashwell, Paula Buckton, Janet Chapman, Norman Corrin, Gail Elrick,
John Elrick, Tony Gorman, Neil Higham, Paul Lawrence, Kathy LoRaso, Douglas Robinson,
Colin Saunders, Nigel Schofield, Graham Smith, Dave Yorston, Lynn Yorston

Event Website:

<http://www.ldwa.org.uk/2012hundred>

THE LDWA GAMES 100 - ENTRY FORM

Please use block capitals

Surname	Forename (As you want it to appear on certificate)	Sex (M/F)
Address		
Post Code		
Country (for overseas entrants only)		
Email		
Phone (with STD code or where applicable international dialling code)	Mobile (carried on day of event)	
LDWA Individual or Family No.	LDWA Local Group (if any)	
Emergency Contact Name, Address & Phone (with STD code)		
Date of Birth	No of previous Hundreds completed	Qualifying Walk (attach evidence unless it was the 2011 Hundred). If applying on line a copy of the qualifying certificate is not required.
Do you require a vegetarian meal at the finish? (Y / N)		
Please include details of relevant medical conditions or allergies. This information will be treated in the strictest confidence.		
<p>Privacy Data Protection and Personal Information</p> <p>For operational and safety reasons we need to store your personal details on a computer. This is a pre-condition of entry and by signing this entry form you agree to this storage.</p> <p style="text-align: right;">• •</p> <p>Please tick the box if you do not wish your name to be shown on the Entry List or Results List.</p> <p style="text-align: right;">• •</p> <p>Please tick the box if you do not wish your personal details to be included in the Hundred Database.</p>		
<p>Route Description. The route description will be available for download.</p> <p>If you require a paper copy of the route description to be sent to you, tick the box. Please supply an A4 self addressed envelope. Postage will be covered by the entry fee.</p> <p>If you wish to collect your route description on the day then tick the box.</p> <p style="text-align: right;">• •</p> <p style="text-align: right;">• •</p>		
<p>Transport from the finish at Trevelyan Middle School, Windsor to the start at Victoria Park (£8 per person)</p> <p>If you and any supporters require transport by coach on the Saturday morning from the finish at Trevelyan Middle School Windsor to the start at Victoria Park please indicate how many (including yourself) will require seats. If you do not require transport leave the box blank.</p> <p style="text-align: right;">• •</p> <p>Please indicate if you require car parking in Windsor for the duration of the event (available from Friday evening onwards). A fee will be charged on arrival. Parking is for entrants only and will be at their own risk.</p> <p style="text-align: right;">• •</p> <p>Assuming there is sufficient demand, we hope to commission a special map from Harvey Maps. As well as providing, on a single map, the route of the walk, it will be an excellent souvenir of the Games and will provide a very useful map of London. The route will be printed on one double sided folded map, 972x700mm using waterproof paper. It will include Ordnance Survey mapping at 1:50,000 scale and will include the route, locations of checkpoints and title and logos of the event. The cost of the map will depend on demand (the more ordered the price will drop) but will be in the region of £ 6-80 to £10-40 plus second class postage. We anticipate it will be available in January. At this point we only need to know likely interest in the map. Please indicate how many copies you would like to order if you are interested</p> <p style="text-align: right;">• •</p>		

ENTRY FORM CHECKLIST**I enclose:**

1.	Entry fee: LDWA Individual or Family member £60		£	
	Entry fee: Non-LDWA member £80		£	
	Fee for coach from Trevelyan Middle School, Windsor to Victoria Park (Please indicate total number of passengers including yourself and supporters)	_____ .passenger(s) @ £8 each		£
	Total cheque enclosed			£
2.	Photocopy of a certificate or extract from results from my qualifying walk (unless it was the 2011 Hundred)		Y/N	
3.	A stamped self-addressed postcard or sealed envelope marked “<i>Entry Received</i>”		Y/N	
4.	An A4 self addressed envelope for the route description to be posted (if required)		Y/N	

I agree to the Rules of the Event and understand that no liability is accepted by the organisers or LDWA for any injury, damages or loss sustained by me during the 2012 LDWA Games 100 Walk, or in connection with the walk.

I confirm that I am in good health and have no medical condition that may cause undue concern or inconvenience to others.

I enclose entry fee of £60 for LDWA members, £80 for non-LDWA members plus fee for coach transport as shown on the entry checklist.

I also enclose a photocopy of a certificate or extract from results from my qualifying walk (unless it was the 2011 Hundred). Please make cheque payable to “LDWA 2012 Hundred” and send to Norman Corrin, 68 Montgomery Crescent, Bolbeck Park, Milton Keynes, Bucks, MK15 8PS. Email address Norman.Corrin@btinternet.com

Entries will not be acknowledged unless a stamped self-addressed postcard or sealed envelope marked “*Entry Received*” is forwarded with the entry.

Signed:**Date:**

The LDWA Games 100 – Event Rules

1. The Event

The LDWA Games 100 is open to entrants aged 18 years or over on 2nd June 2012.

The aim is to complete, on foot, a defined route of 100 miles within 48 hours starting at 10.00am 12noon or 2 pm on Saturday 2nd June 2012. Entrants may use any of the start times, except that fast runners (finishing in less than 24 hours) should start at 2pm. All entrants must finish by 10.00am on Monday 4th June 2012. Checkpoint opening and closing times will be clearly posted in the route description and will be enforced – be aware of these when choosing your starting time

We will endeavour to allow as many supporters as practical to be at the start. However please note there is no parking for vehicles at the start.

2. Route

The LDWA Games 100 starts at Eastern HQ Victoria Park, GR TQ365846 and follows a linear route from the Olympic Park Area in the East to the Western HQ, Trevelyan Middle School, Windsor, GR SU962754 in the West. The route will be set out in detail in the full route description..

3. Conditions of Entry

All entrants must:

- be aged 18 years or over on the 2nd June 2012;
- have the skills to navigate and read a map;
- provide evidence of having completed an event of at least 50 miles, or completion of 50 miles of an event of longer than 50 miles, between 1st January 2011 and 28th April 2012. If entering by post (only) this can be a photocopy of a certificate or results sheet:
- The acceptance of an event not included in the list of qualifying events shown on the event website will be at the discretion of the organising committee. However the event should enable the entrant to display the necessary stamina and fitness to walk and navigate the required distance including during darkness;
- have completed an official entry form (or copy) with one entry per form;
- have paid the required entry fee;
- agree to comply with the event rules.

4. Number of Entrants

The registration period for the LDWA Games 100 opens on Sunday 16th October 2011 and closes on Sunday 20th November 2011. If more than 550 entries are received by 20th November 2011 entrants will be selected by means of a ballot.

- At the time of the ballot LDWA members who have completed a qualifier will take precedence over non-LDWA members.
- LDWA membership is defined as membership as at 30th September 2011.
- If two or more entrants wish to be included or excluded together in the event of a ballot, then the entries should be sent in the same envelope with a statement to that effect attached (or if entering online added as multiple entries)
- The ballot will be supervised by a member of the National Committee, not directly associated with the walk.

Notice of rejection, together with any returned entry fees, will be sent from 4th December 2011.

If fewer than 550 entries are received by 20th November 2011 all entries will be accepted (subject to conditions of entry) and the remaining places filled on a first come first served basis irrespective of LDWA membership. The final closing date for entries will be Saturday 28th April 2012.

If 550 entries are accepted before 28th April 2012 then a reserve list will be started, with those on the reserve list accepted following any withdrawals.

5. Cost

The entry fee is £60.00 for LDWA members and £80.00 for non-LDWA members. Cheques should be made payable to "LDWA 2012 Hundred".

The entry fee includes all refreshments provided during the event including a meal at the breakfast checkpoint, transport for retirements, a meal at the finish, a certificate for all starters and a badge for all finishers. Transport of entrants' own food to checkpoints for those with special dietary/medical requirements only is included in the cost provided the food is supplied and labelled.

It also includes production and supply of the event report and results soon after the event. There will be a range of other merchandise available at extra cost.

The entry fee does not include transport from the finish at Trevelyan Middle School, Windsor to the start at Victoria Park, London on Saturday morning. There is a separate fee for this. You must indicate on your entry form or on the SIEntries website whether you require transport or not. Coach seats cannot be guaranteed if not booked on the entry form or SIEntries.

In addition there will be a separate fee for parking at the finish at Trevelyan Middle School, Windsor which is restricted to entrants only. This fee will be charged on the day.

Entries will not be acknowledged unless a stamped self-addressed postcard or sealed envelope marked "Entry Received" is forwarded with the entry. Acknowledgment of entry is not confirmation of a place on the event.

Any entrants who register by SIEntries will not have to provide their credit card details until their entry is confirmed. Equally cheques for postal entrants will not be presented until their entry is confirmed.

6. Baggage

A baggage service is included. **A single small bag** marked with your walk number can be registered at either the start at Victoria Park, London or the finish at Trevelyan Middle School, Windsor and will be transported to the breakfast stop at Belmont School. It will then be taken to Trevelyan Middle School, Windsor for collection at the finish. You undertake not to leave cash or valuables (e.g. mobiles/GPS) in it.

Please keep the size and weight of your bags within a **maximum permitted size 22" x 18" x 10" maximum weight 13lbs. Bags exceeding this size or weight may not be transported.** No plastic sacks or bin liners will be accepted, nor items other than those wholly contained within the bag. This includes walking poles.

Entrants wishing to deposit an overnight bag may either leave it at Trevelyan Middle School, Windsor prior to catching the coach from Windsor to the start or when registering at the Eastern HQ in Victoria Park, London. If the latter the bag will be transported to Windsor.

Entrants who stay on the Friday night at Windsor will be able to leave their baggage at the school.

All bags must be collected by 11.00am on Monday 4th June 2012.

7. Required Kit

During the event all entrants must carry the following essential kit at all times:

- Route Description.
- Maps as specified below.
- A full set of waterproofs.
- Sweater/fleece.
- Trousers to be carried if shorts are worn.
- Compass and whistle.
- A working torch with spare batteries and bulb if not an LED device.
- Adequate survival bag or a space blanket.
- First Aid kit, which at a minimum must include plasters, adhesive dressing, antiseptic wipes, fixation tape and low adherent dressing.
- A cup or mug.

- Emergency food and water.
- Suitable footwear in good condition to be worn.
- Reflective clothing or reflective markers on rucksacks/backpacks. These must be visible when walking at night.
- Money/Debit/Credit card or mobile phone for emergency use.

The following maps must be carried. Either

- OS 1:25,000 Explorer 145, 146, 147, 160 and 162 **or**
- OS 1:50,000 Landranger 175, 177, 186, 187 **or**
- Very strongly recommended special Harvey LDWA Games 100 route map: as specified on entry form – further details to follow
- Computer-generated versions of these maps printed in colour at a scale of not less than 1:50,000, waterproof and covering at least 1 mile either side of the route will be acceptable **or**
- Maps in electronic format will also be allowed provided durability and adequate power supply can be demonstrated if requested by a marshal.

If at any kit-check en route an entrant is found to be without any of the required items they may be disqualified.

8. Conduct of the Event

Throughout the event each entrant must:

- follow the route description provided including any late changes notified at the start or en route by marshals, and get their time recorded and tally punched at each checkpoint, including any self clip;
- pass through checkpoints in order. In the event that they deviate from the route they must get back on route by the shortest practical means without trespassing on private property. (Deliberate deviation from the route to gain advantage **will** result in disqualification.);
- complete the event exclusively on foot unless for safety reasons on a marshal's instructions;
- comply with the Countryside Code and do nothing to bring LDWA into disrepute;
- be especially quiet at night, in particular whilst near residential property;
- obey directions given to them by marshals, and hand in their tally and retire from the event if so directed by a marshal;
- the organisers reserve the right to vary the route for any reason such as adverse conditions or road closures, in which case entrants will be informed of the variations by marshals;
- marshals shall be entitled to group entrants for reasons of safety, for example during adverse conditions.

No dogs are permitted on the event.

9. Retirements

Retiring entrants should hand in their tally at a checkpoint and wait for transport to be arranged to Windsor. In an emergency, if retiring entrants cannot reach a checkpoint they should pass their tally to another person to hand in, or call the emergency telephone number. **Under no circumstances should anyone retire from the event without ensuring the organisers are informed.**

Checkpoint marshals shall be entitled to retire entrants who in their opinion are behind schedule or who appear to show signs of distress going beyond normal fatigue or to require medical attention. However they have no obligation to do so, and entrants must not rely on checkpoint marshals as to the state of their own fitness.

No entrant shall be allowed to check in or out of any checkpoint other than during the official opening times of the checkpoint.

Any entrant arriving at a checkpoint after that checkpoint has closed will be retired.

Checkpoint marshals will retire any entrant remaining at a checkpoint for more than 2 hours.

In all matters connected with the event the decision of the organisers is final. At checkpoints the decision of the marshals is final.

10. Recceing of event

Accepted entrants who wish to recce the event should please note that the route may be subject to alteration and that some of the route crosses private land or land that has restrictions on access. Permission is required for organised groups to cross this land and such permission has been granted at the required times during the event only.

Checkpoint 10 at Belmont School TQ 114 445 is a private school which you cannot enter. You can walk round it but you cannot go into it.

The route from Checkpoint 15 at Sunningdale CMI Village Hall SU 954675 goes through Windsor Great Park. However access to the park during the hours of darkness is not allowed and in the case of a death of a member of the Royal Family the Park may be closed during the day time and therefore an alternative route has been planned. This will be sent out in the final route description.

11. Cancellation and Withdrawal

The event is organised by unpaid volunteers who have made reasonable endeavours to organise the event.

If the event is cancelled for any reason we will do our best to contact you before you start your journey, using the contact details that you have provided to us. We will also put a notice on our website and we ask you to check this before you depart. Cancellation of the event will be at the discretion of the organisers and your entry fee will be refunded less a proportional amount for costs incurred etc.

If you withdraw your entry on or before 28th April 2012 we will refund your fee, less £5 for administration. There will be no refund if you withdraw after 28th April 2012.

12. Privacy, Data Protection and Personal Information

For operational and safety reasons we need to store your personal information on a computer. This is a pre-condition of entry and by signing the entry form you agree to this storage. This information will be held by the teams helping to plan and run the event and will be erased after the report and results have been published.

You should however be aware that the LDWA maintain a Hundred Database held on the hard drive of the personal computer of the Keeper of the Database. This database is also stored on a re-writable disk. The Hundred Database contains names, gender, local group, age (where declared on entry forms), number of Hundreds started and finished, and the years and times. It does not include addresses or telephone numbers.

If you do not want your name to appear on the Entry List or the Results List please tick the appropriate box on the Entry Form or on line.

If you do not want your personal details to be stored on the Hundred Database please tick the appropriate box on the Entry Form or on line.